Disposable Glove Removal Procedure

Grasp the outside edge of one cuff with gloved hands; avoid touching wrist. Pull the glove off, turning it inside out and place it in your hand.

Hold the removed glove in your gloved hand.

Slide an ungloved finger or thumb under the cuff of the remaining glove.

Peel the glove off inside out over the previously removed glove, bagging both gloves.

Discard the gloves.

Perform hand hygiene after glove removal.

Images provided by AHS