

## About Homewood Health™

Homewood Health™ offers the highest quality of clinical support and intervention available within the EFAP industry, and an unmatched continuum of services — spanning health promotion, mental health and addictions support, and prevention-focused work-life balance services.

## Features of your EFAP

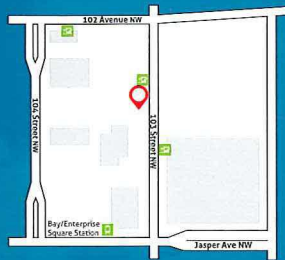
- Completely confidential
- Available free to all permanent employees and eligible family members
- Professional accredited counsellors with a wide range of expertise
- Sessions are offered away from your worksite and are available outside normal business hours
- Face to face, video conference, telephone and e-counselling options available

## Contact Us

Contact us 24 hours a day, 7 days a week  
**1-800-663-1142**  
TTY: 1-888-384-1152  
International (Call collect): 604-689-1717

[homeweb.ca](http://homeweb.ca)

## Our Locations



Suite 501,  
10158 103 St.,  
Edmonton, AB



Suite 1800,  
College Plaza,  
11128 82 Ave. NW,  
Edmonton, AB



Counselling  
Coaching  
Support

Achieving your health and wellness goals just got easier

## Your Employee and Family Assistance Program (EFAP)

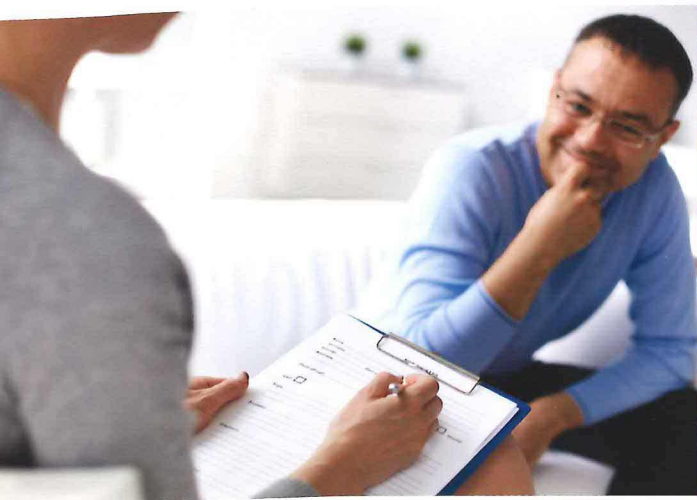


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## The City of Edmonton

### Unions and Associations

Among us, there is a genuine concern for the well-being of civic employees. The City, in partnership with Homewood Health provide the Employee and Family Assistance Program (EFAP), which is designed to help employees with various challenges and concerns.

## Professional

### We guarantee your confidentiality.

We are Homewood Health™, a trusted Canadian company with years of experience delivering the best possible support for clients like you. Everyone is guaranteed confidentiality within the limits of the law. You won't be identified to anybody.



## Choices

### Counselling that's convenient for you

Counselling is available in person, by phone, or online. There is no cost to you. Offices are local and appointments are made quickly, with your convenience in mind. Have a preference for location, gender, appointment time? We'll do our best to accommodate your preferences.

## Counselling

### For all of life's challenges

Your Employee and Family Assistance Program helps you take practical and effective steps to improve well-being and be the best you can be. Within a supportive, confidential and caring environment you can receive counselling for any challenge:

## Online Resources

### The right information at the right time

City of Edmonton employees and their families have confidential access to homeweb.ca, your interactive and mobile friendly portal.

- Family
- Marital
- Relationships
- Addictions
- Anxiety
- Depression
- Life transitions/change
- Grief/bereavement
- Stress
- Other personal issues

Here you will find useful services including E-counselling, Health and Wellness Assessment, Canadian content articles as well as other interactive tools and health libraries.

⬇ Please retain the card below for your records.

### Employee and Family Assistance Program

Counselling | Coaching | Support

**1-800-663-1142**

TTY: 1-888-384-1152 | International (Call collect): 604-689-1717

[www.homeweb.ca](http://www.homeweb.ca)

Confidential | Available anytime 24/7/365



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