Alberta Building Code 2014  Division B
9.9.10. Egress from Bedrooms
9.9.10.1. Egress Windows or Doors for Bedrooms
1) Except where the suite is sprinklered, each bedroom or combination bedroom shall have at least one outside window or exterior door openable from the inside without the use of keys, tools or special knowledge and without the removal of sashes or hardware. (See Article 9.5.1.2. and Appendix A.)
2) The window referred to in Sentence (1) shall
   a) provide an unobstructed opening of not less than 0.35 m² in area with no dimension less than 380 mm, and
   b) maintain the required opening during an emergency without the need for additional support. (See Appendix A.)
3) Where a window required in Sentence (1) opens into a window well, a clearance of not less than 760 mm shall be provided in front of the window. (See Appendix A.)
4) Where the sash of a window referred to in Sentence (3) swings towards the window well, the operation of the sash shall not reduce the clearance in a manner that would restrict escape in an emergency.
5) Where a protective enclosure is installed over the window well referred to in Sentence (3), the enclosure shall be openable from the inside without the use of keys, tools or special knowledge of the opening mechanism.
6) If the window referred to in Sentence (1) is provided with security bars, the security bars shall be openable from the inside without the use of keys, tools or special knowledge.

Figure A-9.9.10.1.(3)
Windows providing a means of escape that open into a window well