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Register for Swimming Lessons!



Drop In for some Exercise!



Family Fun!

Recreation Centers

NORTHEAST

ACT Aquatic and Recreation Centre

2909 113 Avenue

Clareview Community Recreation Centre

3804 139 Avenue

Eastglen Leisure Centre

11410 68 Street

Londonderry Fitness and Leisure Centre

14528 66 Street

O'Leary Fitness and Leisure Centre

8804 132 Avenue

NORTHWEST

Grand Trunk Fitness and Leisure Centre

13025 112 Street

Jasper Place Fitness and Leisure Centre

9200 163 Street

Peter Hemingway Fitness and Leisure Centre

13808 111 Avenue

St. Francis Xavier Sports Centre

9240 163 Street

CENTRAL

Kinsmen Sports Centre

9100 Walterdale Hill

Commonwealth Community Recreation

11000 Stadium Road

SOUTHEAST

Bonnie Doon Leisure Centre

8648 81 Street

Hardisty Fitness and Leisure Centre

10535 65 Street

Mill Woods Recreation Centre

7207 28 Avenue

The Meadows Community Recreation Centre

2704 17 Street

SOUTHWEST

Confederation Leisure Centre

11204 43 Avenue

Terwillegar Community Recreation Centre

2051 Leger Road

Edmonton

Recreation Information Guide for Newcomers



Leisure Access Program

The Leisure Access Program (LAP) allows eligible low-income Edmontonians to access participating City of Edmonton recreation facilities through an annual pass or a subsidized monthly pass.

All applicants will automatically be considered for the **Ride Transit Program**. You may qualify for the LAP Annual Program if:

- You are a new immigrant or a refugee (To qualify, you must have been in Canada less than one year and have not filed a tax return)
- You are currently on AISH
- You have an income below the low income threshold
- You are on Government of Alberta Income Support or Learner's Income Support

WHAT CAN YOU DO?

- Access eligible City of Edmonton facilities and attractions (see the back of this brochure) at no cost, including drop-in and instructor-led programs
- Register for programs and get 75% off of the fee. Adults and seniors can register for 3 programs and each child can register for 4 programs at the discounted fee.

HOW CAN I APPLY FOR THE ANNUAL PROGRAM OR MONTHLY PASS?

- You will have to apply for the program by submitting an application form and required documents.

HOW TO GET AN APPLICATION FORM

- At any City of Edmonton Recreation Centre (see the back of this brochure)
- At www.edmonton.ca/lap
- By calling 311
- Edmonton Tower 2nd Floor 10111-104 Avenue NW Edmonton, Alberta T5J 0J4

Pool Orientation

If you are new to the aquatic setting and would like to learn more about the City of Edmonton's Aquatic Facilities, this FREE session is for you!

You will learn the following:

- What to do in the first 10 minutes at the pool
- Pool Safety Guidelines
- Caregiver Supervision
- How to fit and wear a lifejacket
- Call 311 to register

Female Only Swim

At Eastglen Leisure Centre



Activity	Tuesdays Fall 2019	Saturdays	Sundays
Swimming Lessons	6:30pm - 7:15pm	4:00pm-4:45pm	4:00pm-4:45pm
Public Swim	7:30pm - 9:00pm	4:45pm-6:30pm	5:30pm-8pm
AquaFit	6:30pm - 7:30pm	4:45pm-5:45pm	

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