

Age Access Guide



| Age In Years | Swimming Pool | Fitness Centre Cardio Area Open Studios | Track | Gymnasium | Non-Aquatic Drop-in Group Fitness Classes | Public Skate & Figure Skating | Public Shinny |
|----------------------------|--|--|---|--|---|---|--------------------|
| 0 1 2 3 4 5 | A maximum of three children must be actively supervised by a responsible person 15 years of age or older, and must be within arms reach. | No Access | Access in strollers only | Actively supervised by a responsible person aged 13 years or older | No Access | Actively supervised by a responsible person aged 13 years and older | No Access |
| 6 7 | | | | | | 'Parents & Tots Skate' supervised by individual aged 16+ | |
| 8 9 | Access* *Ages 0-13 must pass swim test, 25m on front without stopping before entering water above shoulder depth. | No Access | Actively supervised by an individual aged 16 years and older. | Access | Access to specified family-friendly classes | Access | 6-9 Age Category |
| 10 11 | | | | | | | 10-12 Age Category |
| 12 | | | | | | | 13-17 Age Category |
| 13 14 15 | 'Teen Swim' 13-18 | On their own after completing a 'Youth in Action' | Actively supervised by an individual aged 16 years and older. | Access | Access | Access | 13-17 Age Category |
| 16 17 | 'Adult Swim' | Access (Active Older Adult programs available as per drop-in schedules) | | | Access | Access | Adult Shinny |
| 18+ | | | | | | | |