

SUMMER 2021 | JUNE 14 - SEPTEMBER 4

Visit movelearnplay.edmonton.ca for a complete list of activities.

FACILITY HOURS

	SUN	MON	TUES	WED	THU	FRI	SAT
ADMISSION DESK	8AM-5PM	6AM-10PM	6AM-10PM	6AM-10PM	6AM-10PM	6AM-7PM	7AM-5:30PM
FITNESS CENTRE	8AM-5PM	6AM-10PM	6AM-10PM	6AM-10PM	6AM-10PM	6AM-7PM	7AM-5:30PM
COURT SPORTS	8AM-5PM	6AM-10PM	6AM-10PM	6AM-10PM	6AM-10PM	6AM-7PM	7AM-5:30PM

AQUATIC SCHEDULE

ACTIVITY	SUN	MON	TUES	WED	THU	FRI	SAT
LANE SWIM	8AM-5PM	6AM-10PM	6AM-10PM	6AM-10PM	6AM-10PM	6AM-7PM	7AM-5:30PM
SHALLOW WATER AQUAFIT		10AM-11AM		10AM-11AM		10AM-11AM	

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Instructor-Led programs do not run on Statutory Holidays.

During stat holiday closures, customers who have facility level: Monthly, Continuously Monthly or Annual memberships at closed facilities will be able to access the larger Community Recreation Centres at no extra charge.

Visit [Recreation Centres and Pools](#) on edmonton.ca for live facility information including amenities, pool temperatures, and so much more!

You can sign up to receive email updates regarding pool/amenity closures, cancelled classes, and holiday hours! Visit edmonton.ca/facilitynotifications to subscribe. Please note that you will only receive notifications for the facilities you subscribe to. This notification tool is not used for promotions.

Schedules are subject to change. Visit movelearnplay.edmonton.ca to register for Aquatic Programs and review up to date information regarding drop in activities (including number of lanes available and Instructor Led Programs).

Aquafit classes with a seasonal average attendance of 17 people or less are subject to cancellation.

ACTIVITY DESCRIPTIONS**LANE SWIM**

Individual lanes available for lane swim, water walking/jogging and individual wellness movement. Please note, depth may vary.

**SHALLOW WATER
AQUAFIT**

Aquafit is a fun and energetic aerobic exercise class that uses the water for resistance. Low to zero impact makes it easy on bones and joints.