

# Integrating Natural Wetlands and Improving the Design of Naturalized Stormwater Management Facilities

*Edmonton*  
*December 4-5, 2013*  
*Day 1*



**Lisette Ross**  
Winnipeg, Manitoba, l\_ross@ducks.ca



**Dave Martz**  
Edmonton, Alberta, d\_martz@ducks.ca



## The goal of today's workshop is to ...

Set the stage for an open discussion on the opportunity, and the considerations for incorporating natural wetlands into urban landscapes

Provide an overview on the types of wetlands in Alberta, with a discussion on the importance of climate, topography, and surrounding land-use in wetland development and long-term function

Look at wetland hydrology and the role of hydroperiod in determining productivity/function and wetland type

Wetland classification and delineation: timing, data collection, anthropogenic considerations

The wetland team: considerations for who to involve and when to begin

**Our intention is to provide...**

**An awareness** of how wetlands function and what they need to function properly.

**A clearer insight into** what wetlands you can protect from impact and which wetlands you cannot.

**A recognition** that wetlands do not function in isolation from the surrounding landscape. When changes to these habitats are many there can be cumulative affects that are not readily evident.

**The goal** is to use this information today as the benchmark for how to incorporate these environments. Think watersheds and design and manage with the big (and small) picture in mind.



**The main objective in maintaining existing wetlands or constructing new storm water wetlands should be to preserve or construct them in a way that interventions are kept to a minimum over the lifespan of the pond. This requires project planners to identify and clearly define measurable goals from the beginning.**

**The most common causes of the failure of a natural or constructed wetland system in an urban setting is often related to unrealistic expectations, undefined objectives, or a poor understanding of wetland ecology or hydrology.**

## What is a wetland?

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" ... land that is saturated with water long enough to promote wetland or aquatic processes as indicated by poorly drained soils, hydrophytic vegetation, and various kinds of biological activity which are adapted to the wet environment."

(Wetlands of Canada, 1988, page 416)

## What is a wetland?

---

" ... land that is saturated with water long enough to promote wetland or aquatic processes as indicated by poorly drained soils, hydrophytic vegetation, and various kinds of biological activity which are adapted to the wet environment."

"... lands saturated with water long enough to promote the formation of water altered soils, growth of water tolerant vegetation, and various kinds of biological activity that are adapted to the wet environment"

## Three Characteristics of Wetlands

**hydrology:** presence of water, either at the surface (< 2 m depth) or in the plant root zone so soil is *saturated* at some point during the growing season



## Three Characteristics of Wetlands

**soil:** uniquely *hydric* soil conditions, different from adjacent uplands, that are associated with low oxygen conditions





## Three Characteristics of Wetlands

**vegetation:** plants with specific adaptations to these hydrological conditions and hydric soils



### Canadian wetland area % of total provincial area

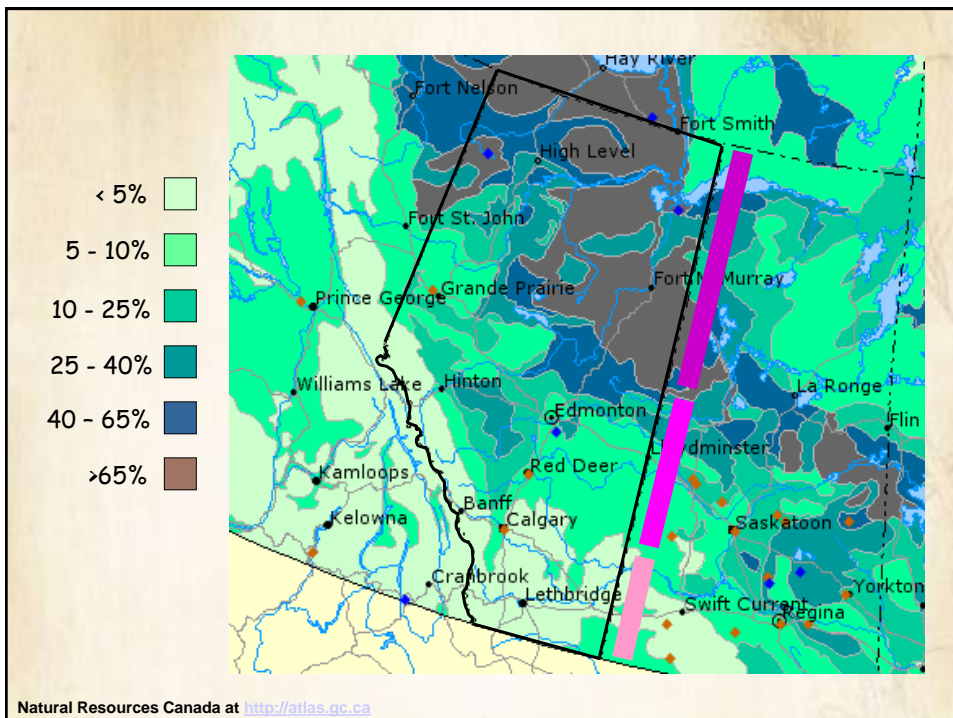
	%		%
BC	3	Nova Scotia	3
Alberta	21	New Brunswick	8
Sask.	17	Newfoundland	18
Manitoba	41	NWT	9
Ontario	33	Yukon	3
Quebec	9	CANADA (ha)	127,199,000
PEI	1	USA (ha)	41,800,000

• Canada has almost 3x the amount of wetlands as the U.S.

## Wetland facts - Alberta

- 137,400 km<sup>2</sup> or 21% of Alberta covered in wetlands
- Alberta accounts for 11% of Canada's wetlands
- Wetland density varies from south to north
- Approximately 92% of AB wetlands are peatlands = 10.3 million ha
- 9% or 23,100 km<sup>2</sup> of wetlands are located in the white zone of AB. Small wetlands account for 809,400 ha

(Strong et al. 1993)  
(Wilson et al. 2001)  
(Bilyk et al. 1996)  
(Vitt et al. 1996)



*Wetlands are not all the same ...*



## *Marshes:*

- Mainly mineral based wetlands
- Waterlogged soil in plant rooting zones, often with standing water at some point in the growing season
- Nutrient rich water results in greater plant diversity: emergent reeds, rushes, cattails, bulrushes and sedges
- Surface water levels often fluctuate seasonally and between years
- Areas of high biological productivity

## North American Prairie Pothole Region:

covers approximately 715,000 km<sup>2</sup>, extending from north-central Iowa to central Alberta

The landscape of the PPR is largely the result of glaciation events during the Pleistocene Epoch.

The retreat of glaciers (12,000 yrs ago) left behind a landscape dotted with many small depressional wetlands called potholes



## *Types of Prairie Marshes*



**Riverine**  
Along river systems



**Tidal**  
Along lake systems



**Semi-permanent or Permanent**

**Surface water fed**



**Semi-isolated  
Temporary**

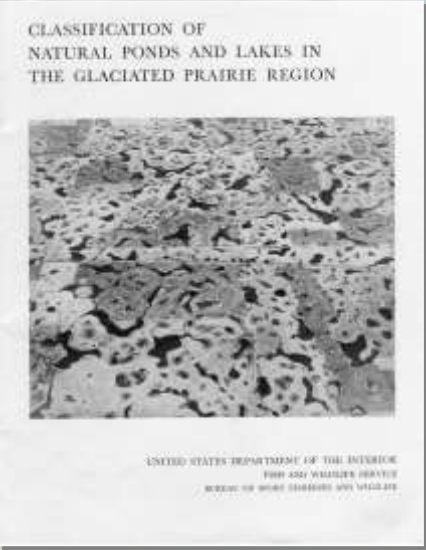


# Wetland Classification



## Why do we classify wetlands?

- Canada and Alberta has a great diversity of wetland types
- A classification system organizes this array of wetlands with a common set of names and descriptors that everyone can recognize so that conservation and mitigation strategies can be applied in a practical and consistent manner



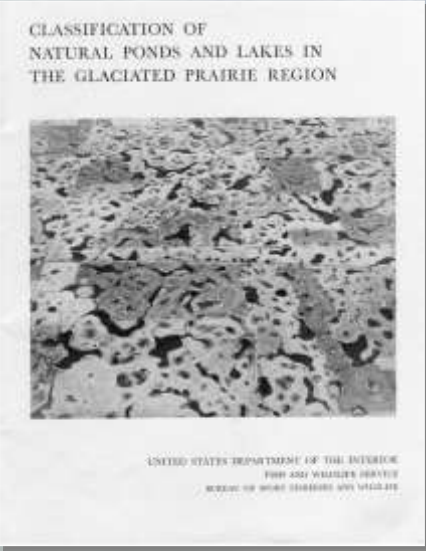
CLASSIFICATION OF  
NATURAL PONDS AND LAKES IN  
THE GLACIATED PRAIRIE REGION

UNITED STATES DEPARTMENT OF THE INTERIOR  
FISH AND WILDLIFE SERVICE  
BUREAU OF SPORT FISHERIES AND WILDLIFE

## Stewart and Kantrud (1971)

- Regional system based on vegetative growth
- Designed for use on the glaciated prairie region of the United States and Canada
- Allows for a detailed classification of a prairie wetland

Stewart, R. E. and H. A. Kantrud. 1971. *Classification of Natural Ponds and Lakes in the Glaciated Prairie Region*. Resource Publication 92, Bureau of Sport Fisheries and Wildlife, U.S. Fish and Wildlife Service, U.S. Department of the Interior. 57 pp.



CLASSIFICATION OF  
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- The entire classification system is based on the premise that wetland vegetation can be grouped into zones
- These zones are closely related to differences in water permanence and water depths
- It recognizes that these zones may change seasonally and/or annually
- An additional feature of the Stewart and Kantrud (1971) system is the recognition of agriculture as a "disturbance" feature

## ▪ 7 classes of wetlands

Class I - Wetland low-prairie zone

Class II - Wet meadow zone

A, B

Class III - Shallow marsh zone

A, B, C

Class IV - Deep-marsh zone

A, B, C, D, E

Class V - Permanent open-water zone

B, C, D, E

Class VI - Intermittent alkali zone

Class VII - Fen zone

## ▪ 5 subclasses

Subclass A-fresh

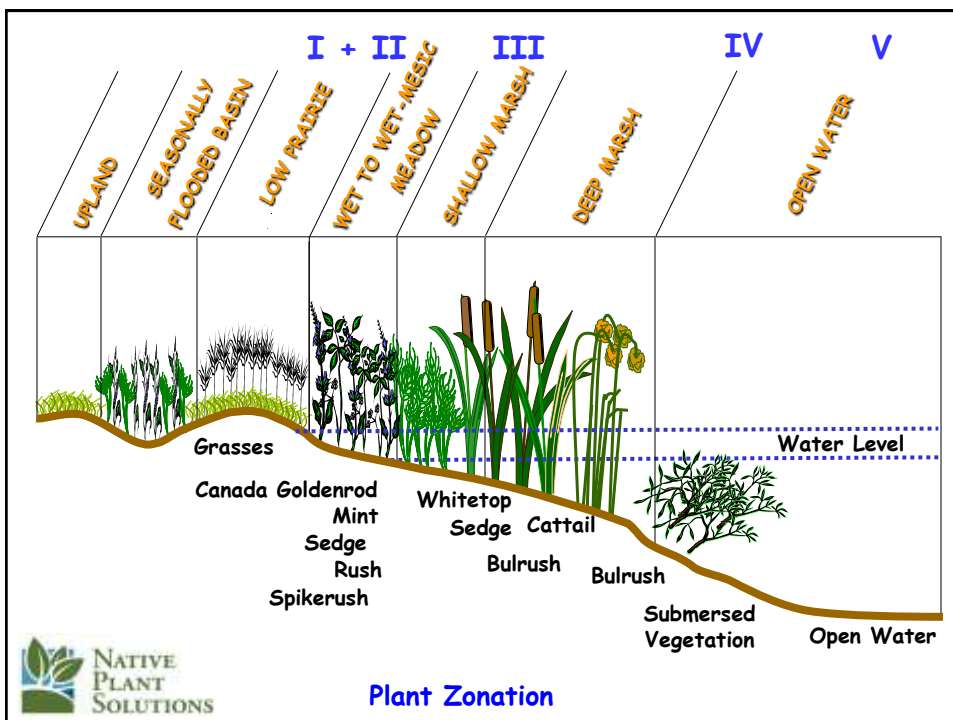
Subclass B-slightly brackish

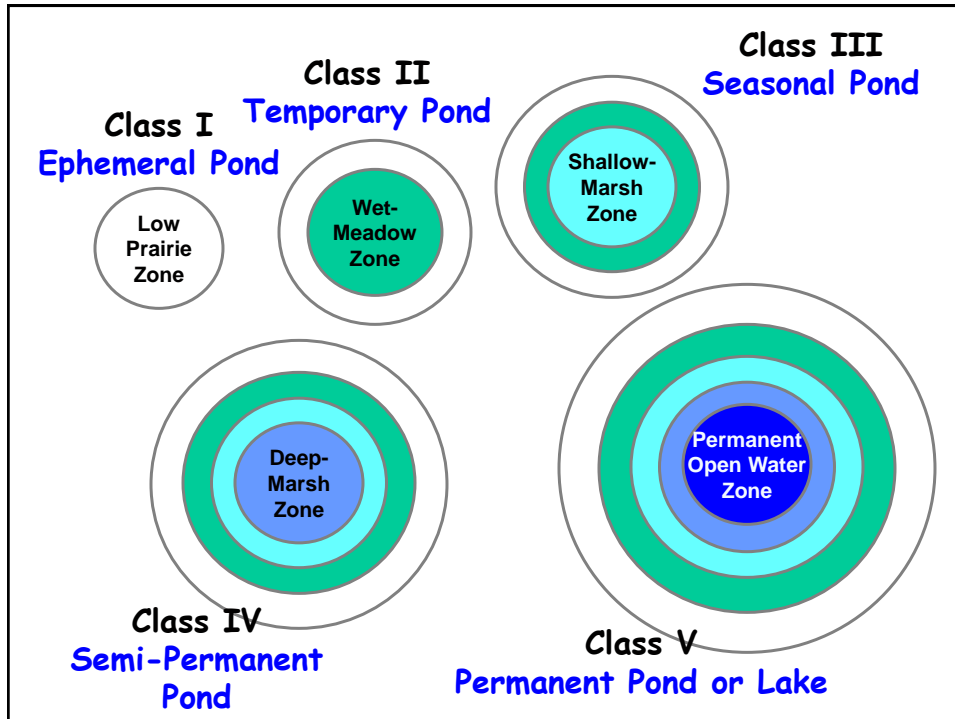
Subclass C-moderately brackish

Subclass D-brackish

Subclass E-subsaline

## ▪ 4 cover types





## Ephemeral Ponds (Class 1)

Class	Name	Characteristics
I	Ephemeral (low prairie zone)	<ul style="list-style-type: none"> <li>free surface water for short time, usually after snowmelt or storm events</li> <li>rapid water seepage because of local soils</li> <li>may establish some wetland or aquatic processes</li> </ul>






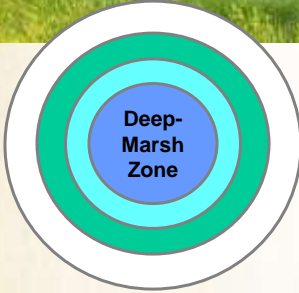
## Temporary Ponds (Class II)

Class	Name	Characteristics
II	Temporary (wet meadow zone)	<ul style="list-style-type: none"> <li>standing water usually in spring</li> <li>more rapid soil infiltration but may linger after heavy rain or colder spring conditions</li> <li>may establish some wetland or aquatic processes</li> </ul>




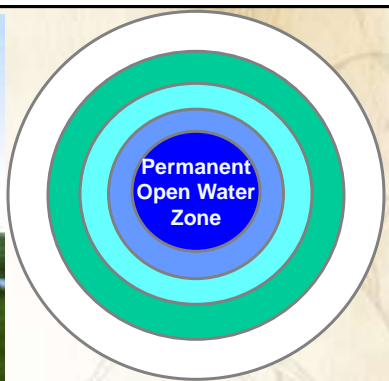
## Seasonal Ponds (Class III)

Class	Name	Characteristics
III	Seasonal (shallow marsh zone)	<ul style="list-style-type: none"> <li>surface water 1-3 months in spring</li> <li>shallow marsh vegetation</li> <li>typically dry up during mid- to late summer</li> </ul>

## Semi-permanent Ponds (Class IV)

Class	Name	Characteristics
IV	Semi-permanent (May – Sept) (deep marsh zone)	<ul style="list-style-type: none"> <li>frequently maintains water throughout growing season</li> <li>tends to hold water at least 4 out of 5 years</li> </ul>

## Permanent Ponds (Class V)

Class	Name	Characteristics
V	Permanent ponds and lakes (central open water zone)	<ul style="list-style-type: none"> <li>permanent open water</li> <li>central pond area generally devoid of emergent vegetation</li> <li>can be confused with semi-permanent ponds</li> </ul>

## Common Plants of the Wet Meadow Zone:

Normal Emergent Phase (**Fresh**):      Normal Emergent Phase (**Brackish**):

**Primary Species:**

*Poa palustris* (x)  
*Carex praegracilis*  
*Carex sartwellii*  
*Carex lanuginosa*  
*Boltonia latisquama*  
*Aster simplex* (x)

**Primary Species:**

*Hordeum jubatum* (x)  
*Calamagrostis inexpansa* (x)  
*Spartina pectinata* (x)  
*Carex sartwellii*  
*Juncus balticus* (x)  
*Aster simplex*

## Common Plants of the Deep Marsh Zone (fresh):

Normal **E**mergent Phase:

**Dominants:**

**Primary Species:**

*Scirpus heterochaetus*

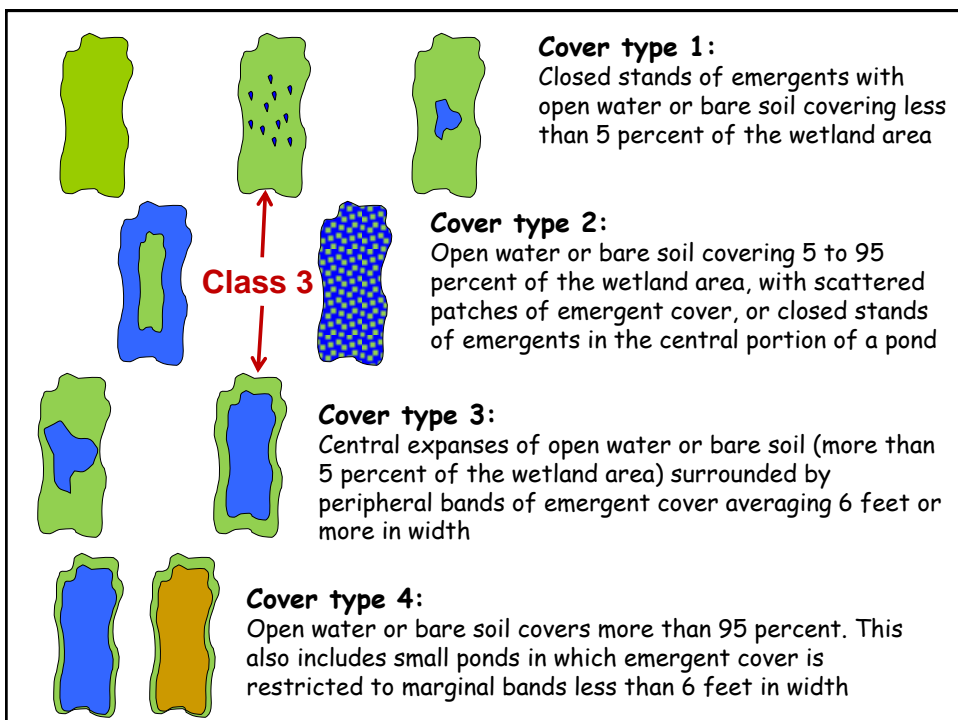
**Secondary Species:**

*Typha latifolia*  
*Scirpus fluviatilis*

Normal **O**pen Water Phase:

**Primary Species:**

*Potamogeton pusillus*  
*Utricularia vulgaris*







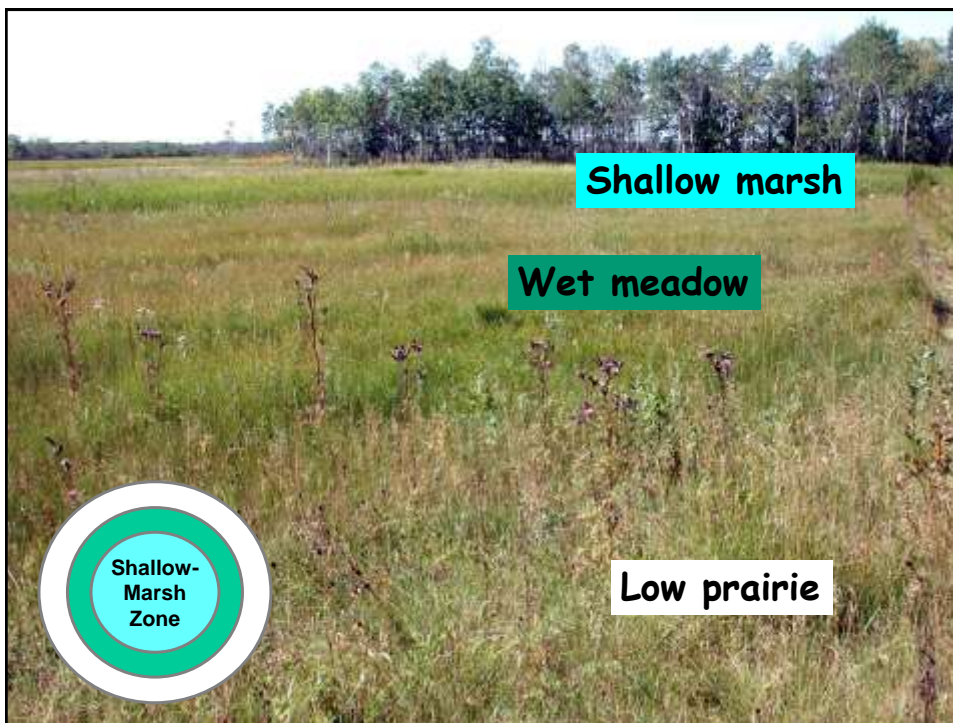
## ***Wetland Classification - what can it provide?***

- Characterization of the physical state of the wetland (size, water depth, surrounding slope, catchment characteristics)
- Assessment of the vegetation communities and sensitive species (biodiversity, production, density, general health, presence of pathogens, pests, or exotic species)
- Insight into present and past hydrological conditions (surface, water levels, hydrological regime)
- Assessment of the wildlife biodiversity and possible sensitive species (birds, mammals, fish, reptiles, invertebrates, micro-organisms)
- Insight into anthropogenic impacts

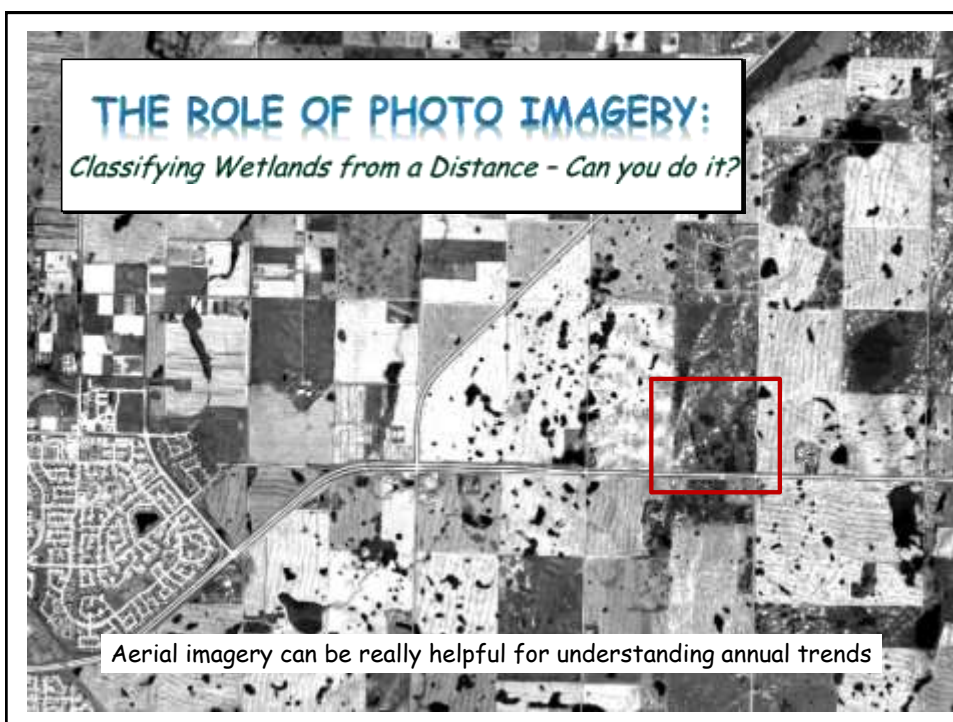
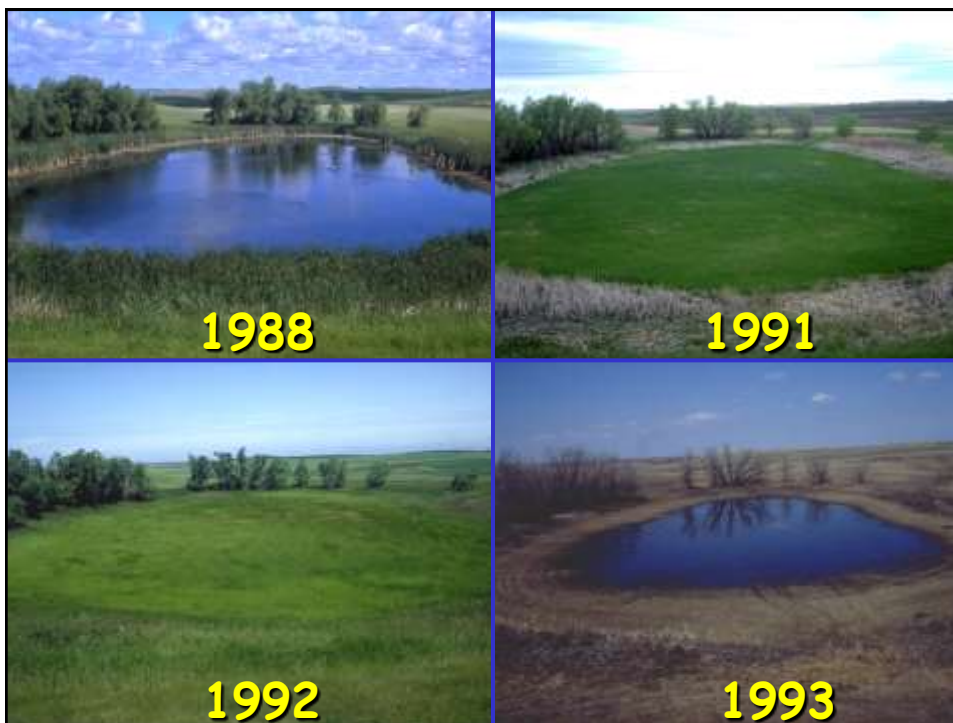
## ***Wetland Classification and Methodology:***

- Time of year
- Present conditions compared to past years
- Data Collection
  - What to Collect
  - When to Collect
  - How Often to Collect

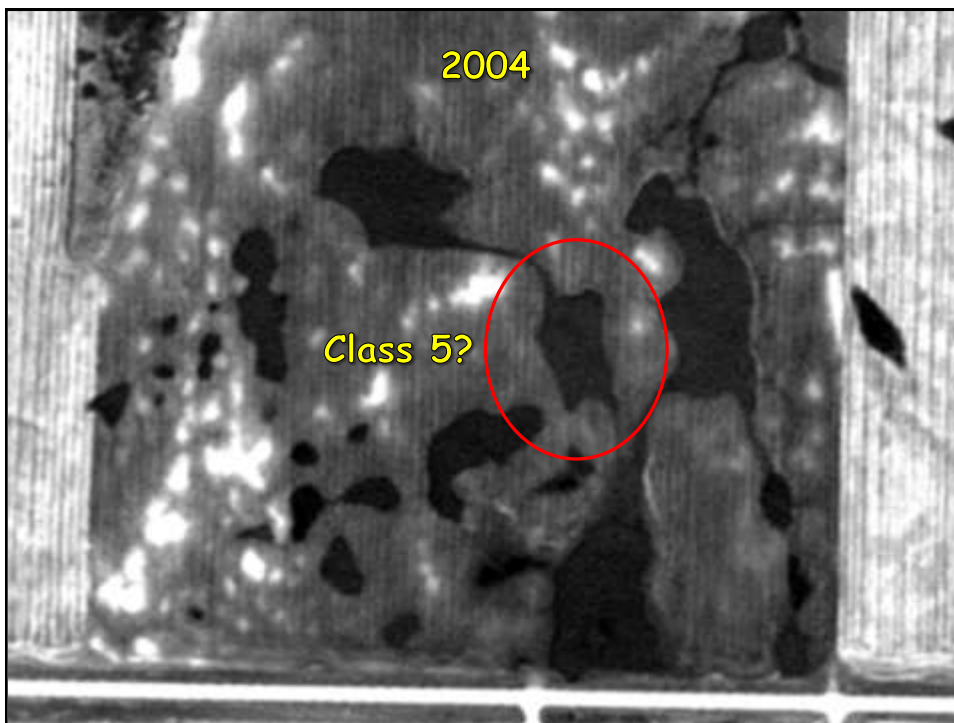


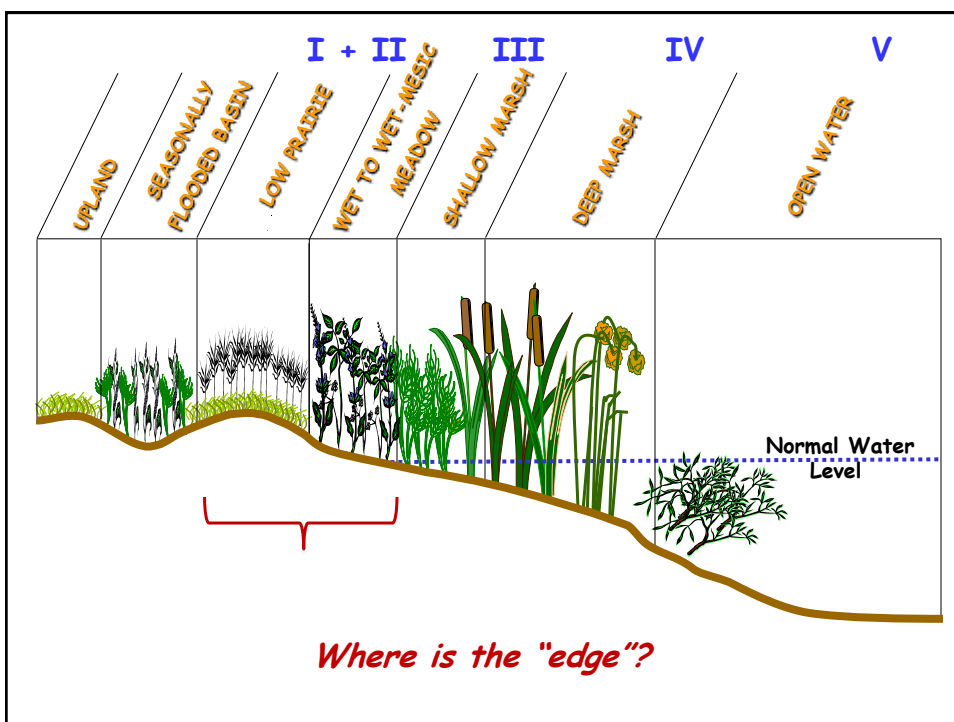














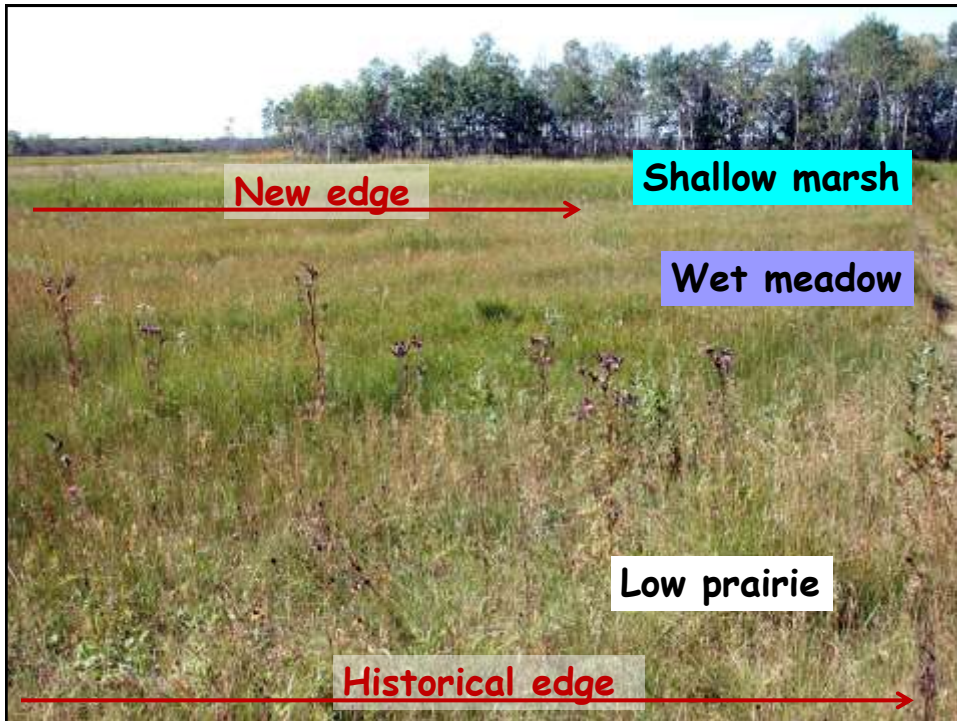


Recognizing how land-use impacts wetland edges and hydrology is important ... especially when delineating and planning for preservation



Wetland	Class 4	Class 3	Deep Marsh	Shallow Marsh	Wet Meadow	Low Prairie	
Common 1	X		X	X		X	WM
Common 2		X		X	X	X	
Common 3		X		X	X		LP
Fraser 1	X		X	X	X		LP
Fraser 2		X		X		X	WM
Fraser 3		X		X		X	WM
McInnis 1		X		X		X	WM
McInnis 2	X		X	X		X	WM
McInnis 3	X		X	X		X	WM
Wilkins 1		X		X	X		LP
Wilkins 2		X		X	X		LP
Wilkins 3		X		X	X		LP
MZT 232	X		X	X	X	X	
MZT 222	X		X	X	X	X	
MZT 216	X		X	X	X	X	
StD 109		X		X	X	X	
StD 117		X		X	X	X	
StD 120		X		X	X	X	
StD 65	X		X	X	X	X	
StD 66	X		X	X	X	X	
StD 67	X		X	X	X	X	
<b>Total:</b>	<b>10</b>	<b>11</b>	<b>10</b>	<b>21</b>	<b>15</b>	<b>16</b>	<b>11</b>





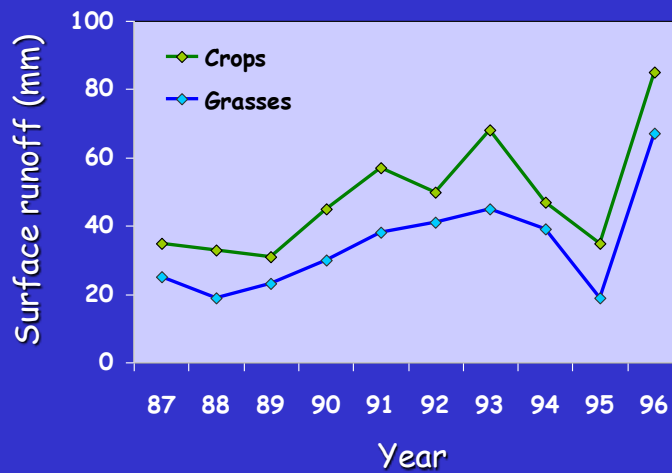
### What Role do buffer zones play?

- The highest plant diversity and the greatest number of native plant species tend to be located in the low prairie (LP) and wet meadow (WM) zones of wetlands
- 99% of wetlands in traditional farming landscapes are missing either their WM or LP zones
- For wetlands in cropped landscapes - the SM zone functions like the LP zone in native wetlands
- Healthy "edge" zones decrease the # of invasive species present

## How does land-use affect hydrology?



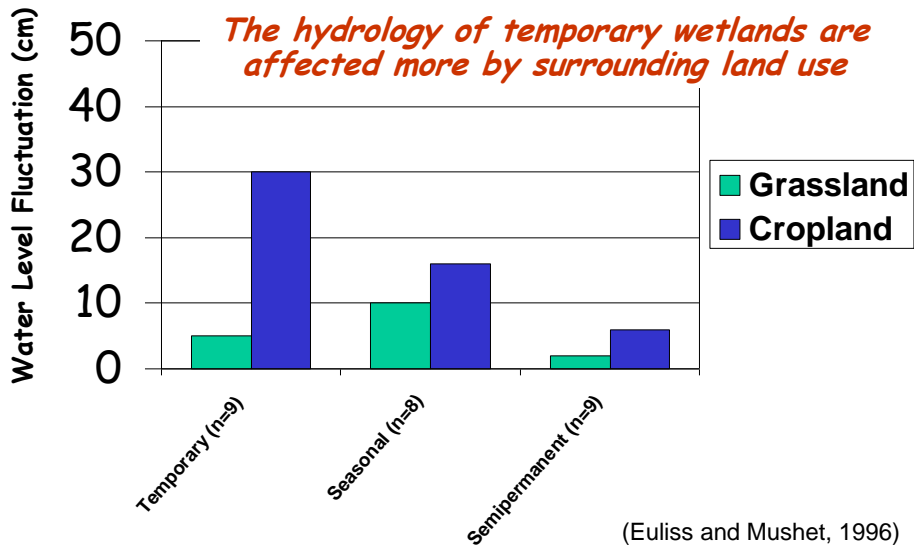
Simulated Surface Runoff in Cropland versus Grassland



(Su 1998)

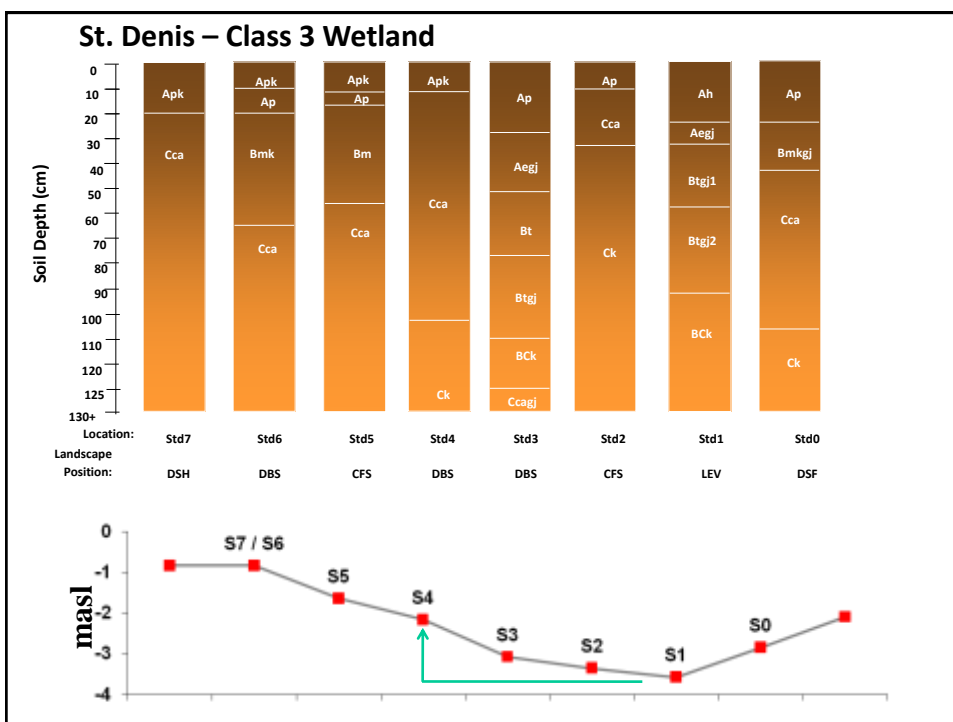
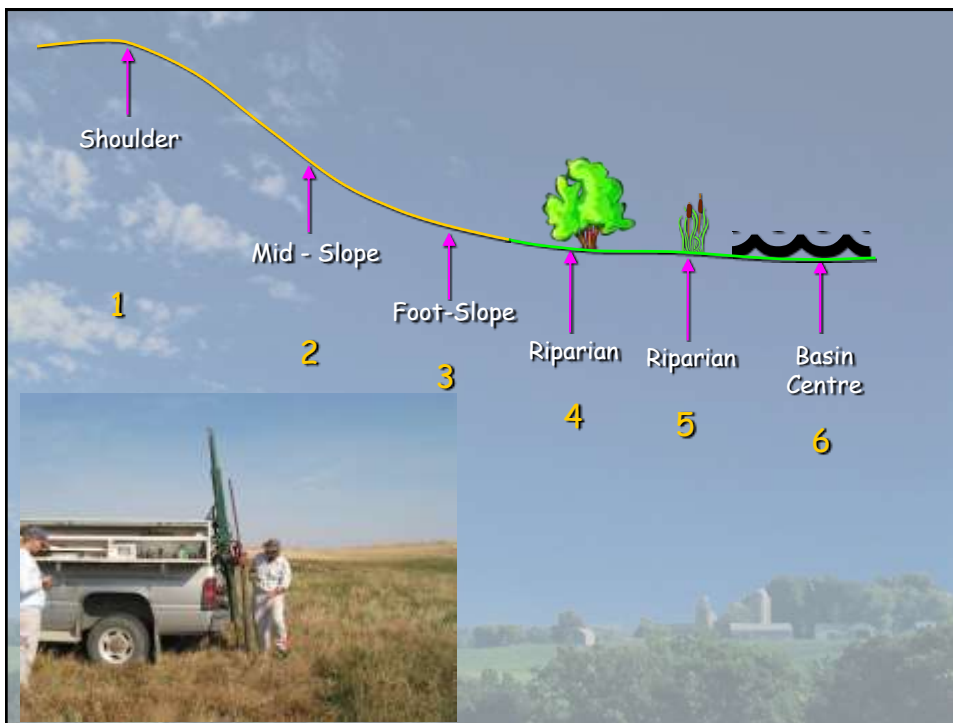


## Water level fluctuation as a function of landscape position



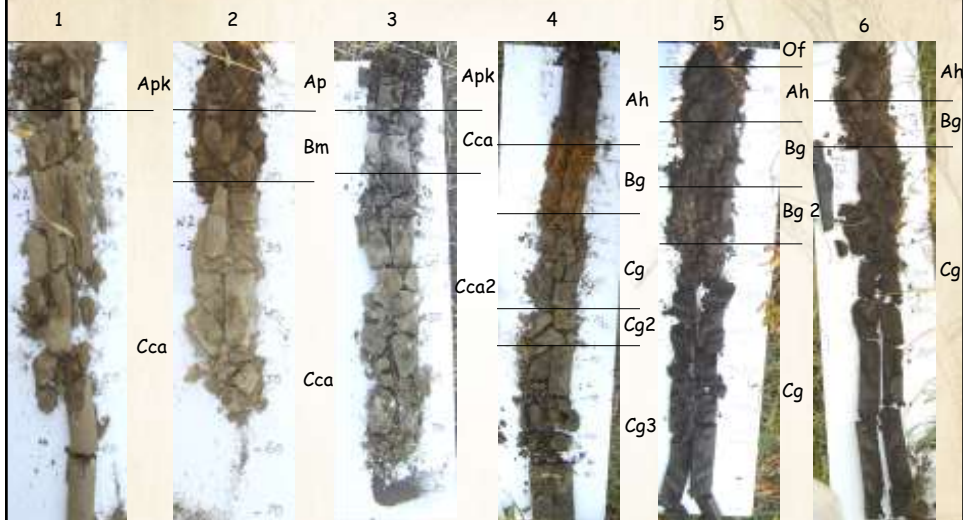
*For locating the "edge" ... soils may be your best bet*



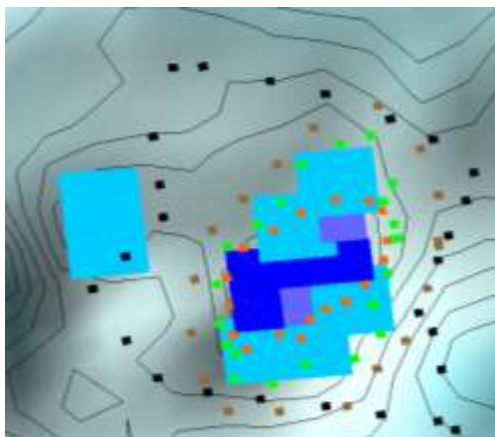




## Class 4 Wetland



## Pond 117 - St. Denis, SK



### Wetland Vegetation Zones:

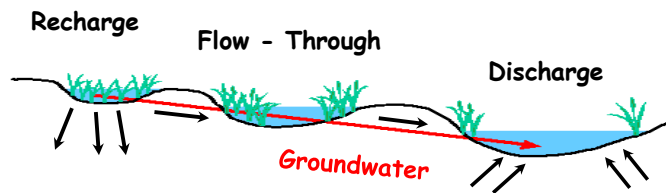
- Shallow marsh
- Wet meadow
- Low prairie
- Carbonate ring

### Water Depths:

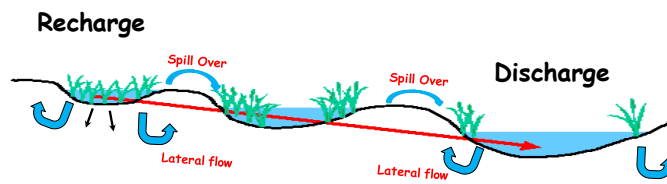
- 10 to 30 cm
- 31 to 50 cm
- 51 to 100 cm

Seasonal, Class 3 wetland

*Water Movement in Hummocky Terrain - Previous View:*

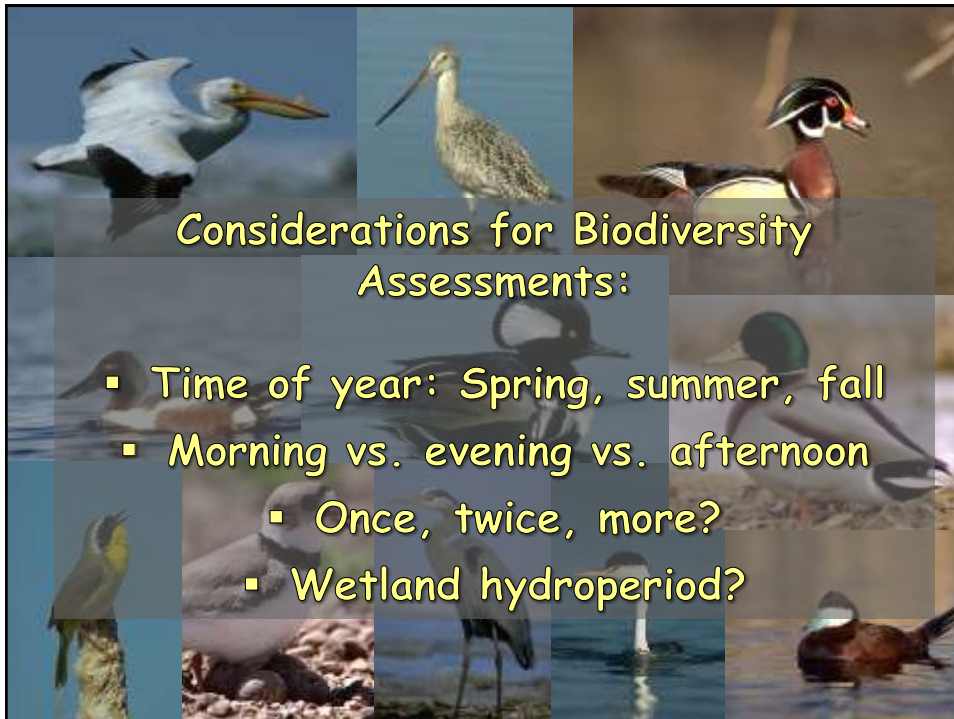


*Water Movement in Hummocky Terrain - Current View:*



## Wetlands as habitat ...





### Considerations for Biodiversity Assessments:

- Time of year: Spring, summer, fall
- Morning vs. evening vs. afternoon
  - Once, twice, more?
- Wetland hydroperiod?

### *Wetland Classification and Site Assessments:*

- Time of Year
- Present Conditions compared to past Years
- Data Collection
  - What to Collect - soil, vegetation, hydrology, fauna
  - When to Collect - spring, summer, fall
  - How Often to Collect - depends on data
- Understanding Anthropogenic Impacts

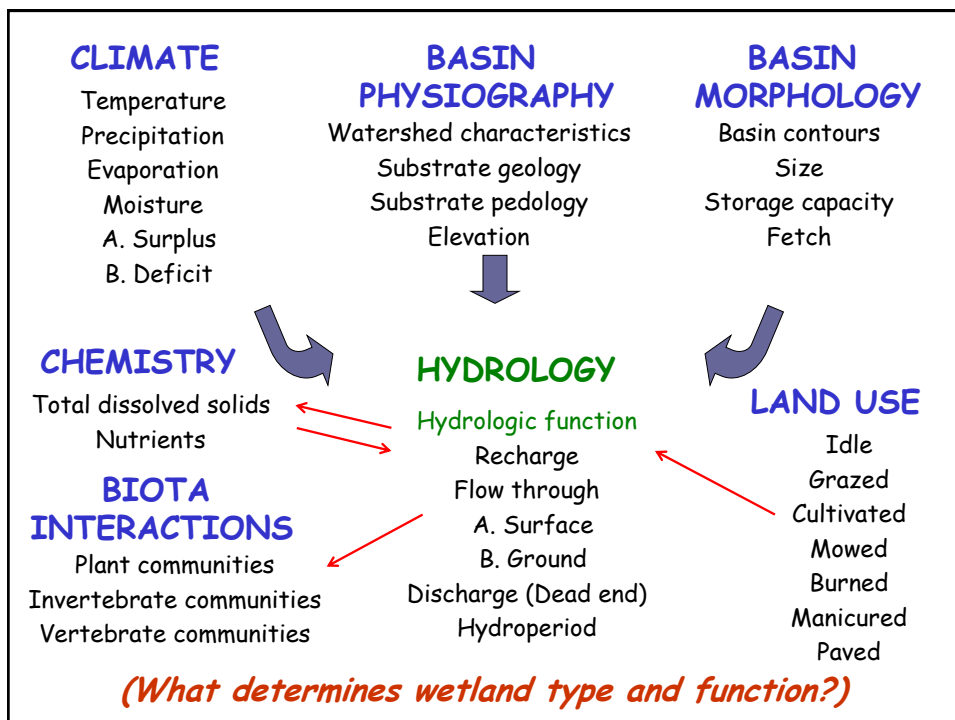
## *Three key hydrological considerations:*

How often is the wetland flooded?

How deep is it flooded?

How long is it flooded?

Highs ... lows ... and averages are all important





## CHEMISTRY

Total dissolved solids  
Nutrients

## HYDROLOGY

Hydrologic function

Recharge

Flow through

A. Surface

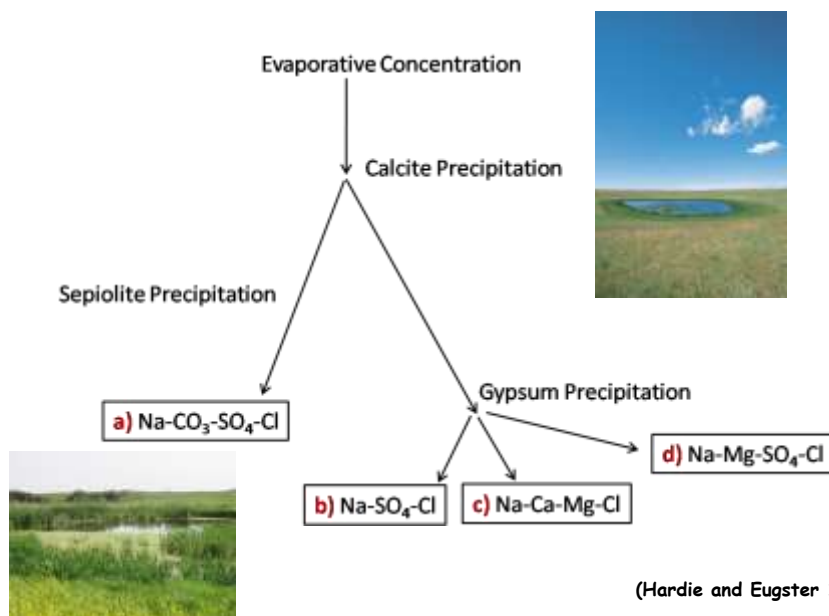
B. Ground

Discharge (Dead end)

Hydroperiod

*Key considerations for maintaining natural wetlands ...*

## Closed Basin Brine Evolution



(Hardie and Eugster 1970)

## Summary of Water Chemistry from St. Denis Wetlands

Pond #	TN	TP	PO <sub>4</sub> <sup>3-</sup>	HCO <sub>3</sub> <sup>-</sup>	SO <sub>4</sub> <sup>2-</sup>	Cl <sup>-</sup>	Na <sup>+</sup>	Mg <sup>2+</sup>	K <sup>+</sup>	Ca <sup>2+</sup>	TDS	EC	Source	Max H <sub>2</sub> O level
	mg/L	mg/L	mg/L	mg/L	mg/L	mg/L	mg/L	mg/L	mg/L	mg/L	mg/L	uS/cm		cm
65	1.83	0.17	0.07	561.8	1619.1	48.1	262.2	322.4	43.8	109.90	2603	2395 <sup>y</sup>	1 <sup>z</sup>	143.9 <sup>x</sup>
66	4.32	0.41	0.02	528.5	24318.5	833.8	4656.4	3576.6	284.2	232.02	38916	35803	1	94.0
67	2.55	0.14	0.02	610.9	3320.0	97.9	496.1	616.9	70.7	158.59	4216	3879	1	154.0
120	3.60	0.89	0.95	144.2	10.0	29.5	1.4	8.2	47.2	27.80	187	313	2	103.0
117	1.83	1.30	0.90	167.7	11.5	38.0	1.3	10.3	64.0	30.33	234	473	2	136.5

### \*Sources:

1: WEVS data from Dr. M. Waiser. The WEVS data are means of all sampling days gathered during the study (i.e., 12 days in 1993 (29 April to 14 Oct), 10 days in 1994 (11 May to 12 Oct), and 14 days in 1995 (30 May to 15 Oct).

2: Data provided by Ducks Unlimited Canada. The DUC data are means of all sampling days (i.e., 2 days in 2004 (April 16, June 16) and 3 days in 2005 (April 27, June 8, July 19).

<sup>y</sup>The EC values for the WEVS data were calculated as EC (µS cm<sup>-1</sup>) = 1.087 \* TDS (ppm)

From Chang et al. (1983) Can. J. Soil Sci. 63: 79-86.

<sup>x</sup>Data from 1968 to 2005 data (provided by Dr. Van der Kamp, NWRI)

## BIOTA INTERACTIONS

Plant communities  
Invertebrate communities  
Vertebrate communities

## HYDROLOGY

Hydrologic function

Recharge

Flow through

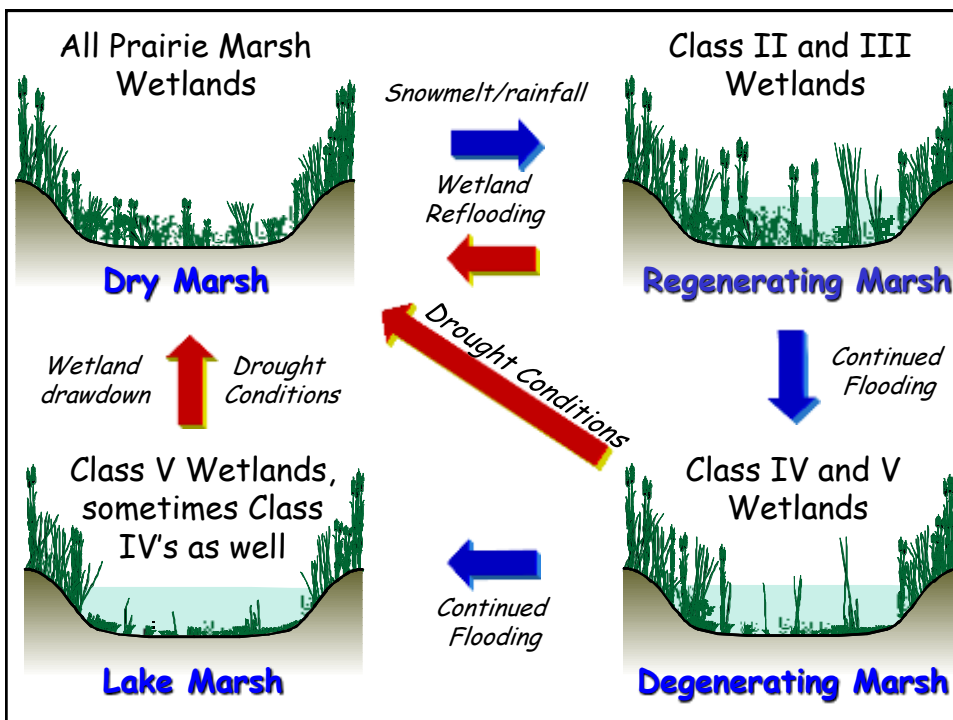
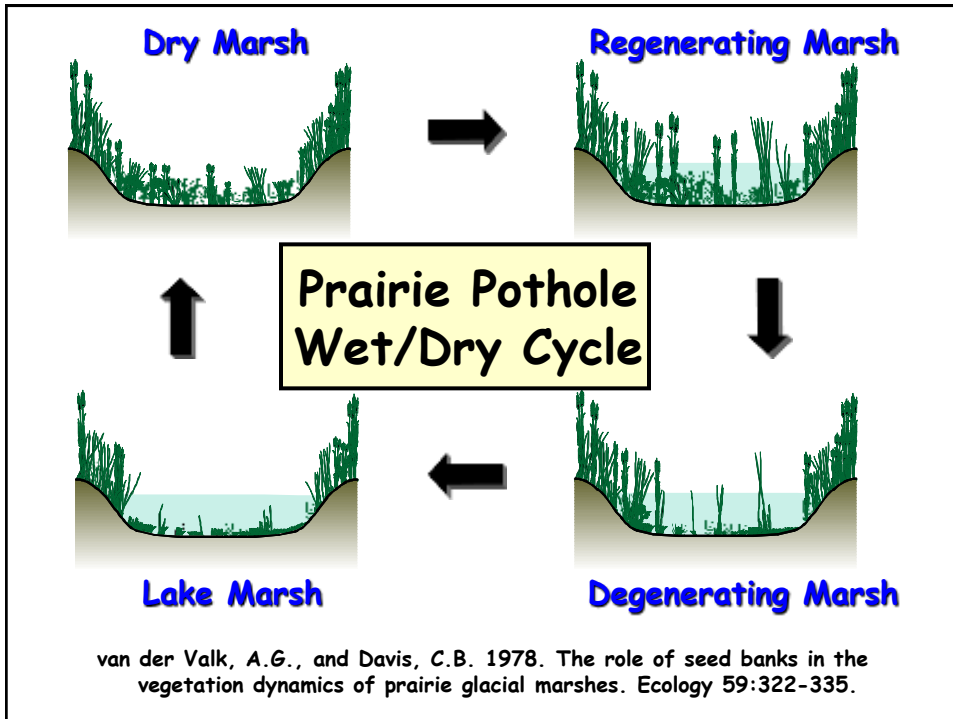
A. Surface

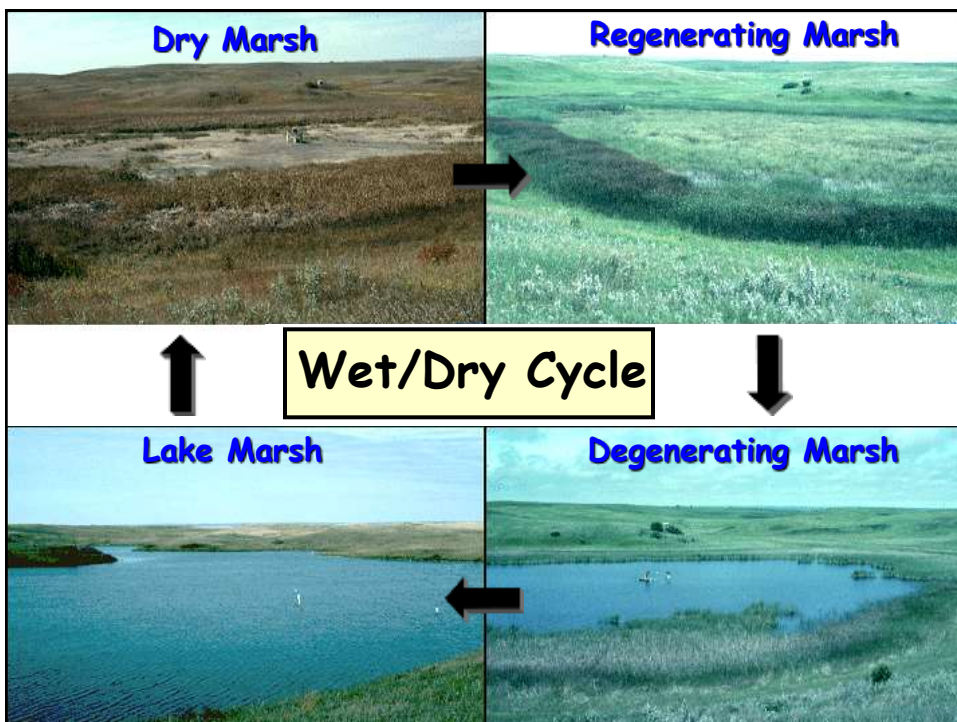
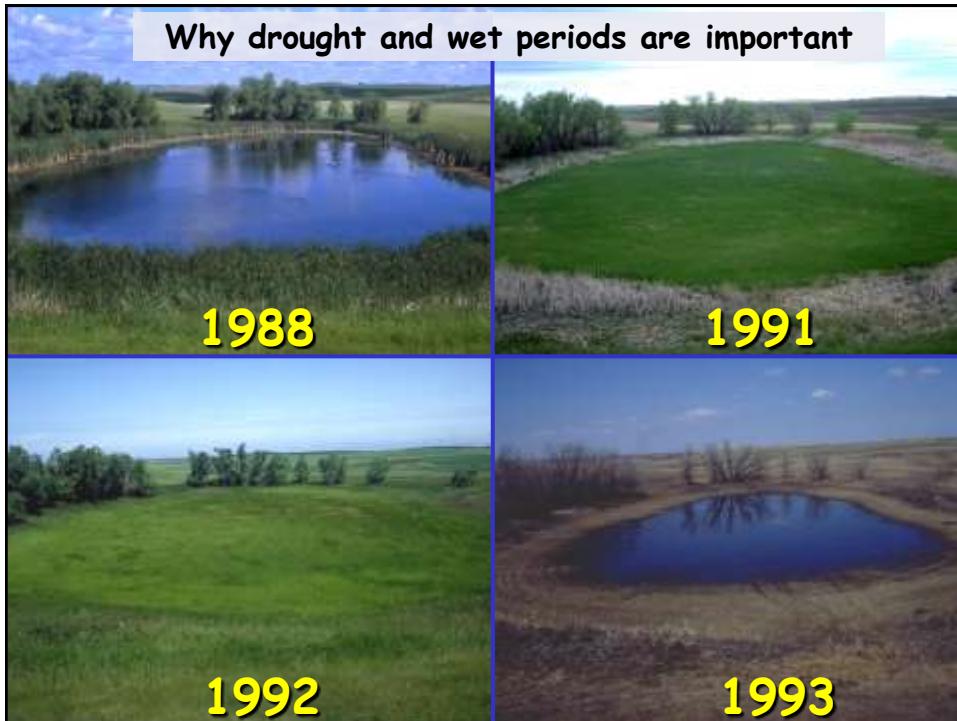
B. Ground

Discharge (Dead end)

Hydroperiod

*(What determines wetland type and function?)*

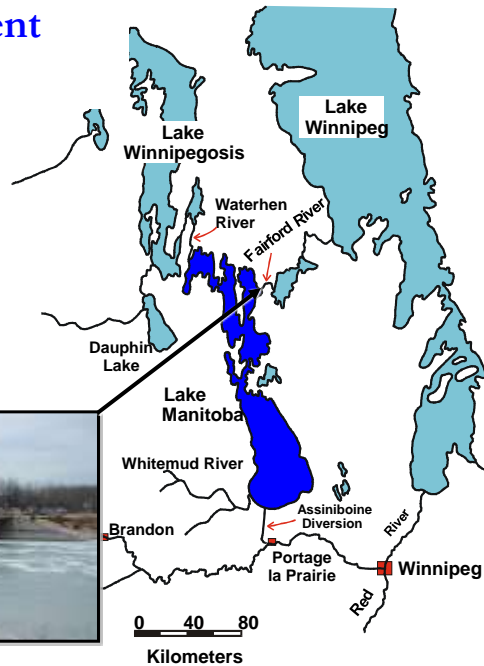






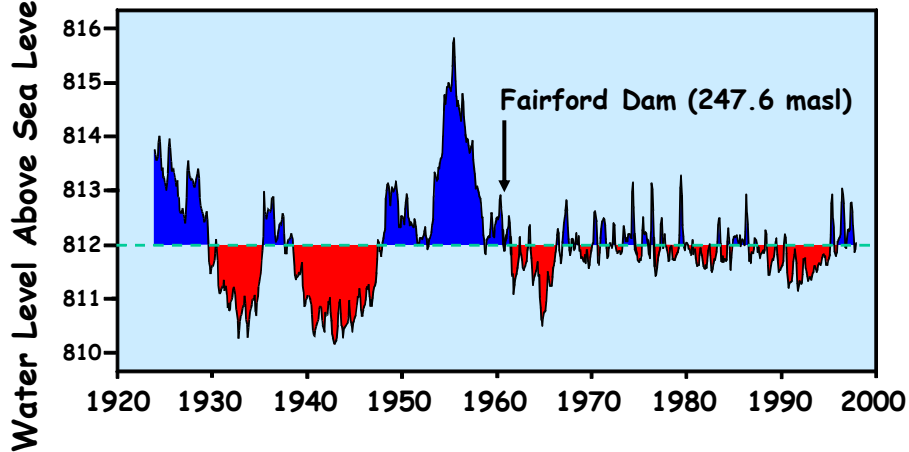
## Water level management on Lake Manitoba

- severe flooding on Lake Manitoba during mid-1950s was incentive for construction of Fairford Dam in 1961

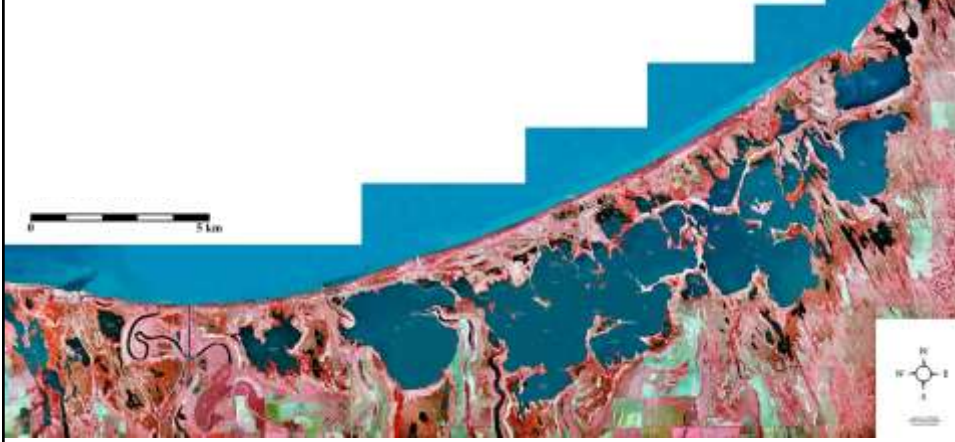


Water Level Above Sea Level (feet)

## Lake Manitoba Water Levels



# The Delta Marsh



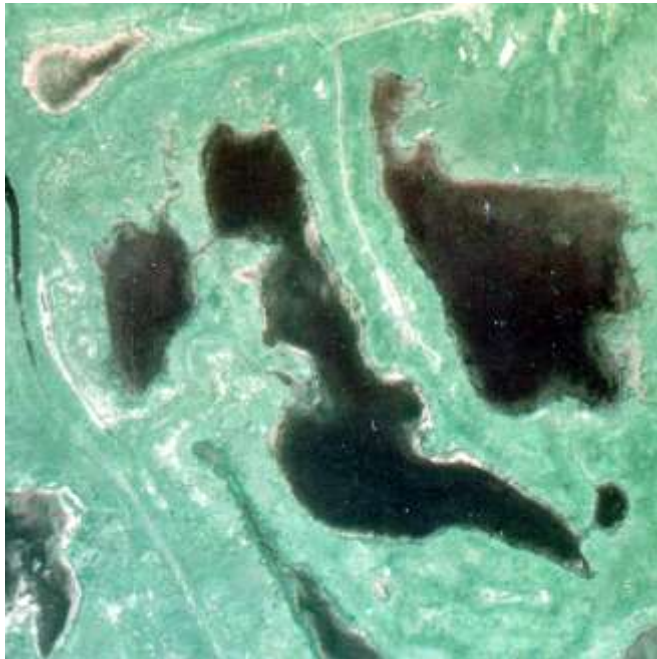
Simpson Bay  
**1965**



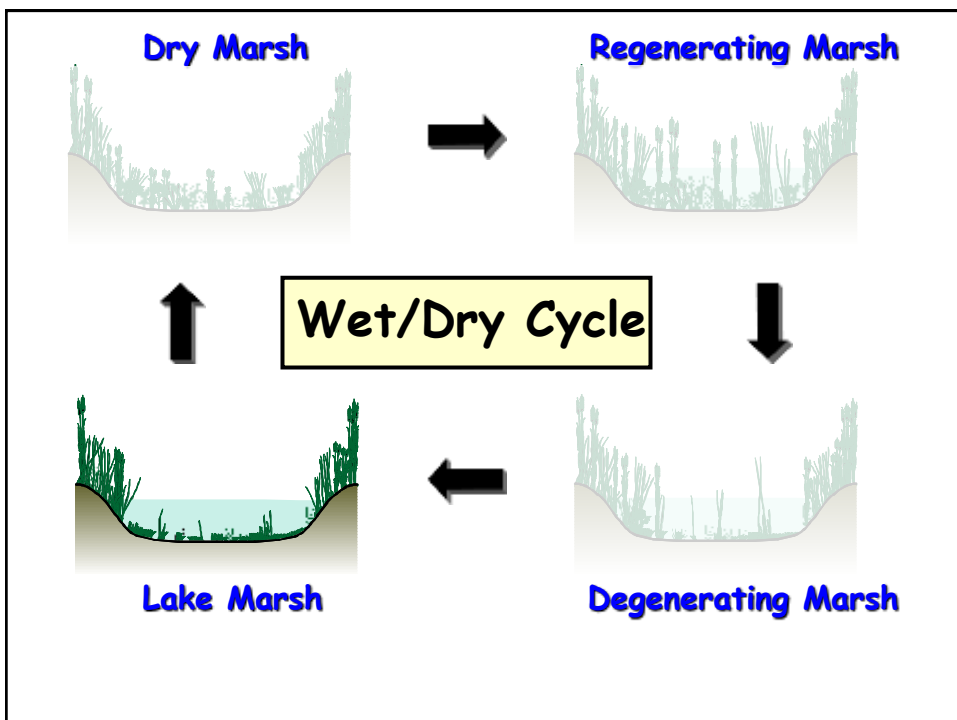
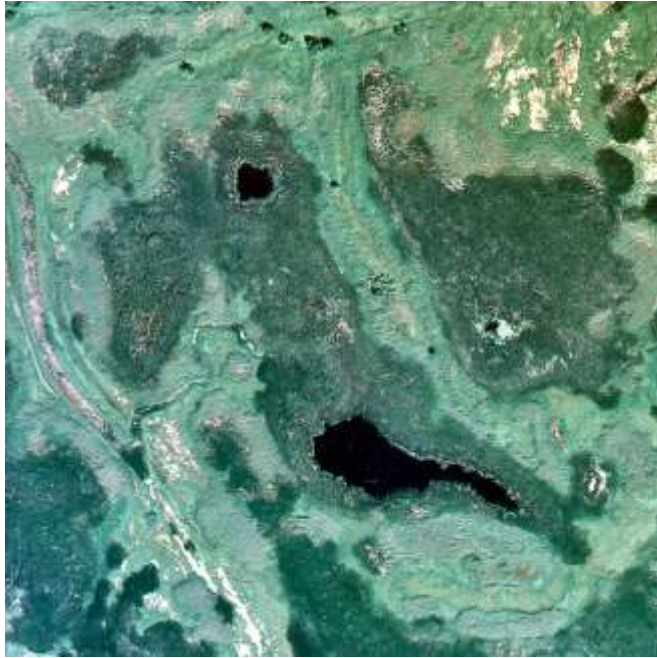
**Simpson Bay**  
**1997**



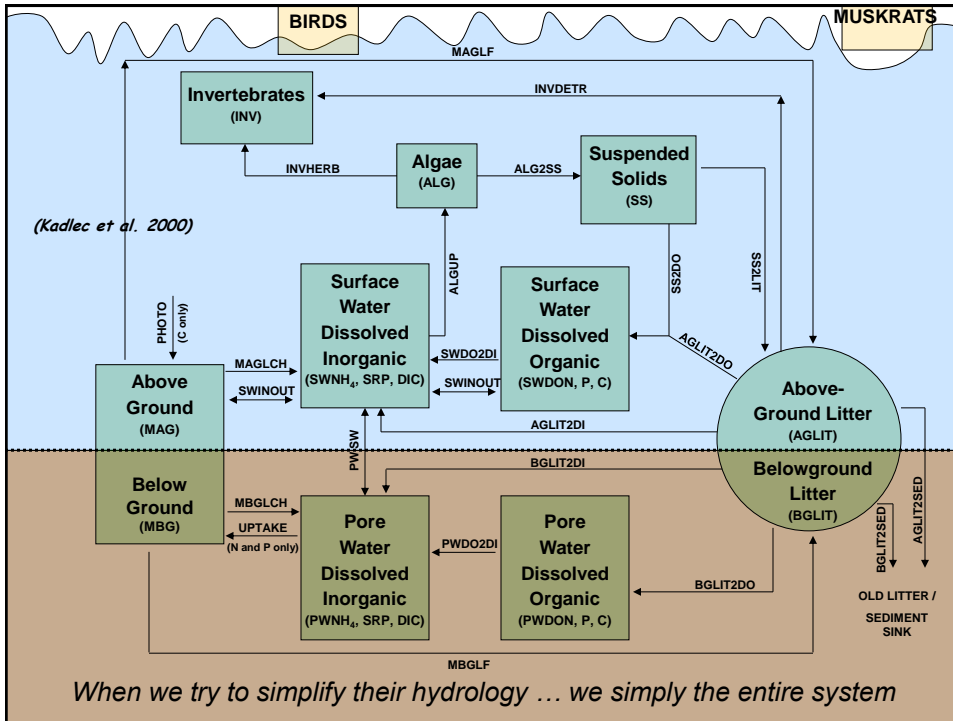
**Hutchinson's  
Pothole**  
**1965**



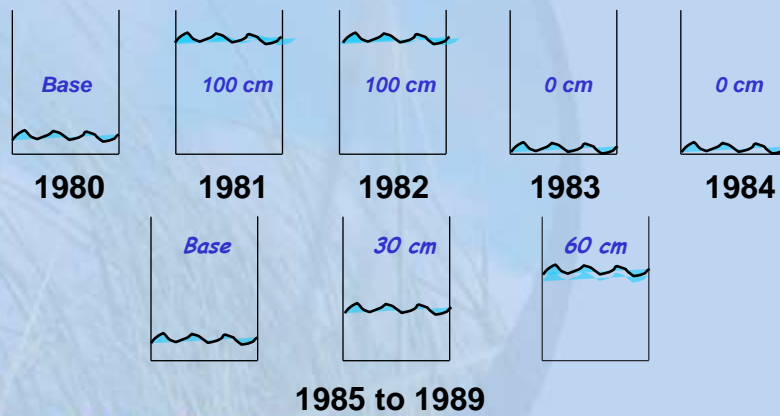
Hutchinson's  
Pothole  
1997



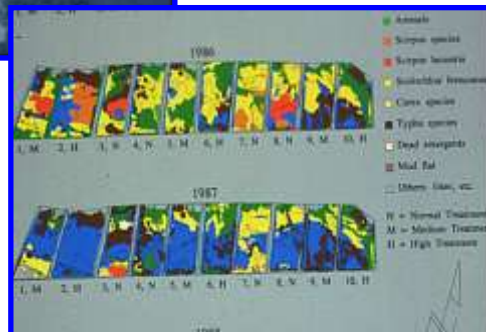


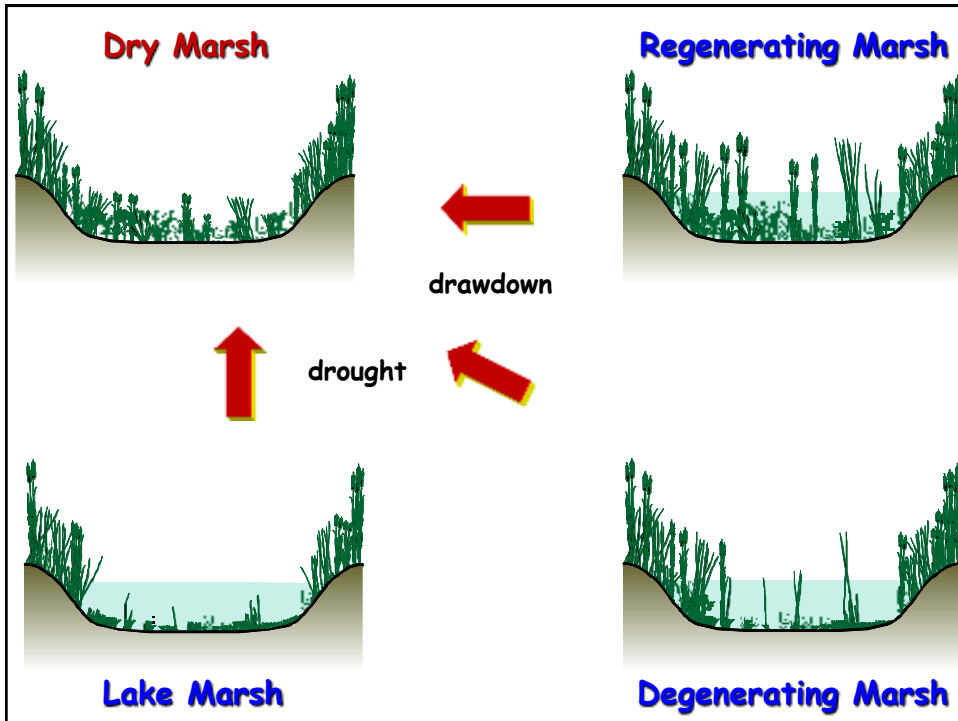



## Flooding Schedule for the MERP Cells




**Key Components =**  
**Hydrology**  
**Plants / Algae**  
**Invertebrates**  
**Vertebrates**






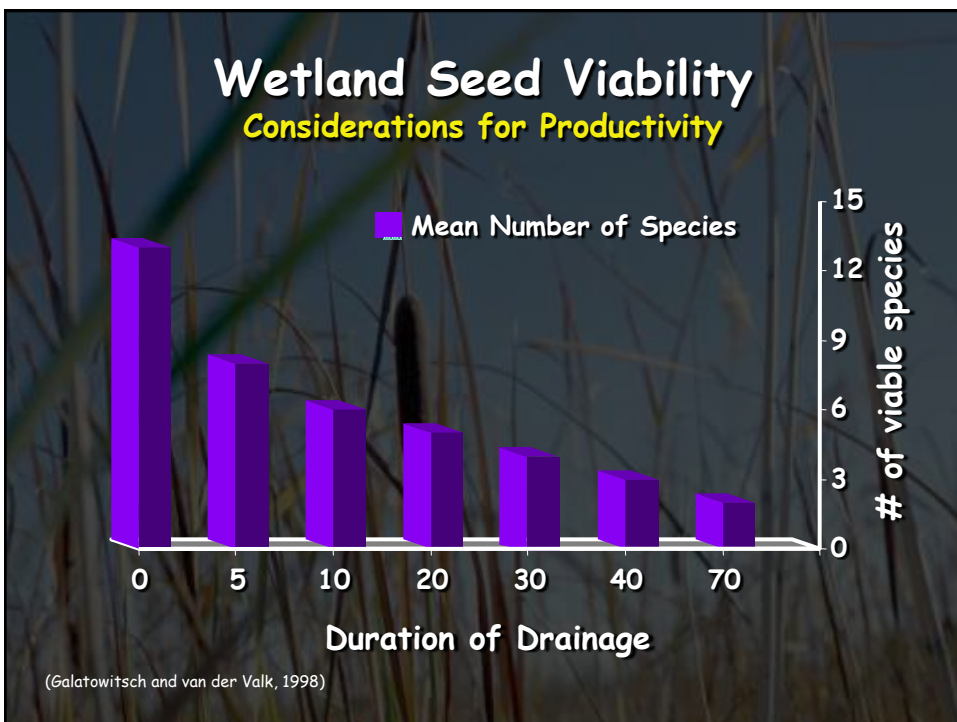


**Dry Marsh**

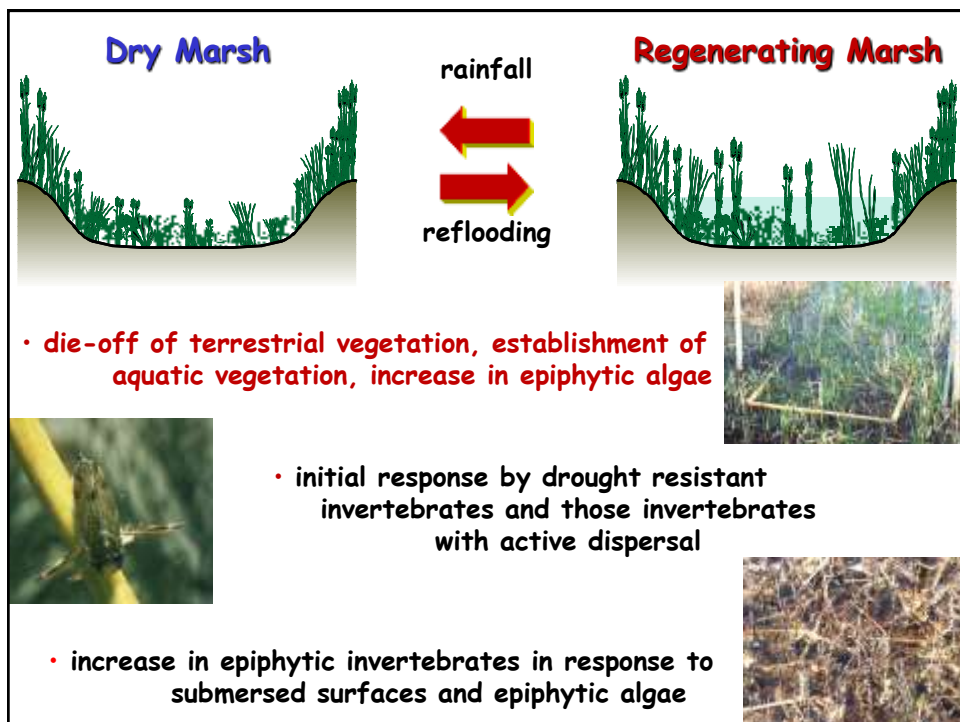
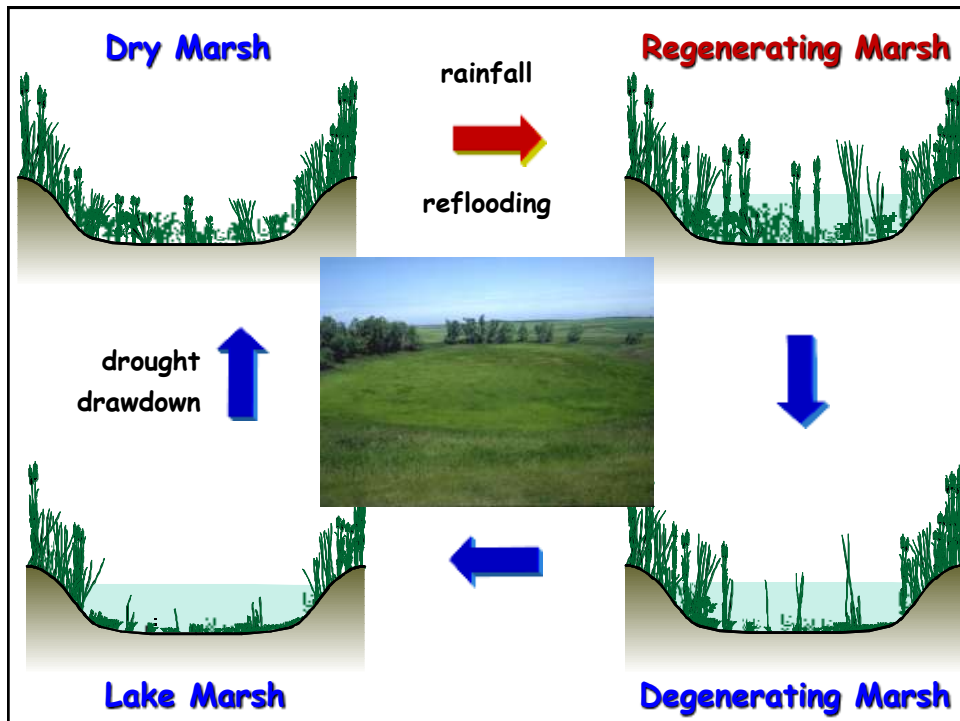


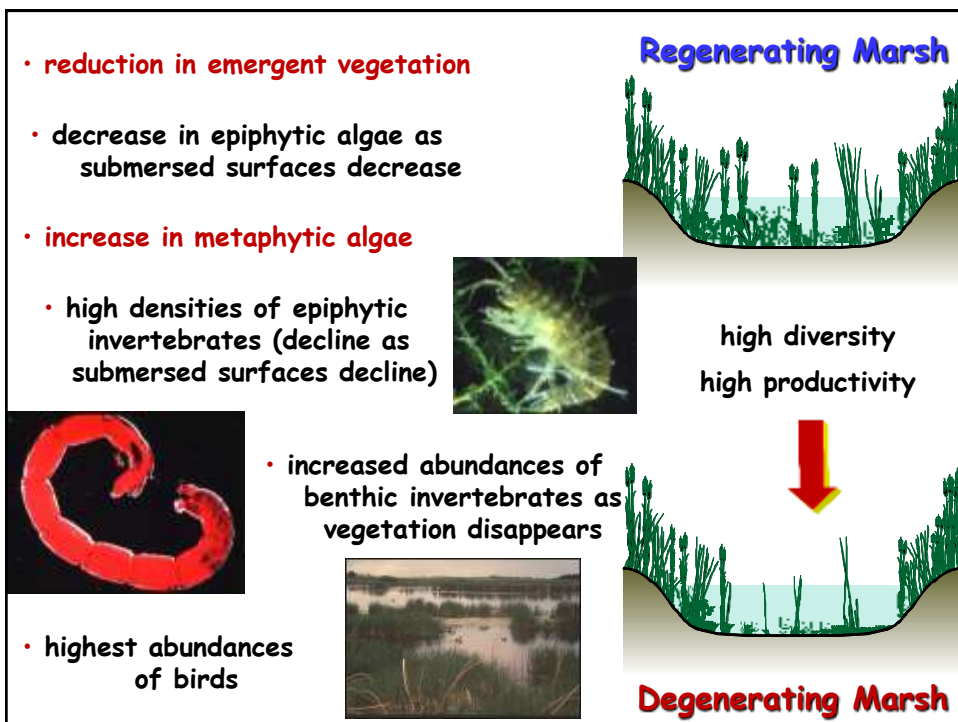
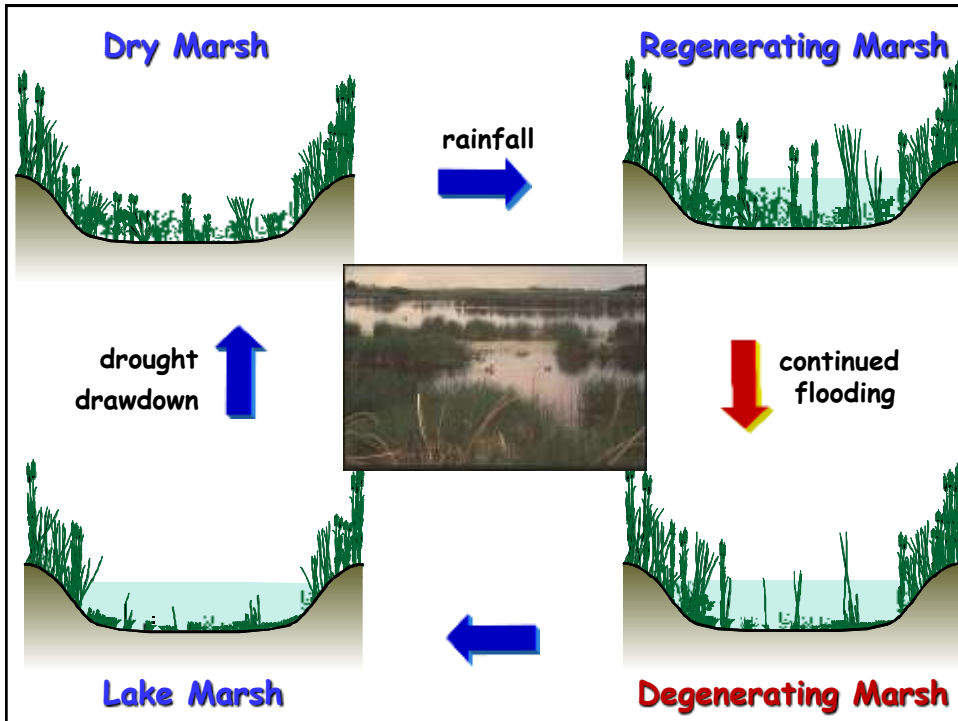
- death of remaining aquatic vegetation
- establishment of epipelton algae on moist mudflat surfaces
- **germination of terrestrial and emergent vegetation**
- invertebrates with active dispersal move out of the wetland
- drought-resistant invertebrates move to dormant stages
- elimination of all other aquatic invertebrates
- colonization by terrestrial invertebrates
- abundance of mudflats

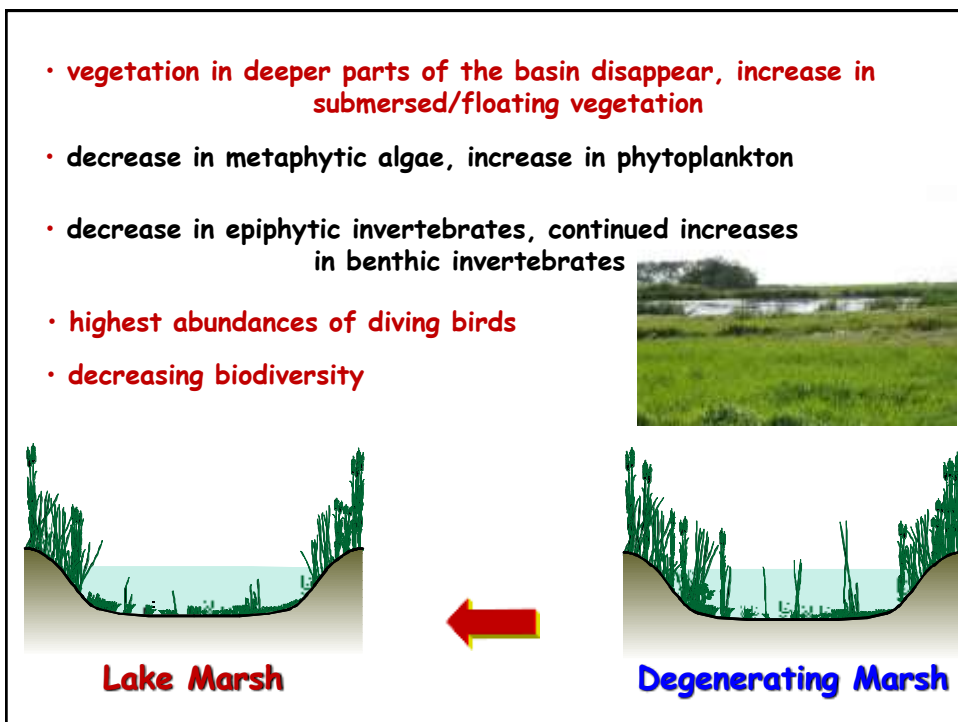
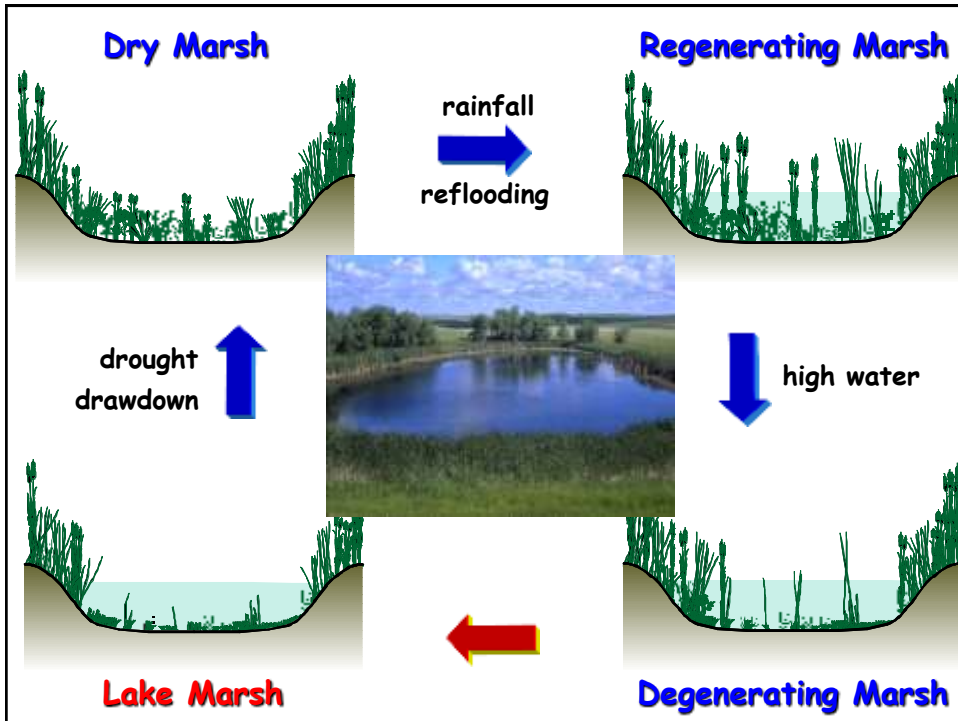


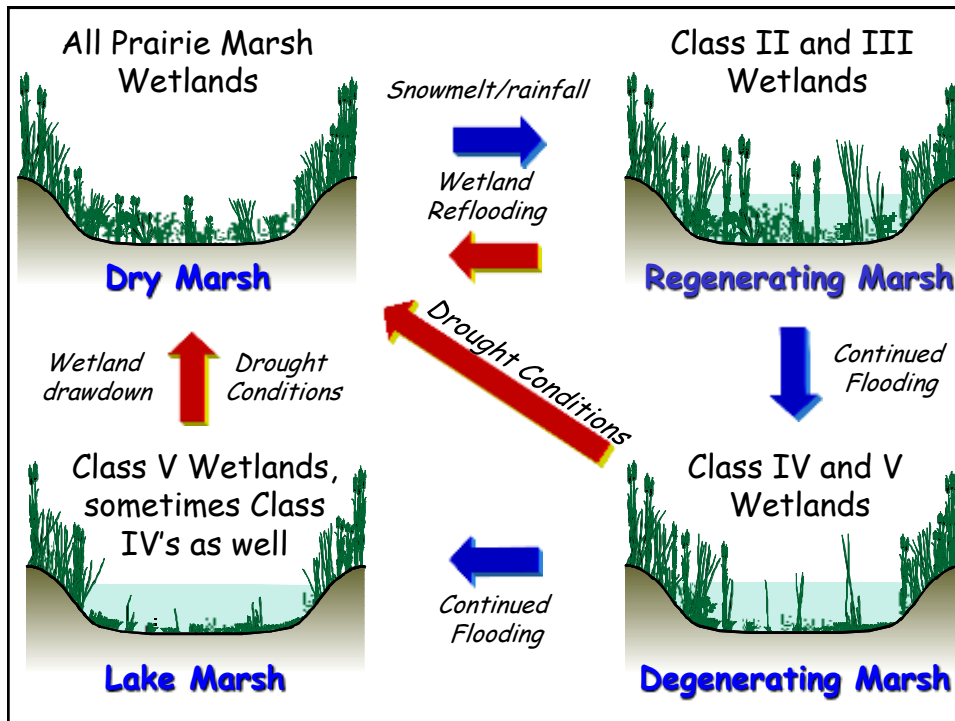












## WETLAND ASSESSMENTS:

### PRE-DEVELOPMENT AND POST-DEVELOPMENT

- Wetland classification
- Wetland delineation
- Characterization of the physical setting of the wetland (size, water depth, surrounding slope, catchment characteristics)
- Characterization of the wetland watershed (size, topography, geology, ecological linkages, connectivity)
- Characterization of water quality and sediment quantity (entering and leaving)
- Wetland hydrology (surface water, groundwater, spring/summer/fall water levels, hydroperiod)
- Assessment of the vegetation communities and sensitive species (biodiversity, production, density, general health, presence of exotic species)
- Assessment of the wildlife biodiversity and sensitive species (birds, mammals, fish, reptiles, invertebrates, micro-organisms)



## When to Begin?

- Before high level design plans are even proposed



## When to End?

- Link pre- to post-data collection
- Site investigation and monitoring will be most intense at the beginning of the process
- Consider collecting 2 years of pre-development data, and 3 to 5 years of post-development data

## Who to Include?

Wetland / GIS specialists  
Engineers  
Hydrologists  
Urban planners  
Landscape architects  
Technicians  
Regulators  
Land Developers  
Local Community



# Wetland Hydrology

David Martz, P.Eng.  
National Manager Engineering Services  
Ducks Unlimited Canada



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Conserving Canada's Wetlands



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# Wetland Hydrology

- **Prairie/Parkland Wetlands**
  - Water Balance
  - Wetland Permanency
  - Gross and Effective Drainage Basins
  - Groundwater Interactions
- **Impacts of Urbanization**
  - Drainage Basin
    - Size
    - Permeability
  - Timing



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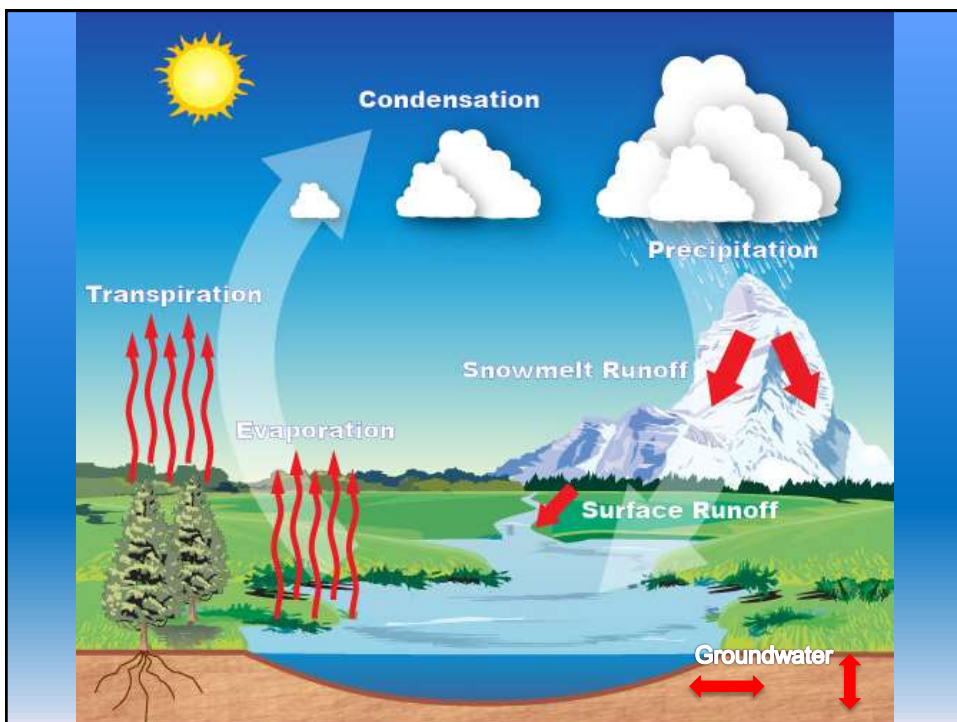
# Water Balance

## Inputs

- Precipitation
- Runoff
- Groundwater Discharge

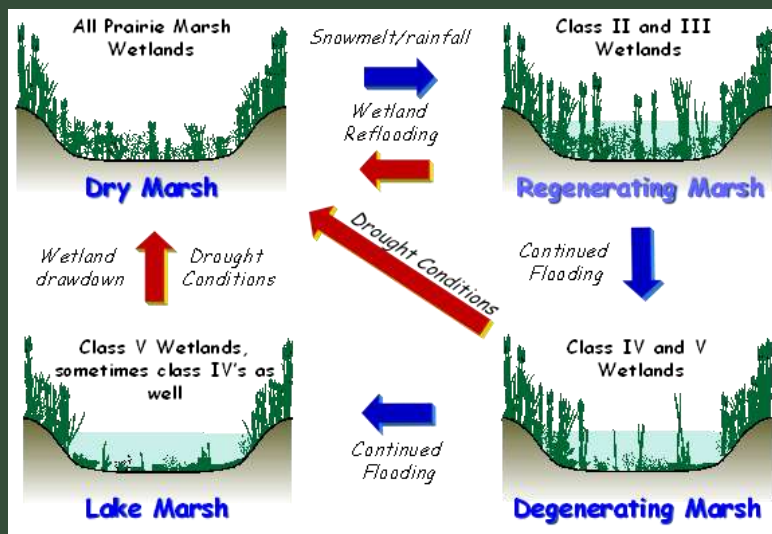
## Outputs

- Overflow
- Evapotranspiration
- Groundwater Recharge



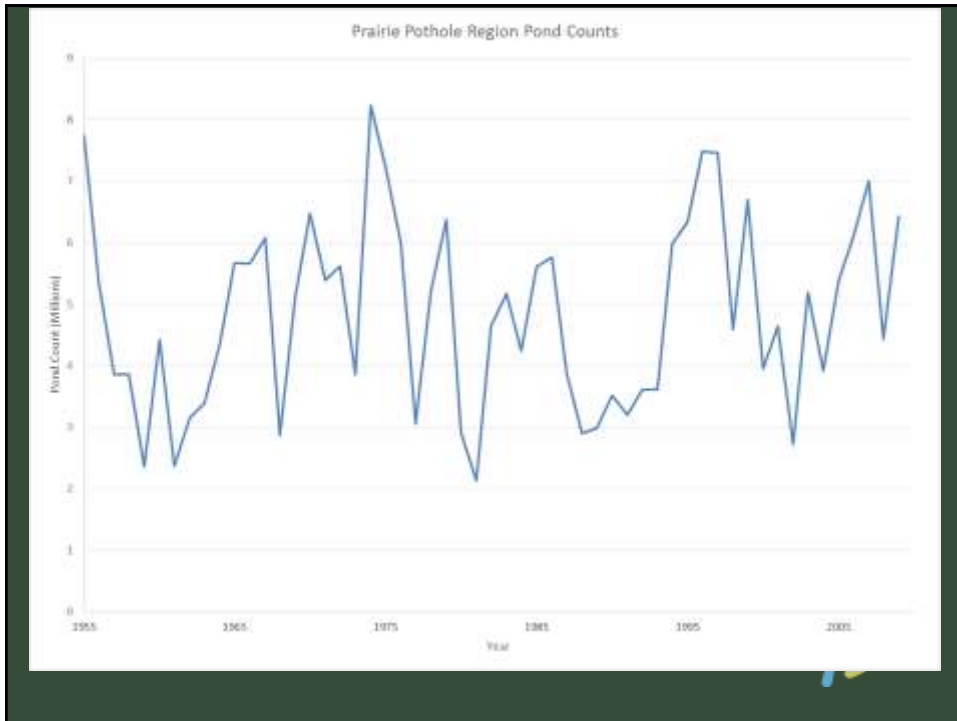
## Wetlands are neither wet NOR dry – they are BOTH

- **Wetlands Need Elbow Room**
  - a wetland does not stop at the waters edge
- **Wetland Water levels fluctuate through out the year and over a period of years**

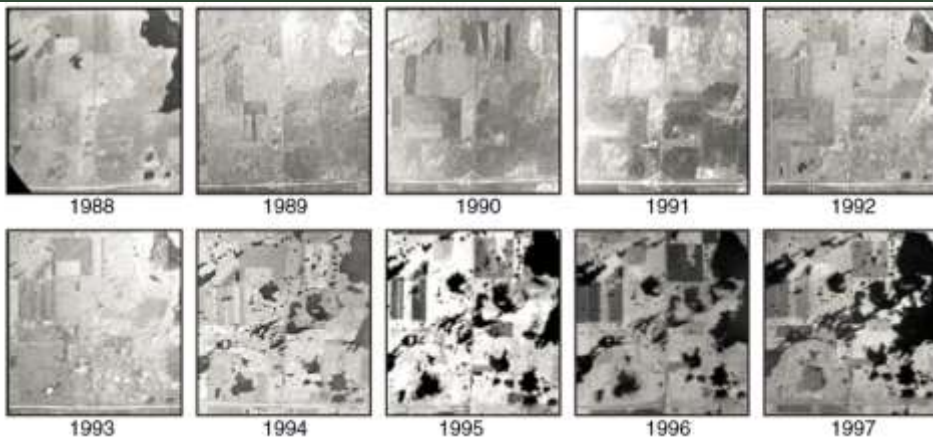


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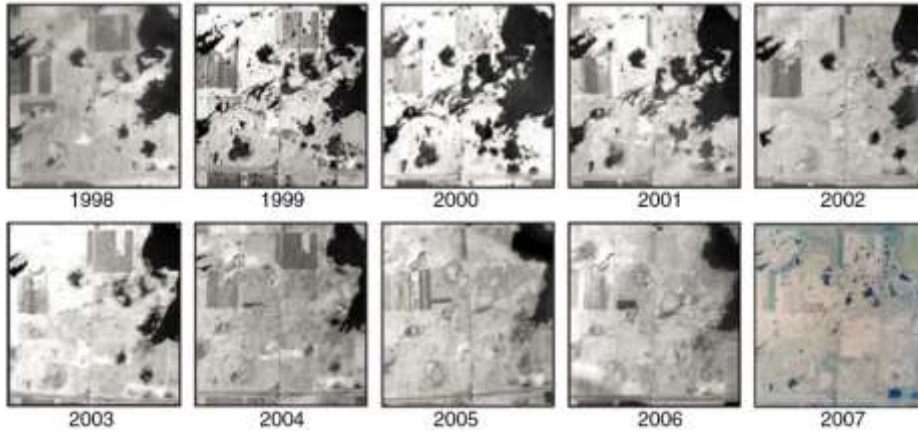




## Historical Wetland Photos



## Historical Wetland Photos

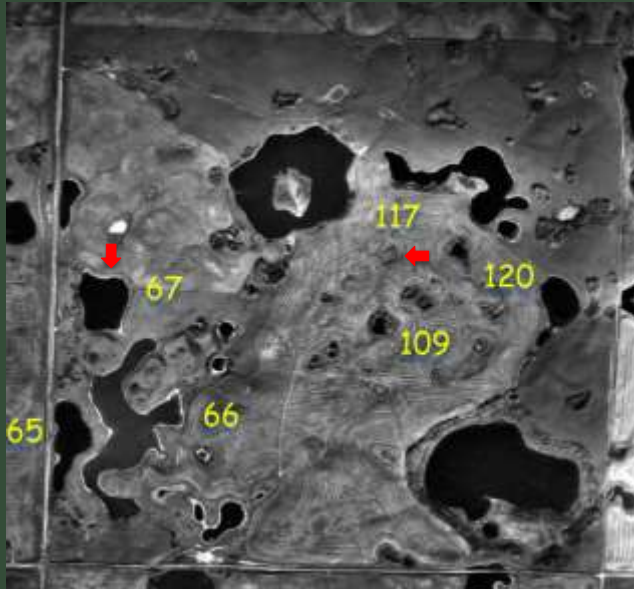


## Types of Wetland

- Nearly yearly discharge - Freshwater
- Infrequently discharge (~1:10 years) - Brackish
- Never discharge (<1:100 years) – Saline, Akali flats



## St. Denis National Wildlife Area near Saskatoon, SK



### Pond 117

- Class 3 Wetland (Seasonal)
- Dries out almost every summer

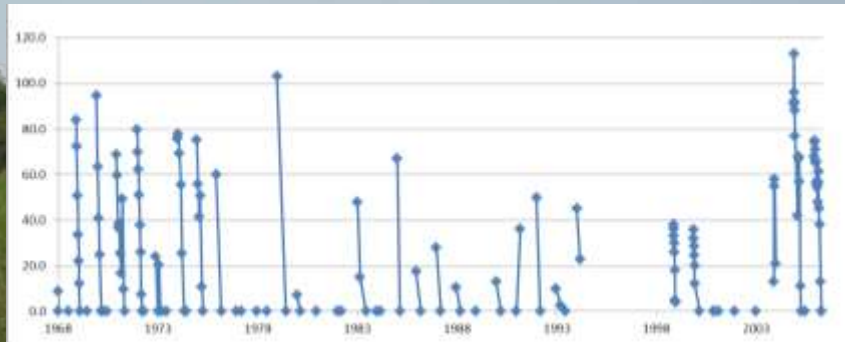
Catchment area:	16,500 m <sup>2</sup>
Wetland area:	4,000 m <sup>2</sup>
Ratio:	4:1
Pond volume:	1,303 m <sup>3</sup>



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### St. Denis - Pond 67

Class 4/5 Wetland (Semi-Permanent/Permanent)  
Hardly ever dries out

Catchment area:	129,800 m <sup>2</sup>
Wetland area:	22,100 m <sup>2</sup>
Ratio:	6:1
Pond volume:	15,396 m <sup>3</sup>

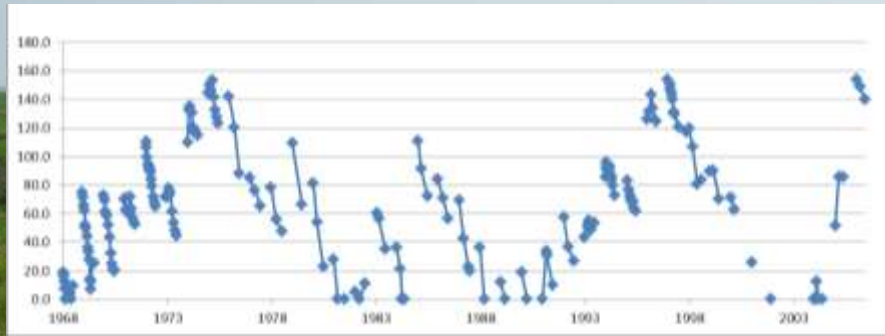




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Wetland area: 22,100 m<sup>2</sup>  
Ratio: 6:1  
Pond volume: 15,396 m<sup>3</sup>



### Why all this variability?

Let's consider the most simplistic method for estimating the relationship between precipitation and runoff. The rational equation:

$$Q = ciA$$

If we were to integrate the flow over time we would get the volume of runoff.

$$v = \int_0^t Q$$

#### ➤ C – Coefficient that is used to estimate the portion of the precipitation that will become runoff.

- Usually estimated as a percentage of impermeability
- Ignores initial wetting, changes through time
- Soil types
- Land cover
- Slope
- Concept of frost seal?

#### ➤ i – Intensity of precipitation.

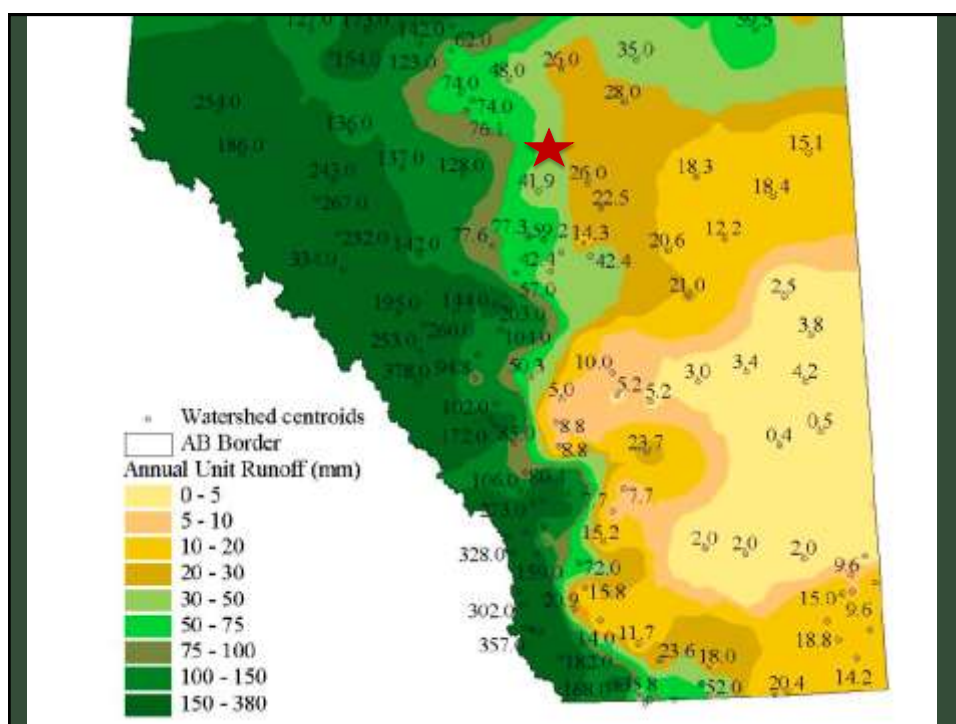
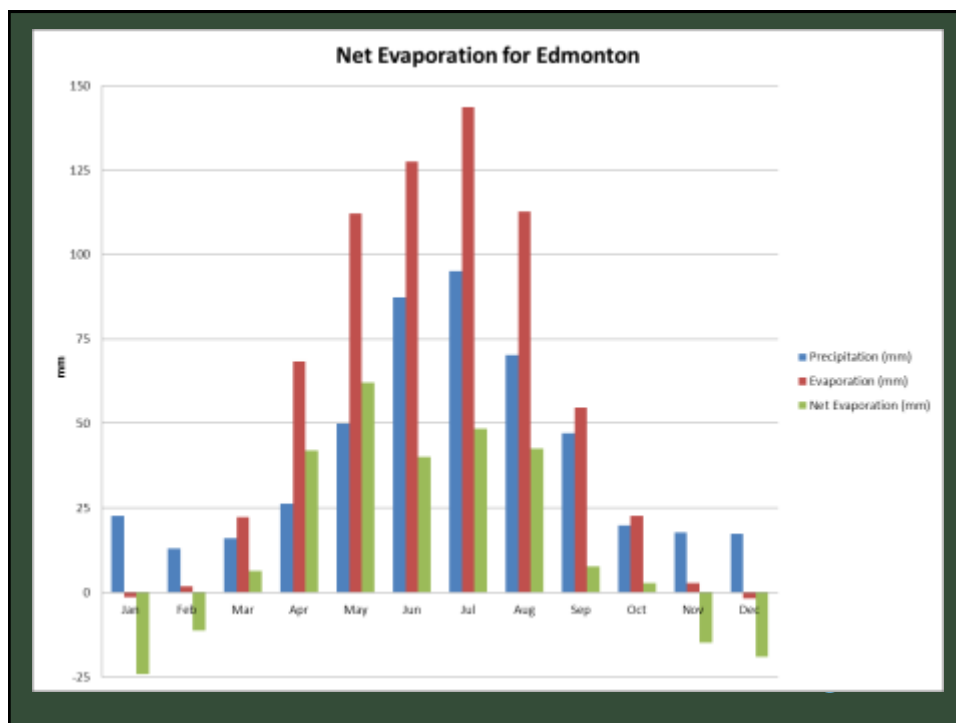
- Spatial distribution
- Snowmelt
  - Temperature
  - Solar radiation
  - Aspect

#### ➤ A – Area.

- Effective vs Gross
  - Drainage
  - Precedents

#### ➤ Variation

- Spatially
- Temporally
- Groundwater interaction



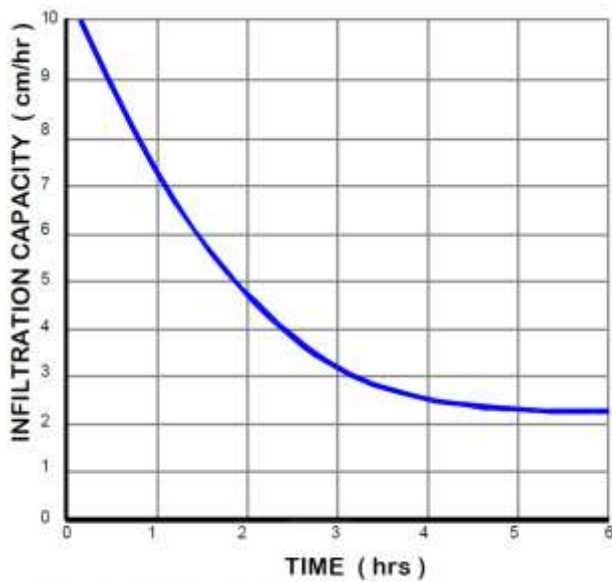


Figure 2.4: Infiltration Capacity Curve



## Gross and Effective Drainage Basins

### Gross

Determined by the elevation divide and includes the full area that would drain through a point

### Effective

The area that would contribute in an average event (50%)

Ranges from <10 to 100%



# Groundwater

Minimal impact on many wetlands but not all.  
Generally small enough that it can be ignored.

Indications of groundwater discharge:  
Water chemistry  
Stable water regime  
Vegetation

Indications of Groundwater recharge:  
Faster than predicted drawdown

Some wetlands can be highly impacted by groundwater discharge or recharge. There is potential to dramatically increase recharge by disturbing basin seals.

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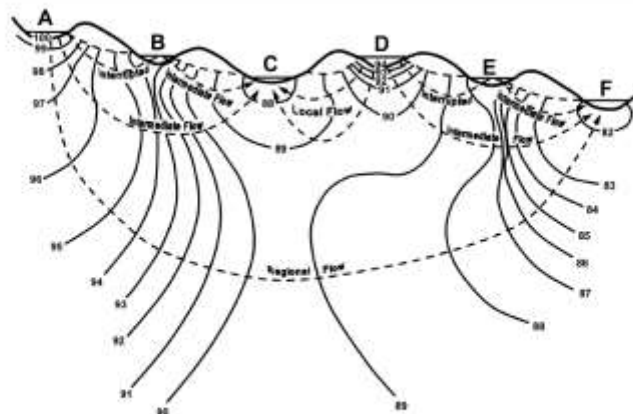


Figure 2. Schematic diagram of ground-water continuum. Solid lines are lines of equal hydraulic head; dashed lines indicate ground-water flow paths. A and D are recharge wetlands, B and E are flow-through wetlands, C is a discharge wetland for local and intermediate flow systems, and F is a discharge wetland for local, intermediate, and regional flow systems. (Modified from Lissey 1971)

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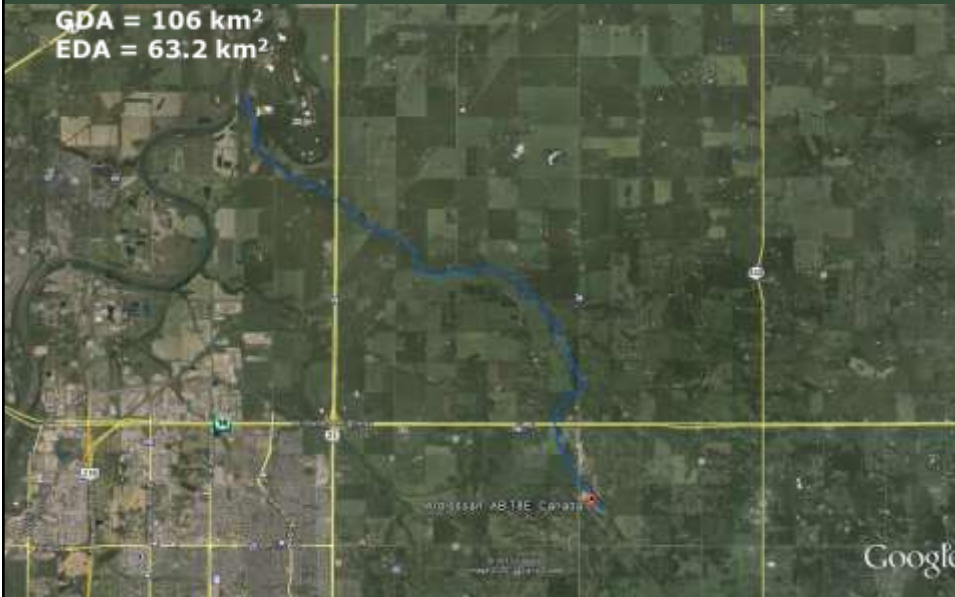
# Impacts of Urbanization

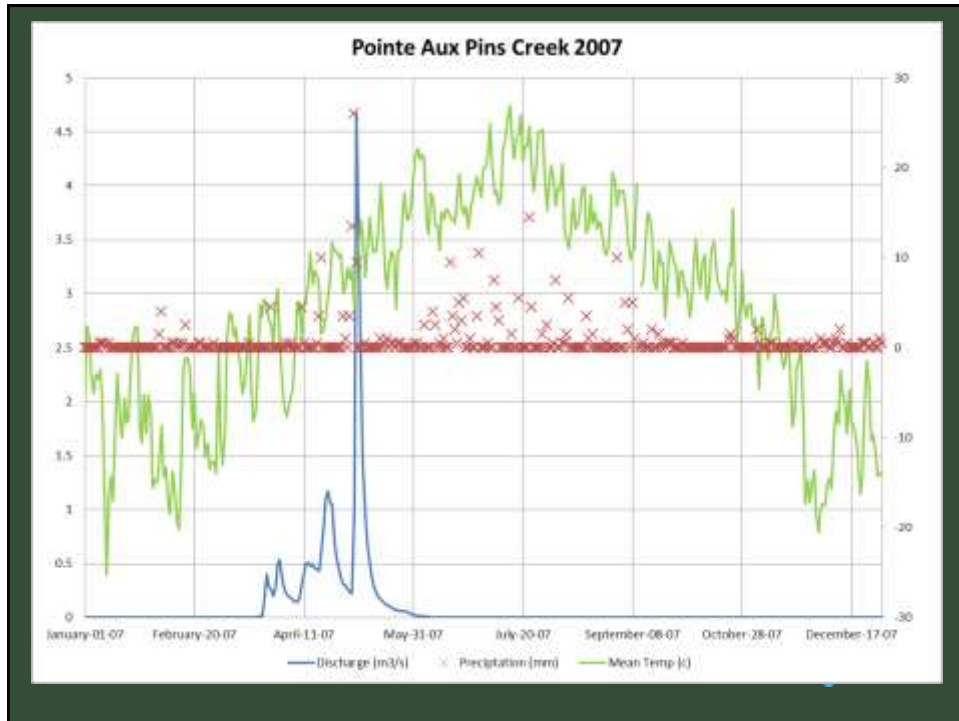
A Comparison of Developed and Undeveloped Basins

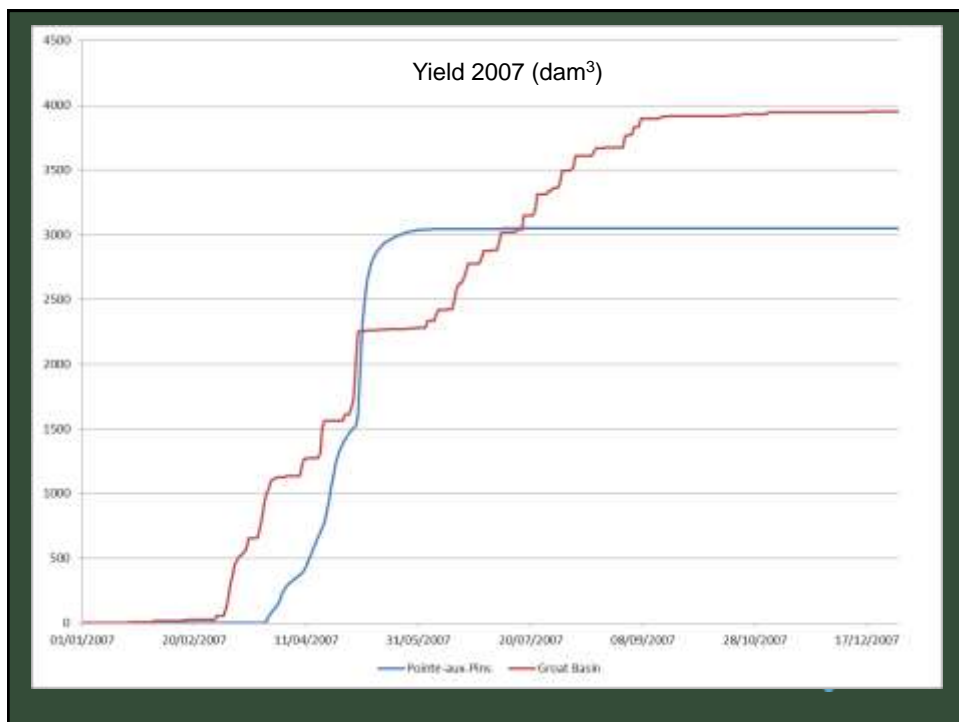
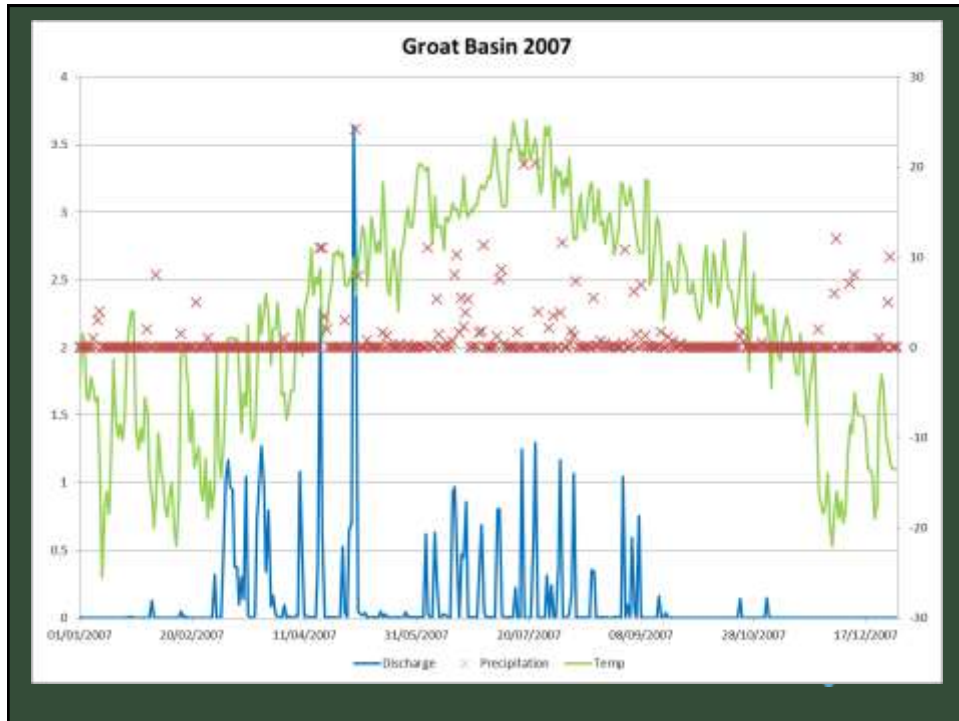


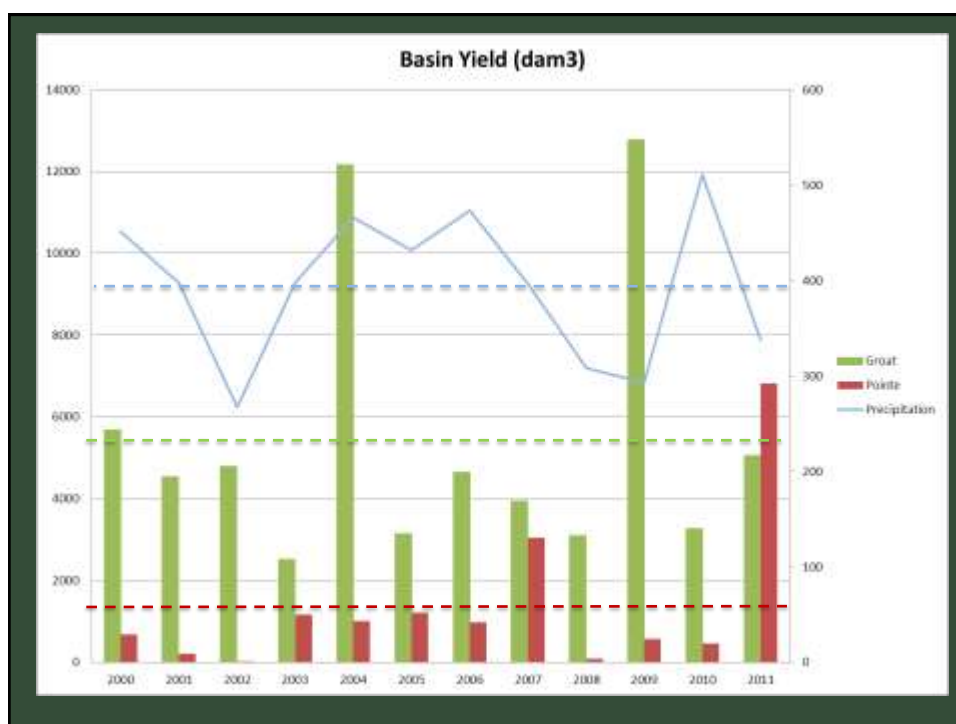
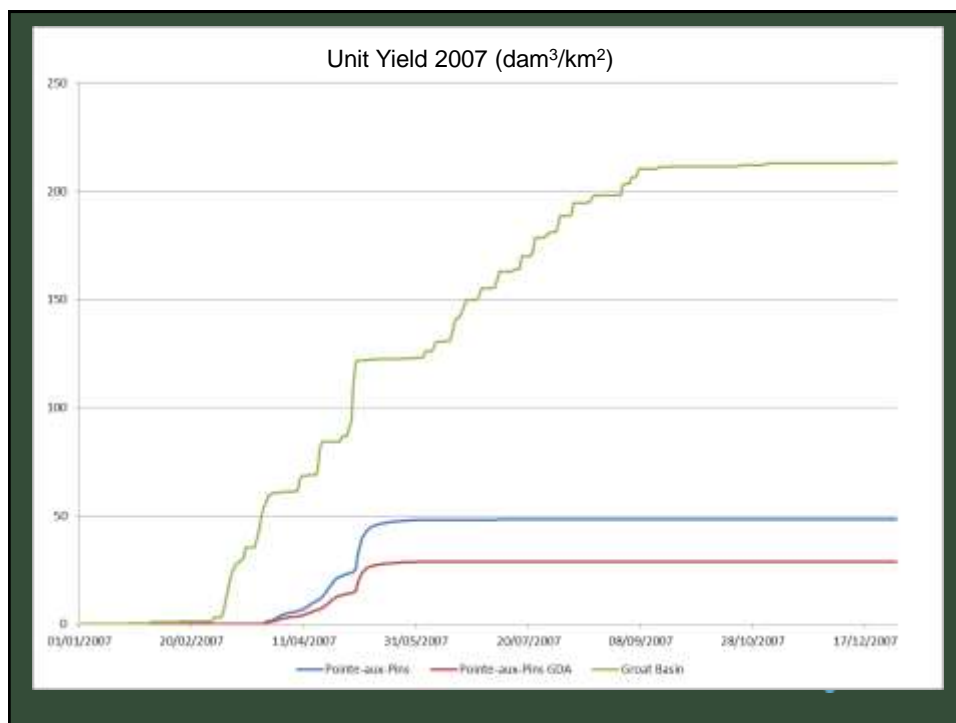
## Pointe-aux-Pins Creek

GDA = 106 km<sup>2</sup>  
EDA = 63.2 km<sup>2</sup>











**How often is the wetland flooded?  
How deep is it flooded?  
How long is it flooded?**

**Highs ... lows ... and averages are all important**



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**Questions?**

**Thank You**



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