

# VIRTUAL GROUP FITNESS REGISTRATION GUIDE

Virtual Group Fitness included in **Benefits Plus** and **LAP** memberships. Visit: [MoveLearnPlay.edmonton.ca](https://movelearnplay.edmonton.ca)

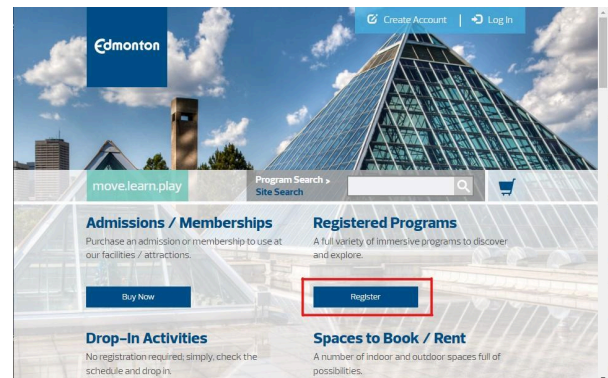
## Option A

Scan this QR Code on your mobile device to open the Virtual Fitness Classes page on **Move.Learn.Play** and skip to **STEP 4**.

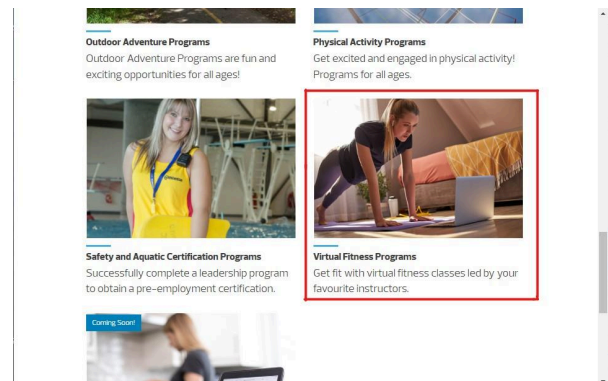


## Option B

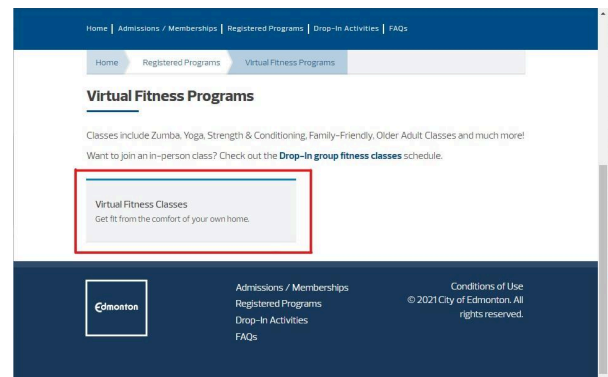
**STEP 1** - Go to [movelearnplay.edmonton.ca](https://movelearnplay.edmonton.ca) and click on the **Register** button under Registered Programs.



**STEP 2** - Scroll down and click on the **Virtual Fitness Programs** tab.



**STEP 3** - Click on the **Virtual Fitness Classes** tab.



\***NO Leader-led Programs on Statutory Holidays.** Please register for your virtual class on [movelearnplay.edmonton.ca](https://movelearnplay.edmonton.ca). The link to your virtual class will be sent 30min-1hr prior to the start. If you do not receive the Zoom link please email: [coe.groupfitness@edmonton.ca](mailto:coe.groupfitness@edmonton.ca).

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**STEP 4** - Under the **Sort By** field, select **Course Start Date** and click **Search** for better sorting of classes.

**STEP 5** - Find the class that you want to register for and click on the **Details** button (▶ button on mobile).

**STEP 6** - Scroll down and click on the **Log In To Book** button. Once logged in to your account, scroll down and click on the **Book** button to add the class to your Cart.  
\*If you do not have an account yet, you may click on **Create Account** at the top of the page to sign up.

**STEP 7** - In the Cart page, you may click on the **Checkout** button to finalize your booking.  
If you would like to register for more classes at once, click on the **Continue Shopping** button and repeat from **STEP 5** to add more classes to your Cart before checking out.

A confirmation email will be sent to you once you have successfully registered for a virtual class on Move.Learn.Play.

**You'll receive the Zoom link via email 30-60 minutes prior to the start of class. If you do not receive the Zoom link please email: [coe.groupfitness@edmonton.ca](mailto:coe.groupfitness@edmonton.ca)**

**Please also check your spam / junk folder and mark the email as "not spam" if you found it there.**

Virtual Fitness classes are being conducted on **Zoom Webinar**, only the instructor will be seen on screen, none of the attendees' camera or mic will be on. Participants will be able to interact with the instructor and each other using typed chat.

A Zoom account is required to join meetings as a participant. Please go to [zoom.us](https://zoom.us) to register in a zoom account.

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