

Lifesaving Swim for Life Conversion Chart

Age Group	Red Cross	Status	Lifesaving
Parent and Tot (4 months - 3 years) Class Duration - 30 mins	Starfish	Age Based	Parent and Tot 1 (4-12 months)
	Duck	Age Based	Parent and Tot 2 (13-24 month)
	Sea Turtle	Age Based	Parent and Tot 3 (2-3 years)
Preschool (3 - 5 years) Class Duration - 30 mins	Sea Otter	Incomplete	Preschool 1 (3 years olds)
		Complete	Preschool 2 (3 years olds)
	Salamander	Incomplete	Preschool 1 (4-5 years olds)
		Complete	Preschool 2 (4-5 years olds)
	Sunfish	Equivalent	Preschool 3
	Crocodile	Equivalent	Preschool 4
	Whale	Incomplete	Preschool 5
Complete		Swimmer 1 Advanced if 6 years old	
Kids (6+ years) Class Duration Swimmer 1 & 2 - 30 mins Swimmer 3 to 6 - 45 mins	Swim Kids 1	First Time	Swimmer 1 Beginner
		Incomplete	Swimmer 1 Beginner
	Swim Kids 2	Incomplete	Swimmer 1 Advanced
		Completed	Swimmer 2
	Swim Kids 3	Incomplete	Swimmer 2
		Completed	Swimmer 3
	Swim Kids 4	Equivalent	Swimmer 3
	Swim Kids 5	Equivalent	Swimmer 4
	Swim Kids 6	Equivalent	Swimmer 5
	Swim Kids 7	Incomplete	Swimmer 5
Complete		Swimmer 6	
Kids (8+ years) Class Duration - 45 mins	Swim Kids 8	Equivalent	Swim Patrol
	Swim Kids 9	Equivalent	Swim Patrol
	Swim Kids 10	Equivalent	Bronze Star
Youth (9-15 years) Class Duration - 45 mins	Youth Swim Basic 1	Equivalent	Youth Swimmer 1
	Youth Swim Basic 2	Equivalent	Youth Swimmer 2
	Youth Strokes	Equivalent	Youth Swimmer 3
Adult (16+ years) Class Duration - 45 mins	Adult Swim Basic 1	Equivalent	Adult Swimmer 1
	Adult Swim Basic 2	Equivalent	Adult Swimmer 2
	Adult Strokes	Equivalent	Adult Swimmer 3