

AQUATIC DROP-IN SCHEDULE | SUMMER 2019 | JUNE 30 - AUGUST 31

DOWNLOAD THE REC CENTRES MOBILE APP & BUILD YOUR CUSTOM DROP-IN PROGRAM SCHEDULE! AVAILABLE FOR IOS & ANDROID DEVICES
SEARCH FOR 'CITY REC CENTRES' ON APP STORE & GOOGLE PLAY

FACILITY HOURS ON STATUTORY HOLIDAYS VARY. VISIT: EDMONTON.CA/FACILITYNOTIFICATIONS FOR SPECIFIC HOURS

	SUN	MON	TUE	WED	THU	FRI	SAT
ADMISSION DESK	9AM-9PM	8:30AM-9PM	8:30AM-9PM	8:30AM-9PM	8:30AM-9PM	8:30AM-9PM	9AM-9PM
BIRTHDAY PARTY AND CASUAL RENTAL TIME	4:30-6:30PM		12-1PM 5-6PM		12-1PM 5-6PM	5-6PM	12-2PM 4-6PM

AQUATIC SCHEDULE

ACTIVITY	SUN	MON	TUE	WED	THU	FRI	SAT
PUBLIC SWIM	11AM-1PM 2:30-4:30PM 6:30-9PM	8:30-9:30AM 1-4PM 7-9PM	8:30-9:30AM 1-4PM 6-9PM	8:30-9:30AM 1-4PM 7-9PM	8:30-9:30AM 1-4PM 6-9PM	8:30-9:30AM 1-4PM 6-9PM	10AM-12PM 2-4PM 6-9PM
EXCLUSIVE PWD	1-2:30PM						
HOT TUB	11AM-1PM 2:30-4:30PM 6:30-9PM	8:30-9:30AM 1-4PM 7-9PM	8:30-9:30AM 1-4PM 6-9PM	8:30-9:30AM 1-4PM 7-9PM	8:30-9:30AM 1-4PM 6-9PM	8:30-9:30AM 1-4PM 6-9PM	2-4PM 6-9PM
SWIM LESSONS		9:30AM-12PM 4:45-7PM	9:30AM-12PM	9:30AM-12PM 4:45-7PM	9:30AM-12PM	9:30AM-12PM	

FACILITY PLUS PASS SCHEDULE

ACTIVITY	SUN	MON	TUE	WED	THU	FRI	SAT
WATER WORKS		12-1PM		12-1PM		12-1PM	



***Leader-led Programs do not run on Statutory Holidays.** *Schedule subject to change. Please visit edmonton.ca/FacilityNotifications for updates on closures or class cancellations.

AQUATIC DROP-IN SCHEDULE | SUMMER 2019 | JUNE 30 - AUGUST 31

DOWNLOAD THE REC CENTRES MOBILE APP & BUILD YOUR CUSTOM DROP-IN PROGRAM SCHEDULE! AVAILABLE FOR IOS & ANDROID DEVICES
SEARCH FOR 'CITY REC CENTRES' ON APP STORE & GOOGLE PLAY

ACTIVITY DESCRIPTIONS

PUBLIC SWIM	<p>ALL AGES WELCOME</p> <ul style="list-style-type: none"> • A maximum of 3 children under 8 years must be actively supervised in the pool (and on the immediate deck and amenities) by a responsible person 15 years and older. Keep children under 8 years at arms reach at all times. Children who are not supervised will not be allowed in the pool area. • Everyone must be able to swim 25 metres on their front without stopping before entering water above shoulder depth. Youth under the age of 13 years must demonstrate this ability, and those 13 or older may be asked. If a lifejacket is used for the swim it must always be worn in deep water
EXCLUSIVE PWD	A swim for People With Disabilities.
WATER WORKS	Water Works is an aquatic exercise program specifically for people with muscle, joint or mobility problems. A trained instructor takes participants through soothing, slow movements in the swimming pool, all accompanied by soft music. Relieve stiffness, increase flexibility, and restore or maintain muscle strength. Water Works is safe and easy, and perfect for arthritis or fibromyalgia sufferers.
HOT TUB	Facility amenities to warm you up.

WE'RE ALL IN THIS TOGETHER

- Keep children under 8 within arms reach at all times
- Children under 8 must be accompanied by a caregiver
- Know the water depth before entering
- Free lifejackets available at all City pools
- Obey all pool rules

