Reading the Schedule
To find the estimated times that a bus stops at a particular location, read down the column under that location.

To find the estimated times that a particular bus will stop at other locations, read across the row (left to right).

Reading across the row tells you the time required for the bus to travel between timing points.

Example
For the schedule below, to arrive at 102 St & MacDonald Drive for 7:56 a.m., you will need to board the bus at Capilano Transit Centre no later than 7:35 a.m.