

2020/2021
**SCHOOL
PROGRAM
GUIDE**

Booking requests for the 2020/2021
school term opens May 1, 2020

Edmonton

SCHOOL PROGRAM GUIDE

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The City Arts Centre offers creative experiences for your class! Hands-on activities allow students to explore and express themselves through the arts. We offer 1.5 to 2 hour workshops in Visual Arts, Pottery, Cooking and Dance taught by professionals in their fields.

PROGRAM INFORMATION

For information on program offerings or to book for the 2020/2021 school year, please visit:

edmonton.ca/edprogrambookings,
or contact (780) 442-1442 or
cmsschoolbookings@edmonton.ca.

BOOKING PROCEDURES

Booking Applications for the 2020/2021 school year will begin on Friday, May 1, 2020.

A minimum of one month's advance notice (prior to the date(s) requested) for bookings is required.

All applications will be processed in the order received.

BOOKING CHECKLIST

Please be prepared with the following information to make your booking:

- Program name
- 2–3 potential program dates
- Start time
- School address including postal code
- School telephone number
- Name of teachers for all classes being booked
- Email address(es) of teacher(s) booking/attending the program
- Number of students for each program
- Special needs/accessibility arrangements

HOW TO BOOK

Submit an application at:

edmonton.ca/edprogrambookings

Email Inquiries: cmsschoolbookings@edmonton.ca

Phone Inquiries: (780) 442-1442

PROGRAM FEES & PAYMENT

The amount owing is shown on your program confirmation. Payment is required prior to the program. Invoices are sent out by the City on the first of each month. You will receive your invoice in the same month as your program runs. For example, for a June booking you will be issued your invoice June 1. Payment can be made by cheque, Visa, MasterCard and American Express. Please have cheques made payable to the City of Edmonton and write your booking confirmation numbers on your cheques.

Credit card payment can be phoned in to 311 or (780) 442-1442.

The City Arts Centre program fees are listed at edmonton.ca/edprogrambookings.

MAIL CHEQUES TO:

Citizen Services Payment Processing
PO Box 2359, 19th Floor, Edmonton Tower
Edmonton AB, T5J 2R7

CANCELLATION FEES & RESCHEDULING

You are required to submit written notice of cancellation of your program(s) via email to cmsschoolbookings@edmonton.ca.

Programs cancelled with 30 days notice or more will not be charged the program fee or a cancellation fee. Programs cancelled with 8–29 days notice are subject to be charged 50% of the program fee, unless the cancellation is filled by a waitlisted group. For programs cancelled within 7 days notice or less, the full program fee will be charged.

GROUP SIZE

In order to ensure program quality, the maximum number of children permitted in a program will be dependent on the type of program. Please refer to specific programs for maximum numbers. To ensure a high quality program, we recommend that all children participating in a program be within the age range advertised for the program. Adult supervisors are admitted free of charge with the program in the following ratios:

Gr. 1–6: 1 adult per 5 children

Gr. 7–9: 1 adult per 10 children

SCHOOL PROGRAM GUIDE
**CITY ARTS
CENTRE**

In-School Programs

COOKING

Snack Smart! | Kindergarten – Grade 3

Healthy snacking habits start here! Students will learn about basic hygiene and safety in the kitchen and what makes a healthy snack. We will explore the vocabulary of the kitchen, play some simple kitchen math games, as well as make healthy cake pops that students can take home to eat. **This is a nut-free program. Please inform us of any food allergies at the time of booking.**

PROGRAM LENGTH: 2 hours

FEES: \$400

MAXIMUM GROUP SIZE: 30 Students

Kitchen Basics | Grade 4–6

What kind of foods make up a 'healthy lifestyle?' And how can we incorporate those foods into our life? During this delicious program, students will learn more about choosing nutritious foods, make a healthy rice bowl that can be prepared in any kitchen, and create their own Recipe Book that can be added to over time. Students will discuss how rice is used in many traditional cultural dishes across Canada as well as discuss weights and measures and perform some simple "kitchen math" activities. **This is a nut-free program. Please inform us of any allergies in the class when booking.**

PROGRAM LENGTH: 2 hours

FEES: \$400

MAXIMUM GROUP SIZE: 30 students

Japanese Sushi Rolls | Grade 5–8

While sushi is culturally connected with modern-day Japan, it originated in China in the 3rd century B.C. as a way of preserving fish using rice. During this fascinating and delicious program, we will talk about the cultural connections of sushi in Asia, expand our vocabulary with Japanese words for different types of sushi, and finally, make vegetarian sushi rolls for the class to share. **This is a nut-free program. Please inform us of any allergies in the class when booking.**

PROGRAM LENGTH: 2 hours

FEES: \$430

MAXIMUM GROUP SIZE: 30 students

Holiday Cupcakes | Grade 4–9

A fun and yummy way to celebrate the holidays with your class! Step into our professional kitchen and learn how to create edible works of art for any holiday (Halloween/ Thanksgiving/Christmas/Valentine's Day/Easter). Students will learn the basics of decorative icing and piping under the guidance of a professional cake decorator. This program is also an exciting way to explore cake decorating for Career and Technology Foundations for junior high students. **This is a nut-free program. Please inform us of any allergies in the class when booking.**

PROGRAM LENGTH: 2 hours

FEES: \$430

MAXIMUM GROUP SIZE: 30 students



VISUAL ARTS

Tempera Landscapes on Canvas | Grade 1-3

Linking with social studies and science concepts, students will explore the basics of painting and colour mixing by creating their own unique landscape canvas. Grade 1 students are invited to create a dramatic seasonal Canadian tree landscape (choose from Fall/Winter/Spring/Summer). Grade 2 students will play with shadows and tones to make a beautiful painting of an Inuit kayak in the water. Grade 3 students can choose from one of the following topics: the Peruvian mountains, the Himalayan mountains (India), a Tunisian desert scape, or a Ukrainian castle at night. **Please inform us of your subject choice at the time of booking.**

PROGRAM LENGTH: 2 hours

FEES: \$400

MAXIMUM GROUP SIZE: 30 students

Watercolour Landscapes | Grade 4-6

Take your students' artistic endeavours to the next level with this fascinating and fun introduction to watercolour. Students will learn about different brush strokes, work with light and shadow, and play with unique techniques that can only be achieved with this medium. Choose from one of three themes: Northern lights over an Alberta forest, an Alberta Rocky Mountains sunset, or a bold Prairie landscape. **Please inform us of your subject choice at the time of booking.**

PROGRAM LENGTH: 2 hours

FEES: \$400

MAXIMUM GROUP SIZE: 30 students

Poetic Ink Painting | Grade 4-6

Enhance your language arts poetry unit with this graceful visual arts program. Students will learn to create a beautiful ink-on-paper painting of a Japanese cherry tree in bloom then write a simple Haiku based on their image to accompany their painting. This project makes a unique gift for the holidays, Mother's Day, or Father's Day.

PROGRAM LENGTH: 2 hours

FEES: \$400

MAXIMUM GROUP SIZE: 30 Students

DANCE

Hip Hop | Kindergarten—Grade 3

Pick up some funky new steps, work your body and have fun in this high energy dance class. You will be guided through the latest hip hop and funk moves coordinated to popular dance music. Your students will love listening and grooving to the music while working up a sweat.

PROGRAM LENGTH: 1.5 hours

FEES: \$250

Street Jazz | Kindergarten—Grade 3

Want to get your students moving and grooving but don't know how to teach the latest trendy dance moves. This class is a mixture of hip hop and jazz. It will use the newest musical trends and cool new dance moves to promote physical activity and teamwork. Students will learn a choreographed dance by the end of the class.

PROGRAM LENGTH: 1.5 hours

FEES: \$250

SCHOOL PROGRAM GUIDE
**CITY ARTS
CENTRE**

On Location Programs

POTTERY

Canadian Animals in Clay | Grade 1–3

A fox, an owl, or a beaver? It's all up to you. Students will learn the basics of handling clay while creating a unique pinch-pot of a Canadian animal, suitable for keeping in the classroom or giving as a gift to a loved one. Fired work will be ready for pick-up approximately 2 weeks after the program.

PROGRAM LENGTH: 2 hours

FEES: \$450

LOCATIONS: City Arts Centre – 10942 – 83 Avenue
ACT – 2909 – 113 Avenue

MAXIMUM GROUP SIZE: 30

Ceramic Houses | Grade 3–6

Build your own classroom community! Students will design, measure, cut, and build their very own 3D house in clay, then add creative details to make their little house a "home." We will also discuss how houses around the world are both similar and different to those we find in Alberta. This project makes a unique Holiday, Mother's Day or Father's Day gift.

PROGRAM LENGTH: 2 hours

FEES: \$450

LOCATIONS: City Arts Centre – 10942 – 83 Avenue
ACT – 2909 – 113 Avenue

MAXIMUM GROUP SIZE: 30

Emily Carr Coil Pots | Grade 4–9

Canadian artist and writer Emily Carr was known for her paintings and pottery inspired by Indigenous peoples across North America. Students will learn more about this fascinating artist and discuss the idea of cultural appropriation and how it affects the way we make and view art. They will then each make a coil pot, adding slab-formed shapes to its surface, to create imagery inspired by her work. **Fired work will be ready for pick-up approximately 2 weeks after the program.**

PROGRAM LENGTH: 2 hours

FEES: \$450

LOCATIONS: City Arts Centre – 10942 – 83 Avenue
ACT – 2909 – 113 Avenue

MAXIMUM GROUP SIZE: 30

Introduction to the Pottery Wheel | Grade 7–9

Enhance your junior high art program with a visit to the City Arts Centre professional ceramics studio where students will be introduced to building ceramics using a pottery wheel. During this challenging and informative program, youths will learn how to throw a cup or bowl and try unique glazing techniques for their project before leaving their project for firing. **Fired work will be ready for pick-up approximately 2 weeks after the program.**

PROGRAM LENGTH: 2 hours

FEES: \$450

LOCATIONS: City Arts Centre – 10942 – 83 Avenue
MAXIMUM GROUP SIZE: 24



Visit the **Edmonton Valley Zoo** and get a little wild! Home to more than 400 animals, the Edmonton Valley Zoo is a natural classroom filled with wonders. The school programs offered at the Zoo encourage students to question, explore and investigate by nurturing their natural sense of curiosity.

PROGRAM INFORMATION

All programs are 1.5 hours, unless otherwise indicated.

Program fees include gate admission. We strongly encourage groups to plan time before and/or after their program to enjoy the Zoo for the whole day. Check the Zoo's website for hours of operation (valleyzoo.ca).

COMING FOR THE 2020/2021 SCHOOL YEAR - SUBSIDY AVAILABLE!

Put your conservation hats on! The Valley Zoo Development Society will be subsidizing the cost of up to 200 school programs in partnership with Edmonton Valley Zoo. All your

classroom needs to do is provide us details of a conservation project you want to explore or might already be doing! We encourage you to get creative - from spearheading a school yard clean up to eliminating single use plastics at lunch time. Further details will be posted on our website soon!

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Please be prepared with the following information to make your booking:

- Program name
- 2–3 potential program dates
- School mailing address including postal code
- School telephone and fax number
- Contact name and names of teachers for all classes being booked
- Email address(es) of teacher(s) booking and attending the program
- Number of students attending
- Number of supervisors (see “Group Size” section for information on permitted numbers of supervisors)
- Special needs/accessibility arrangements
- Location and address for travelling programs
- Name and phone number or cell phone of on-site contact person for travelling programs

HOW TO BOOK

Submit an application at:

edmonton.ca/edprogrambookings

Email Inquiries: cmsschoolbookings@edmonton.ca

Phone Inquiries: (780) 442-1442

PROGRAM FEES & PAYMENT

The amount owing is shown on your program confirmation. Payment is required prior to the program. Invoices are sent out by the City on the first of each month. You will receive your invoice the same month as your program runs. For example, for a May booking, your invoice will be issued May 1.

Payment can be made by cash, cheque, Visa, MasterCard and American Express. Please have cheques made payable to The City of Edmonton and write your booking confirmation numbers on your cheques.

Credit card payment can be phoned in to 311 or (780) 442-1442.

MAIL CHEQUES TO:

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Edmonton AB, T5J 2R7

CANCELLATION FEES & RESCHEDULING

You are required to submit written notice of cancellation of your program(s) via email to cmsschoolbookings@edmonton.ca.

Programs run rain or shine. In the event of poor weather, you must call (780) 442-1442 or email cmsschoolbookings@edmonton.ca if you are not coming.

Programs cancelled with 30 days notice or more will not be charged the program fee or a cancellation fee. Programs cancelled with 8–29 days notice are subject to be charged 50% of the program fee, unless the cancellation is filled by a waitlisted group. For programs cancelled within 7 days notice or less, the full program fee will be charged.

Programs cancelled due to severe weather conditions but are rescheduled within the current or upcoming school years' fall term (September–November) will not be charged a cancellation fee.

GROUP SIZE

The maximum number of children permitted in a program is 30. Groups exceeding a total of 30 children must book an additional program.

The maximum number of adult participants is 10. Groups exceeding 40 participants, including both children and adults, must book an additional program. Adults are required to remain with their group and supervise participating children at all times during the program.

Adult supervisors are admitted free of charge with the program

in the following ratios:

- Pre-school (3–4 years): one adult per three children
- Kindergarten–Grade 6: one adult per five children
- Grades 7–12: one adult per 10 children

Additional parents and children/siblings (exceeding a total of 30 children or 40 participants) will be asked to pay facility admission fees and tour the facility on their own. Additional participants can re-join the group after the registered program ends. To ensure a high quality program, we recommend that all children participating are within the age range advertised for the program.

SCHOOL PROGRAM GUIDE

EDMONTON VALLEY ZOO

PROGRAMS AVAILABLE YEAR ROUND

NEW! Farm Explorers | Pre-school–Grade 6

Spend some time at our new Urban Farm to learn more about domestic animals! Children will have the opportunity to Get Closer to our farm animals, learn how they provide useful products such as milk and wool and meet some animals up close. You will also be introduced to some of our resident wild species at the zoo to learn the difference between domestic and wild animals and how humans can safely interact with both.

PROGRAM LENGTH: 1.5 hrs; program fee includes admission to the Zoo

FEES: \$240

ZOO HOURS FOR SELF DISCOVERY:

September 1–May 15 | 10 a.m. –4 p.m.,
May 15–June 30 | 9 a.m. –6 p.m.

Animal Senses | Pre-school–Grade 12

Stimulate your senses at the Zoo! Discover how animals find food, perceive predators and pick a partner using their five (or more) senses. Students will meet some animals with senses very similar to ours, and some that are very different. Your group will get to look and listen as you tour around part of the Zoo, touch some artifacts and live animals, and experience some rather unique smells.

PROGRAM LENGTH: 1.5 hours; program fee includes admission to the Zoo

FEES: \$240

ZOO HOURS FOR SELF DISCOVERY:

September 1–May 15 | 10 a.m.–4 p.m.
May 15–June 30 | 9 a.m.–6 p.m.



Animals Around the World | Pre-school–Grade 12

Get closer to animals from around the world! Students will discover exotic animals, as well as some from closer to home, as they go on a globetrotting tour without ever leaving Edmonton. You will meet some of our animals up close, and even get a chance to touch a few as you learn how the zoo (and you too) can help animals all over the world.

PROGRAM LENGTH: 1.5 hours; program fee includes admission to the Zoo

FEES: \$240

ZOO HOURS FOR SELF DISCOVERY:

September 1–May 15 | 10 a.m.–4 p.m.,
May 15–June 30 | 9 a.m.–6 p.m.

Northern Safari Tour | Pre-school–Grade 12

Discover some of the animals that call Canada home! An interpreter will guide your group around the Zoo to meet some of our Canadian animals, as well as ones that live in similar habitats around the world. Learn about diverse ecosystems found in the northern parts of the world and how animals adapt to living in them. You'll have a chance to see some awesome animal artifacts and meet some of our smaller northern animals up close.

PROGRAM LENGTH: 1.5 hours; program fee includes admission to the Zoo

FEES: \$240

ZOO HOURS FOR SELF DISCOVERY:

September 1–May 15 | 10 a.m.–4 p.m.
May 15–June 30 | 9 a.m.–6 p.m.

Fur, Feathers and Scales | Pre-school–Grade 3

Get closer to the animals at the Edmonton Valley Zoo to see what they have covering their bodies. What can mammals use their fur for? What are birds' feathers made out of? Do animals covered in scales feel slimy? Students will get a chance to see and feel the difference between fur, feathers and scales when we tour the zoo, check out some animal artifacts and even get to touch some live animals.

PROGRAM LENGTH: 1.5 hours; program fee includes admission to the Zoo

FEES: \$240

ZOO HOURS FOR SELF DISCOVERY:

September 1–May 15 | 10 a.m.–4 p.m.

May 15–June 30 | 9 a.m.–6 p.m.

Night Creatures | Grades 1–6

How do whiskers help animals scurry around at night? Can owls see in the dark? Students will discover some of the amazing adaptations of the night-loving animals that live in our nocturnal wing. We'll also visit familiar and exotic animals from around the world that are most active at dawn and dusk. Students will learn about the incredible lives of night creatures as we look at bats, owls and more.

PROGRAM LENGTH: 1.5 hours; program fee includes admission to the Zoo

FEES: \$240

ZOO HOURS FOR SELF DISCOVERY:

September 1–May 15 | 10 a.m.–4 p.m.

May 15–June 30 | 9 a.m.–6 p.m.

Endangered Species | Grades 3–12

Meet some of the world's most endangered species, and discover ways that you and the Zoo can help protect and preserve endangered animals here and around the globe. We'll examine artifacts that come from endangered species, meet some animals up close and personal, and participate in hands-on activities to help students understand why so many animals are endangered. As we visit the Zoo's endangered animals, students will learn about our Species Survival Plan and the conservation efforts that the Zoo supports.

PROGRAM LENGTH: 1.5 hours; program fee includes admission to the Zoo

FEES: \$240

ZOO HOURS FOR SELF DISCOVERY:

September 1–May 15 | 10 a.m.–4 p.m.

May 15–June 30 | 9 a.m.–6 p.m.



Be a Zookeeper | Grades 3–12

Zookeepers are always busy making meals, creating enrichments, caring for sick animals and cleaning animal enclosures. Your group will take part in at least one zookeeping activity* that needs to be done that day. Students will find out first-hand what it's like to be a zookeeper as they go behind the scenes, discover what some of our animals eat, and learn more about what enrichments are and why zookeepers provide these to our animals. Your group will also get a chance to meet and touch a few of our smaller animals.

*Activities may include delivering an animal enrichment, cleaning an enclosure or preparing an animal diet. Specific activities are dependent on animal health and zookeeper availability, so they cannot be guaranteed in advance.

PROGRAM LENGTH: 1.5 hours; program fee includes admission to the Zoo

FEES: \$240

ZOO HOURS FOR SELF DISCOVERY:

September 1–May 15 | 10 a.m.–4 p.m.

May 15–June 30 | 9 a.m.–6 p.m.

SCHOOL PROGRAM GUIDE

EDMONTON VALLEY ZOO

SEASONAL PROGRAMS

Zoo Day | Grades 1–12

Why not spend your whole day at the Zoo? Zoo Day lets you pick two of our 1.5 hour programs and put them together for a full-day adventure. Between your programs, a lunch room is provided, so you don't have to worry about finding a place to eat.* Plus, you'll still have some time at the end of the day for self-guided discovery.

Only one Zoo Day program is offered per day from September to April. In May and June, two Zoo Day programs are offered per day. Book early to guarantee your spot.

*Lunch is not provided.

PROGRAM LENGTH: 3.75 hours
(9:30 a.m.–1:15 p.m., with lunch from 11–11:45 a.m.)

FEES: \$400

ZOO HOURS FOR SELF DISCOVERY:
September 1–May 15 | 10 a.m.–4 p.m.
May 15–June 30 | 9 a.m.–6 p.m.
AVAILABLE: September–April

Winter Zoo | Grades 1–6

Celebrate winter by visiting animals that live in cold, northern habitats around the world. Arctic foxes, wolves, snow leopards, takins and Amur tigers all love winter! Kids help deliver a special treat for one of our winter-loving animals. Through animal encounters and artifacts, learn how these animals are able to survive the cold and discover how the Zoo provides special care for these animals. Each class will do something different to stimulate the senses and curiosities of these animals at the Zoo.

PROGRAM LENGTH: 1.5 hours; program fee includes admission to the Zoo

FEES: \$240

AVAILABLE: November–March
ZOO HOURS FOR SELF DISCOVERY: 10 a.m.–4 p.m.



Zoo Immersion | Grades 1–12

Immerse your students in the world of animals through this customizable program. Work with an interpreter to design a program to meet your specific learning objectives. Themes and activities can include any combination of the following: needs of living things, life cycles, adaptations, endangered species, animal classification, careers and more! Your group will be with an interpreter from the moment you step off the bus to the moment you have to get back on.

PROGRAM LENGTH: 1–5 days; Full day program, start and end times depend on arrival and departure times.

FEES: \$500 for first day \$235 for each subsequent day

AVAILABLE: September–April only

A Merry Zoo Christmas | Pre-school–Grade 6

We have made our list and checked it twice, and all the animals have been on their best behaviour! During the Christmas season, you will have a chance to 'Get Closer' to some of our animals and learn all about Christmas traditions from around the world. You will even have the chance to prepare a gift for an animal and make their holiday wishes come true.

PROGRAM LENGTH: 1.5 hours; program fee includes admission to the Zoo

FEES: \$240

AVAILABLE: Monday–Thursday, November–December
ZOO HOURS FOR SELF DISCOVERY: 10 a.m.–4 p.m.

**COMING SOON –
OUTREACH PROGRAMS!**

Interested in bringing the Edmonton Valley Zoo's education team to your classroom? We're almost ready to unveil our new outreach programs! Further details will be posted on our website soon!



“
**CAN WE
GO TO THE
ZOO EVERY
WEEK?**
”

This sums up every student's response to the unique and authentic, outside the classroom learning experience that is Zoo School. Zoo School is the original inquiry-based Site School in Edmonton and has been running at the Edmonton Valley Zoo for more than 20 years. Teachers meet with the Zoo School Coordinator to customize their week to fit student interest and class curricular goals. What better place is there to learn about animal lifecycles, needs of living things, perspectives and being a global citizen than with the animals and staff of the Zoo?

For a full week, students will get to observe, question, learn and discover using all the resources that the Zoo has to offer. This experience will have your students buzzing for the rest of the school year.



Teachers are accepted through a competitive application process only. Applications for the 2021-2022 school year will be accepted from January to mid-April, 2021. To inquire about Zoo School, please call (780) 496-6929.

Get Closer with **EDUCATIONAL KITS**

How far can a lemur jump?

**How does your arm span
compare to a bird's wingspan?**

**What does Sichuan takin
fur feel like?**



Rent a NEW Educational Kit to find out the answers to these questions and **Get Closer** to the animals at the Edmonton Valley Zoo!

Each kit contains a self-guided tour of the zoo, animal information, artifacts, activities, games and more! Every kit has links to the Alberta School curriculum and can be adapted for every grade level with basic, intermediate, and advanced information and questions.

Rent one of the 6 Educational Kits today and **Get Closer** to the Edmonton Valley Zoo in a whole new way!

For more details,
visit **ValleyZoo.ca**

Edmonton

CITY OF EDMONTON ARCHIVES



Photograph School Kit | Grades 4–6

Bring history to school! Use photographs to introduce your students to a variety of historical topics such as technology, agriculture, recreation, transportation and more. Students can respond to what they see in the photographs in a multitude of ways, including writing journal entries, creating art or conducting further historical research.

HOW TO BOOK: Call (780) 496-5989

LOCATION: In your classroom

FEE: \$20.00/week kit rental fee
(damage deposit required)



JOHN JANZEN NATURE CENTRE



The **John Janzen Nature Centre** is nestled in the heart of the River Valley, the largest stretch of urban parkland in North America. Our goal is to promote stewardship of our natural world through experiences that build appreciation, encourage discovery and inspire action for the ecological challenges that the River Valley faces. Join us, and discover Edmonton naturally!

PROGRAM INFORMATION

Our programs are designed to complement the Alberta curriculum and badge themes for Science. With the exception of pre-school, kindergarten and custom programs, all Nature Centre programs are 90 minutes in length. Your group will explore a variety of outdoor spaces during your program in sun, snow or rain. Please ensure your group is prepared for the weather and wear closed-toed shoes.

Programs listed as 'travelling' can be offered at your school, community building or River Valley park; extra fees may apply depending on location or length.

If you are looking for single admission homeschool programs, please take a look at our seasonal 'In The City' guides for our pre-registered courses.

If you are looking to cover a specific topic

that you do not see here or require a shorter program please connect with our team, we are happy to help.

COMING FOR THE 2020/2021 SCHOOL YEAR - SUBSIDY AVAILABLE!

If your classroom is looking for a nature adventure in the heart of the river valley, then we have a new opportunity for you! The John Janzen Nature Centre is excited to announce a new subsidy for school programs made available by the Edmonton Nature Centres Foundation. Stay tuned to our website for more information and application details.

BOOKING PROCEDURES

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- School mailing address, including postal code, school telephone and fax number
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- Email address(es) of teacher(s) booking and attending the program
- Number of students attending
- Number of supervisors (see “Group Size” section for information on permitted numbers of supervisors)
- Special needs/accessibility arrangements
- Location and address for programs at your school or River Valley park
- Name and cell phone number of on-site contact person for programs at your school or River Valley park

HOW TO BOOK

SUBMIT AN APPLICATION ONLINE AT:

edmonton.ca/edprogrambookings

EMAIL INQUIRIES: cmsschoolbookings@edmonton.ca

PHONE INQUIRIES: (780) 442-1442

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CANCELLATION FEES & RESCHEDULING

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Programs run rain or shine. In the event of poor weather, you must call (780) 442-1442 or email cmsschoolbookings@edmonton.ca if you are not coming.

Programs that are cancelled due to severe weather conditions but rescheduled within the current or upcoming school year fall term (September–November) will not be charged a cancellation fee.

GROUP SIZE

The maximum number of students permitted in a program is 30. Groups exceeding 30 students must book an additional program.

Adults are required to remain with their group and supervise participating students at all times during the program. Adult supervisors are admitted free of charge with the program in the following ratios:

- Pre-school (3–4 years): one adult per three students
- Kindergarten–Grade 6: one adult per five students
- Grades 7–12: one adult per 10 students

Additional adults and students/siblings exceeding these ratios will be asked to pay facility admission fees and tour the facility on their own.

Additional participants can re-join the group after the registered program ends. To ensure a high quality program we recommend that all students participating are within the age range advertised for the program.

SCHOOL PROGRAM GUIDE

JOHN JANZEN NATURE CENTRE

PLANNING YOUR VISIT

John Janzen Nature Centre explores a variety of outdoor areas during your program, so please ensure your group is prepared for weather conditions and closed-toed shoes are required.

We are a small facility! Due to the capacity limitations within the Nature Centre, space has to be managed carefully. To help manage busy days, new policies are in place for the 2020/2021 school year.

Indoor or covered lunch or snack spaces are at premium and are often in use. Classrooms may be booked ahead of time for a snack or lunch space, when available, for a fee of \$34/30 minutes. We also have many picnic tables outdoors that can be used.

Access to the Tegler Discovery Zone is no longer included with your program. If you wish to access the Tegler Discovery Zone, please book the Tegler Program (see description below). All visitors to the Tegler Discovery Zone will require socks, which are available for purchase for a small fee in the event participants do not bring their own.

YEAR-ROUND PROGRAMS

NEW! Tegler Program | Pre-school—Grade 3

Experience the John Janzen Nature Centre in a whole new way! Run, jump and play as though you were a squirrel and watch the bugs scuttle through the leaves and dirt. Students will play in the Tegler playspace and enjoy a facilitated activity with their very own nature expert in our Exhibit Room. Activities are based on birds, pollinators, bugs or mammals – teacher's choice! This program must be booked for access to the Tegler Playspace and is restricted to students 10 and younger.

PROGRAM LENGTH: 1 hour

FEES AND LOCATION: \$185 at the Nature Centre

Peter Rabbit Comes for a Visit | Pre-school—Kindergarten

Peter Rabbit is in town and it's his birthday! All of the animals are invited to celebrate, but no one has come. Through fun games and activities, we'll discover how animals adapt to the seasons and make their homes in Edmonton!

PROGRAM LENGTH: 1 hour

FEES AND LOCATION: \$195 at the Nature Centre
or \$210 in your classroom

Dinosaur Discovery | Pre-school—Kindergarten

Discover dinosaurs through sensory play! In this hands-on program, we will discover the world of dinosaurs through activities that engage the senses and inspire learning. Dig for dino fossils, sort meat eaters from plant eaters and get a hands-on fossil experience. What a roaring great time!

PROGRAM LENGTH: 1 hour

FEES AND LOCATION: \$210 in your classroom

A Walk in the Valley | Pre-school—Kindergarten

Tread among the trees in this nature program that uses the senses! Discover how soft moss is, hear the birds, see the blue sky above and smell the damp earth. Discover different plants, learn about local wildlife and play some forest games, we'll go out on a limb and say that we are going to have a great time!

PROGRAM LENGTH: 1 hour

FEES AND LOCATION: \$195 at the Nature Centre
or \$210 in your local treestand

Pair this program with the Tegler Program for complete visit to JJNC!

Explore the Season | Grade 1—3

Snow, flowers, leaves, sticks and then more snow! Join us as we take a close look at the seasons of the River Valley. We'll talk about how the changes affect the plants and animals, how we adapt to the season and take a close look at ways of measuring temperature. Snow or sun, we'll be prepared!

FEES AND LOCATION: \$210 at the Nature Centre
or \$225 in your local treestand

Clever Creatures | Grade 1—3

What does a woodpecker eat? Where does a beaver sleep? Where did that sparrow go? We'll take a close look at how animals build their homes, what they eat and how they adapt to the city. We'll try our hand at nest building or food gathering and see if we are as clever as the creatures!!

FEES AND LOCATION: \$210 at the Nature Centre

Tree-mendous Trees | Grades 3–6

Take a walk on the shady side! Classify plants on the trails and learn about the different uses they have. We'll take a close look some issues in forest use and how we can plan for our urban forest. You'll have a great time, we guarantee!

FEES AND LOCATION: \$210 at the Nature Centre

Stalking and Tracking | Grades 3–6

Investigate habitats around the Nature Centre for tracks and traces that animals leave behind. Practice identifying tracks with our animal track replicas, hone your hiding skills and practice stalking prey with a game! We'll find who's been wandering through the woods for sure!

FEES AND LOCATION: \$210 at the Nature Centre

Custom Program | Grades: any

Our programmers can work with you to design a program that meets your desired learning outcomes and needs of your group, such as a service project or field work for part of a larger project. Locations and fees vary. Contact us for more details.

FEES: Rates start at \$290

PROGRAMS SEASONALLY AVAILABLE

Busy Bees and Bugs | Grades 1–3

Look into the lives of our crawling and flying friends! We'll take a look at a working beehive, learn about plants that help pollinators and go on a hunt under the leaves and logs. Get a taste of the hard work of bees and a new appreciation for the forest's tiniest creatures.

FEES AND LOCATION: \$210 at Nature Centre

AVAILABLE: May–October

The Very Hungry Salamander (Pond Study) | Grades 1–3

What DO salamanders eat? What else lives in a pond? Explore where the salamanders live and discover the life cycles and food chains of local critters as we dip into our Prairie Pond. This program won't leave you hungry for answers!

FEES AND LOCATION: \$210 at Nature Centre

AVAILABLE: May–October

Life Cycles and Ecosystems (Pond Study) | Grades 3–6

Take a look at a local pond, dip a net, and help us identify local species of critters and plants! We'll peer at a pond creature's life cycle from beginning to end and discover the web of life of a pond ecosystem. Come prepared, we might get a little wet!

FEES AND LOCATION: \$210 at Nature Centre

AVAILABLE: May–October

Stories of Ice and Snow | Grades 3–6

Discover the wonders of ice and snow in this program designed to explore the science behind our Canadian weather! Through experiments and activities, learn the difference between snow and ice, how it forms and why it happens in Edmonton.

FEES AND LOCATION: \$210 at the Nature Centre

or \$225 in your classroom

AVAILABLE: December–February (as snow conditions permit)

Whatever the Weather | Grades 3–6

Discover the wonders of weather in this program designed to explore the science behind our Canadian climate. Through experiments and activities, learn how the planets affect the seasons, monitor the local clouds and design your own weather station. You'll never be caught in the rain again!

FEES AND LOCATION: \$210 at Nature Centre

or \$225 in your classroom

AVAILABLE: May–October

Wetlands | Grades 7–9

Explore a wetland and get inspired to be a change maker! In this program, we'll test the water quality of a pond and determine possible impacts of urban development. We'll discover the importance of wetland organisms, ecosystems and current conservation tactics. Small actions create big change!

FEES AND LOCATION: \$210 at Nature Centre

AVAILABLE: May–October

Ecosystems | Grades 7–9

Humans depend on the environment to live, just like every other species on Earth. This program explores how we use the environment for our needs, such as food and water, and how we use urban planning to work with nature. Let's learn to enjoy the gifts of nature together!

FEES AND LOCATION: \$210 at Nature Centre

AVAILABLE: May–October

MUTTART CONSERVATORY



The **Muttart Conservatory** has been identified as a priority for facility rehabilitation. Most of the facility systems (i.e. electrical, drainage, heating, etc.) at the Muttart Conservatory are over 40 years old and require replacement.

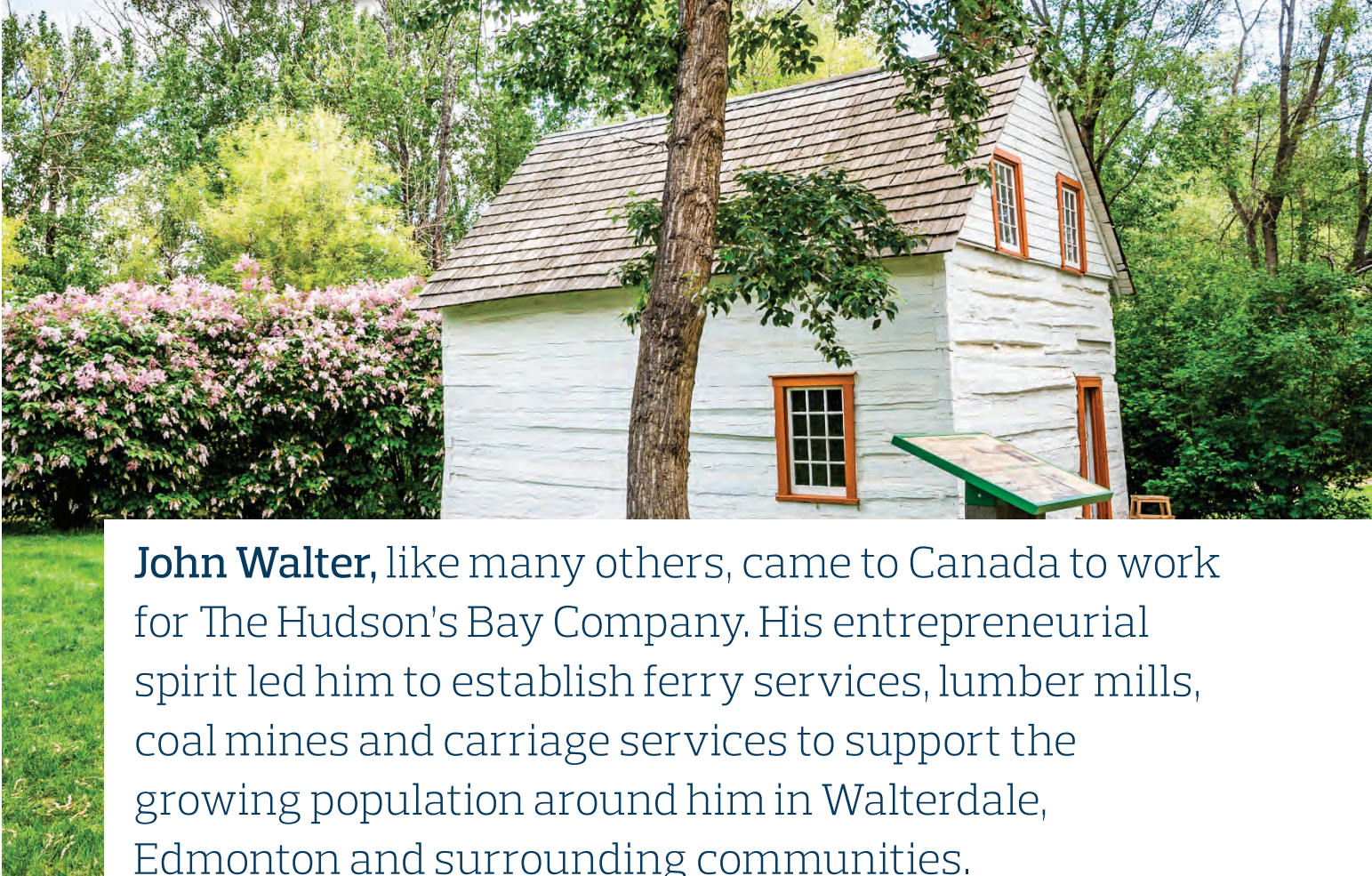
To complete this rehabilitation work, the Muttart Conservatory closed at the start of July, 2019. As a result, School programs at the facility are suspended for part of the 2020/2021 school year.

Rehabilitation work will take approximately 18 months to complete phase one, with an anticipated reopening to the public in early 2021.

Alternative programming for your classroom can be facilitated by John Janzen Nature Centre, Join us to explore local flora and fauna.

Please check MuttartConservatory.ca for updates on the closure and program booking availability!

JOHN WALTER MUSEUM



John Walter, like many others, came to Canada to work for The Hudson's Bay Company. His entrepreneurial spirit led him to establish ferry services, lumber mills, coal mines and carriage services to support the growing population around him in Walterdale, Edmonton and surrounding communities.

PROGRAM INFORMATION

The John Walter Museum, located in the heart of the river valley, includes three of the Walter family's original homes. Students will spend time exploring the houses and surrounding area while they learn about John, his family, his community and his experiences as a settler in the Edmonton region. Students, through hands on discovery, will practice traditional skills that were required by early Edmontonians in order to survive and thrive. Our programs are cross-curricular in nature and provide a unique opportunity to examine

Canadian history in a local context. If your classroom has a specific learning objective you would like to include in your program, we will happily work with you to accommodate those objectives.

BOOKING PROCEDURES

Booking Applications for the 2020/2021 school year will begin on Friday, May 1, 2020. A minimum of one month's advance notice (prior to the date(s) requested) for bookings is required. All applications will be processed in the order received.

BOOKING CHECKLIST

Please be prepared with the following information to make your booking:

- Program name
- 2–3 potential program dates
- School mailing address, including postal code, school telephone and fax number
- Contact name and names of teachers for all classes being booked
- Email address(es) of teacher(s) booking and attending the program
- Number of students attending
- Number of supervisors (see “Group Size” section for information on permitted numbers of supervisors)
- Special needs/accessibility arrangements

HOW TO BOOK

Submit an application online at: edmonton.ca/edprogrambookings

Email Inquiries: cmsschoolbookings@edmonton.ca

Phone Inquiries: (780) 442-1442

HOW TO PAY

The amount owing is shown on your program booking confirmation. Payment is required prior to the program. Invoices are sent out by the City on the first of each month. You will receive your invoice in the same month as your program runs. For example, for a May booking, your invoice will be issued May 1.

Payment can be made by cash, cheque, Visa, MasterCard and American Express. Payment are accepted at the facility, by calling 311 or by cheque. Please have cheques made payable to The City of Edmonton and write your booking confirmation numbers on your cheques.

MAIL CHEQUES TO:

Citizen Services Payment Processing
PO Box 2359, 19th Floor, Edmonton Tower
Edmonton AB, T5J 2R7

CANCELLATION FEES & RESCHEDULING

You are required to submit written notice of cancellation of program(s) via email to cmsschoolbookings@edmonton.ca.

Programs cancelled with 30 days notice or more will not be charged the program fee or a cancellation fee. Programs cancelled with 8–29 days notice are subject to be charged 50% of the program fee, unless the cancellation is filled by a waitlisted group. For programs cancelled with less than 8 days' notice, the full program fee will be charged.

Programs run rain or shine. In the event of poor weather, you must call (780) 442-1442 or email cmsschoolbookings@edmonton.ca if you are not coming.

Programs that are cancelled due to severe weather conditions but rescheduled within the current or upcoming school year fall term (September–November) will not be charged a cancellation fee.

GROUP SIZE

Due to the size of the facility, our standard program size is 24 students with a double “Urban Pioneers” program that can be booked for up to 36 students. If your group exceeds the 30 student limit groups will be required to book additional programs and/or spaces. Adult supervisors are asked to stay with their groups to assist with leading program stations and to supervise participants. Adult supervisors are admitted free based on the ratios below.

- Pre-school (3–4 years): one adult per three students
- Kindergarten–Grade 6: one adult per five students
- Grades 7–12: one adult per ten students

Additional adults and participants (including siblings) will not be able to stay with the group. To ensure a high quality program, we recommend that participants are within the age range advertised. If you are interested in a program and would like to modify content based on age range or learning objective please contact us.

SCHOOL PROGRAM GUIDE

JOHN WALTER MUSEUM

PROGRAMS AVAILABLE YEAR ROUND

Pre-school Pioneers | Pre-school and Kindergarten

Pioneer kids had a lot of responsibilities 100 years ago so let's stoke the fire and fill the wash basin! Students will try on old fashioned clothes, bake cookies on our wood-burning stove and practice washing socks in our washbasin. To celebrate all our hard work as pioneer kids we'll discover old fashioned toys and play some parlour games. This program takes place in John Walter's 1901 home.

For this program we require three adult volunteers to assist with activity stations.

PROGRAM LENGTH: 1.5 hours

FEES: \$175

Urban Pioneers | Grade 1–3

Let's go back in time and see what life was like for pioneer families over 100 years ago! Students will examine how families took care of each other by baking on the wood-burning stove, churning their own butter, dipping candles and problem solving how to build their own home. Find out how communities worked together and shared resources by visiting John Walter's general store. As we tackle these pioneer activities, we'll compare them to some of our modern conveniences. This program takes place in John Walter's 1875 and 1886 homes.

For this program, we require six adult volunteers to assist with activity stations.

PROGRAM LENGTH: 2 hours

FEES: \$205 for 24 students maximum,
\$265 for 36 students maximum

Meet the Walters | Grade 3–6

John Walter came from the Orkney Islands to work as a boat builder for Fort Edmonton. Instead of going back, John set up a home, had a family and contributed to the city of Edmonton as we know it today. Students will discover John's life by exploring maps, writing letters to friends who live far away, figuring out what makes a good boat business and meeting some important friends who worked in Walterdale. This program takes place in John's 1875 and 1886 homes.

PROGRAM LENGTH: 2 hours

FEES: \$200

History Immersion | Grade 1–9

Dig into Edmonton and Alberta's history through this customizable program! We will work with your classroom's specific learning objectives to create a schedule of hands-on activities based on a historical theme. Potential themes could include transportation, sustainable food or pioneer D.I.Y. skills. Please note that programming days can be shared between different classes of the same grade/learning objectives.

PROGRAM LENGTH: Your choice of one to five days

FEES:

1 day, \$450

2 days, \$650

3 days, \$850

4 days, \$1050

5 days, \$1250



SEASONAL PROGRAMS

Walter Christmas Party | Pre-school–Grade 6

Help the Walter family get ready for a 1920s Christmas morning! Your classroom will discover traditions from the past by baking a holiday snack in our wood-burning stove, creating cards for friends who live far away and sneaking a peek at the Walter family gifts. Compare the treats inside a 1920s stocking to one that could be received today and hear a story that has been shared for almost 200 years.

For this program, we require three adult volunteers to assist with activity stations.

PRE-SCHOOL & KINDERGARTEN PROGRAM LENGTH:

1.5 hours **FEES:** \$175

GRADES 1-6 PROGRAM LENGTH: 2 hours **FEES:** \$205

PROGRAM AVAILABLE: November 12–December 23

History River | Grades 4–9

The North Saskatchewan River has drawn people to what is now known as Edmonton for thousands of years. With stops at the Fort Edmonton Cemetery/Aboriginal Burial Grounds, an original site of Fort Edmonton, the Alberta Legislature and the High Level Bridge, your students will embark on a journey that explores the historical significance of the River Valley. Together, we'll bring history to life through hands-on discovery, archival photos and artifacts. This walking tour covers a distance of approximately three kilometres and is led by a John Walter Museum interpreter.

PROGRAM LENGTH: 2 hours

FEES: \$170

AVAILABLE: May–October

HISTORY IN YOUR CLASSROOM

Pioneer Christmas in Your Classroom | Pre-school–Grade 6

The holidays will be here soon and it's time to get ready! Help our interpreter prepare for a Walter family Christmas by making ornaments for the tree and cards for friends who live far away. Discover traditions from the past by taking a peek in a Christmas stocking and helping to wrap the Walter family gifts. To celebrate our hard work we'll play some parlour games and enjoy a story that's been shared for almost 200 years!

For this program, we require three adult volunteers to assist with activity stations.

PRE-SCHOOL & KINDERGARTEN PROGRAM LENGTH:

1.5 hours **FEES:** \$205

GRADES 1-6 PROGRAM LENGTH: 2 hours **FEES:** \$215

PROGRAM AVAILABLE: November 12–December 23

Pioneer Family Life | Kindergarten–Grade 3

Pioneer families, including the kids, had to work hard to survive! Your class will discover what daily life was like for families without having to leave your school. Students will examine and try on old-fashioned clothes, wash socks with a simple machine and handle artifacts and food items from a pioneer's kitchen. Once the chores at home are complete we'll imagine what school was like and practice on our chalk slates. To celebrate our hard work we'll play some parlour games.

For this program, we require three adult volunteers to assist with activity stations.

PROGRAM LENGTH: 1.5 hours

FEES: \$205 (includes materials)



Physical literacy and positive recreational experiences lead to a healthier, happier life. Through participating in our programs, students gain the confidence to stay Active for Life.

PROGRAM INFORMATION

Host Facilities

- Clareview Community Recreation Centre
- Commonwealth Community Recreation Centre
- Kinsmen Sports Centre
- Terwillegar Community Recreation Centre
- The Meadows Community Recreation Centre

Program Guidelines

- Designed for up to 25 participants unless otherwise specified and dependent upon space availability
- One hour (unless otherwise stated)
- Programs are based on instructor and space availability

BOOKING PROCEDURES

Booking Applications for the 2019/2020 school year will begin on Wednesday, May 1, 2019. A minimum of one month's advance notice (prior to the date(s) requested) for bookings is required.

All applications will be processed in the order received.

BOOKING PROCEDURES

We encourage you to choose from our diverse program options. The appropriate grade level, cost and program description is included. All bookings must be made 30 days in advance.

HOW TO BOOK

Submit an application online at:
edmonton.ca/edprogrambookings

Email Inquiries: cmsschoolbookings@edmonton.ca

Phone Inquiries: (780) 442-1442

CANCELLATION FEES & RESCHEDULING

Written notice of cancellation must be submitted via email to cmsschoolbookings@edmonton.ca. Programs cancelled with 30 days notice or more will not be charged the program fee or a cancellation fee. Programs cancelled with 8–29 days notice are subject to be charged 50% of the program fee, unless the cancellation is filled by a waitlisted group. For programs cancelled within 7 days notice or less the full program fee will be charged.

In the event a class arrives late, the school will still be charged the full fee and the program will end at the originally scheduled time.

ELEMENTARY SCHOOL PROGRAMMING

Mini Movers | Kindergarten

Welcome to the world of movement! In this creative program, preschoolers will have fun navigating the world of obstacles and dance. Through imaginative play and self-discovery, children will enhance their physical and social skills while increasing their self-confidence.

FEES: \$96 per hour

Kung Fu Pandas | Kindergarten—Grade 6

Students will learn basic kickboxing techniques and self-defense skills in this fitness-focused program. Your students' development will be fostered through physical activity in a fun, non-competitive environment.

FEES: \$96 per hour

Yoga Adventures | Kindergarten—Grade 6

Jump on board for a yoga adventure with us! Students bark in downward dog, hiss in cobra pose, flutter their wings in butterfly, balance on their surfboard and stretch up tall like a tree. This fun class will open new doors to health and relaxation!

FEES: \$134 per hour

Zumba® Kids | Kindergarten—Grade 6

Designed exclusively for elementary students, Zumba® Kids classes are rockin' high-energy fitness parties packed with specially choreographed, kid-friendly routines and all the music kids love! Maximum number of participants range from 25–40 depending on space availability.

FEES: \$134 per hour

Obstacle Fit Kids | Grades 1–6

Experience fitness in a fun and safe way. Students will learn body awareness, balance, and basic strength training through obstacles, relay activities and circuits. Available at Kinsmen, Terwillegar and The Meadows

FEES: \$126 per hour (5–20 participants)

FEES: \$226 per hour (21–40 participants)

Building a balanced breakfast | Grades K–6

Students will build a balanced breakfast and discuss different variations they can create at home. This will help build confidence in building a balanced breakfast or snack!

LENGTH: 2 hours

FEES: \$400

A list of allergies/intolerances will be required and programming adapted for those students

Maximum 30 students

SCHOOL PROGRAM GUIDE

RECREATION AND LEISURE CENTRES

Guess the food | Grades K–6

Students will be divided into teams to compete. One member of each team will be blind folded and given fruits or vegetables to try and have to guess what it is. The team with the most points wins the competition.

LENGTH: 2 hours

FEES: \$400

A list of allergies/intolerances will be required and programming adapted for those students

Maximum 30 students

Build-a-plant-based lunch | Grades 3–9

Students will build a balanced lunch using plant based foods.

LENGTH: 2 hours

FEES: \$400

A list of allergies/intolerances will be required and programming adapted for those students

Maximum 30 students

Sugar shocker | Grades 3–9

Students will work in teams to calculate out how much sugar in some popular food items. The objective is to help build awareness of where sugar is found and discuss ways to create balance in their routine.

LENGTH: 2 hours

FEES: \$400

Maximum 30 students

Chopped Challenge – breakfast | Grades 7–12

Students will compete in teams to create a simple balanced breakfast using a few secret ingredients provided to each team. The final dishes will be judged and one team will be named the Chopped Challenge Champions!

LENGTH: 2 hours

FEES: \$400

A list of allergies/intolerances will be required and programming adapted for those students

Maximum 30 students

Chopped Challenge–lunch | Grades 7–12

Students will compete in teams to create a simple balanced lunch using a few secret ingredients provided to each team. The final dishes will be judged, and one team will be named the Chopped Challenge Champions!

LENGTH: 2 hours

FEES: \$400

A list of allergies/intolerances will be required and programming adapted for those students

Maximum 30 students

JUNIOR HIGH AND HIGH SCHOOL PROGRAMMING

Kick & H.I.I.T. | Grades 7–12

Combine cardio kickboxing movements with high intensity interval training (H.I.I.T) in this fun and heart pumping class. Students will learn some basic kickboxing techniques alongside high intensity total body exercises.

FEES: \$96 per hour

Kickboxing | Grades 7–12

Students learn basic kickboxing techniques and self-defense skills in this fitness-focused program. Your students' development will be fostered through physical activity in a fun, non-competitive environment. Available at Kinsmen and Terwilligar.

FEES: \$96 per hour (5–20 participants)

FEES: \$176 per hour (21–40 participants)

Bootcamp | Grades 7–12

This is an exciting, high energy fitness class. Youth will participate in a variety of fun, developmentally appropriate activities. Students will learn basic weight training techniques, participate in relays and have a blast!

FEES: \$96 per hour

Obstacle Fit | Grades 7–12

Run, jump, crawl and climb through obstacles. Obstacle Fit forces every student to test their balance, stamina and agility. This class incorporates a lot of new activities! Available at Kinsmen Sports Centre.

FEES: \$126 per hour (5–20 participants)

FEES: \$226 per hour (21–40 participants)

Cycle Blast | Grades 7–12

Rev up your cardio and overall conditioning with a fun group cycling class set to energizing music. Students will be challenged with a variety of interval drills and games utilizing rolling hills, sprints, climbs and much more! Maximum number of participants varies based on location.

FEES: \$96 per hour

Yoga | Grades 7–12

Students' lives are enriched through a set of challenging yet mindful movements. This class builds core strength and improves balance and suppleness, as well as helps reduce stress. Namaste, students!

FEES: \$134 per hour

Youth in Action | Grades 7–12

Students are educated on safe weight room practices including proper weight room etiquette and equipment use. The program introduces youth to the basics of a fitness program and healthy lifestyle choices including: basic nutrition, alternative forms of training and the principles of both cardiovascular and resistance. All youth between the ages 12 and 15 must complete this program before being admitted to a City of Edmonton Fitness Centre. Up to 12 youth.

FEES: \$280 for two hours

Zumba® | Grades 7–12

Take the “work” out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Maximum number of participants is 25–50 depending on space.

FEES: \$134 per hour

STRONG by Zumba® | Grades 7–12

Stop counting the reps. Start training to the beat. STRONG by Zumba® combines body weight, muscle conditioning, cardio and plyometric training moves synced to original music that has been specifically designed to match every single move. Maximum number of participants is 25–50 depending on space.

FEES: \$234

Fitness Centre Orientation

This 2 hour program is designed to introduce Youth 16+ to the fitness centre and provide them with an orientation of the resistance training and cardiovascular machines. Instructors will be able to answer any fitness question you may have during this time.

FEES: \$280 for two hours

Team Group Training

An opportunity for teams to use City of Edmonton training facilities to improve your groups fitness level for any sport, game, or activity! Utilize high level strength and conditioning coaches and trainers with state of the art functional training equipment to meet your training needs.

By training as a group all participants will receive the instruction required to succeed and improve all levels of fitness. Programming can also be customized based on the needs of the group to ensure success on the field!

Team Group Training is offered at all COE locations, but may be specified to certain locations based on group size and equipment requirements.

FEES: \$134 w/ 1 instructor (5–15)

\$234 w/ 2 instructors (16+)

Learn to Play (Basketball, Pickleball, Badminton, Volleyball, Soccer)

This program will lead kids through a high energy and action-packed session with the goal of encouraging participation, confidence, and fun! Participants will be taught the skills, rules and strategies of the sport they choose by a certified sport-specific instructor. Come out and learn in a fun and friendly environment. Equipment is provided by the City of Edmonton.

FEES: \$96

ACTIVE LIVING SCHOOL

Kindergarten – Grade 6

GET OUT OF THE CLASSROOM AND GET ACTIVE!

City of Edmonton Recreation Centres want to provide your class with a unique week-long learning environment of experiencing all your community facility has to offer. Have you ever wondered how the pool works or how arena ice or artificial turf is made? Just how many careers and people are involved in making a recreation centre meet community needs? Enhance your curriculum delivery while learning about water safety, pool maintenance and chemistry, first-aid practices, ice making and much more!

Everything we do is tied to our belief in physical competence and facility comfort. We provide several physical activity sessions, recreation skating and swimming options, and opportunity for daily reflection. Come experience an unforgettable week of fun and high-energy educational programming with your students!

EACH PROGRAM INCLUDES:

- A tour of the facility
- Introduction to behind-the-scenes operations
- Physical activity sessions
- Recreational skating and swimming
- Daily reflection, inquiry & journal time

Teachers are accepted through a competitive application process via Inquiring Minds. We accept full day Kindergarten – Grade 6.

The Active Living School Program is subject to availability. Fee is \$840. To inquire about Active Living School please call (780) 944-1381

City of Edmonton
Recreation centres 

OUTDOOR RECREATION EXPERIENCES



River Valley Programs is your outdoor education experience in the city. Looking to get your class outside and share in an unforgettable experience? Spend some quality time learning a new skill that will stay with you and your class for the rest of their life.

We offer programs for school groups from Kindergarten through Grade 12. Join our fully qualified program leaders in an outdoor adventure. All equipment is provided. Students will find some balance in their life by enjoying nature in Edmonton's beautiful River Valley.

BOOKING PROCEDURES

Booking Applications for the 2020/21 school year will begin on Friday, May 1, 2020.

A minimum of one month's advance notice (prior to the date(s) requested) for bookings is required.

All applications will be processed in the order received.

HOW TO BOOK

Submit an application online at:
edmonton.ca/edprogrambookings

Email Inquiries: cmsschoolbookings@edmonton.ca

Phone Inquiries: (780) 442-1442

HOW TO PAY

The amount owing is shown on program confirmation. Invoices are sent out on the first of each month. You will receive your invoice in the same month as your program runs. Payment can be made by cheque, Visa, MasterCard or American Express.

Credit card payment can be phoned in to 311 or (780) 442-1442.

MAIL CHEQUES TO:

Citizen Services Payment Processing
PO Box 2359, 19th Floor, Edmonton Tower
Edmonton AB, T5J 2R7

CANCELLATION FEES & RESCHEDULING

You are required to submit written notice of cancellation of programs via email to cmsschoolbookings@edmonton.ca. Programs run rain or shine. In the event of poor weather you must call (780) 442-1442 or email cmsschoolbookings@edmonton.ca if you are not coming.

Programs cancelled with 30 days notice or more will not be charged the program fee or a cancellation fee. Programs cancelled with 8–29 days notice are subject to being charged 50% of the program cost unless the cancellation is filled by a waitlisted group. Programs cancelled within 7 days notice or less the full program fee will be charged.

Programs cancelled due to severe weather conditions that are rescheduled within the current or upcoming school year fall term (September–November) will not be charged a cancellation fee.

Visit our website at edmonton.ca/rivervalleyprograms.

Archery | Grades 4–12

Bull's eye! Learn about the equipment and discover the basics of archery, while practicing aim and accuracy. Archery programs all come with a bonus of an Initiatives program!

PROGRAM LENGTH: 2.5 hours

FEES: \$440

LOCATION: Victoria Park Oval

AVAILABLE: May–October

MAXIMUM GROUP SIZE: 30 students

Biking | K–12

Strap on a helmet, get on a bike and explore the River Valley Parks on two wheels! Students will learn about equipment, safety and basic riding basics. After the skills portion, students will hit the trails practicing their skills as they venture through the River Valley Parks making stops along the way.

PROGRAM LENGTH: 2.5 hours

FEES: \$445–\$725

LOCATION: Rundle Park (Kindergarten – Grade 6)

Kinsmen Park (Grade 7– Grade 12)

Goldbar Park (Grade 10 – Grade 12)

AVAILABLE: April–October

MAXIMUM GROUP SIZE: 35 students

Tandem Canoeing | Grades 4–12

Take on the challenge of paddling in pairs in tandem canoes. Students will learn basic strokes and water safety. Your class will learn the importance of teamwork and communication while playing fun paddling games, completing challenges and touring the pond.

PROGRAM LENGTH: 2.5 hours

FEES: \$435–\$580

LOCATION: Hermitage Park Pond and Rundle Park Pond

AVAILABLE: May–October

MAXIMUM GROUP SIZE: 30 students

Voyageur Canoeing | Grades 4–12

Get the paddling experience of our 12-person boats and learn a little about the history of the Voyageurs, while taking in the Cityscape from new perspective, on the river! Our instructors will teach basic strokes and safety, and are all Paddle Canada certified. Your class will learn the importance of teamwork while playing fun paddling games and paddling down the North Saskatchewan River or Hermitage Park Pond.

PROGRAM LENGTH: 2 hours, 4 hours, 6 hours

FEES: \$400–\$1200

LOCATION: Hermitage Park Pond – Lake Voyageur, Various Boat Launch Locations – River Voyageur

AVAILABLE: May–October

MAXIMUM GROUP SIZE: 48 students

OUTDOOR RECREATION EXPERIENCES



Stand Up Paddleboarding (SUP) | Grades 4–12

Try the fastest growing water sport in North America! Beginner technique, strokes and safety will be emphasized. Please wear clothes that are meant for water activities and bring a warm change of clothing for after the program. Ask about adding SUP to your Tandem Canoeing program.

PROGRAM LENGTH: 2.5 hours

FEES: \$295

LOCATION: Rundle Park Pond

AVAILABLE: May–October

MAXIMUM GROUP SIZE: 6 students

Longboarding | Grades 4–12

Try out longboarding and learn about balance, turning techniques and safety. Once you have learned the essentials, we will head out and explore the trails in Edmonton's River Valley Parks in a whole new way!

PROGRAM LENGTH: 2.5 hours

FEES: \$455–\$539

LOCATION: Rundle Park

AVAILABLE: April–October

MAXIMUM GROUP SIZE: 30 students

Fishing | Grades K–12

Experience the joys of fishing! Learn about the nature of fish as you cast and reel them in. Have fun at the doc practicing your new skills.

PROGRAM LENGTH: 2.5 hours

FEES: \$295–\$435

LOCATION: Hermitage Park

AVAILABLE: April–October

MAXIMUM GROUP SIZE: 30 students

Cross Country Skiing | Grades 4–12

Students will play outside and experience cross country ski trails. Our instructors will cover equipment, trail etiquette and ski basics. Students will learn turning, stopping, falling safely, how to go up and down hills and techniques to improve their stride. Classes will get the chance to put those skills to use as we glide through the park on the classic ski trails.

PROGRAM LENGTH: 2.5 hours

FEES: \$310–\$730

LOCATION: Goldbar Park (Grades 4–9)

Victoria Park (Grades 10–12)

AVAILABLE: April–October

MAXIMUM GROUP SIZE: 36 students

Snowshoeing | Grades K–12

Learn how to travel using Canada's traditional mode of transportation! See classic beavertail style snowshoe, and play games and experience a winter landscape through a new perspective.

PROGRAM LENGTH: 2.5 hours

FEES: \$420–\$625

LOCATION: Alfred H. Savage Centre (Whitemud Park North), Rundle Park

AVAILABLE: December–March

(snow condition dependant)

MAXIMUM GROUP SIZE: 36 students

Outdoor Skills | Grades 4–12

Learn the skills you need to survive outdoors. Our instructors will teach you how to build fires and shelters, while focusing on safety. Your students can challenge themselves to build a fire using only one match or using flint and steel. Activities will emphasize cooperation and team problem solving. In the winter groups can build quinzees if there is sufficient snow!

PROGRAM LENGTH: 2.5 hours

FEES: \$250–\$510

LOCATION: Alfred H. Savage Centre
(Whitemud Park North), Rundle Park

AVAILABLE: Year-Round

MAXIMUM GROUP SIZE: 36 students

Kicksledding | Grades 4–12

Discover the traditional mode of winter transportation that millions of Scandinavians love – kicksledding! Experience Edmonton's River Valley Parks through a new perspective while travelling alone or with a partner sitting up front.

PROGRAM LENGTH: 2.5 hours

FEES: \$364–\$539

LOCATION: Alfred H. Savage Centre
(Whitemud Park North)

AVAILABLE: December–March
(snow condition dependant)

MAXIMUM GROUP SIZE: 36 students
(in combination with snowshoeing)

GPS/Geocaching | Grades 4–12

Learn the skills you need to participate in the worldwide outdoor scavenger hunt known as geocaching. Your class will learn the basics of using GPS, as well as its advantages and limitations for navigation.

PROGRAM LENGTH: 2.5 hours

FEES: \$245–\$435

LOCATION: Alfred H. Savage Centre
(Whitemud Park North), Rundle Park

AVAILABLE: Year-Round

MAXIMUM GROUP SIZE: 36 students

Initiatives | Grades 4–12

Build an understanding of group communication and teamwork by facing challenges and problem-solving activities as a group.

PROGRAM LENGTH: 2.5 hours

FEES: \$230–\$515

LOCATION: Victoria Park Oval, Alfred H. Savage Centre
(Whitemud Park North), Rundle Park

AVAILABLE: Year-Round

MAXIMUM GROUP SIZE: 45 students

Predator & Prey | Grades 4–12

Experience firsthand how animals survive and thrive! This classic game is a fantastic demonstration of the dynamics of a food chain and animal survival techniques.

PROGRAM LENGTH: 2.5 hours

FEES: \$365–\$505

LOCATION: Alfred H. Savage Centre
(Whitemud Park North), Rundle Park

AVAILABLE: Year-Round

MAXIMUM GROUP SIZE: 45 students

Orienteering | Grades 4–12

Learn to find your way! Acquire navigation skills including map reading and compass work.

PROGRAM LENGTH: 2.5 hours

FEES: \$390

LOCATION: Alfred H. Savage Centre
(Whitemud Park North), Rundle Park

AVAILABLE: Year-Round

MAXIMUM GROUP SIZE: 45 students



School Tours | Grades 1–12

City Hall School Tours are a great way for students of all grades to learn about their city government and the building in which it is housed. During a tour at City Hall, students gain insight into how their local government works and experience City Hall first hand. A highlight of the tour is a visit to Council Chamber where students may even be able to observe council at work!

Grade Six students have an additional opportunity to participate in a Mock Council Meeting after their tour. Students plan and run their own meeting, adopting the roles of key players in local government. Some pre-program preparation is required. This program is designed to enhance and explore Grade Six Social Studies outcomes.

For more information, please visit edmonton.ca/cityhalltours.

PROGRAM LENGTH: 2 hours total: 1-hour tour of City Hall, 1-hour Mock Council Meeting

FEES: Free

AVAILABLE: September–June

HOW TO BOOK:

Telephone: (780) 944-7745

Email: cityhalltours@edmonton.ca

City Hall School | Grades 1–12

City Hall School is a week-long, inquiry-based, hands-on learning experience. It offers an in-depth look into City Hall, the surrounding community, and the lives of those who populate this vibrant piece of Edmonton. As the week progresses, students, teachers and parent volunteers come away with an increased sense of civic pride and a richer understanding of the services that the City provides to meet the needs of Edmontonians. This week acts as a catalyst for a year-long connection with City Hall. Students receive City Hall School journals in September and begin making connections through a teacher-developed theme. The coordinator provides teacher training and works with the teacher to plan activities tailored to suit each class. In June, a Citizenship Fair is held for students to showcase and celebrate their year.

This program includes:

- A week-long experience at City Hall
- An invitation to the June Citizenship Fair
- A tailored learning experience for each classroom

PROGRAM LENGTH: One week experience at City Hall, participation in Citizenship Fair and more!

FEES: \$1,000 (includes transportation)

AVAILABLE: September–June

Teachers are accepted through a competitive application process. Applications for the 2020/21 City Hall School will begin Spring 2020.

For more information, please visit edmonton.ca/cityhallschool.