

**FALL 2021 | EFFECTIVE SEPTEMBER 5**

Visit [movelearnplay.edmonton.ca](http://movelearnplay.edmonton.ca) for a complete list of activities.

**AQUATIC CENTRE CLOSED FOR MAINTENANCE SEPTEMBER 7 - NOVEMBER 1**

FACILITY HOURS							
	SUN	MON	TUES	WED	THU	FRI	SAT
<b>ADMISSION DESK</b>	9AM-5PM	6:30AM-8PM	6:30AM-8PM	6:30AM-8PM	6:30AM-8PM	6:30AM-7PM	7:30AM-6PM
<b>FITNESS CENTRE</b>	9AM-5PM	6:30AM-8PM	6:30AM-8PM	6:30AM-8PM	6:30AM-8PM	6:30AM-7PM	7:30AM-6PM
<b>INDOOR PLAYGROUND</b>	9AM-5PM	8AM-8PM	8AM-8PM	8AM-8PM	8AM-8PM	8AM-7PM	8AM-6PM
<b>OPEN GYM</b>	9AM-5PM	6:30AM-8PM	6:30AM-8PM	6:30AM-8PM	6:30AM-8PM	6:30AM-7PM	7:30AM-6PM
<b>EDMONTON PUBLIC LIBRARY</b>	1PM-5PM	10AM-9PM	10AM-9PM	10AM-9PM	10AM-9PM	10AM-9PM	10AM-6PM

AQUATIC SCHEDULE							
ACTIVITY	SUN	MON	TUES	WED	THU	FRI	SAT
<a href="#">LANE SWIM 25M</a>	9AM-1:45PM	6:30AM-7PM	6:30AM-7PM	6:30AM-7PM	6:30AM-7PM	6:30AM-7PM	7:30AM -1:45PM
<a href="#">PUBLIC SWIM</a>	LEISURE POOL/ LAZY RIVER, WATERSLIDE, & TOT POOL	9AM-5PM	7AM-7PM	7AM-7PM	7AM-7PM	7AM-7PM	8AM-6PM
	MAIN POOL & PUBLIC DIVE	2-5PM					2-6PM
<a href="#">HOT TUB</a>	9AM-5PM	6:30AM-7PM	6:30AM-7PM	6:30AM-7PM	6:30AM-7PM	6:30AM-7PM	7:30-6PM
<a href="#">GENTLE SHALLOW WATER AQUAFIT</a>		12-1PM 5:45-6:45PM		12-1PM 5:45-6:45PM		12-1PM	
<a href="#">DEEP WATER AQUAFIT</a>			8-9AM		8-9AM		
<a href="#">REGISTERED LEARN TO SWIM PROGRAMS</a>	9AM-1:45PM		4-7PM		4-7PM		9AM -1:45PM
<a href="#">COMMUNITY SWIM</a>							4-6PM

## FALL 2021 | EFFECTIVE SEPTEMBER 5

Visit [movelearnplay.edmonton.ca](https://movelearnplay.edmonton.ca) for a complete list of activities.**AQUATIC CENTRE CLOSED FOR MAINTENANCE SEPTEMBER 7 - NOVEMBER 1**

## Did You Know...

Instructor-Led programs do not run on Statutory Holidays.

During stat holiday closures, customers who have facility level: Monthly, Continuously Monthly or Annual memberships at closed facilities will be able to access the larger Community Recreation Centres at no extra charge.

Visit [Recreation Centres and Pools](#) on edmonton.ca for live facility information including amenities, pool temperatures, and so much more!

You can sign up to receive email updates regarding pool/amenity closures, cancelled classes, and holiday hours! Visit [edmonton.ca/facilitynotifications](https://edmonton.ca/facilitynotifications) to subscribe. Please note that you will only receive notifications for the facilities you subscribe to. This notification tool is not used for promotions.

Schedules are subject to change. Visit [movelearnplay.edmonton.ca](https://movelearnplay.edmonton.ca) to register for Aquatic Programs and review up to date information regarding drop in activities (including number of lanes available and Instructor Led Programs).

Aquafit classes with a seasonal average attendance of 17 people or less are subject to cancellation.

## ACTIVITY DESCRIPTIONS

<b>LANE SWIM</b>		Individual lanes available for lane swim, water walking/jogging and individual wellness movement. Please note, depth may vary. <ul style="list-style-type: none"> <li>3 Lanes guaranteed during 25m swim times.</li> </ul>
<b>PUBLIC SWIM</b>	LEISURE POOL/ LAZY RIVER, WATERSLIDE, & TOT POOL	A recreational swim for all ages! Additional amenities such as waves, diving boards, water slides, lazy river, climbing walls, tot pools, etc. may be available. <ul style="list-style-type: none"> <li><b>A maximum of 3 children under 8 years must be actively supervised in the pool (and on the immediate deck and amenities) by a responsible person 15 years and older. Keep children under 8 years at arms reach at all times. Children who are not supervised will not be allowed in the pool area.</b></li> <li>Everyone <b>must be able to swim 25 metres</b> on their front without stopping before entering chest deep water. Youth under the age of 13 years <b>must demonstrate</b> this ability, and those 13 or older <b>may be asked</b>. If a lifejacket is used for the swim it must always be worn in deep water</li> </ul> Review our <a href="#">aquatic centre rules and guidelines</a> .
	MAIN POOL PUBLIC DIVE	A Public Swim including the Main Pool, the 1m, 3m, 5m diving boards will be available during these times.
<b>HOT TUB &amp; STEAM ROOM</b>		Facility amenities to warm you up!
<b>GENTLE SHALLOW WATER AQUAFIT</b>		A mild - moderate one hour class set to music and taught by certified instructors. Work at your own pace, no swimming skills required. Water temp varies depending on facility (29.5 – 32C)
<b>DEEP WATER AQUAFIT</b>		An aqua belt suspends you so that your whole body gets a total workout. Good for those with joint or injury concerns. Must be able to swim 25 metres in deep water comfortably.
<b>REGISTERED LEARN TO SWIM PROGRAMS</b>		Learning to swim is easy and fun with our swimming lessons for tiny tots, youth, and adults. To register, come to any of our City of Edmonton facilities, or online at <a href="https://movelearnplay.edmonton.ca">https://movelearnplay.edmonton.ca</a>