New Government of Alberta public health requirements, and a heightened level of risk due to reopening worksites requires employees who work within 6 feet (2 metres) of each other, or the public to wear face masks when engineering and/or administrative controls are not practical. Please refer to your hazard assessment or check with your supervisor or safety lead for what personal protective equipment (PPE) is required to perform your work.

### COVID-19 Mask Selection Guide

<table>
<thead>
<tr>
<th>Mask type</th>
<th>Description</th>
<th>Specifications</th>
<th>Examples of when to use</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-Medical Mask</td>
<td>Acts as a barrier device only to catch pathogens (i.e. viruses, bacteria)</td>
<td>• Non-medical masks will be issued to employees who require PPE for physical distancing controls&lt;br&gt;• Requires accompanying hygiene, donning/doffing and disposal practices&lt;br&gt;• Facial hair, in most cases will not interfere with use and these may be worn by persons having facial hair</td>
<td>Engineering or administrative controls aren’t practical, the work task is deemed necessary (ie. essential), and a worker must work within 6 feet (2 metres) of coworkers or the public</td>
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<tr>
<td>Face Shield</td>
<td>A type of PPE that aims to protect the wearer’s face (or part of it) from hazards such as flying objects, chemical splashes, or potentially infectious materials</td>
<td>• Face shields do not provide adequate protection from the periphery (sides) and the underside&lt;br&gt;• Face shields cannot be used as an alternative to a non medical mask when physical distancing cannot be achieved</td>
<td>Related to COVID-19, face shields are typically used and reserved for treating COVID-19 patients in healthcare settings and are worn with additional PPE such as an N95 respirator</td>
</tr>
<tr>
<td>N95 Filtering Respirator</td>
<td>Protects the wearer from airborne particle hazards by filtering particles from the air. These respirators are intended to seal tightly to the wearer’s face and are subject to testing and design standards</td>
<td>• Requires fit testing and health screening before use&lt;br&gt;• Requires accompanying hygiene, donning/doffing and disposal practices&lt;br&gt;• N95 are being reserved for primary and allied healthcare services&lt;br&gt;• Facial hair will interfere with respirator seal, and wearers must be clean shaven to wear N95</td>
<td>N95 respirators should be used for particulate respiratory hazards such as dust</td>
</tr>
<tr>
<td>Cloth Face Covering</td>
<td>Typically handmade, sewn or assembled from fabric and used to entrap and contain respiratory droplets and aerosols expelled from the wearer</td>
<td>• Risks, limitations and quality vary widely due to no testing or design standards&lt;br&gt;• Cloth face coverings should not be worn in place of issued non medical face masks&lt;br&gt;• Facial hair, in most cases will not interfere with use and these may be worn by persons having facial hair</td>
<td>This is a personal choice option that can be worn in situations where the hazard assessment doesn’t require respiratory protection, but an individual chooses to wear a mask in conjunction with other COVID-19 controls such as hand washing and physical distancing.</td>
</tr>
</tbody>
</table>
How to wear a non medical mask poster

COVID-19 INFORMATION

HOW TO WEAR A NON-MEDICAL MASK

1. Wash/sanitize your hands.
2. Inspect the mask, holding it by the ties or loops. Discard if damaged or dirty.
3. Open fully to cover from the bridge of your nose to your chin.
4. Adjust the mask to your face so there are no gaps on the side.
5. If mask has stiff clips, pinch to close gaps between nose and mask.
6. Keep your nose, mouth and chin covered at all times. Avoid touching the mask.

SAFELY PUTTING A MASK ON

SAFELY TAKING OFF A MASK

Wash/sanitize your hands.
Remove it from the back by missing ties or loops. Do not touch the front of the mask.
Discard the mask immediately if disposable. Wash thoroughly if reusable.
Wash/sanitize your hands.

FOR MORE INFORMATION ON WEARING AND CARING FOR YOUR MASK
alberta.ca/masks
Close Proximity Work
Working within 6 feet (2 meters) of other workers, or the public

1. Close Proximity Work is Required
   - Is the work critical to the business or to safety?
     - No → Deferring the work to a later date or until it becomes critical (contact your immediate supervisor to determine)
     - Yes → Conduct the work

2. Can tools or equipment be used to allow fewer people to do the work?
   - Yes → Evaluate the impact of the tools/equipment on the work, people involved, and the environment
   - No → Can physical guards or barriers be used? i.e. Flexiglass or poly
     - Yes → Evaluate the safe installation of barriers to separate people while working
     - No → Can tasks be spread across the area or over time so people can work on their own?
       - Yes → Create a staged work plan to complete the work
       - No → If no alternatives exist, provide appropriate PPE for the task

Note: the supervisor should be involved in planning the work, and when the work is deferred or stopped