

2026 Alberta Blue Cross® Usual and Customary dental fees

The Alberta Blue Cross® Usual and Customary (U&C) dental fees are currently aligned with the Alberta Dental Association (ADA) provincial fee guide. As dental costs in Alberta are expected to increase in the upcoming 2026 year, there will be an increase to the eligible fees referenced by your dental plan for 2026.

GET THE MOST OUT OF YOUR BENEFITS WHEN YOU VISIT YOUR DENTIST

The ADA provides a provincial guide of recommended fees for dental services in Alberta. However, this guide remains voluntary, so it is important to be as informed as possible before getting dental work done.

FIND A DENTIST

Our group plan members can make informed decisions by using the Find a Dentist tool to get the information they need. Find a Dentist allows members to

- easily see whether a dentist's fees are below (\$), at (\$\$) or above (\$\$\$) the ADA fee guide;
- view the business contact information for each dentist;
- search for dentists by location or dentist's last name; and
- use a mobile device to get directions to a nearby dentist.

The Find a Dentist tool can be accessed on the Alberta Blue Cross® member site and app.

In addition to using our Find a Dentist tool, there are other things you can do to be the best dental consumer possible.

- Tell your dentist that your plan pays according to the 2026 ADA fee guide.
- Ask your dentist if they charge according to the 2026 ADA dental fee guide. This will give you an idea of whether or not your dentist is charging according to your plan's basis of payment.

- If your dentist doesn't charge according to the fee guide, ask them how their fees compare to those in the ADA fee guide.
- The easiest way to know if you will have to pay out of pocket for dental services is to have your dental provider submit a predetermination to Alberta Blue Cross® prior to receiving any dental service. This allows you and your dental provider to check how much your plan pays for dental procedures you need before getting the treatment. Most predeterminations are processed instantly.
- Shop around. Because dentists charge differing fees, this can save you significantly.
- If you have another plan or a spending account, don't forget to use those.

Visit our website to learn more about the dental landscape, receive suggestions on how to be a wise dental consumer and find useful resources on the U&C dental fees. To learn more about your benefits, visit the Alberta Blue Cross® member site or download our app from the App Store or Google Play.

For your reference, the back of this page contains our 2026 U&C fees for many commonly claimed dental procedures.

2026 ALBERTA BLUE CROSS® USUAL AND CUSTOMARY DENTAL FEES

Please consult your plan agreement or benefit booklet for all the details about any co-payment levels required by your plan.

Examples of 2026 U&C dental fees for some typical services	
	2026 U&C
Adult checkup (recall/cleaning)	\$430.85
Recall exam, 2 images (bitewing), 2 time units scaling, 1 time unit polishing, fluoride.	
3-unit bridge	\$2,915.60*
2 retainers (crowns) for fixed bridges, 1 pontic for fixed bridge (to replace missing tooth).	
Crown	\$1,072.55*
Porcelain, ceramic or polymer glass fused to metal base.	
<i>* plus lab fees</i>	

WE'RE HERE TO HELP!

If you have any questions about your dental benefits, please call Alberta Blue Cross® Customer Services at:

Edmonton and area: 780-498-8000

Calgary and area: 403-234-9666

Toll free: 1-800-661-6995

Service description	Maximum amount
Complete examination (New patient—all permanent teeth)	\$143.85
Recall examination	\$81.05
Emergency examination	\$81.05
1 image (periapical)	\$37.60
2 images (bitewing)	\$59.90
4 images (bitewing)	\$110.10
Panoramic image (whole mouth)	\$111.40
Polishing (up to 7.5 minutes)	\$38.85
Polishing (up to 15 minutes)	\$77.75
Half unit scaling (removal of tartar, up to 7.5 minutes)	\$43.60
1 unit scaling (removal of tartar, up to 15 minutes)	\$87.25
2 units scaling (up to 30 minutes)	\$174.50
3 units scaling (up to 45 minutes)	\$261.75
Fluoride treatment (gel or foam)	\$37.65
Pit and fissure sealant (first tooth)	\$42.40
2 surface amalgam (silver) filling—primary tooth	\$176.30
2 surface bonded amalgam filling—permanent molar	\$249.50
2 surface tooth coloured filling—permanent anterior tooth	\$208.25
3 surface tooth coloured) filling—permanent anterior tooth	\$272.40
2 surface tooth coloured) filling—permanent bicuspid	\$254.05
1 surface tooth coloured) filling—permanent molar	\$210.80
Crown (porcelain, ceramic or polymer glass fused to metal base)	\$1,072.55*
Root canal therapy (3 roots)	\$1,354.65
1 unit root planing (removal of tartar, etc. from roots; up to 15 minutes)	\$94.45
2 units root planing (removal of tartar, etc. from roots; up to 30 mins)	\$188.85
Complete upper denture	\$1,052.45
Pontic for fixed bridge (to replace missing tooth)	\$570.30*
Retainer (crown) for fixed bridge	\$1,172.65*
Uncomplicated tooth removal (first tooth)	\$174.55

** plus lab fees*



**The Blue Cross symbol and name are registered marks of the Canadian Association of Blue Cross Plans, an association of independent Blue Cross plans. Licensed to ABC Benefits Corporation for use in operating the Alberta Blue Cross Plan. **Blue Shield is a registered trade-mark of the Blue Cross Blue Shield Association. BE002-07-26 2025/12 F