



**Citation and
Performance Awards**

P R O G R A M

November 25, 2013



**Message From His Worship
Mayor Don Iveson**



On behalf of City Council and the people of Edmonton, Alberta's Capital City, I'd like to extend a warm welcome to everyone attending the 2013 *Salute to Excellence Awards*.

For more than 60 years, the Salute to Excellence program has recognized the achievements of many of our most outstanding citizens in the areas of arts and culture, sport and community service. I congratulate all of this year's winners for their passion and dedication. You're an inspiration for others and shining examples of the immense talent, skill and leadership that exists in Edmonton.

I'd like to thank everyone involved for your time and effort in organizing this annual event. It's important we continue to celebrate the many accomplishments of Edmontonians. In doing so, we enhance Edmonton's reputation as a globally competitive city.

Best wishes for an enjoyable evening!

Yours truly,

Don Iveson

Mayor



Welcome and Introductions

Linda Cochrane, General Manager, Community Services

Greetings from the City of Edmonton

Presentation of Citation Awards

Presentation of Performance Awards

Arts & Culture Performance Awards

Sports Performance Awards

Individual Awards

Team Awards

Masters Individual Awards

Masters Team Awards

Reception and Entertainment

Please join us for refreshments after the ceremony. Note that food may contain traces of nuts or peanuts.

Citation Awards

The City of Edmonton has justifiably earned its reputation as the City of Volunteers. Every facet of life in our city is enriched by the dedication of its citizens in arts and culture, sports, and community service.

Citation Awards honour those individuals or groups who have given significant service and inspiring leadership in these areas.



Chester Kuc

Arts & Culture



An outstanding contributor to Canadian Ukrainian artistic culture, the late Chester Kuc was a talented dance instructor, choreographer, and performance director. In 1959, he founded the Ukrainian Shumka Dancers and in 1969 established the group now called the Cheremosh Ukrainian Dance Company. Kuc's unprecedented devotion to the Ukrainian community included countless volunteer hours devoted to dance, costume, and organizations such as the Ukrainian National Federation. His productions have been performed across North America and in Japan, Asia, and Europe. A skilled artist, Kuc was a dedicated pysanka writer of more than 3000 eggs, many preserving millennium-old symbols and motifs of Ukraine. The eggs have been showcased at provincial museums and other venues across western Canada.

Punita Chohan

Community Service



Punita Chohan, who teaches all levels of cosmetology at Queen Elizabeth High School, is also a dedicated humanitarian with a passion to address practical community needs. She provides volunteer hair care and nail services at Edmonton shelters, as well as grooming products. A role model who communicates integrity through action, Chohan arranges for her cosmetology apprentices to work with community service organizations. The Youth Emergency Shelter, Military Family Resources Centre, Cerebral Palsy Association of Alberta, Women Emergency Accommodation Centre, YMCA, and Edmonton Multicultural Coalition are just some of the groups who have benefitted. A visual artist, Chohan has generously donated her art to numerous worthwhile causes.





Judy Dickout Community Service



For more than 11 years, Judy Dickout served as president for the Wedgewood Ravine Community League. She chaired League meetings, functioned as representative, and organized events including the annual Light Up Wedgewood community party and Wedgewood Garage Sale. She is a tireless contributor to all aspects of League business

and her leadership has led to new playground funding, and skating and swimming opportunities for the community. When she served as liaison with the Home Owner's Association, Dickout's efforts resulted in continued community maintenance and beautification. The Royal Alexandra and Lois Hole Hospitals Women's Auxiliaries and Edmonton's homeless shelters have also benefitted from Dickout's generous gift of time.

Amanda Trenchard Community Service



Constable Amanda Trenchard is a humanitarian and community leader. A six-year veteran of the Edmonton Police Service, she devotes much of her spare time to the Special Olympics, including serving as an official at the 2007 World Special Olympic Games in China and again in 2011 at the World Special Olympic Games in Greece. She has been

coaching soccer in Edmonton since 2007 and started a fitness program to educate athletes on the importance of healthy eating and regular exercise. Trenchard has given countless hours to raise funds and create awareness through the Law Enforcement Torch Run for the Special Olympics. She has rallied support from her colleagues, other enforcement agencies, and the greater community, thus promoting inclusion and improving the quality of life for people with disabilities.

Darrell Bradley

Sports



Past-president of the Edmonton 5 Pin Bowlers Association and an accomplished competitor, Darrell Bradley has devoted countless volunteer hours to enhance the sport of five-pin bowling. He built a strong board of volunteers and mentored them to work together as a highly functioning team.

This established a level of organizational protocol that bowling groups across Canada now embrace as standard. Bradley represented Edmonton at provincial and national levels as a competitor, coach, and board member of multiple bowling associations. His committees organized four highly successful provincial championships, as well as two national championships. Bradley's long term dedication and leadership have earned him the respect of competitors of all ages.

Jo-Anne Moore

Sports



Jo-Anne Moore is an advocate of towed water sports, especially water skiing. She currently sits on the boards of Water Ski and Wakeboard Canada and Water Ski and Wakeboard Alberta. Over the last 10 years she has held multiple positions, from officiating events to becoming president.

Moore's immeasurable volunteer hours have supported provincial, national, and international competitions, as well as the development of officials in Canada. She served in crucial roles when Alberta hosted the World Championships, Canadian National Championships, and Western Championships of Water Skiing. A national and international certified Pan-Am water ski judge, Moore acted as chief judge for two years at the MasterCraft Pro ShootOut and has also judged at many national and international championships. Her contribution exemplifies the value of volunteerism to sports.



Arts & Culture Performance Awards

Kent Sangster's Obsessions Octet

Juno-nominated jazz saxophonist and composer, Kent Sangster, and his wife, Joanna Ciapka-Sangster, a classically trained violinist, founded Kent Sangster's Obsessions Octet in 2005. Made up of a classical string quartet and jazz quartet, the octet includes musicians from the Edmonton Symphony Orchestra and Grant MacEwan University faculty. Their debut recording, *Obsessions* (2006), earned a Western Canadian Music Award and Juno nomination, and the sophomore recording, *Melodia* (2010), garnered a Western Canadian Music Award nomination. One of the finest cross-over ensembles in North America, *Obsessions Octet* made its debut at Carnegie Hall in October 2012.

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The octet includes:

Chris Andrew - piano

Joanna Ciapka Sangster - violin

Jamie Cooper - drums

Rhonda Henshaw - viola

Ronda Metszies - cello

Kent Sangster – saxophones

John Taylor - bass

Neda Yamach - violin

Sports Performance Awards – Individual Awards

BADMINTON

Mac Lee

2013 Pan American Junior Championships, Puerto Vallarta, MX
Gold, Team (U19)

Ty Lindeman

2013 Pan American Junior Badminton Championships, Puerto Vallarta, MX
Gold, Mixed Doubles (U17)
Silver, Men's Doubles (U17)

Nathan Osborne

2013 Pan American Junior Badminton Championships, Puerto Vallarta, MX
Gold, Mixed Doubles (U19)
Gold, Team (U19)

2013 Canadian Junior Badminton Championships, Saskatoon, SK
Gold, Mixed Doubles (U19)

Desmond Wang

2013 Pan American Junior Badminton Championships, Puerto Vallarta, MX
Silver, Mixed Doubles (U15)
Bronze, Boys Doubles (U15)

2013 Canadian Junior Badminton Championships, Saskatoon, SK
Gold, Boys Doubles (U14)
Gold, Mixed Doubles (U14)

Takeisha Wang

2013 Pan American Junior Badminton Championships, Puerto Vallarta, MX
Gold, Mixed Doubles (U17)
Silver, Girls Doubles (U19)

2013 Canadian Junior Badminton Championships, Saskatoon, SK
Gold, Girls Doubles (U19)



**Josephine Wu**

2013 Pan American Junior Badminton Championships, Puerto Vallarta, MX

Gold, Mixed Doubles (U19)

Gold, Team (U19)

Silver, Girls Doubles (U19)

Bronze, Girls Singles (U19)

2013 Canadian Junior Badminton Championships, Saskatoon, SK

Gold, Mixed Doubles (U19)

Gold, Girls Doubles (U19)

VISION IMPAIRED LAWN BOWLS**Vivian Kwan**

2013 Canadian National Vision Impaired Lawn Bowling Championships,
Etobicoke, ON

Gold, Women's B3 Singles

Marvin Kwan, Guide

BOWLING**Aaron Arndt**

2013 Master Bowlers' Association of Canada Championships, Calgary, AB

Gold, Tournament Men's Singles

DIVING**Dominique Cadieux**

2013 National Championships, Thunder Bay, ON

Gold, 1m (Girl's 14-15)

Cody Yano

2013 Winter Senior National Diving Championships, Winnipeg, MB

Gold, 3m (Men's)

Jacob Zimmel

2013 Junior Pan Am Diving Championships, Tuscan, USA

Silver, 1m (Boy's)

FENCING**Daniel Gu**

2013 Canadian Fencing Championships, Gatineau, QC

Gold, Cadet Men's Foil

Tanya Nelson

2013 Canadian Fencing Championships, Gatineau, QC

Gold, Cadet Women's Foil

GYMNASTICS

Pamela Kriangkum

2012, Pan Am Championships, Querétaro, Mexico
Gold, Double Mini Team

Ryan Sheehan

2012, Pan Am Championships, Querétaro, Mexico
Gold, Double Mini Trampoline Team
Bronze, Double Mini Trampoline Individual

SWIMMING

Kaitlyn Fuller

2013 Canadian Age Group Championships, Montreal, QC
Gold, 200m Freestyle (Women's 11-12)

Richard Funk

2013 World Championships Trial/Spring Nationals, Victoria, BC
Gold, 100m Breaststroke
Gold, 200m Breaststroke

Nick Kostiuik

2013 Summer National Championships, Pointe Claire, QC
Gold, 100m Breaststroke
Gold, 200m Breaststroke

Kier Maitland

2013 Summer National Championships, Pointe Claire, QC
Gold, 800m Freestyle
Gold, 1500m Freestyle

Ellie Maradyn

2013 Canadian Age Group Championships, Montreal, QC
Gold, 400m Freestyle (Girl's 11-12)
Gold, 100m Breaststroke (Girl's 11-12)
Gold, 200m Individual Medley (Girl's 11-12)
Gold, 400m Individual Medley (Girl's 11-12)

Rachel Maradyn

2013 Canadian Age Group Championships, Montreal, QC
Gold, 5km Open Water Swim (Girl's 15+)

Lili Margitai

2013 Canada Games, Sherbrooke, QC
Gold, 100m Freestyle (Women's)



**Ryder McGinnis**

2013 Canadian Age Group Championships, Montreal, QC
Gold, 50m Breaststroke (Boy's 14-15)
Gold, 100m Breaststroke (Boy's 14-15)
Gold, 200m Breaststroke (Boy's 14-15)

Sophia Saroukian

2013 Canada Games, Sherbrooke, QC
Gold, 800m Freestyle

Jacomie Strydom

2013 Canadian Age Group Championships, Montreal, QC
Gold, 100m Butterfly (Girl's 16-18)

Kayla Tom

2013 Canadian Age Group Championships, Montreal, QC
Gold, 100m Freestyle (Girl's 11-12)

Analea Zimmermann

2013 Canadian Age Group Championships, Montreal, QC
Gold, 100m Butterfly (Girl's 11-12)

TRACK**Rachel Mintz**

2013 Maccabiah Games, Tel Aviv, Israel
Gold, Pole Vault (Women's)
Silver, 4x400m Relay (Women's)

WUSHU**Brianna Chan**

2012 World Junior Wushu Championships, Macau, China
Gold, Nan Quan (Southern Hand Form) (Women's A Group 16-18)

Brandon Luo

2012 National Wushu Championships, Toronto, ON
Gold, Sabre (Men's C Group 12 & under)

Isaiah Wong

2012 National Wushu Championships, Toronto, ON
Gold, Nan Quan (Southern Hand Form) (Men's A Group 13-15)

Team Awards

FENCING

Team Alberta

2013 Canada Summer Games, Sherbrooke, QC

Gold, Women's Foil Team

Jerrica Gu

Tanya Nelson

LAWN BOWLS

Alberta Women's Pairs Lawn Bowls Team

2013 Canadian Lawn Bowling Championship, Vancouver, BC

Gold, Women's Pairs

Cecilia Gillepsie

Gayell Slater

Amanda Berg

2013 Tiger Bowls World Invitation, Shenzhen, China

Gold, Women's Fours

SWIMMING

100m Freestyle Relay Team (Girl's 11-12)

2013 Canadian Age Group Championships, Montreal, QC

Gold, 100m Freestyle Relay

Madeleine Durocher

Kaitlyn Fuller

Ellie Maradyn

Kayla Tom

200m Freestyle Relay Team (Girl's 11-12)

2013 Canadian Age Group Championships, Montreal, QC

Gold, 200m Freestyle Relay

Madeleine Durocher

Kaitlyn Fuller

Ellie Maradyn

Kayla Tom





100m Medley Relay Team (Girl's 11-12)

2013 Canadian Age Group Championships, Montreal, QC

Gold, 4x100m Medley Relay

Madeleine Durocher

Ellie Maradyn

Kayla Tom

Analea Zimmermann

100m Medley Relay Team (Boy's 14-15)

2013 Canadian Age Group Championships, Montreal, QC

Gold, 4x100m Medley Relay

Matthew Fuller

Anders Klein

Stuart Lau

Ryder McGinnis

Masters Individual Awards

BADMINTON

Brenda Johnson

2013 Yonex Canadian Masters National Badminton Tournament,
Richmond, BC

Gold, Women's Singles (60+)

SHOOTING

Wynn Payne

2012 National Smallbore Rifle Championships, Beachburg, ON

Gold, Men's 50m Prone (Veterans Class)

SWIMMING

Shirley Adams

2013 World Masters Games, Torino, Italy

Gold, 200m Medley Relay (Mixed 320-359)

Silver, 200m Freestyle Relay (Women's 280-319)

Bronze, 200m Medley Relay (Women's 280-319)

Baerach Anderson

2013 Canadian Masters Swimming Championships, Ottawa, ON

Gold, 800m Freestyle (Men's 35-39)

Gold, 400m Medley Relay (Mixed 120-159)

Grant Andruchow

2013 Canadian Masters Swimming Championships, Ottawa, ON
Gold, 200m Freestyle Relay (Mixed 160-199)

Karen Blanchet

2013 World Masters Games, Torino, Italy
Bronze, 800m Freestyle (Women's 75-79)
Bronze, 100m Backstroke (Women's 75-79)

Jack Boddington

2013 World Masters Games, Torino, Italy
Gold, 200m Freestyle (Men's 85-89)
Gold, 200m Medley Relay (Mixed 320-359)
Silver, 100m Freestyle (Men's 85-89)
Silver, 50m Backstroke (Men's 85-89)
Silver, 100m Backstroke (Men's 85-89)
Silver, 200m Backstroke (Men's 85-89)

Morven Burch

2013 Canadian Masters Swimming Championships, Ottawa, ON
Gold, 200m Freestyle (Women's 18-24)
Gold, 200m Freestyle Relay (Women's 100-119)
Gold, 400m Freestyle Relay (Women's 100-119)
Gold, 400m Medley Relay (Mixed 72-99)
Gold, 200m Medley Relay (Women's 100-119)
Gold, 400m Medley Relay (Women's 100-119)
Gold, 200m Freestyle Relay (Mixed 72-99)
Gold, 400m Freestyle Relay (Mixed 72-99)

Susan Chafe

2013 Pan-American Masters Championship, Sarasota, Florida
Bronze, 200m Backstroke (Women's 50-54)

Jian-Lok Chang

2013 Canadian Masters Swimming Championships, Ottawa, ON
Gold, 50m Freestyle (Men's 25-29)
Gold, 50m Backstroke (Men's 25-29)
Gold, 100m Backstroke (Men's 25-29)
Gold, 200m Freestyle Relay (Men's 72-99)
Gold, 400m Freestyle Relay (Men's 72-99)
Gold, 200m Medley Relay (Men's 72-99)
Gold, 400m Medley Relay (Men's 72-99)
Gold, 200m Freestyle Relay (Mixed 100-119)
Gold, 400m Freestyle Relay (Mixed 100-119)
Gold, 200m Medley Relay (Mixed 100-119)
Gold, 400m Medley Relay (Mixed 100-119)





Victor Cheung

2013 Canadian Masters Swimming Championships, Ottawa, ON

Gold, 200m Freestyle Relay (Men's 72-99)

Gold, 400m Freestyle Relay (Men's 72-99)

Gold, 200m Medley Relay (Men's 72-99)

Gold, 400m Medley Relay (Men's 72-99)

Gold, 200m Freestyle Relay (Mixed 72-99)

Gold, 400m Freestyle Relay (Mixed 72-99)

Gold, 400m Medley Relay (Mixed 72-99)

Stephanie Cholyk

2013 Canadian Masters Swimming Championships, Ottawa, ON

Gold, 50m Freestyle (Women's 25-29)

Gold, 100m Freestyle (Women's 25-29)

Gold, 200m Freestyle (Women's 25-29)

Gold, 400m Freestyle (Women's 25-29)

Gold, 800m Freestyle (Women's 25-29)

Gold, 1500m Freestyle (Women's 25-29)

Gold, 400m Freestyle Relay (Mixed 72-99)

Gold, 400m Medley Relay (Mixed 72-99)

Gold, 200m Freestyle Relay (Mixed 100-119)

Gold, 200m Medley Relay (Mixed 100-119)

Gold, 200m Freestyle Relay (Women's 120-159)

Gold, 400m Freestyle Relay (Women's 120-159)

Gold, 200m Medley Relay (Women's 120-159)

Gold, 400m Medley Relay (Women's 120-159)

George Dal Bello

2013 Canadian Masters Swimming Championships, Kelowna, BC

Gold, 200m Freestyle Relay (Men's 72-99)

Gold, 400m Freestyle Relay (Men's 72-99)

Gold, 200m Medley Relay (Men's 72-99)

Gold, 400m Medley Relay (Men's 72-99)

Gold, 200m Freestyle Relay (Mixed 72-99)

Siubhan Drinnan

2013 Canadian Masters Swimming Championships, Ottawa, ON

- Gold, 50m Butterfly (Women's 35-39)*
- Gold, 200m Butterfly (Women's 35-39)*
- Gold, 400m Freestyle Relay (Women's 100-119)*
- Gold, 200m Medley Relay (Women's 100-119)*
- Gold, 400m Medley Relay (Women's 100-119)*
- Gold, 200m Freestyle Relay (Women's 120-159)*
- Gold, 200m Freestyle Relay (Mixed 120-159)*
- Gold, 400m Medley Relay (Mixed 120-159)*

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Larry Judge

2013 World Masters Games, Torino, Italy

- Gold, 200m Individual Medley (Men's 90-94)*
- Gold, 200m Medley Relay (Mixed 320-359)*
- Silver, 100m Freestyle (Men's 90-94)*
- Silver, 50m Backstroke (Men's 90-94)*
- Silver, 100m Backstroke (Men's 90-94)*

Barry Lewis

2013 Canadian Masters Swimming Championships, Ottawa, ON

- Gold, 100m Freestyle (Men's 50-54)*
- Gold, 400m Freestyle (Men's 50-54)*
- Gold, 800m Freestyle (Men's 50-54)*
- Gold, 100m Butterfly (Men's 50-54)*
- Gold, 100m Individual Medley (Men's 50-54)*
- Gold, 400m Freestyle Relay (Men's 120-159)*
- Gold, 200m Freestyle Relay (Men's 160-199)*

Pat Long

2013 World Masters Games, Torino, Italy

- Gold, 200m Medley Relay (Mixed 320-359)*
- Silver, 200m Freestyle Relay (Women's 280-319)*
- Bronze, 200m Medley Relay (Women's 280-319)*

Joanne Lubin

2013 World Masters Games, Torino, Italy

- Bronze, 200m Individual Medley (Women's 70-74)*



Michelle MacWhirter

2013 Canadian Masters Swimming Championships, Ottawa, ON

- Gold, 50m Freestyle (Women's 35-39)*
- Gold, 800m Freestyle (Women's 35-39)*
- Gold, 50m Backstroke (Women's 35-39)*
- Gold, 100m Backstroke (Women's 35-39)*
- Gold, 200m Backstroke (Women's 35-39)*
- Gold, 200m Freestyle Relay (Mixed 100-119)*
- Gold, 200m Freestyle Relay (Women's 120-159)*
- Gold, 400m Freestyle Relay (Women's 120-159)*
- Gold, 200m Medley Relay (Women's 120-159)*
- Gold, 400m Medley Relay (Women's 120-159)*
- Gold 400m Medley Relay (Mixed 120-159)*

Gail McGinnis

2013 Canadian Masters Swimming Championships, Ottawa, ON

- Gold, 100m Individual Medley (Women's 35-49)*
- Gold, 50m Freestyle (Women's 45-49)*
- Gold, 100m Freestyle (Women's 45-49)*
- Gold, 200m Freestyle (Women's 45-49)*
- Gold, 400m Freestyle (Women's 45-49)*
- Gold, 50m Butterfly (Women's 45-49)*
- Gold, 200m Freestyle Relay (Women's 120-159)*
- Gold, 400m Freestyle Relay (Women's 120-159)*
- Gold, 200m Medley Relay (Women's 120-159)*
- Gold, 400m Medley Relay (Women's 120-159)*
- Gold, 200m Freestyle Relay (Mixed 160-199)*

Arnold McKay

2013 World Masters Games, Torino, Italy

- Bronze, 100m Backstroke (Men's 60-64)*
- Bronze, 50m Butterfly (Men's 60-64)*

Loreen McKellar

2013 World Masters Games, Torino, Italy

- Gold, 100m Freestyle (Women's 80-84)*
- Gold, 50m Backstroke (Women's 80-84)*
- Silver, 50m Freestyle (Women's 80-84)*
- Silver, 100m Backstroke (Women's 80-84)*
- Silver, 50m Breaststroke (Women's 80-84)*
- Silver, 200m Freestyle Relay (Women's 280-319)*
- Bronze, 200m Medley Relay (Women's 280-319)*

Birget Moe

2013 Canadian Masters Swimming Championships, Kelowna, BC

- Gold, 200m Freestyle Relay (Mixed 72-99)*
- Gold, 200m Freestyle Relay (Women's 100-119)*
- Gold, 400m Freestyle Relay (Women's 100-119)*
- Gold, 200m Medley Relay (Women's 100-119)*
- Gold, 400m Medley Relay (Women's 100-119)*

Ceilidh Osland

2013 Canadian Masters Swimming Championships, Ottawa, ON

- Gold, 50m Butterfly (Women's 30-34)*
- Gold, 100m Butterfly (Women's 30-34)*
- Gold, 200m Freestyle Relay (Women's 100-119)*
- Gold, 400m Freestyle Relay (Mixed 100-119)*
- Gold, 200m Medley Relay (Mixed 100-119)*
- Gold, 400m Medley Relay (Mixed 100-119)*
- Gold, 400m Freestyle Relay (Women's 120-159)*
- Gold, 200m Medley Relay (Women's 120-159)*
- Gold, 400m Medley Relay (Women's 120-159)*
- Gold, 200m Freestyle Relay (Mixed 160-199)*

Jim Phelan

2013 Canadian Masters Swimming Championships, Ottawa, ON

- Gold, 200m Freestyle (Men's 25-29)*
- Gold, 400m Freestyle (Men's 25-29)*
- Gold, 800m Freestyle (Men's 25-29)*
- Gold, 200m Individual Medley (Men's 25-29)*
- Gold, 400m Individual Medley (Men's 25-29)*
- Gold, 200m Freestyle Relay (Men's 72-99)*
- Gold, 400m Freestyle Relay (Men's 72-99)*
- Gold, 200m Medley Relay (Men's 72-99)*
- Gold, 400m Medley Relay (Men's 72-99)*
- Gold, 200m Freestyle Relay (Mixed 100-119)*
- Gold, 400m Freestyle Relay (Mixed 100-119)*
- Gold, 200m Medley Relay (Mixed 100-119)*
- Gold, 400m Medley Relay (Mixed 100-119)*

2013 World Masters Games, Torino, Italy

- Gold, 200m Freestyle (Men's 25-29)*
- Gold, 400m Freestyle (Men's 25-29)*
- Gold, 200m Butterfly (Men's 25-29)*
- Gold, 200m Individual Medley (Men's 25-29)*
- Silver, 400m Individual Medley (Men's 25-29)*



**Alexandra Rodriguez Dimitrescu**

2013 Canadian Masters Swimming Championships, Ottawa, ON

Gold, 200m Freestyle Relay (Women's 100-119)

Gold, 400m Freestyle Relay (Women's 100-119)

Gold, 200m Medley Relay (Women's 100-119)

Gold, 400m Medley Relay (Women's 100-119)

Gold, 400m Freestyle Relay (Mixed 100-119)

Gold, 400m Medley Relay (Mixed 100-119)

Gold, 200m Freestyle Relay (Mixed 120-159)

Barry Saretsky

2013 Canadian Masters Swimming Championships, Ottawa, ON

Gold, 50m Backstroke (Men's 40-44)

Gold, 50m Butterfly (Men's 40-44)

Gold, 100m Butterfly (Men's 40-44)

Gold, 400m Freestyle Relay (Men's 120-159)

Gold, 200m Freestyle Relay (Mixed 120-159)

Gold, 400m Medley Relay (Mixed 120-159)

2013 Pan-American Masters Championship, Sarasota, Florida

Silver, 50m Freestyle (Men's 40-44)

Silver, 100m Freestyle (Men's 40-44)

Bronze, 200m Freestyle (Men's 40-44)

Bronze, 50m Butterfly (Men's 40-44)

Mike Vanden Ham

2013 Canadian Masters Swimming Championships, Kelowna, BC

Gold, 400m Freestyle Relay (Mixed 72-99)

Gold, 400m Medley Relay (Mixed 72-99)

Gold, 400m Freestyle Relay (Men's 120-159)

Gold, 200m Freestyle Relay (Mixed 120-159)

Kellen Westman

2013 Canadian Masters Swimming Championships, Kelowna, BC

Gold, 400m Freestyle Relay (Men's 120-159)

SYNCHRONIZED SWIMMING**Marjorie Anderson**

2013 Pan-American Masters Championship, Sarasota, Florida

Silver, Solo (Women's 70-79)

Gail McKnight

2013 Pan-American Masters Championship, Sarasota, Florida

Bronze, Solo (Women's 60-69)

Loretta Patterson

2013 Pan-American Masters Championship, Sarasota, Florida
Gold, Solo (Women's 70-79)

TRACK

Bruce Mintz

2013 World Masters Games, Torino, Italy
Gold, 4x100m Relay (Men's 240+)
Bronze, 400m (Men's 65-69)

Yuko Nakano

2013 World Masters Games, Torino, Italy
Silver, Weight Throw (Women's 70-74)
Silver, Javelin (Women's 70-74)
Silver, Throws Pentathlon (Women's 70-74)
Bronze, Discus (Women's 70-74)

Arnold Nett

2013 Canadian Masters Outdoor Track & Field Championship, Regina, SK
Gold, High Jump (Men's 80+)
Gold, Triple Jump (Men's 80+)
Gold, 80m Hurdle (Men's 80+)
Gold, 200m Hurdle (Men's 80+)
Gold, 4x100m Relay (Men's 80+)
Gold, 4x400m Relay (Men's 80+)

WEIGHTLIFTING

Susan Agrios

World Masters Games, Torino, Italy
Silver, Weightlifting, 63 kg (45+)
Silver, Cycling Time Trial (45+)

World Master Weightlifting Championships, Torino Italy
Silver, Weightlifting, 63 kg (45+)

WUSHU

Rex Lau

2012 4th World Taijiquan Health Congress, Shiyuan, China
Gold, Taiji Apparatuses (International Male Group D)

Grace Lee

2012 4th World Taijiquan Health Congress, Shiyuan, China
Gold, Taijiquan (International Female Group E)
Gold, Taiji Apparatuses (International Female Group E)





Jonathan Leung

2013 National Wushu Championship, Toronto, ON
Gold, Taijijian (Tai Chi Sword)

Alex Ma

2013 1st International Traditional Wushu Championship, Hong Kong, China
Silver, Push Hands (Male 56 kg)

Raymond Ma

2012 4th World Taijiquan Health Congress, Shiyan, China
Gold, Taiji Apparatuses (International Male Group D)

Raymond Tse

2012 4th World Taijiquan Health Congress, Shiyan, China
Gold, Taijiquan (Tai Chi Sword) (International Male Group E)

Isaac Yip

2013 1st International Traditional Wushu Championship, Hong Kong, China
Gold, Push Hands (Male 65 kg)

Masters Team Awards

Curling

Cathy King Curling Team

2013 World Senior Curling Championships, Fredericton, NB
Gold

Doreen Gares
 Cathy King
 Lesley McEwan
 Carolyn Morris

FENCING

Senior Women's Sabre Team

2013 Pan-American Fencing Championships (Senior), Cartagena, Columbia

Bronze, Senior Women's Sabre Team event

Gabriella Page
 Marissa Ponich
 Sandra Sassine
 Heather Shacker
 Benjamin Manano, Coach
 Jean-Mari Banose, Coach

SOCCER

Snow Angels

2013 World Masters Games, Torino, Italy
Gold, Women's (45+)

Wendy Abel
Andrea Betke
Colleen Collar
Fran Costello
Rose Davis
Stacey Ekstedt
Brenda Embury
Donna Hill
Audrey Kent
Trish Konowalec
Angela Loonen
Shannon Maloney
Lisa Fong McDonell
Myra McEwan
Cathy Methot
Bernice Schubert
Tara Stang
Annette Visser
Sue Vriens
Kevin Methot, Assistant Coach
Marg Smith, Assistant Coach
Scott Savage, Head Coach

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SYNCHRONIZED SWIMMING

Edmonton AquaMasters Synchronized Swim Club Team

2013 Pan-American Masters Championship, Sarasota, Florida
Gold Women's Team (65-79)

Georgina Adams
Marjorie Anderson
Hope Knudsen
Loretta Patterson
Heather Poulette
Megan Hipkin, Coach

Edmonton AquaMasters Synchronized Swim Club Trio

2013 Pan-American Masters Championship, Sarasota, Florida

Bronze, Trio (35-49)

Mallory Van Dyke

Gail McKnight

Tonya Wolfe

Jessica Holgren, Coach

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WUSHU

Canada Ji Hong Wushu & Tai Chi College — Edmonton

2012 4th World Taijiquan Health Congress, Shiyao, China

Gold, Taijiquan (International Group)

Deannette Balajadia

Grace Lam

Rex Lau

Grace Lee

Raymond Ma

Frank Pau

Miranda Pau

Raymond Tse

Jennifer Gu, Coach

Hong Yuan Luo, Coach

Congratulations Everyone!

2013–2014 Salute to Excellence Awards Committee

Ann Marie Reinson/Dennis Belair, Co-Chairs

Doug Barbour

Louise Bentley

Lyle Best

Catherine Cole

Bette Anne Edwards

Ruth Collins-Nakai

Larry Dufresne

Liz Ingram

Marg Korby

Colleen Marchese

Bev Parks

Melinda Pinfold

Jack Rutherford

Hal Simons

Skip Smiley

Sandra Sprague

Glenn Sommerville

Kent Sutherland

Jetske Sybesma

Terry Tadman

Liz Tweddle

Dale Wilkie

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The Salute to Excellence Awards committee
operates under the umbrella of the
Community Services Department of the City of Edmonton.

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Program Support



Salute to Excellence is the City of Edmonton's annual civic recognition program. In the autumn the Salute to Excellence Citation and Performance Awards are held and in June the Hall of Fame Induction Ceremony takes place.

The Salute to Excellence Committee is comprised of volunteers representing the areas of sport, arts and culture, and community service.



**For more information
on the nomination process,
please visit
www.edmonton.ca/salute
or contact the Salute to Excellence
Coordinator at 780-496-7380.**