If you see harassment, follow these tips to help intervene safely:

If you feel safe intervening:

BE DIRECT

Be vocal. Call out what's happening. Ask if the person being harassed is okay.

DE-ESCALATE

Speak calmly and slowly to everyone involved.

Avoid telling the initiator to calm down.

DISTRACT

Draw the initiator's attention away from the situation. Talk loudly. Ask for directions. Pretend to answer your phone.

If you don't feel safe intervening:

DELAY

Wait until the situation is over. Follow up with the person being harassed to see how they're feeling.

DOCUMENT

Scan the situation. Record the time, place and other relevant information. Offer this info to the person who was harassed when you feel it's safe to do so.

DELEGATE

Ask for assistance from others. Talk to a fellow bystander, ETS security, peace officer or, in an emergency, call 911.

Your #OneStrongVoice has power. Make it heard against harassment.

