

WINTER 2022 | EFFECTIVE JANUARY 2

Visit movelearnplay.edmonton.ca for a complete list of activities.

FACILITY HOURS

	SUN	MON	TUES	WED	THU	FRI	SAT
ADMISSION DESK	7:45AM-9PM	6AM-1PM 3:30-9:30PM	6AM-1PM 3:30-9:30PM	6AM-1PM 3:30-9:30PM	6AM-1PM 3:30-9:30PM	6AM-1PM 3:30-9:30PM	7:45AM-6:30PM
FITNESS CENTRE	8AM-9:30PM	6AM-1PM 3:30-10PM	6AM-1PM 3:30-10PM	6AM-1PM 3:30-10PM	6AM-1PM 3:30-10PM	6AM-1PM 3:30-10PM	8AM-6:30PM
BIRTHDAY PARTY AND CASUAL RENTAL TIME						9:15-10:15PM	4-7PM

AQUATIC SCHEDULE

ACTIVITY	SUN	MON	TUES	WED	THU	FRI	SAT
LANE SWIM	6-9:30PM	6-8AM 10AM-1PM 7:30-10PM	6-8AM 9AM-1PM 8-10PM	6-8AM 10AM-1PM 7:30-10PM	6-8AM 9AM-1PM 8-10PM	6-8AM 10AM-1PM 3:30-6PM	
PUBLIC SWIM	8-10AM	8AM-1PM 6:30-7:30PM	8AM-1PM	8AM-1PM 6:30-7:30PM	8AM-1PM	8AM-1PM 3:30-7PM	8-9AM
PUBLIC SWIM WITH WATERSLIDE	2-4PM						2-4PM
REGISTERED LEARN TO SWIM PROGRAMS	10AM-2PM	4-6:30PM	4-8PM	4-6:30PM	4-8PM		9AM-2PM
COMMUNITY SWIM	4:15-5:45PM			8-10AM		7:15-9:15PM	
HOT TUB & STEAM ROOM	8AM-4PM 6-9:30PM	6AM-1PM 3:30-10PM	6AM-1PM 3:30-10PM	6AM-1PM 3:30-10PM	6AM-1PM 3:30-10PM	6AM-1PM 3:30-7PM	8AM-4PM

FACILITY PLUS PASS SCHEDULE

ACTIVITY	SUN	MON	TUES	WED	THU	FRI	SAT
SHALLOW WATER AQUALFIT	9-10AM	8-9AM 9-10AM 6:30-7:30PM		8-9AM 9-10AM 6:30-7:30PM		8-9AM 9-10AM 6-7PM	8-9AM
KARATAQUATICS	8-9AM		8-9AM		8-9AM		

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Did You Know...

Instructor-Led programs do not run on Statutory Holidays.

During stat holiday closures, customers who have facility level: Monthly, Continuously Monthly or Annual memberships at closed facilities will be able to access the larger Community Recreation Centres at no extra charge.

Visit [Recreation Centres and Pools](#) on edmonton.ca for live facility information including amenities, pool temperatures, and so much more!

You can sign up to receive email updates regarding pool/amenity closures, cancelled classes, and holiday hours! Visit edmonton.ca/facilitynotifications to subscribe. Please note that you will only receive notifications for the facilities you subscribe to. This notification tool is not used for promotions.

Schedules are subject to change. Visit movelearnplay.edmonton.ca to register for Aquatic Programs and review up to date information regarding drop in activities (including number of lanes available and Instructor Led Programs).

Aquafit classes with a seasonal average attendance of 17 people or less are subject to cancellation.

ACTIVITY DESCRIPTIONS

LANE SWIM	Individual lanes available for lane swim, water walking/jogging and individual wellness movement. Please note, depth may vary.
PUBLIC SWIM	<p>A recreational swim for all ages in our Kids Area or Deep End! Additional amenities such as waves, diving boards, water slides, lazy river, climbing walls, tot pools, etc. may be available, depending on other programming in the water.</p> <ul style="list-style-type: none"> • A maximum of 3 children under 8 years must be actively supervised in the pool (and on the immediate deck and amenities) by a responsible person 15 years and older. Keep children under 8 years at arms reach at all times. Children who are not supervised will not be allowed in the pool area. • Everyone must be able to swim 25 metres on their front without stopping before entering chest deep water. Youth under the age of 13 years must demonstrate this ability, and those 13 or older may be asked. If a lifejacket is used for the swim it must always be worn in deep water <p>Review our aquatic centre rules and guidelines.</p>
PUBLIC SWIM WITH WATERSLIDE	A Public Swim in the entire pool, with our Waterslide!
REGISTERED LEARN TO SWIM PROGRAMS	Learning to swim is easy and fun with our swimming lessons for tiny tots, youth, and adults. To register come to any of our City of Edmonton facilities, or online at https://movelearnplay.edmonton.ca/COE/public/Category/Courses .
COMMUNITY SWIM	A swim arranged with area-specific community leagues. A community league membership card is required for entry. Please check at the facility or call your Community League for details.
HOT TUB & STEAM ROOM	Facility amenities to warm you up!
SHALLOW WATER AQUAFIT	Aquafit is a fun and energetic aerobic exercise class that uses the water for resistance. Low to zero impact makes it easy on bones and joints.
KARATAQUATICS	A hybrid of Karate, strength and endurance training.