

What is Age Friendly Edmonton?

Edmontonians want an age friendly city. Why? It makes Edmonton happier, safer, friendlier, warmer, more prosperous, more just, more interesting. It's the right thing to do. But it's a lot more than that. A truly age friendly city treats its citizens the way they want to be treated: as builders, creators and contributors.

Age Friendly Edmonton (AFE) is an initiative to build our city in a way that values, respects and actively supports the well-being of its seniors.

Co-led by the City of Edmonton and the Edmonton Seniors Coordinating Council, AFE brings together leaders and volunteers committed to local action. Based on the World Health Organization's *Age Friendly Cities Guide*, these actions strive for impact in four priority areas to achieve four long term outcomes.

Advancing Age Friendly Edmonton

The **Advancing Age Friendly Edmonton** project is building on the successes of the first five years of the AFE initiative.

Today, we are seeking your input to identify opportunities and to develop specific actions that will continue to make Edmonton more age friendly.

Your input will be used to inform the Age Friendly Edmonton work plan.

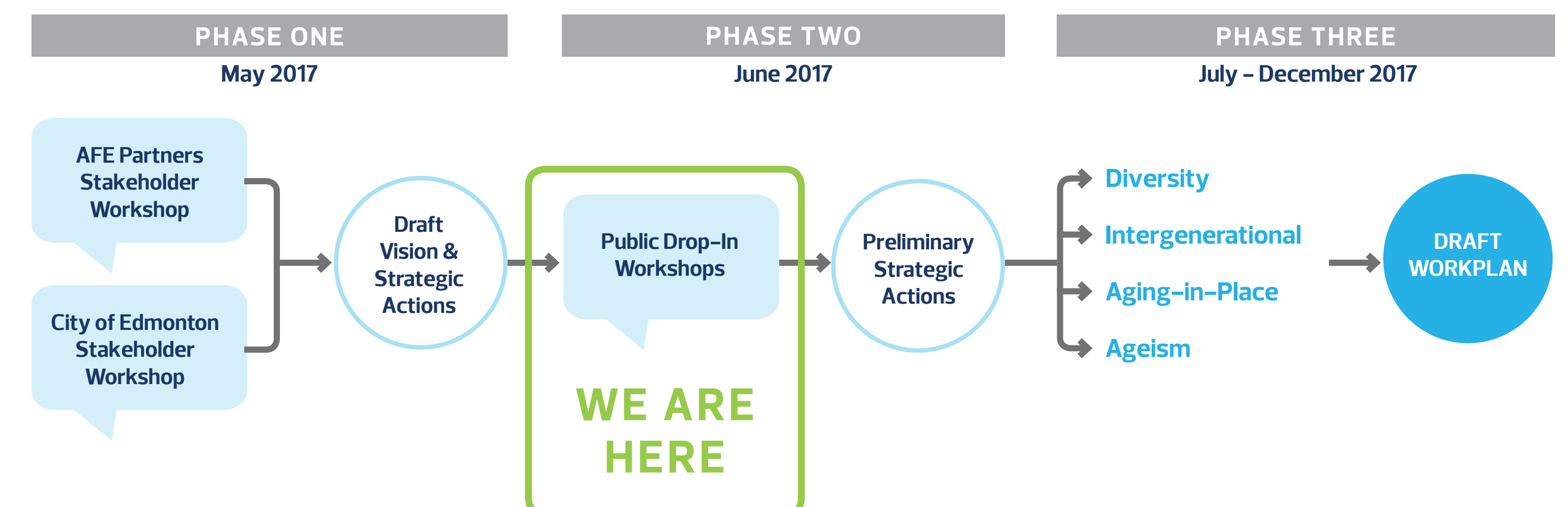
PRIORITY AREAS



LONG TERM OUTCOMES



PROJECT TIMELINE



4 Priority Areas



AGING IN PLACE

Aging in Place is the ability of people to live in the home and community of their choice, as independently and safely as possible.

Edmontonians require core services to age in place: food security, legal and financial services, health services, education, social services, yard and home supports, recreation, transportation, cultural supports and safety.



INTERGENERATIONAL

Intergenerational programming provides structured opportunities for children, youth, adults, and seniors to connect and interact.

Intergenerational opportunities can help to minimize stereotypes, increase social connections and improve personal and social quality of life.



AGEISM

Ageism is prejudice and discrimination against individuals or groups because of their age.

Ageism is based on negative attitudes and stereotypes about aging and a tendency to structure society based on the assumption that everyone is “young”.

Many of us will experience ageism in our lives and it may lead to isolation, invisibility, social exclusion and elder abuse.



DIVERSITY

Diversity is a spectrum of socio-economic situations, culture and language backgrounds, family dynamics, life experience, sexualities, physical and mental capabilities and age.

Seniors are one of the most diverse groups in Canada and the range of diversity of the senior population continues to increase as our population ages.

Opportunity

How high of a priority is this?

How could we do this?

Please place the provided dot sticker in the bubble displaying priority level

Please use the provided post-it notes to include any ideas



Promote and encourage the development of diverse housing options for seniors.

> Low Neutral High >



Help Edmontonians understand what is needed to age in place.

> Low Neutral High >



Ensure core support services are located in neighbourhoods.

> Low Neutral High >



Foster neighbour-to-neighbour connections to support healthy aging.

> Low Neutral High >

Have another idea? Add it here.

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Have another idea? Add it here.

> Low Neutral High >

> Low Neutral High >



Opportunity

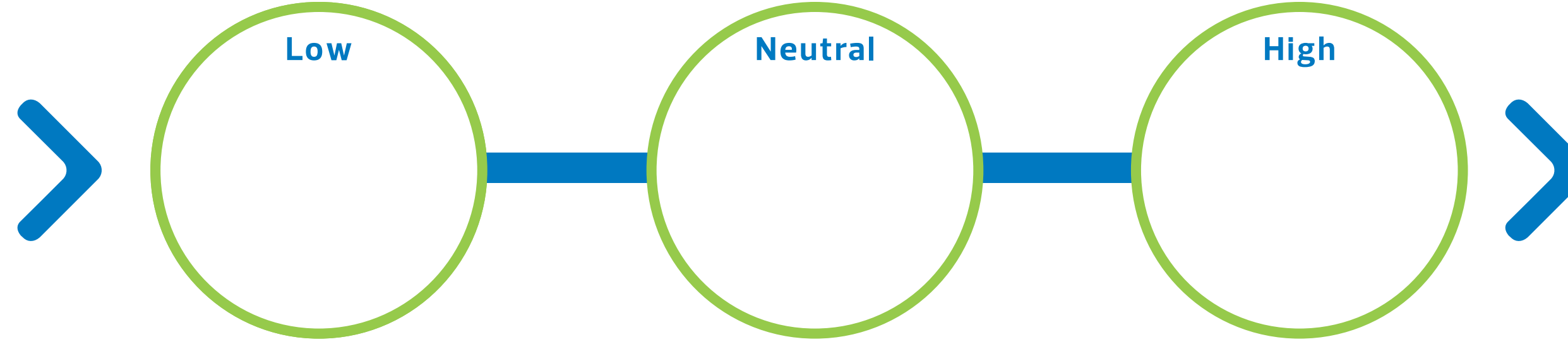
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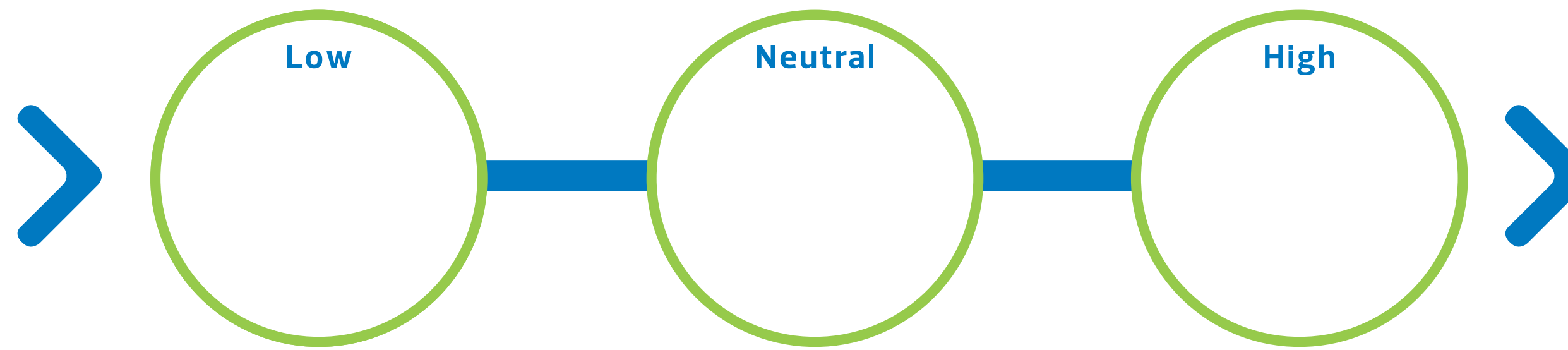
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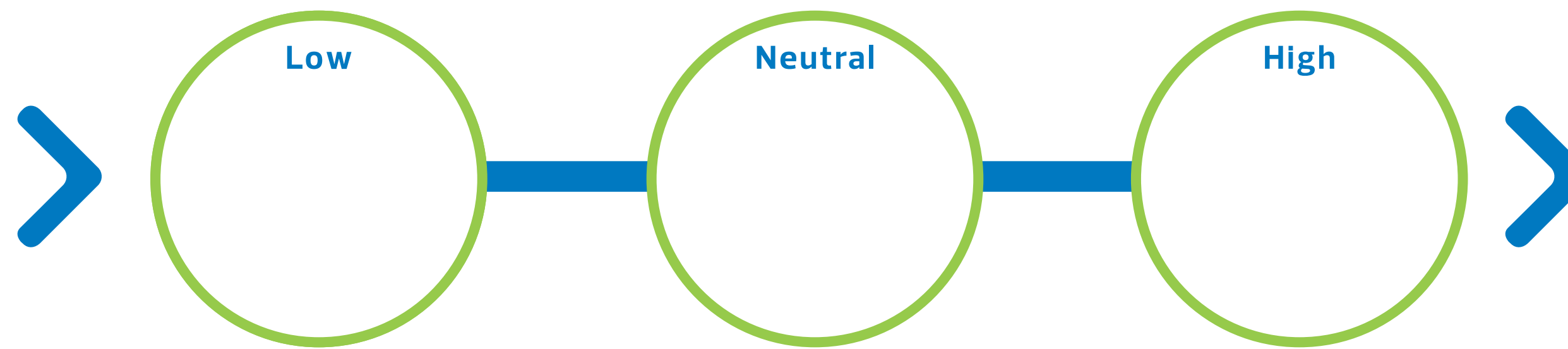
Design public spaces and facilities with all generations in mind.



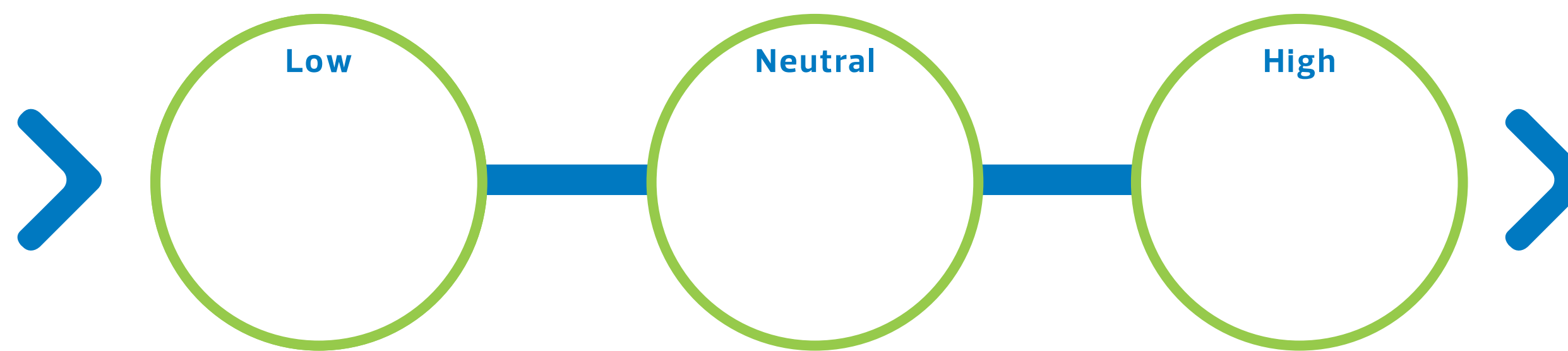
Promote awareness of the benefits of intergenerational connection.



Increase opportunities for intergenerational programming.



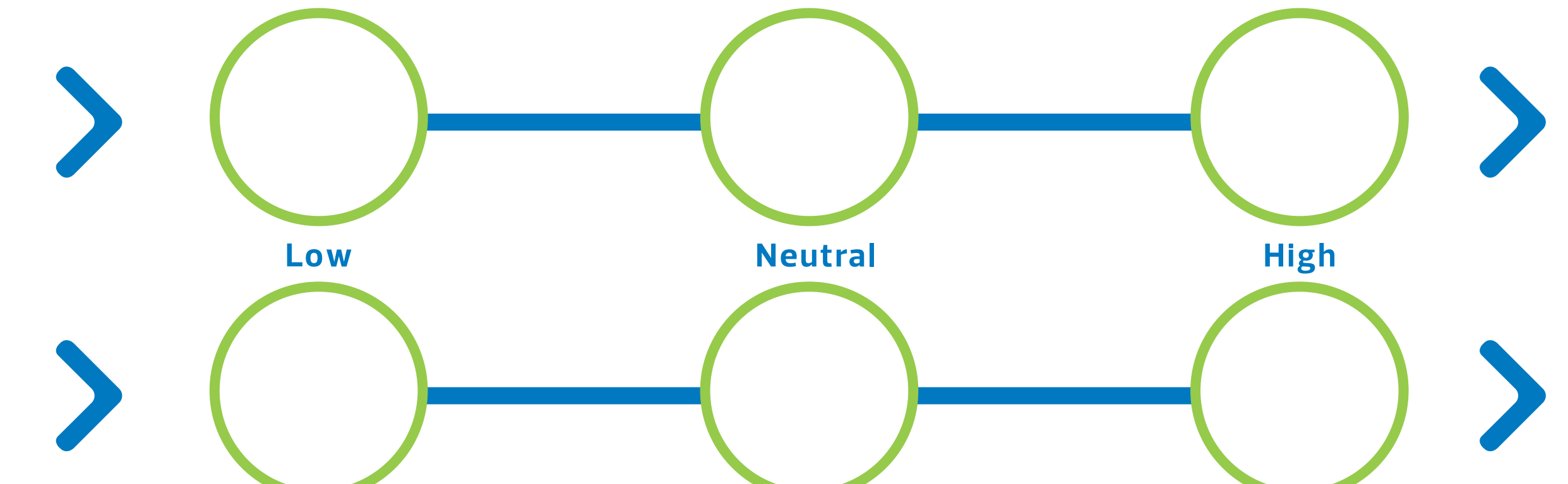
Create partnerships between organizations that serve different ages.



Have another idea? Add it here.

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Opportunity

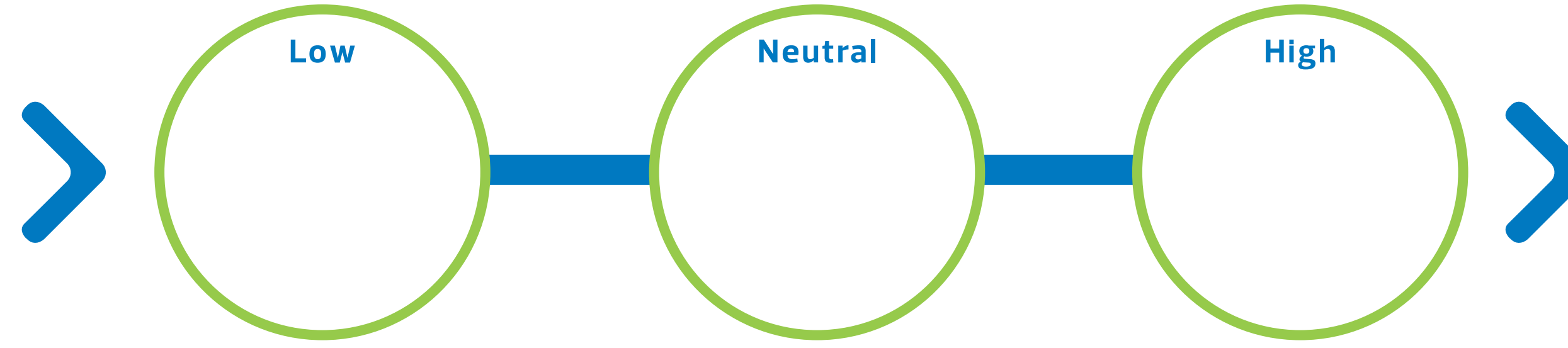
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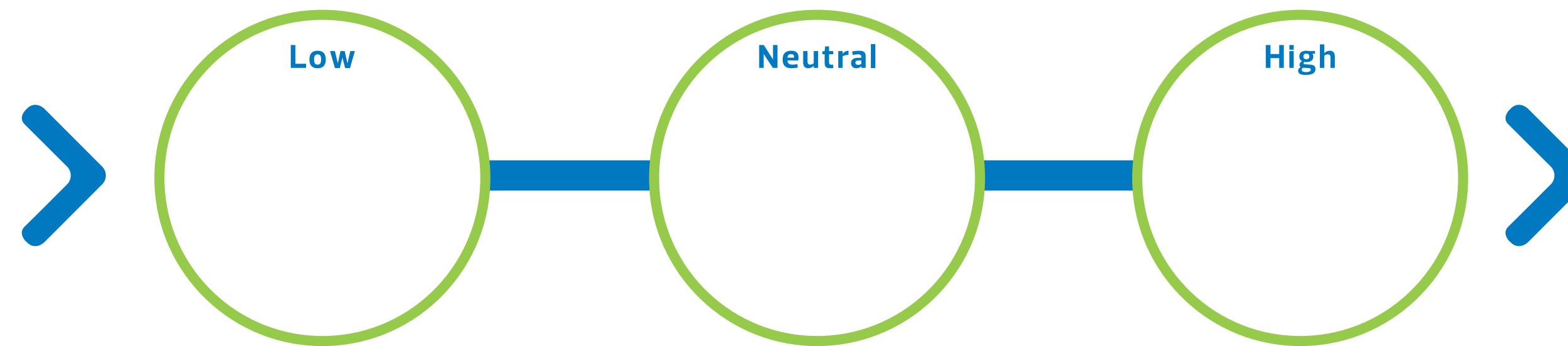
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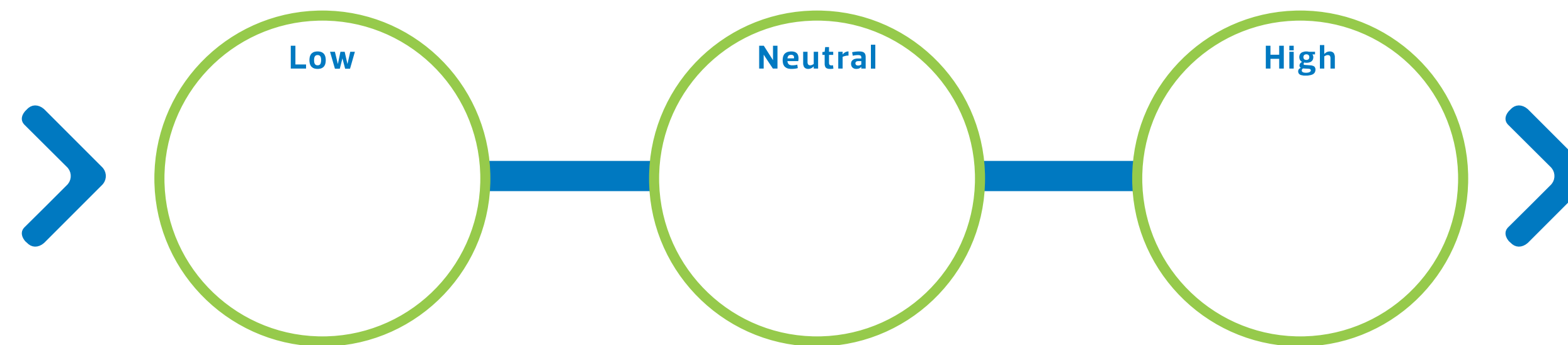
Increase awareness of seniors poverty



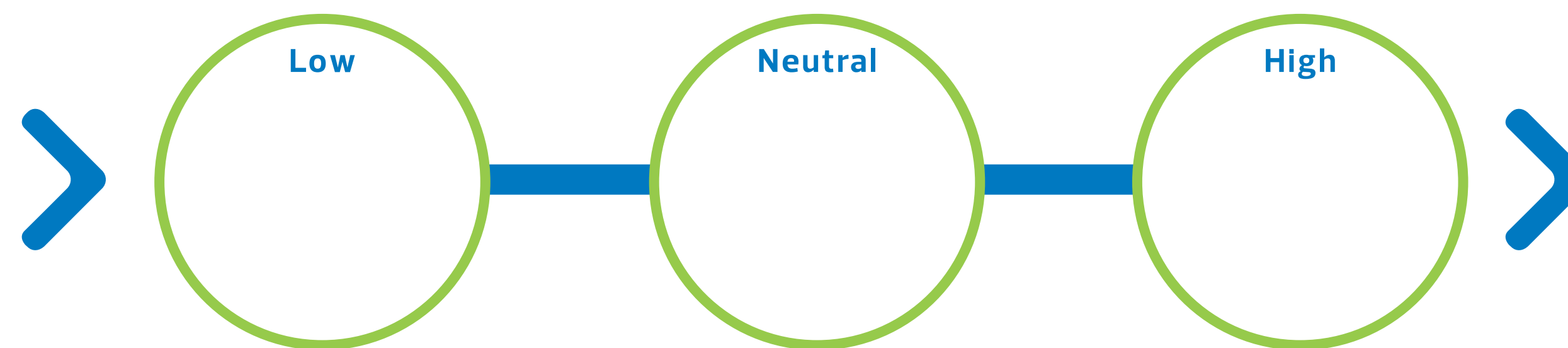
Enhance supports for low income, culturally diverse, LGBTTQ* and differently-abled seniors.



Create partnerships between service providers and ethnocultural groups.



Reduce age and ability related barriers in policy and infrastructure.

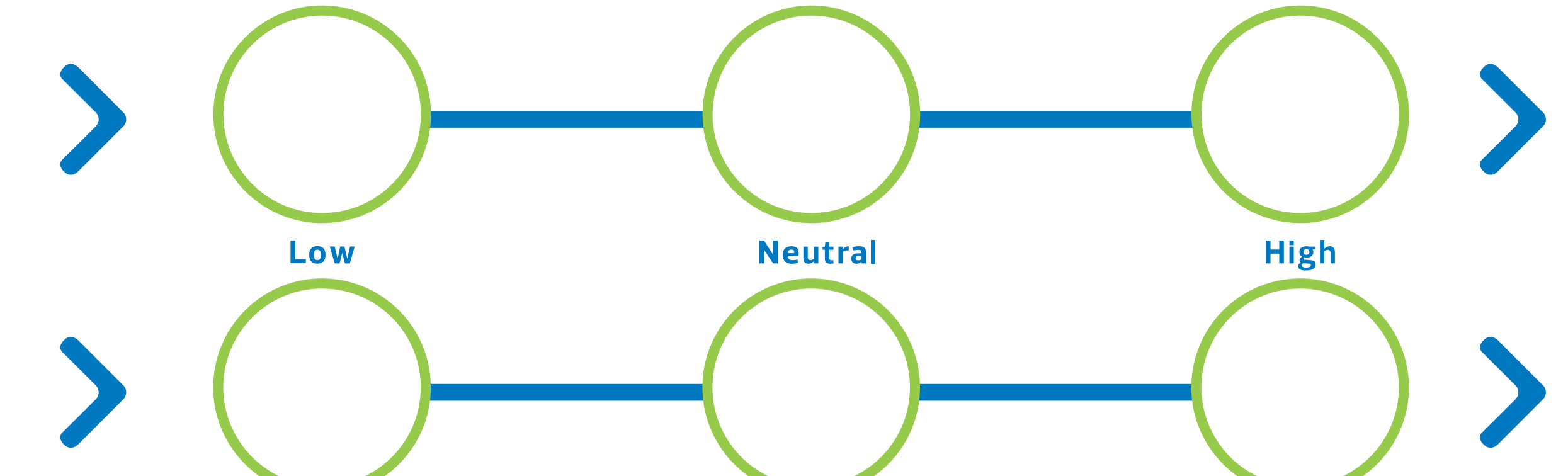


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* LGBTTQ: lesbian, gay, bisexual, transgender, Two-Spirit and queer



Opportunity

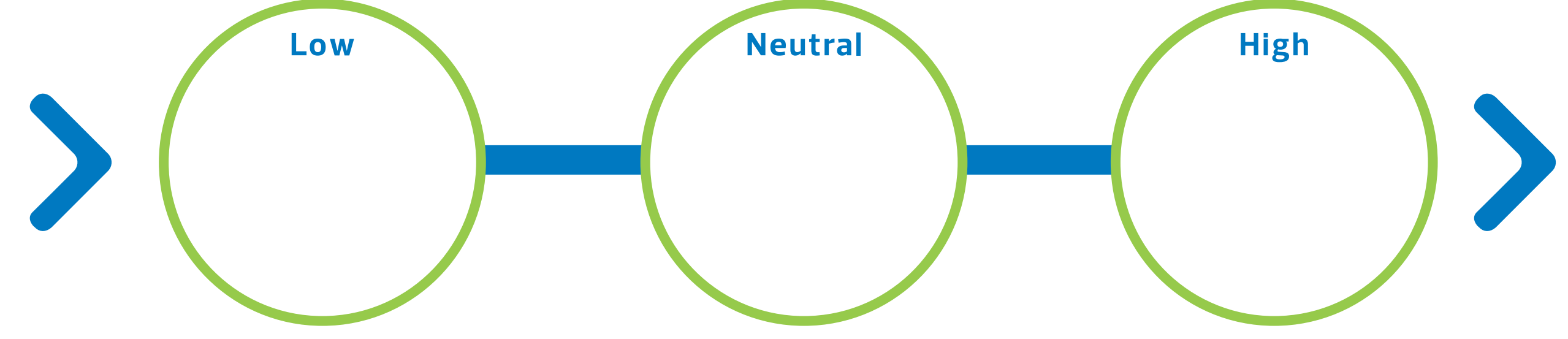
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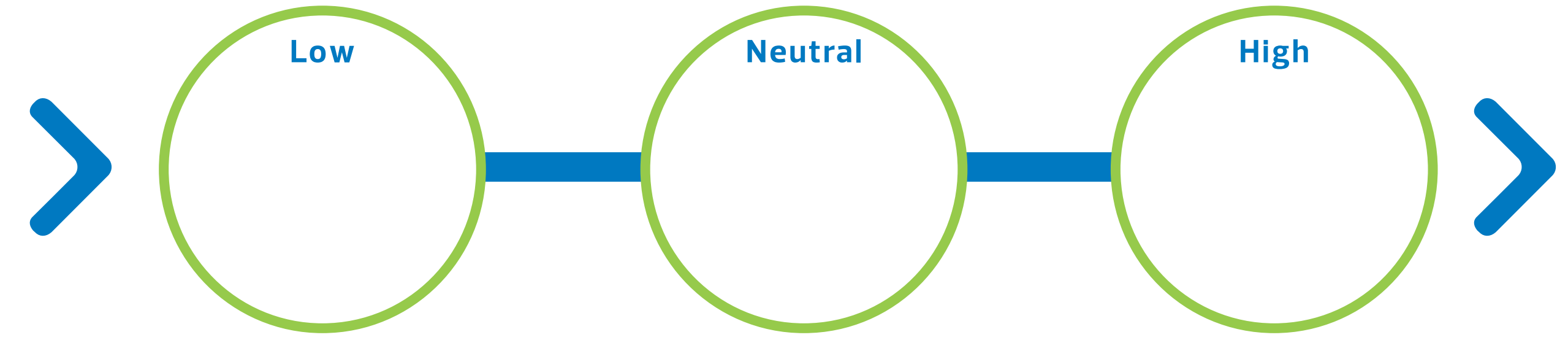
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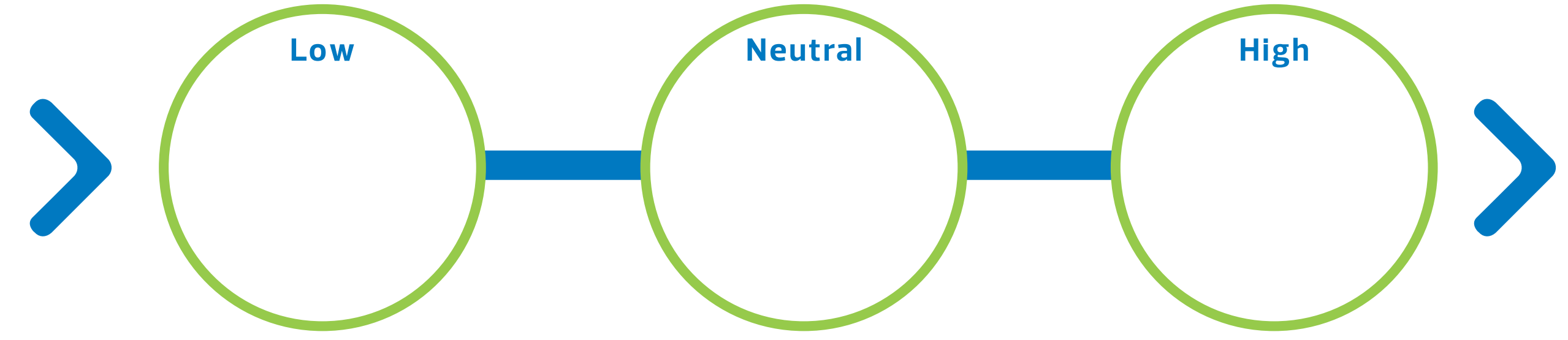
Promote positive perceptions of aging.



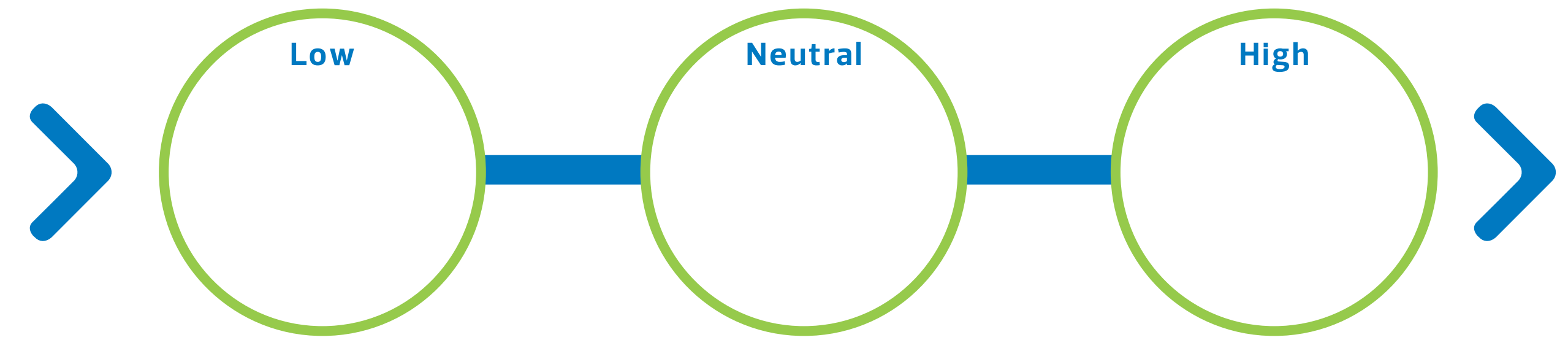
Educate on the impacts of ageist attitude and behaviour.



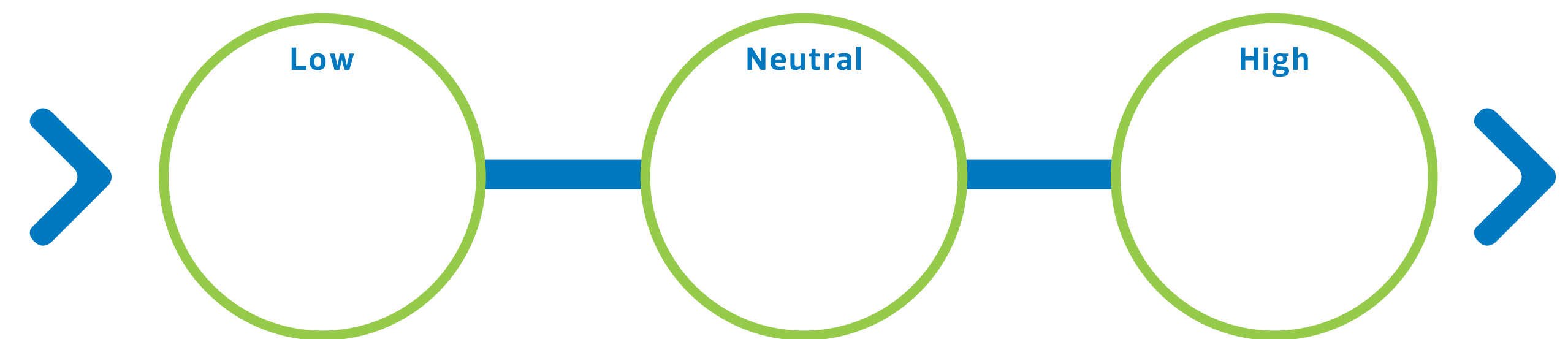
Celebrate and acknowledge the contributions of Edmonton seniors.



Have another idea? Add it here.



Have another idea? Add it here.



Aging in Place



Intergenerational





Ageism



Edmonton



Do you have any additional comments, questions, or ideas?

Please use the post-it notes and pens provided to leave any additional questions, comments or big ideas.

Share Your Ideas!

Before you leave, please complete the survey on the iPads provided or on your own device.

edmonton.ca/agefriendlyedmonton

Paper copies are also available.



TELL US WHAT YOU THINK

In the spaces provided, please leave us any additional input regarding the boards and questions posted. Your comments, questions and suggestions are also welcome.

BOARD 3 – AGING IN PLACE

Have another idea? Add it here.
How high of a priority should this be?
How could we do this?
Additional comments?

BOARD 4 – INTERGENERATIONAL

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BOARD 5 – DIVERSITY

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BOARD 6 – AGEISM

Have another idea? Add it here.
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Additional comments?

BOARD 7 – GENERAL COMMENTS

*Do you have any additional comments,
questions, or ideas?*

Thank you for your input.

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