

Air Quality Health Index Light Bulb

MEASUREMENT SCALE

Alberta Air Quality Health Index (AQHI) is a scale designed to help Edmontonians understand what air quality means to their health.

VERY HIGH RISK

- Avoid strenuous outdoor activities
- **AQHI Scale:** 10+

HIGH RISK

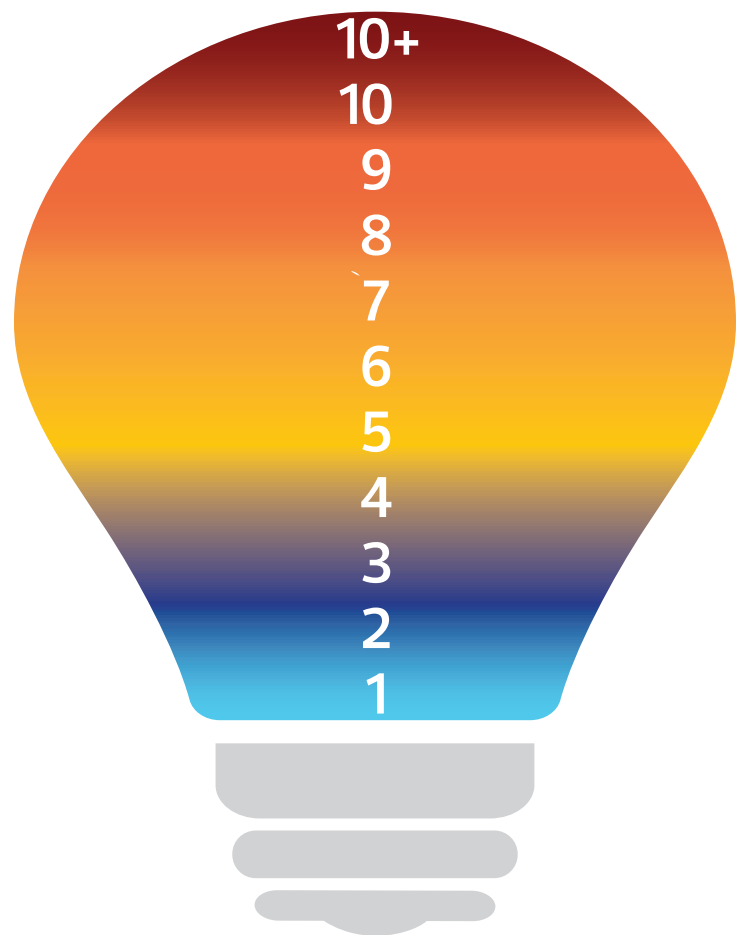
- Reduce or reschedule strenuous outdoor activities
- **AQHI Scale:** 7 to 10

MODERATE RISK

- Consider reducing or rescheduling strenuous outdoor activities
- **AQHI Scale:** 4 to 6

LOW RISK

- Enjoy usual outdoor activities
- **AQHI Scale:** 1 to 3



PARTICIPATE

Set up your own AQHI light bulb by downloading the Setup Guide at edmonton.ca/airquality.

Note: The light bulb colours are not exactly as shown and the bulbs display only a single colour at a time.

edmonton.ca/airquality

**CHANGE
FOR
CLIMATE**

Edmonton