

EASTGLEN LEISURE CENTRE



Swim

Eastglen Leisure Centre offers drop-in and registered swim programs in a soothing salt water pool experience.

Female Only Swim

Offered on Saturday's and Sunday's and taught by a female instructor.

Shallow Water Aquafit Strength Training

A low impact aerobic class that uses specialized equipment for resistance.

Aquafit Deep Water Tethering

Aquafit with a tether (ie: bungee cord or hitch) that is fastened to a deep water belt and then hooked onto a lane rope creating dynamic resistance.

Adult Learn to Swim

Swimming lessons for adults at all swim levels.

Learn

Looking to get into an aquatics career with The City of Edmonton? Advance your skills in courses exclusive to Eastglen.

Advanced Aquatic Courses

National Lifeguard and Aquatic Emergency Care courses

Bronze Medallion, Bronze Cross, Emergency First Aid, Amenity Attendant

A pre-employment course for The City of Edmonton for those interested in starting a job in aquatics.

Celebrate

Our outdoor patio is available to rent! This dynamic space is perfect for community events, birthday parties or family gatherings.

Space is available to rent from May to September and can accommodate 90 guests.

For rental inquiries, contact 780-442-4550.

Connect

Find out more about what Eastglen Leisure Centre has to offer through these resources:



Visit edmonton.ca/eastglen for contact information, registered programs, facility booking information and swim schedules



Visit myrecguide.ca to build your own custom registered program guide for Eastglen



Stay connected by following us on Facebook at facebook.com/edmonton.reccentres



If you have any additional questions please contact 311



The Leisure Access Program is available to low income Edmontonians. Details at edmonton.ca/lap

