Booking requests for the 2019/2020 school term opens May 1, 2019
**SCHOOL PROGRAM GUIDE**

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The City Arts Centre offers creative experiences for your class! Hands-on activities allow students to explore and express themselves through the arts. We offer 1.5 to 2 hour workshops in Visual Arts, Pottery, Cooking and Dance taught by professionals in their fields.

PROGRAM INFORMATION
For information on program offerings or to book for the 2019/2020 school year, please visit edmonton.ca/edprogrambookings, or contact (780) 442-1442 or cmsschoolbookings@edmonton.ca.

BOOKING PROCEDURES
Booking Applications for the 2019/2020 school year will begin on Wednesday, May 1, 2019.

A minimum of one month’s advance notice (prior to the date(s) requested) for bookings is required.

All applications will be processed in the order received.
BOOKING CHECKLIST

Please be prepared with the following information to make your booking:

- Program name
- 2–3 potential program dates
- Start time
- School address including postal code
- School telephone number
- Name of teachers for all classes being booked
- Email address(es) of teacher(s) booking/attending the program
- Number of students for each program
- Special needs/accessibility arrangements

HOW TO BOOK

Submit an application at:
edmonton.ca/edprogrambookings

Email Inquiries: cmsschoolbookings@edmonton.ca

Phone Inquiries: (780) 442-1442

PROGRAM FEES & PAYMENT

The amount owing is shown on your program confirmation. Payment is required prior to the program. Invoices are sent out by the City on the first of each month. You will receive your invoice in the same month as your program runs. For example, for a June booking you will be issued your invoice June 1. Payment can be made by cheque, Visa, MasterCard and American Express. Please have cheques made payable to the City of Edmonton and write your booking confirmation numbers on your cheques.

Credit card payment can be phoned in to 311 or (780) 442-1442.

The City Arts Centre program fees are listed at edmonton.ca/edprogrambookings.

MAIL CHEQUES TO:

Citizen Services Payment Processing
PO Box 2359, 19th Floor, Edmonton Tower
Edmonton AB, T5J 2R7

CANCELLATION FEES & RESCHEDULING

You are required to submit written notice of cancellation of your program(s) via email to cmsschoolbookings@edmonton.ca.

Programs cancelled with 30 days notice or more will not be charged the program fee or a cancellation fee. Programs cancelled with 8–29 days notice are subject to be charged 50% of the program fee, unless the cancellation is filled by a waitlisted group. For programs cancelled within 7 days notice or less, the full program fee will be charged.

GROUP SIZE

In order to ensure program quality, the maximum number of children permitted in a program will be dependent on the type of program. Please refer to specific programs for maximum numbers. To ensure a high quality program, we recommend that all children participating in a program be within the age range advertised for the program. Adult supervisors are admitted free of charge with the program in the following ratios:

Gr. 1–6: 1 adult per 5 children
Gr. 7–9: 1 adult per 10 children
COOKING

Kitchen Essentials | Kindergarten—Grade 3
Discover the fundamental areas of the kitchen and everything it has to offer by exploring healthy foods! Students will learn proper kitchen safety and sanitation while learning the importance of making healthy food choices. Students will learn how to read and follow recipes in addition to getting acquainted with various kitchen tools. They will explore the food groups and have the chance to make two healthy snacks using fresh ingredients.

PROGRAM LENGTH: 2 hours
FEES: $385
LOCATIONS: City Arts Centre – 10943 84 Ave
MAXIMUM GROUP SIZE: 25 students

Artisan Bread Making | Grade 4—6
Have your students ever wanted to braid their own bread? Students will learn the unique techniques to making, kneading and braiding the dough to produce a delicious homemade bread. They will learn how to add various ingredients to accommodate seasonal flavours and textures. Your students will develop an appreciation for a making a tasty snack!

PROGRAM LENGTH: 2 hours
FEES: $385
LOCATIONS: City Arts Centre – 10943 84 Ave
MAXIMUM GROUP SIZE: 25 students

Wrap it Up! | Grade 4—6
Explore the wonders of cooking by learning to prepare an easy to make meal and side dish. Students will learn kitchen basics through prep, cooking and cleanup. They will get to explore recipes and have the chance to create a meal and side dish using fresh ingredients and tortilla. Students will develop an appreciation for cooking an easy meal while making healthy food choices.

PROGRAM LENGTH: 2 hours
FEES: $385
LOCATIONS: City Arts Centre – 10943 84 Ave
MAXIMUM GROUP SIZE: 25 students

Cupcake Decorating | Grade 4—9
Let your students’ inner creativeness come to life with cupcake decorating! Students will learn step by step techniques to make creative cupcake masterpieces using buttercream icing. They will learn how to make piping borders, rosettes and leaves using various piping tips. Students will make different colours of icing and practice decorating techniques to create rainbow swirl frosting.

PROGRAM LENGTH: 2 hours
FEES: $430
LOCATIONS: City Arts Centre – 10943 84 Ave
Clareview Community Recreation Centre – 3804 139 Ave NW
MAXIMUM GROUP SIZE: 25 students

Sushi Rolls | Grade 7—9
Have you ever wondered how sushi rolls are made to look so dazzling? In this hands on class, students will learn the step by step techniques of preparing, rolling and slicing sushi rolls. They will learn kitchen safety and develop their cooking skills by working with fresh ingredients to create a delicious meal.

PROGRAM LENGTH: 2 hours
FEES: $430
LOCATIONS: City Arts Centre – 10943 84 Ave
Clareview Community Recreation Centre – 3804 139 Ave NW
MAXIMUM GROUP SIZE: 25 students

DANCE

Hip Hop | Kindergarten—Grade 3
Pick up some funky new steps, work your body and have fun in this high energy dance class. You will be guided through the latest hip hop and funk moves coordinated to popular dance music. Your students will love listening and grooving to the music while working up a sweat.

PROGRAM LENGTH: 1.5 hours
FEES: $215
LOCATIONS: City Arts Centre – 10943 84 Ave
Clareview Community Recreation Centre – 3804 139 Ave NW
Mill Woods Recreation Centre – 7207 28 Ave NW
Street Jazz | Kindergarten—Grade 3

Want to get your students moving and grooving but don’t know how to teach the latest trendy dance moves. This class is a mixture of hip hop and jazz. It will use the newest musical trends and cool new dance moves to promote physical activity and teamwork. Students will learn a choreographed dance by the end of the class.

PROGRAM LENGTH: 1.5 hours
FEES: $215
LOCATIONS:
City Arts Centre – 10943 84 Ave
Clareview Community Recreation Centre – 3804 139 Ave NW
Mill Woods Recreation Centre – 7207 28 Ave NW

VISUAL ARTS

Tempera on Canvas | Grade 1–3

Students are introduced to the fundamentals of painting and colour mixing using tempera paint. Use a 12cmx18cm canvas board to express your inner artist using different brush strokes and colours. Choose one of three themes; tree silhouette in one of the four seasons, inukshuk silhouette with day or night sky or animal (tiger, wolf or polar bear) silhouette on a rocky landscape native to the animals natural habitat.

PROGRAM LENGTH: 2 hours
FEES: $365
LOCATIONS: City Arts Centre – 10943 84 Ave
Clareview Community Recreation Centre – 3804 139 Ave NW
Mill Woods Recreation Centre – 7207 28 Ave NW

Watercolours | Grade 4–6

Students are introduced to the fundamentals of painting. Use watercolour paint to express your inner artist using unique art materials. Choose one of three themes; Northern lights over a forest, Rocky mountain scene at sunrise or storm on a prairie landscape. We will translate light and shadow into masterpieces through the medium of watercolour paints. Learn different brush strokes and techniques to explore reflection and depict a unique piece of art to take home.

PROGRAM LENGTH: 2 hours
FEES: $365
LOCATIONS: City Arts Centre – 10943 84 Ave
The Meadows Community Recreation Centre – 2704 17 St NW

Painting with Acrylic | Grade 7–9

Students are introduced to the fundamentals of painting and colour mixing. Using acrylic paints students learn how to express themselves through art on stretched canvas. Choose one of the these three themes; Planets and stars in our solar system, cherry tree in bloom or underwater scene with animals and plants. Students will learn a variety of painting techniques including how to hold brush and paint with a palette using a table easel. Our instructor will teach your students how to depict light in each art composition.

PROGRAM LENGTH: 2 hours
FEES: $365
LOCATIONS: City Arts Centre – 10943 84 Ave
The Meadows Community Recreation Centre – 2704 17 St NW
### POTTERY

#### Pinch Pot Animals | Grade 1–3

Students will learn the basics of the care and handling of clay. They will use pinch techniques to create a bowl. They will then learn to press, roll, coil, and texture their way to turning their pot into an animal of their choice. Will it be scary or cuddly? Creepy or brave? Students will be able to build and glaze their pots in the same day. Pick up for fired work will be ready 2 weeks after the class.

**PROGRAM LENGTH:** 2 hours  
**FEES:** $450 with glazes/$400 without glazes  
**LOCATIONS:** City Arts Centre – 10943 84 Ave  
ACT – 2909 113 Ave NW  
**MAXIMUM GROUP SIZE:** 30 students

#### Totem Poles | Grade 1–3

We’ve all seen images of Totem poles, but what do they mean and who built them? Students will learn about the symbolic importance of these monumental carvings, then work together to create their own miniature versions in clay! Students will create individual animals based on traditional Indigenous imagery or choose an animal that is significant to them. They will then work together in groups to build up their own class totem pole. The finished work will be fired and ready for them to paint back at school. Please allow 2 weeks for work to be fired.

**PROGRAM LENGTH:** 2 hours  
**FEES:** $450 with glazes/$400 without glazes  
**LOCATIONS:** City Arts Centre – 10943 84 Ave  
ACT – 2909 113 Ave NW  
**MAXIMUM GROUP SIZE:** 30 students

#### Emily Carr Coil Bowls | Grade 4–6

Emily Carr was a famous Canadian artist known for her paintings inspired by the Indigenous people. But did you know she also made pottery? Students will learn to make a coil pot and add slab-formed shapes to its surface inspired by Emily Carr’s pottery. Carr herself was concerned with making money using the imagery of Indigenous people, students will discuss the idea of appropriation and how it affects the way we make and see art.

**PROGRAM LENGTH:** 2 hours  
**FEES:** $450 with glazes/$400 without glazes  
**LOCATIONS:** City Arts Centre – 10943 84 Ave  
ACT – 2909 113 Ave NW  
**MAXIMUM GROUP SIZE:** 30 students

#### Ceramic Houses | Grade 4–6

Ever wanted to be an architect? Now’s your chance! Students will build their own 3D houses in clay (miniature versions, of course!) using machine rolled slabs. Students will start by designing their perfect house, then learning how to weld flat slabs together to form a 3D structure. Add texture to your slabs to imitate the look of a tiled roof, or brick siding. Cut out windows and doors. A clay garden outside will always be in bloom!

**PROGRAM LENGTH:** 2 hours  
**FEES:** $450 with glazes/$400 without glazes  
**LOCATIONS:** City Arts Centre – 10943 84 Ave  
ACT – 2909 113 Ave NW  
**MAXIMUM GROUP SIZE:** 30 students

#### Introduction to the Wheel | Grade 7–9

Redefine the term ‘Spin Class’ with this quick-and-dirty introduction to making ceramics on the wheel. Working on the wheel is a challenging skill to learn, but once learned, you will be hooked! Learn how to throw and form a cup or a bowl and watch the instructor demonstrate how this technique can be taken to the next level.

**PROGRAM LENGTH:** 2 hours  
**FEES:** $400  
**LOCATIONS:** City Arts Centre – 10943 84 Ave  
**MAXIMUM GROUP SIZE:** 24 students

#### Indigenous Pottery from ancient to modern times | Grade 7–9

Did you know Indigenous North Americans made pottery 1000s of years ago? Create your own pots using the same techniques that they did, as well as some modern ones. Build a coil, slab, or paddled pot, and learn ways to modify it according to function. Decorate it with texture inspired by the designs Indigenous potters used in their work, impressed onto the clay with their woven baskets.

**PROGRAM LENGTH:** 2 hours  
**FEES:** $450 with glazes/$400 without glazes  
**LOCATIONS:** City Arts Centre – 10943 84 Ave  
ACT – 2909 113 Ave NW  
**MAXIMUM GROUP SIZE:** 30 students
Visit the **Edmonton Valley Zoo** and get a little wild! Home to more than 400 animals, the Edmonton Valley Zoo is a natural classroom filled with wonders. The school programs offered at the Zoo encourage students to question, explore and investigate by nurturing their natural sense of curiosity.

**PROGRAM INFORMATION**

All programs are 1.5 hours, unless otherwise indicated.

Program fees include gate admission. We strongly encourage groups to plan time before and/or after their program to enjoy the Zoo for the whole day. Check the Zoo’s website for hours of operation ([valleyzoo.ca](http://valleyzoo.ca)).

**BOOKING PROCEDURES**

Booking Applications for the 2019/2020 school year will begin on Wednesday, May 1, 2019.

A minimum of one month’s advance notice (prior to the date(s) requested) for bookings is required.

All applications will be processed in the order received.
BOOKING CHECKLIST
Please be prepared with the following information to make your booking:

- Program name
- 2–3 potential program dates
- School mailing address including postal code
- School telephone and fax number
- Contact name and names of teachers for all classes being booked
- Email address(es) of teacher(s) booking and attending the program
- Number of students attending
- Number of supervisors (see “Group Size” section for information on permitted numbers of supervisors)
- Special needs/accessibility arrangements
- Location and address for travelling programs
- Name and phone number or cell phone of on-site contact person for travelling programs

HOW TO BOOK
Submit an application at:
edmonton.ca/edprogrambookings
Email Inquiries: cmsschoolbookings@edmonton.ca
Phone Inquiries: (780) 442-1442

PROGRAM FEES & PAYMENT
The amount owing is shown on your program confirmation. Payment is required prior to the program. Invoices are sent out by the City on the first of each month. You will receive your invoice the same month as your program runs. For example, for a May booking, your invoice will be issued May 1.

Payment can be made by cash, cheque, Visa, MasterCard and American Express. Please have cheques made payable to The City of Edmonton and write your booking confirmation numbers on your cheques.

Credit card payment can be phoned in to 311 or (780) 442-1442.

MAIL CHEQUES TO:
Citizen Services Payment Processing
PO Box 2359, 19th Floor, Edmonton Tower
Edmonton AB, T5J 2R7

CANCELLATION FEES & RESCHEDULING
You are required to submit written notice of cancellation of your program(s) via email to cmsschoolbookings@edmonton.ca.

Programs run rain or shine. In the event of poor weather, you must call (780) 442-1442 or email cmsschoolbookings@edmonton.ca if you are not coming.

Programs cancelled with 30 days notice or more will not be charged the program fee or a cancellation fee. Programs cancelled with 8–29 days notice are subject to be charged 50% of the program fee, unless the cancellation is filled by a waitlisted group. For programs cancelled within 7 days notice or less, the full program fee will be charged.

Programs cancelled due to severe weather conditions but are rescheduled within the current or upcoming school years’ fall term (September–November) will not be charged a cancellation fee.

GROUP SIZE
The maximum number of children permitted in a program is 30. Groups exceeding a total of 30 children must book an additional program.

The maximum number of adult participants is 10. Groups exceeding 40 participants, including both children and adults, must book an additional program. Adults are required to remain with their group and supervise participating children at all times during the program.

Adult supervisors are admitted free of charge with the program in the following ratios:
- Pre-school (3–4 years): one adult per three children
- Kindergarten–Grade 6: one adult per five children
- Grades 7–12: one adult per 10 children

Additional parents and children/siblings (exceeding a total of 30 children or 40 participants) will be asked to pay facility admission fees and tour the facility on their own. Additional participants can re-join the group after the registered program ends. To ensure a high quality program, we recommend that all children participating are within the age range advertised for the program.
NEW! Farm Explorers | Pre-school—Grade 6
Spend some time at our new Urban Farm to learn more about domestic animals! Children will have the opportunity to Get Closer to our farm animals, learn how they provide useful products such as milk and wool and meet some animals up close. You will also be introduced to some of our resident wild species at the zoo to learn the difference between domestic and wild animals and how humans can safely interact with both.

PROGRAM LENGTH: 1.5 hrs; program fee includes admission to the Zoo
FEES: $225
ZOO HOURS FOR SELF DISCOVERY:
September 1–May 15 | 10 a.m.–4 p.m.,
May 15–June 30 | 9 a.m.–6 p.m.

Animal Senses | Pre-school—Grade 12
Stimulate your senses at the Zoo! Discover how animals find food, perceive predators and pick a partner using their five (or more) senses. Students will meet some animals with senses very similar to ours, and some that are very different. Your group will get to look and listen as you tour around part of the Zoo, touch some artifacts and live animals, and experience some rather unique smells.

PROGRAM LENGTH: 1.5 hours; program fee includes admission to the Zoo
FEES: $225
ZOO HOURS FOR SELF DISCOVERY:
September 1–May 15 | 10 a.m.–4 p.m.,
May 15–June 30 | 9 a.m.–6 p.m.

Animals Around the World | Pre-school—Grade 12
Get closer to animals from around the world! Students will discover exotic animals, as well as some from closer to home, as they go on a globetrotting tour without ever leaving Edmonton. You will meet some of our animals up close, and even get a chance to touch a few as you learn how the zoo (and you too) can help animals all over the world.

PROGRAM LENGTH: 1.5 hours; program fee includes admission to the Zoo
FEES: $225
ZOO HOURS FOR SELF DISCOVERY:
September 1–May 15 | 10 a.m.–4 p.m.,
May 15–June 30 | 9 a.m.–6 p.m.

Northern Safari Tour | Pre-school—Grade 12
Discover some of the animals that call Canada home! An interpreter will guide your group around the Zoo to meet some of our Canadian animals, as well as ones that live in similar habitats around the world. Learn about diverse ecosystems found in the northern parts of the world and how animals adapt to living in them. You’ll have a chance to see some awesome animal artifacts and meet some of our smaller northern animals up close.

PROGRAM LENGTH: 1.5 hours; program fee includes admission to the Zoo
FEES: $225
ZOO HOURS FOR SELF DISCOVERY:
September 1–May 15 | 10 a.m.–4 p.m.,
May 15–June 30 | 9 a.m.–6 p.m.
Fur, Feathers and Scales | Pre-school—Grade 3

Get closer to the animals at the Edmonton Valley Zoo to see what they have covering their bodies. What can mammals use their fur for? What are birds’ feathers made out of? Do animals covered in scales feel slimy? Students will get a chance to see and feel the difference between fur, feathers and scales when we tour the zoo, check out some animal artifacts and even get to touch some live animals.

**PROGRAM LENGTH:** 1.5 hours; program fee includes admission to the Zoo
**FEES:** $225

**ZOO HOURS FOR SELF DISCOVERY:**
- September 1–May 15 | 10 a.m.–4 p.m.
- May 15–June 30 | 9 a.m.–6 p.m.

Night Creatures | Grades 1–6

How do whiskers help animals scurry around at night? Can owls see in the dark? Students will discover some of the amazing adaptations of the night-loving animals that live in our nocturnal wing. We’ll also visit familiar and exotic animals from around the world that are most active at dawn and dusk. Students will learn about the incredible lives of night creatures as we look at bats, owls and more.

**PROGRAM LENGTH:** 1.5 hours; program fee includes admission to the Zoo
**FEES:** $225

**ZOO HOURS FOR SELF DISCOVERY:**
- September 1–May 15 | 10 a.m.–4 p.m.
- May 15–June 30 | 9 a.m.–6 p.m.

Endangered Species | Grades 3–12

Meet some of the world’s most endangered species, and discover ways that you and the Zoo can help protect and preserve endangered animals here and around the globe. We’ll examine artifacts that come from endangered species, meet some animals up close and personal, and participate in hands-on activities to help students understand why so many animals are endangered. As we visit the Zoo’s endangered animals, students will learn about our Species Survival Plan and the conservation efforts that the Zoo supports.

**PROGRAM LENGTH:** 1.5 hours; program fee includes admission to the Zoo
**FEES:** $225

**ZOO HOURS FOR SELF DISCOVERY:**
- September 1–May 15 | 10 a.m.–4 p.m.
- May 15–June 30 | 9 a.m.–6 p.m.

Be a Zookeeper | Grades 3–12

Zookeepers are always busy making meals, creating enrichments, caring for sick animals and cleaning animal enclosures. Your group will take part in at least one zookeeping activity* that needs to be done that day. Students will find out first-hand what it’s like to be a zookeeper as they go behind the scenes, discover what some of our animals eat, and learn more about what enrichments are and why zookeepers provide these to our animals. Your group will also get a chance to meet and touch a few of our smaller animals.

*Activities may include delivering an animal enrichment, cleaning an enclosure or preparing an animal diet. Specific activities are dependent on animal health and zookeeper availability, so they cannot be guaranteed in advance.

**PROGRAM LENGTH:** 1.5 hours; program fee includes admission to the Zoo
**FEES:** $225

**ZOO HOURS FOR SELF DISCOVERY:**
- September 1–May 15 | 10 a.m.–4 p.m.
- May 15–June 30 | 9 a.m.–6 p.m.
Zoo Day | Grades 1–12

Why not spend your whole day at the Zoo? Zoo Day lets you pick two of our 1.5 hour programs and put them together for a full-day adventure. Between your programs, a lunch room is provided, so you don’t have to worry about finding a place to eat.* Plus, you’ll still have some time at the end of the day for self-guided discovery.

Only one Zoo Day program is offered per day from September to April. In May and June, two Zoo Day programs are offered per day. Book early to guarantee your spot.

*Lunch is not provided.

PROGRAM LENGTH: 3.75 hours
(9:30 a.m.–1:15 p.m., with lunch from 11–11:45 a.m.)
FEES: $395
ZOO HOURS FOR SELF DISCOVERY:
September 1–May 15 | 10 a.m.–4 p.m.
May 15–June 30 | 9 a.m.–6 p.m.

Zoo Sleepover | Grades 2–12

This exciting overnight stay at the Zoo will provide your class with an immersive learning experience tailored to meet your classroom learning needs. Check out the animals that are just waking up, as an interpreter guides you around the Zoo after hours. The sleepover program includes two 1.5 hour programs of your choice, time for supper and breakfast* and free time for a movie or games. The program can also include an evening campfire (depending on weather conditions).

At time of booking, please indicate which programs you would like included with your sleepover, and if you would like a campfire.

For more information about sleepover programs, including a breakdown of the schedule, visit edmonton.ca/valleyzoo and click on “Programs, Courses & Camps”

*No meals are provided.

PROGRAM LENGTH: Arrive at 4 p.m.; depart at 8:30 a.m. the following day
FEES: $699 for up to 30 students and their supervisors. Groups staying later than 8:30 a.m. will be charged an additional $30/hr. or part thereof. Those wishing to visit the Zoo on their own after the overnight experience must pay self-guided admission fees for time spent in the Zoo after 9 a.m.

AVAILABLE: Monday–Thursday, September–June
NOTE: During May and June, there may be Full Facility Rentals at the Zoo in the evening. Your group will still be able to do all of the activities, but you will not be the only group in the Zoo for part of the evening.
MEALS: You plan and supply your supper and breakfast. Adult supervisors will be responsible for preparing meals, with some staff guidance, and for clean up. Please note that cooking facilities are limited.
SLEEPING ARRANGEMENTS: Students will sleep in our classrooms in the EdVenture Lodge at the Edmonton Valley Zoo. Groups can be separated into two separate rooms if requested during the booking process. Participants must supply their own sleeping bags, ground mat, cutlery, mess kits and personal items. Lights-out will be at or before 11 p.m., depending on grade of students and teacher preferences.

STAFF AND PARENT VOLUNTEERS: A minimum of four adult supervisors are required to stay overnight. You can choose to bring your own adult volunteer supervisors or pay an additional charge of $125/staff member to meet the required number of supervisors.

SEASONAL PROGRAMS

Winter Zoo | Grades 1–6

Celebrate winter by visiting animals that live in cold, northern habitats around the world. Arctic foxes, wolves, snow leopards, takins and Amur tigers all love winter! Kids help deliver a special treat for one of our winter-loving animals. Through animal encounters and artifacts, learn how these animals are able to survive the cold and discover how the Zoo provides special care for these animals. Each class will do something different to stimulate the senses and curiosities of these animals at the Zoo.

PROGRAM LENGTH: 1.5 hours; program fee includes admission to the Zoo
FEES: $225
AVAILABLE: November–March
ZOO HOURS FOR SELF DISCOVERY: 10 a.m.–4 p.m.
Zoo Immersion | Grades 1–12
Immerse your students in the world of animals through this customizable program. Work with an interpreter to design a program to meet your specific learning objectives. Themes and activities can include any combination of the following: needs of living things, life cycles, adaptations, endangered species, animal classification, careers and more! Your group will be with an interpreter from the moment you step off the bus to the moment you have to get back on.

PROGRAM LENGTH: 1–5 days; Full day program, start and end times depend on arrival and departure times.
FEES: $500 for first day $235 for each subsequent day
AVAILABLE: September–April only

NEW! A Merry Zoo Christmas | Pre-school—Grade 6
We have made our list and checked it twice, and all the animals have been on their best behaviour! During the Christmas season, you will have a chance to ‘Get Closer’ to some of our animals and learn all about Christmas traditions from around the world. You will even have the chance to prepare a gift for an animal and make their holiday wishes come true.

PROGRAM LENGTH: 1.5 hours; program fee includes admission to the Zoo
FEES: $225
AVAILABLE: Monday–Thursday, November–December
ZOO HOURS FOR SELF DISCOVERY: 10 a.m.—4 p.m.
CAN WE GO TO THE ZOO EVERY WEEK?

This sums up every student’s response to the unique and authentic, outside the classroom learning experience that is Zoo School. Zoo School is the original inquiry-based Site School in Edmonton and has been running at the Edmonton Valley Zoo for more than 20 years. Teachers meet with the Zoo School Coordinator to customize their week to fit student interest and class curricular goals. What better place is there to learn about animal lifecycles, needs of living things, perspectives and being a global citizen than with the animals and staff of the Zoo?

For a full week, students will get to observe, question, learn and discover using all the resources that the Zoo has to offer. This experience will have your students buzzing for the rest of the school year.

Teachers are accepted through a competitive application process only. Applications for the 2020-2021 school year will be accepted from January to mid-April, 2020. To inquire about Zoo School, please call (780) 496-6929.

Get Closer with
EDUCATIONAL KITS

How far can a lemur jump?
How does your arm span compare to a bird’s wingspan?
What does Sichuan takin fur feel like?

Rent a NEW Educational Kit to find out the answers to these questions and Get Closer to the animals at the Edmonton Valley Zoo!

Each kit contains a self-guided tour of the zoo, animal information, artifacts, activities, games and more! Every kit has links to the Alberta School curriculum and can be adapted for every grade level with basic, intermediate, and advanced information and questions.

Rent one of the 6 Educational Kits today and Get Closer to the Edmonton Valley Zoo in a whole new way!

For more details, visit ValleyZoo.ca

Rent a NEW Educational Kit to find out the answers to these questions and Get Closer to the animals at the Edmonton Valley Zoo!

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Rent one of the 6 Educational Kits today and Get Closer to the Edmonton Valley Zoo in a whole new way!

For more details, visit ValleyZoo.ca
Photograph School Kit | Grades 4–6

Bring history to school! Use photographs to introduce your students to a variety of historical topics such as technology, agriculture, recreation, transportation and more. Students can respond to what they see in the photographs in a multitude of ways, including writing journal entries, creating art or conducting further historical research.

HOW TO BOOK: Call (780) 496-5989
LOCATION: In your classroom
FEE: $20.00/week kit rental fee (damage deposit required)
The John Janzen Nature Centre is nestled in the heart of the River Valley, the largest stretch of urban parkland in North America. Our goal is to promote stewardship of our natural world through experiences that build appreciation, encourage discovery and inspire action for the ecological challenges that the River Valley faces. Join us, and discover Edmonton naturally!

PROGRAM INFORMATION
Our programs are designed to complement the Alberta curriculum and badge themes for Science. With the exception of pre-school, kindergarten and custom programs, all Nature Centre programs are 90 minutes in length. Your group will explore a variety of outdoor spaces during your program in sun, snow or rain. Please ensure your group is prepared for the weather and wear closed toed shoes.

Programs listed as ‘travelling’ can be offered at your school, community building or River Valley park; extra fees may apply depending on location or length.

If you are looking for single admission homeschool programs, please take a look at our seasonal ‘In The City’ guides for our pre-registered courses.

If you are looking to cover a specific topic that you do not see here or require a shorter program please connect with our team, we are happy to help.

BOOKING PROCEDURES
Booking Applications for the 2019/2020 school year will begin on Wednesday, May 1, 2019. A minimum of one month’s advance notice (prior to the date(s) requested) for bookings is required. All applications will be processed in the order received.
**BOOKING CHECKLIST**

Please be prepared with the following information to make your booking:

- Program name
- 2–3 potential program dates
- School mailing address, including postal code, school telephone and fax number
- Contact name and names of teachers for all classes being booked
- Email address(es) of teacher(s) booking and attending the program
- Number of students attending
- Number of supervisors (see “Group Size” section for information on permitted numbers of supervisors)
- Special needs/accessibility arrangements
- Location and address for programs at your school or River Valley park
- Name and cell phone number of on-site contact person for programs at your school or River Valley park

**HOW TO BOOK**

**SUBMIT AN APPLICATION ONLINE AT:**
edmonton.ca/edprogrambookings

**EMAIL INQUIRIES:** cmsschoolbookings@edmonton.ca

**PHONE INQUIRIES:** (780) 442-1442

**PROGRAM FEES & PAYMENT**

The amount owing is shown on your program booking confirmation. Payment is required prior to the program. Invoices are sent out by the City on the first of each month. You will receive your invoice in the same month as your program runs. For example, for a May booking, your invoice will be issued May 1.

Payment can be made by cash, cheque, Visa, MasterCard and American Express. Payment is accepted at the facility, by calling 311 or by cheque. Please have cheques made payable to The City of Edmonton and write your booking confirmation numbers on your cheques.

**MAIL CHEQUES TO:**

Citizen Services Payment Processing
PO Box 2359, 19th Floor, Edmonton Tower
Edmonton AB, T5J 2R7

**CANCELLATION FEES & RESCHEDULING**

You are required to submit written notice of cancellation of program(s) via email to cmsschoolbookings@edmonton.ca.

Programs cancelled with 30 days notice or more will not be charged the program fee or a cancellation fee. Programs cancelled with 8–29 days notice are subject to be charged 50% of the program fee, unless the cancellation is filled by a waitlisted group. For programs cancelled with less than 8 days’ notice, the full program fee will be charged.

Programs run rain or shine. In the event of poor weather, you must call (780) 442-1442 or email cmsschoolbookings@edmonton.ca if you are not coming.

Programs that are cancelled due to severe weather conditions but rescheduled within the current or upcoming school year fall term (September—November) will not be charged a cancellation fee.

**GROUP SIZE**

The maximum number of students permitted in a program is 30. Groups exceeding 30 students must book an additional program.

Adults are required to remain with their group and supervise participating students at all times during the program. Adult supervisors are admitted free of charge with the program in the following ratios:

- Pre-school (3–4 years): one adult per three students
- Kindergarten–Grade 6: one adult per five students
- Grades 7–12: one adult per 10 students

Additional adults and students/siblings exceeding these ratios will be asked to pay facility admission fees and tour the facility on their own.

Additional participants can re-join the group after the registered program ends. To ensure a high quality program we recommend that all students participating are within the age range advertised for the program.
YEAR ROUND PROGRAMS

Peter Rabbit Comes for a Visit | Pre-school–Kindergarten
Peter Rabbit is in town this and it’s his birthday! All of the animals are invited to celebrate, but no one has come. Through fun games and activities, we’ll discover how animals adapt to the seasons and make their homes in Edmonton!
PROGRAM LENGTH: 1 hour
FEES AND LOCATION: $180 at the Nature Centre or $195 in your classroom

Dinosaur Discovery | Pre-school–Kindergarten
Discover dinosaurs through sensory play! In this hands-on program, we will discover the world of dinosaurs through activities that engage the senses and inspire learning. Dig for dino fossils, sort meat eaters from plant eaters and get a hands-on fossil experience. What a roaring great time!
PROGRAM LENGTH: 1 hour
FEES AND LOCATION: $195 in your classroom

New! A Walk in the Valley | Pre-school–Kindergarten
Tread among the trees in this nature program that uses the senses! Discover how soft moss is, hear the birds, see the blue sky above and smell the damp earth. Discover different plants, learn about local wildlife and play some forest games, we’ll go out on a limb and say that we are going to have a great time!
PROGRAM LENGTH: 1 hour
FEES AND LOCATION: $180 at the Nature Centre or $195 in your local treestand

Explore the Season | Grade 1–3
Snow, flowers, leaves, sticks and then more snow! Join us as we take a close look at the seasons of the River Valley. We’ll talk about how the changes affect the plants and animals, how we adapt to the season and take a close look at ways of measuring temperature. Snow or sun, we’ll be prepared!
FEES AND LOCATION: $195 at the Nature Centre or $210 in your local treestand

Clever Creatures | Grade 1–3
What does a woodpecker eat? Where does a beaver sleep? Where did that sparrow go? We’ll take a close look at how animals build their homes, what they eat and how they adapt to the city. We’ll try our hand at nest building or food gathering and see if we are as clever as the creatures!
FEES AND LOCATION: $195 at the Nature Centre

PLANNING YOUR VISIT
John Janzen Nature Centre explores a variety of outdoor areas during your program, so please ensure your group is prepared for weather conditions and closed toed shoes are required.

Due to the space limitations within the Nature Centre space has to be managed carefully. If your group is planning to remain on-site outside of your scheduled program, ensure our reservation office is advised when requesting your program booking. Note: Indoor or covered rest areas cannot accommodate large groups, thereby we encourage our guests to experience the outdoors and trails.

If you plan to enjoy the Tegler Discovery Zone during your visit all visitors will require socks. Socks are available for purchase for a small fee in the event participants do not bring their own.
Tree-mendous Trees | Grades 3–6
Take a walk on the shady side! Classify plants on the trails and learn about the different uses they have. We'll take a close look some issues in forest use and how we can plan for our urban forest. You'll have a great time, we guarn-tree!

FEES AND LOCATION: $195 at the Nature Centre

Stalking and Tracking | Grades 3–6
Investigate habitats around the Nature Centre for tracks and traces that animals leave behind. Practice identifying tracks with our animal track replicas, hone your hiding skills and practice stalking prey with a game! We'll find who's been wandering through the woods for sure!

FEES AND LOCATION: $195 at the Nature Centre

Custom Program | Grades: any
Our programmers can work with you to design a program that meets your desired learning outcomes and needs of your group, such as a service project or field work for part of a larger project. Locations and fees vary. Contact us for more details.

FEES: Rates start at $275

PROGRAMS SEASONALLY AVAILABLE

Busy Bees and Bugs | Grades 1–3
Look into the lives of our crawling and flying friends! We'll take a look at a working beehive, learn about plants the help pollinators and go on a hunt under the leaves and logs. Get a taste of the hard work of bees and a new appreciation for the forests tiniest creatures.

FEES AND LOCATION: $195 at Nature Centre
AVAILABLE: May–October

The Very Hungry Salamander | Grades 1–3
What do salamanders eat? What else lives in a pond? Explore where the salamanders live and discover the life cycles and food chains of local critters as we dip into our Prairie Pond. This program won't leave you hungry for answers!

FEES AND LOCATION: $195 at Nature Centre
AVAILABLE: May–October

Life Cycles and Ecosystems | Grades 3–6
Take a look at a local pond, dip a net, and help us identify local species of critters and plants! We'll peer at a pond creature's life cycle from beginning to end and discover the web of life of a pond ecosystem. Come prepared, we might get a little wet!

FEES AND LOCATION: $195 at Nature Centre
AVAILABLE: May–October

Stories of Ice and Snow | Grades 3–6
Discover the wonders of ice and snow in this program designed to explore the science behind our Canadian weather! Through experiments and activities, learn the difference between snow and ice, how it forms and why it happens in Edmonton.

FEES AND LOCATION: $195 at the Nature Centre
AVAILABLE: December–February (as snow conditions permit)

NEW! Whatever the Weather | Grades 3–6
Discover the wonders of weather in this program designed to explore the science behind our Canadian climate. Through experiments and activities, learn how the planets affect the seasons, monitor the local clouds and design your own weather station. You'll never be caught in the rain again!

FEES AND LOCATION: $195 at Nature Centre or $210 in your classroom
AVAILABLE: May–October

Wetlands | Grades 7–9
Explore a wetland and get inspired to be a change maker! In this program, we'll test the water quality of a pond and determine possible impacts of urban development. We'll discover the importance of wetland organisms, ecosystems and current conservation tactics. Small actions create big change!

FEES AND LOCATION: $195 at Nature Centre or $210 at your local pond
AVAILABLE: May–October

NEW! Ecosystems | Grades 7–9
Humans depend on the environment to live, just like every other species on Earth. This program explores how we use the environment for our needs, such as food and water, and how we use urban planning to work with nature. Let's learn to enjoy the gifts of nature together!

FEES AND LOCATION: $195 at Nature Centre
AVAILABLE: May–October
The Muttart Conservatory has been identified as a priority for facility rehabilitation. Most of the facility systems (i.e. electrical, drainage, heating, etc.) at the Muttart Conservatory are over 40 years old and require replacement.

To complete this rehabilitation work, the Muttart Conservatory will close at the start of July, 2019. As a result, School programs at the facility are suspended for the 2019/2020, and part of the 2020/2021 school years.

Rehabilitation work will take approximately 18 months to complete phase one, with an anticipated reopening to the public in early 2021.

Alternative programming for your classroom can be facilitated by John Janzen Nature Centre, Join us to explore local flora and fauna.
John Walter, like many others, came to Canada to work for The Hudson's Bay Company. His entrepreneurial spirit led him to establish ferry services, lumber mills, coal mines and carriage services to support the growing population around him in Walterdale, Edmonton and surrounding communities.

**PROGRAM INFORMATION**

The John Walter Museum, located in the heart of the river valley, includes three of the Walter family's original homes. Students will spend time exploring the houses and surrounding area while they learn about John, his family, his community and his experiences as a settler in the Edmonton region. Students, through hands-on discovery, will practice traditional skills that were required by early Edmontonians in order to survive and thrive. Our programs are cross-curricular in nature and provide a unique opportunity to examine Canadian history in a local context. If your classroom has a specific learning objective you would like to include in your program, we will happily work with you to accommodate those objectives.

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- Number of supervisors (see “Group Size” section for information on permitted numbers of supervisors)
- Special needs/accessibility arrangements

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HOW TO PAY
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Programs that are cancelled due to severe weather conditions but rescheduled within the current or upcoming school year fall term (September–November) will not be charged a cancellation fee.

GROUP SIZE
Due to the size of the facility, our standard program size is 24 students with a double “Urban Pioneers” program that can be booked for up to 36 students. If your group exceeds the 30 student limit groups will be required to book additional programs and/or spaces. Adult supervisors are asked to stay with their groups to assist with leading program stations and to supervise participants. Adult supervisors are admitted free based on the ratios below.

- Pre-school (3–4 years): one adult per three students
- Kindergarten–Grade 6: one adult per five students
- Grades 7–12: one adult per ten students

Additional adults and participants (including siblings) will not be able to stay with the group. To ensure a high quality program, we recommend that participants are within the age range advertised. If you are interested in a program and would like to modify content based on age range or learning objective please contact us.
PROGRAMS AVAILABLE YEAR ROUND

**Pre-school Pioneers | Pre-school and Kindergarten**

Pioneer kids had a lot of responsibilities 100 years ago so let’s stoke the fire and fill the wash basin! Students will try on old fashioned clothes, bake cookies on our wood-burning stove and practice washing socks in our washbasin. To celebrate all our hard work as pioneer kids we’ll discover old fashioned toys and play some parlour games. This program takes place in John Walter’s 1901 home.

For this program we require three adult volunteers to assist with activity stations.

**PROGRAM LENGTH:** 1.5 hours  
**FEES:** $160

**Urban Pioneers | Grade 1–3**

Let’s go back in time and see what life was like for pioneer families over 100 years ago! Students will examine how families took care of each other by baking on the wood-burning stove, churning their own butter, dipping candles and problem solving how to build their own home. Find out how communities worked together and shared resources by visiting John Walter’s general store. As we tackle these pioneer activities, we’ll compare them to some of our modern conveniences. This program takes place in John Walter’s 1875 and 1886 homes.

For this program, we require six adult volunteers to assist with activity stations.

**PROGRAM LENGTH:** 2 hours  
**FEES:** $180 for 24 students maximum, $250 for 36 students maximum

**Meet the Walters | Grade 3–6**

John Walter came from the Orkney Islands to work as a boat builder for Fort Edmonton. Instead of going back, John set up a home, had a family and contributed to the city of Edmonton as we know it today. Students will discover John’s life by exploring maps, writing letters to friends who live far away, figuring out what makes a good boat business and meeting some important friends who worked in Walterdale. This program takes place in John’s 1875 and 1886 homes.

**PROGRAM LENGTH:** 2 hours  
**FEES:** $185

**History Immersion | Grade 1–9**

Dig into Edmonton and Alberta’s history through this customizable program! We will work with your classroom’s specific learning objectives to create a schedule of hands-on activities based on a historical theme. Potential themes could include transportation, sustainable food or pioneer D.I.Y. skills. Please note that programming days can be shared between different classes of the same grade/learning objectives.

**PROGRAM LENGTH:** Your choice of one to five days  
**FEES:**
- 1 day, $425
- 2 days, $625
- 3 days, $825
- 4 days, $1025
- 5 days, $1225
SEASONAL PROGRAMS

Walter Christmas Party | Pre-school—Grade 6
Help the Walter family get ready for a 1920s Christmas morning! Your classroom will discover traditions from the past by baking a holiday snack in our wood-burning stove, creating cards for friends who live far away and sneaking a peek at the Walter family gifts. Compare the treats inside a 1920s stocking to one that could be received today and hear a story that has been shared for almost 200 years.

For this program, we require three adult volunteers to assist with activity stations.

PRE-SCHOOL & KINDERGARTEN PROGRAM LENGTH: 1.5 hours FEES: $165
GRADES 1-6 PROGRAM LENGTH: 2 hours FEES: $200
PROGRAM AVAILABLE: November 12–December 23

History River | Grades 4–9
The North Saskatchewan River has drawn people to what is now known as Edmonton for thousands of years. With stops at the Fort Edmonton Cemetery/Aboriginal Burial Grounds, an original site of Fort Edmonton, the Alberta Legislature and the High Level Bridge, your students will embark on a journey that explores the historical significance of the River Valley. Together, we’ll bring history to life through hands-on discovery, archival photos and artifacts. This walking tour covers a distance of approximately three kilometres and is led by a John Walter Museum interpreter.

PROGRAM LENGTH: 2 hours
FEES: $155
AVAILABLE: May–October

HISTORY IN YOUR CLASSROOM

Pioneer Christmas in Your Classroom | Pre-school—Grade 6
The holidays will be here soon and it’s time to get ready! Help our interpreter prepare for a Walter family Christmas by making ornaments for the tree and cards for friends who live far away. Discover traditions from the past by taking a peek in a Christmas stocking and helping to wrap the Walter family gifts. To celebrate our hard work we’ll play some parlour games and enjoy a story that’s been shared for almost 200 years!

For this program, we require three adult volunteers to assist with activity stations.

PRE-SCHOOL & KINDERGARTEN PROGRAM LENGTH: 1.5 hours FEES: $190
GRADES 1-6 PROGRAM LENGTH: 2 hours FEES: $190
PROGRAM AVAILABLE: November 12–December 23

Pioneer Family Life | Kindergarten—Grade 3
Pioneer families, including the kids, had to work hard to survive! Your class will discover what daily life was like for families without having to leave your school. Students will examine and try on old-fashioned clothes, wash socks with a simple machine and handle artifacts and food items from a pioneer’s kitchen. Once the chores at home are complete we’ll imagine what school was like and practice on our chalk slates. To celebrate our hard work we’ll play some parlour games.

For this program, we require three adult volunteers to assist with activity stations.

PROGRAM LENGTH: 1.5 hours
FEES: $190 (includes materials)
Physical literacy and positive recreational experiences lead to a healthier, happier life. Through participating in our programs, students gain the confidence to stay Active for Life.

**PROGRAM INFORMATION**

**Host Facilities**
- Clareview Community Recreation Centre
- Commonwealth Community Recreation Centre
- Kinsmen Sports Centre
- Terwillegar Community Recreation Centre
- The Meadows Community Recreation Centre

**Program Guidelines**
- Designed for up to 30 participants unless otherwise specified and dependent upon space availability
- One hour (except for Youth in Action, which is three hours)
- Programs are based on instructor and space availability

**BOOKING PROCEDURES**

Booking Applications for the 2019/2020 school year will begin on Wednesday, May 1, 2019. A minimum of one month’s advance notice (prior to the date(s) requested) for bookings is required.

All applications will be processed in the order received.
BOOKING PROCEDURES
We encourage you to choose from our diverse program options. The appropriate grade level, cost and program description is included. All bookings must be made 30 days in advance.

HOW TO BOOK
Submit an application online at: edmonton.ca/edprogrambookings
Email Inquiries: cmsschoolbookings@edmonton.ca
Phone Inquiries: (780) 442-1442

CANCELLATION FEES & RESCHEDULING
Written notice of cancellation must be submitted via email to cmsschoolbookings@edmonton.ca. Programs cancelled with 30 days notice or more will not be charged the program fee or a cancellation fee. Programs cancelled with 8–29 days notice are subject to be charged 50% of the program fee, unless the cancellation is filled by a waitlisted group. For programs cancelled within 7 days notice or less the full program fee will be charged.

In the event a class arrives late, the school will still be charged the full fee and the program will end at the originally scheduled time.

ELEMENTARY SCHOOL PROGRAMMING

Active Start | Kindergarten
In this fun-filled, fast paced class, there is no time for a nap! We’ll have a ball exploring a variety of movement skills such as running, jumping, twisting, kicking, throwing and catching!

FEES: $96 per hour

Active Kids | Grades 1–3
Students will develop agility, balance, coordination and speed through a variety of sports and activities! This class will be well-structured and geared towards helping each participant to gain new skills, regardless of their abilities, in a FUN environment.

FEES: $96 per hour

Kung Fu Pandas | Kindergarten–Grade 6
Students will learn basic kickboxing techniques and self-defense skills in this fitness-focused program. Your students’ development will be fostered through physical activity in a fun, non-competitive environment.

FEES: $96 per hour

Active Fit | Grades 4–6
Students will learn body awareness, balance and basic strength training through a variety of circuits, obstacles and relay activities. This class is sure to keep kids interested, and motivate them to be Active for Life.

FEES: $96 per hour

Yoga Adventures | Kindergarten—Grade 6
Jump on board for a yoga adventure with us! Students bark in downward dog, hiss in cobra pose, flutter their wings in butterfly, balance on their surfboard and stretch up tall like a tree. This fun class will open new doors to health and relaxation!

FEES: $134 per hour

Zumba® Kids | Kindergarten—Grade 6
Designed exclusively for elementary students, Zumba® Kids classes are rockin’ high-energy fitness parties packed with specially choreographed, kid-friendly routines and all the music kids love! Maximum number of participants range from 25–40 depending on space availability.

FEES: $134 per hour

JUNIOR HIGH AND HIGH SCHOOL PROGRAMMING

Kick & H.I.I.T. | Grades 7–12
Combine cardio kickboxing movements with high intensity interval training (H.I.I.T) in this fun and heart pumping class. Students will learn some basic kickboxing techniques alongside high intensity total body exercises.

FEES: $96 per hour
**Kickboxing | Grades 7–12**
Students learn basic kickboxing techniques and self-defense skills in this fitness-focused program. Your students’ development will be fostered through physical activity in a fun, non-competitive environment. Available at Kinsmen and Terwillegar.

**FEES:** $96 per hour (5–20 participants)  
**FEES:** $176 per hour (21–40 participants)

**Bootcamp | Grades 7–12**
This is an exciting, high energy fitness class. Youth will participate in a variety of fun, developmentally appropriate activities. Students will learn basic weight training techniques, participate in relays and have a blast!

**FEES:** $96 per hour

**Obstacle Fit | Grades 7–12**
Run, jump, crawl and climb through obstacles. Obstacle Fit forces every student to test their balance, stamina and agility. This class incorporates a lot of new activities! Available at Kinsmen Sports Centre.

**FEES:** $126 per hour (5–20 participants)  
**FEES:** $226 per hour (21–40 participants)

**Spin Your Wheels | Grades 7–12**
Students will learn how to properly “spin” and have a blast doing it! Students develop cardiovascular endurance through a variety of drills and games. Students challenge peers to a race while rockin’ out to their favorite music. Maximum number of participants varies based on location.

**FEES:** $96 per hour

**Yoga | Grades 7–12**
Students’ lives are enriched through a set of challenging yet mindful movements. This class builds core strength and improves balance and suppleness, as well as helps reduce stress. Namaste, students!

**FEES:** $134 per hour

**Youth in Action | Grades 7–12**
Students are educated on safe weight room practices including proper weight room etiquette and equipment use. The program introduces youth to the basics of a fitness program and healthy lifestyle choices including: basic nutrition, alternative forms of training and the principles of both cardiovascular and resistance. All youth between the ages 12 and 15 must complete this program before being admitted to a City of Edmonton Fitness Centre.

**FEES:** $35 per student

**Zumba® | Grades 7–12**
Stop counting the reps. Start training to the beat. STRONG by Zumba® combines body weight, muscle conditioning, cardio and plyometric training moves synced to original music that has been specifically designed to match every single move. Maximum number of participants is 25–50 depending on space.

**FEES:** $134 per hour

**Zumba®—STRONG by Zumba® | Grades 7–12**
STRONG by Zumba® is a brand new fitness class brought to you by the creators of Zumba. STRONG is not a dance class but is a stand-alone new fitness class format. This class combines high intensity interval training with Synced Music Motivation. In every class, music and moves sync in a way that pushes you. STRONG is a high intensity, total body workout that uses your own body weight for a workout like no other. Maximum number of participants is 25–40 depending on space.

**FEES:** $234
ACTIVE LIVING SCHOOL
Kindergarten – Grade 6

GET OUT OF THE CLASSROOM AND GET ACTIVE!

City of Edmonton Recreation Centres want to provide your class with a unique week-long learning environment of experiencing all your community facility has to offer. Have you ever wondered how the pool works or how arena ice or artificial turf is made? Just how many careers and people are involved in making a recreation centre meet community needs? Enhance your curriculum delivery while learning about water safety, pool maintenance and chemistry, first-aid practices, ice making and much more!

Everything we do is tied to our belief in physical competence and facility comfort. We provide several physical activity sessions, recreational skating and swimming options, and opportunity for daily reflection. Come experience an unforgettable week of fun and high-energy educational programming with your students!

EACH PROGRAM INCLUDES:

• A tour of the facility
• Introduction to behind-the-scenes operations
• Physical activity sessions
• Recreational skating and swimming
• Daily reflection, inquiry & journal time

Teachers are accepted through a competitive application process via Inquiring Minds. We accept full-day Kindergarten – Grade 6. The Active Living School Program is subject to availability. To inquire about Active Living School please call (780) 944-1381.
River Valley Programs is your outdoor education experience in the city. Looking to get your class outside and share in an unforgettable experience? Spend some quality time learning a new skill that will stay with you and your class for the rest of their life.

We offer programs for school groups from Kindergarten through Grade 12. Join our fully qualified program leaders in an outdoor adventure. All equipment is provided. Students will find some balance in their life by enjoying nature in Edmonton’s beautiful River Valley.

**NEW:** for the 2019/2020 school year, applications for booking requests will be accepted starting May 1, 2019.

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Programs cancelled due to severe weather conditions
that are rescheduled within the current or upcoming
school year fall term (September–November) will not be
charged a cancellation fee.

Visit our website at edmonton.ca/rivervalleyprograms.

Archery | Grades 4–12
Bull’s eye! Learn about the equipment and discover the
basics of archery, while practicing aim and accuracy. Archery
programs all come with a bonus of an Initiatives program!

PROGRAM LENGTH: 2.5 hours
FEES: $440
LOCATION: Victoria Park Oval
AVAILABLE: May–October
MAXIMUM GROUP SIZE: 30 students

Biking | K–12
Strap on a helmet, get on a bike and explore the River
Valley Parks on two wheels! Students will learn about
equipment, safety and basic riding basics. After the skills
portion, students will hit the trails practicing their skills as
they venture through the River Valley Parks making stops
along the way.

PROGRAM LENGTH: 2.5 hours
FEES: $445–$725
LOCATION: Rundle Park (Kindergarten – Grade 6)
Kinsmen Park (Grade 7 – Grade 12)
Goldbar Park (Grade 10 – Grade 12)
AVAILABLE: April–October
MAXIMUM GROUP SIZE: 45 students

Tandem Canoeing | Grades 4–12
Take on the challenge of paddling in pairs in tandem canoes.
Students will learn basic strokes and water safety. Your class
will learn the importance of teamwork and communication
while playing fun paddling games, completing challenges and
touring the pond.

PROGRAM LENGTH: 2.5 hours
FEES: $435–$580
LOCATION: Hermitage Park Pond and Rundle Park Pond
AVAILABLE: May–October
MAXIMUM GROUP SIZE: 30 students

Voyageur Canoeing | Grades 4–12
Get the paddling experience of our 12-person boats and learn
a little about the history of the Voyageurs, while taking in the
Cityscape from new perspective, on the river! Our instructors
will teach basic strokes and safety, and are all Paddle Canada
certified. Your class will learn the importance of teamwork
while playing fun paddling games and paddling down the
North Saskatchewan River or Hermitage Park Pond.

PROGRAM LENGTH: 2 hours, 4, Hours, 6, Hours
FEES: $400–$1200
LOCATION: Hermitage Park Pond – Lake Voyageur
(Grades 4–6), Various Boat Launch Location –
River Voyageur (Grades 7–12)
AVAILABLE: May–October
MAXIMUM GROUP SIZE: 48 students
Stand Up Paddleboarding (SUP) | Grades 4–12
Try the fastest growing water sport in North America! Beginner technique, strokes and safety will be emphasized. Please wear clothes that are meant for water activities and bring a warm change of clothing for after the program. Ask about adding SUP to your Tandem Canoeing program.

PROGRAM LENGTH: 2.5 hours
FEES: $295
LOCATION: Rundle Park Pond
AVAILABLE: May–October
MAXIMUM GROUP SIZE: 6 students

Longboarding | Grades 4–12
Try out longboarding and learn about balance, turning techniques and safety. Once you have learned the essentials, we will head out and the explore the trails in Edmonton’s River Valley Parks in a whole new way!

PROGRAM LENGTH: 2.5 hours
FEES: $455–$539
LOCATION: Rundle Park
AVAILABLE: April–October
MAXIMUM GROUP SIZE: 30 students

Fishing | Grades K–12
Experience the joys of fishing! Learn about the nature of fish as you cast and reel them in. Have fun at the doc practicing your new skills.

PROGRAM LENGTH: 2.5 hours
FEES: $295–$435
LOCATION: Hermitage Park
AVAILABLE: April–October
MAXIMUM GROUP SIZE: 30 students

Cross Country Skiing | Grades 4–12
Students will play outside and experience cross country ski trails. Our instructors will cover equipment, trail etiquette and ski basics. Students will learn turning, stopping, falling safely, how to go up and down hills and techniques to improve their stride. Classes will get the chance to put those skills to use as we glide through the park on the classic ski trails.

PROGRAM LENGTH: 2.5 hours
FEES: $310–$730
LOCATION: Goldbar Park (Grades 4–9)
Victoria Park (Grades 10–12)
AVAILABLE: April–October
MAXIMUM GROUP SIZE: 36 students

Snowshoeing | Grades K–12
Learn how to travel using Canada’s traditional mode of transportation! See classic beavertail style snowshoe, and play games and experience a winter landscape through a new perspective.

PROGRAM LENGTH: 2.5 hours
FEES: $420–$625
LOCATION: Alfred H. Savage Centre (Whitemud Park North), Rundle Park
AVAILABLE: December–March (snow condition dependent)
MAXIMUM GROUP SIZE: 36 students
Outdoor Skills | Grades 4–12
Learn the skills you need to survive outdoors. Our instructors will teach you how to build fires and shelters, while focusing on safety. Your students can challenge themselves to build a fire using only one match or using flint and steel. Activities will emphasize cooperation and team problem solving. In the winter groups can build quinzees if there is sufficient snow!

PROGRAM LENGTH: 2.5 hours
FEES: $250-$510
LOCATION: Alfred H. Savage Centre (Whitemud Park North), Rundle Park
AVAILABLE: Year-Round
MAXIMUM GROUP SIZE: 36 students

Kicksledding | Grades 4–12
Discover the traditional mode of winter transportation that millions of Scandinavians love – kicksledding! Experience Edmonton's River Valley Parks through a new perspective while travelling alone or with a partner sitting up front.

PROGRAM LENGTH: 2.5 hours
FEES: $364-$539
LOCATION: Alfred H. Savage Centre (Whitemud Park North)
AVAILABLE: December–March (snow condition dependant)
MAXIMUM GROUP SIZE: 36 students (in combination with snowshoeing)

GPS/Geocaching | Grades 4–12
Learn the skills you need to participate in the worldwide outdoor scavenger hunt known as geocaching. Your class will learn the basics of using GPS, as well as its advantages and limitations for navigation. You will get a chance to challenge one of our geocaching courses set up throughout Whitemud Park.

PROGRAM LENGTH: 2.5 hours
FEES: $245-$435
LOCATION: Alfred H. Savage Centre (Whitemud Park North), Rundle Park
AVAILABLE: Year-Round
MAXIMUM GROUP SIZE: 36 students

Initiatives | Grades 4–12
Build an understanding of group communication and teamwork by facing challenges and problem-solving activities as a group.

PROGRAM LENGTH: 2.5 hours
FEES: $230-$515
LOCATION: Victoria Park Oval, Alfred H. Savage Centre (Whitemud Park North), Rundle Park
AVAILABLE: Year-Round
MAXIMUM GROUP SIZE: 45 students

Predator & Prey | Grades 4–12
Experience firsthand how animals survive and thrive! This classic game is a fantastic demonstration of the dynamics of a food chain and animal survival techniques.

PROGRAM LENGTH: 2.5 hours
FEES: $365-$505
LOCATION: Alfred H. Savage Centre (Whitemud Park North), Rundle Park
AVAILABLE: Year-Round
MAXIMUM GROUP SIZE: 45 students

Orienteering | Grades 4–12
Learn to find your way! Acquire navigation skills including map reading and compass work.

PROGRAM LENGTH: 2.5 hours
FEES: $390
LOCATION: Alfred H. Savage Centre (Whitemud Park North), Rundle Park
AVAILABLE: Year-Round
MAXIMUM GROUP SIZE: 45 students
School Tours | Grades 1–12

City Hall School Tours are a great way for students of all grades to learn about their city government and the building in which it is housed. During a tour at City Hall, students gain insight into how their local government works and experience City Hall first hand. A highlight of the tour is a visit to Council Chamber where students may even be able to observe council at work!

Grade Six students have an additional opportunity to participate in a Mock Council Meeting after their tour. Students plan and run their own meeting, adopting the roles of key players in local government. Some pre-program preparation is required. This program is designed to enhance and explore Grade Six Social Studies outcomes.

For more information, please visit edmonton.ca/cityhalltours.

PROGRAM LENGTH: 2 hours total: 1-hour tour of City Hall, 1-hour Mock Council Meeting
FEES: Free
AVAILABLE: September–June
HOW TO BOOK:
Telephone: (780) 442-1385
Email: cityhalltours@edmonton.ca

City Hall School | Grades 1–12

City Hall School is a week-long, inquiry-based, hands-on learning experience. It offers an in-depth look into City Hall, the surrounding community, and the lives of those who populate this vibrant piece of Edmonton. As the week progresses, students, teachers and parent volunteers come away with an increased sense of civic pride and a richer understanding of the services that the City provides to meet the needs of Edmontonians. This week acts as a catalyst for a year-long connection with City Hall. Students receive City Hall School journals in September and begin making connections through a teacher-developed theme. The coordinator provides teacher training and works with the teacher to plan activities tailored to suit each class. In June, a Citizenship Fair is held for students to showcase and celebrate their year.

This program includes:
• A week-long experience at City Hall
• An invitation to the June Citizenship Fair
• A tailored learning experience for each classroom

PROGRAM LENGTH: One week experience at City Hall, participation in Citizenship Fair and more!
FEES: $900 (includes transportation)
AVAILABLE: September–June

Teachers are accepted through a competitive application process. Applications for the 2019/2020 City Hall School will begin Spring 2019.

For more information, please visit edmonton.ca/cityhallschool.