

Thank you for making the City of Edmonton Outdoor Programs your fitness classes of choice. In preparation, we would like to let you know what to expect. [Click here](#) to see a map of the outdoor fitness class locations.

Before you visit

- Please do not come to your class, and cancel if you:
 - Are exhibiting any COVID-19 symptoms (including fever, cough, shortness of breath, runny nose, sore throat, and/or others listed on Alberta Health Services website).

What to bring

- A copy of your registration confirmation (email or printed)
- Hand Sanitizer is recommended
- Labelled water bottle
- Sunscreen and bug spray
- Equipment such as a mat, or towel to lie on, resistance bands or weights if you prefer to use your own
- Clothing appropriate for the elements
- Wearing a mask or face covering is required in all public indoor spaces

When you arrive

- Please arrive no earlier than 15 minutes prior to your class
- A City of Edmonton staff member will check you in to verify payment when you arrive
- Washrooms and change rooms are available for use