

Terms of Reference: Urban Isolation / Mental Health

Council Term:	2017-2021 Council Term
City Council Sponsor(s):	Councillor S. McKeen Councillor A. Paquette
Supporting Department:	Citizen Services
Administration Lead:	Rob Smyth / Jackie Foord
Initiative Status:	Existing

Mandate

Social connectedness is one of the cornerstones for resiliency and contributes to the emotional, mental and physical safety of citizens. This initiative will advance activities that decrease urban isolation and promote better mental health and wellness through prevention and education for long term public health outcomes, and utilizing harm-reduction approaches for those who may already be struggling with addiction and mental health issues.

Desired Outcomes

- Outcome #1: Increased awareness and understanding about urban isolation and mental health.
 - Enhance and expand the Hello, How are You? Campaign.
- Outcome #2: Increased understanding of how urban form impacts mental health and wellbeing.
 - Partnership with PLACE Lab at the University of Alberta.
 - Internal partnerships with City Planning.
- Outcome #3: Build partnerships with community and internally that develop, support and promote mental health and wellness, prevent mental illness and utilize harm reduction approaches.
 - Advancement of the Suicide Prevention Implementation Plan.
 - Build partnerships with key community stakeholders to advance the Community Mental Health Action Plan.
 - Actively participate in Edmonton Regional Post-secondary Mental Health Committee.

Existing Related Corporate Programs

- EndPoverty Edmonton
- Edmonton Family and Community Support Services
- Abundant Community Edmonton
- Neighbourhood Engagement
- Occupational Health and Safety
- Psychological Safety in the Workplace
- Urban Shift
- Age Friendly Edmonton
- Child Friendly Edmonton
- Walkability Strategy
- Winter City Strategy

Timelines

- The work plan will be presented to City Council on June 12, 2018.
- This Council Initiative will report to the Citizen and Public Services Committee twice a year, with the exception of the final year in which the second report will be made to City Council.

Key Stakeholders

- United Way - Capital Region
- Canadian Mental Health Association
- Alberta Health
- Alberta Health Services
- Edmonton Police Service

Financial Implications

Any estimated financial and human resources for future work will be identified in the work plan that will be presented to City Council on June 12, 2018.