

Walk Edmonton

Walk Edmonton is an initiative bringing Edmontonians together to build a more walkable community by providing grass roots resources and building civic support. Check out our website for links to other walking resources, maps, walking groups and places to walk in Edmonton.

edmonton.ca/walkedmonton
780-944-5339

Other Walking Resources

Alberta Centre for Active Living
centre4activeliving.ca
780-427-6949

Canada Walks
canadawalks.ca

UWALK
UWALK.ca

Shape (Safe Healthy Active People Everywhere)

shapeab.com

Get involved with Walk to School Week and Walking School Bus Programs

edmonton@shapeab.com
780-406-8530

The Benefits of Walking

Walking... a healthy journey!

Ranked the number one activity of choice among Canadians, walking is a prescription for improved health and wellness. Walk briskly for 30 minutes a day, 5 days a week, and minimize your risk for cardiovascular disease, stroke, Type 2 diabetes and some types of cancer. Additional benefits include weight management, blood pressure control and boosting good cholesterol (HDLs).

Other benefits of walking:

- Releases the body's tension and stress.
- Refreshes the mind and body, especially when walking outdoors.
- Allows you to connect with your community.
- Offers an excellent way to socialize with family and/or friends.
- Increases "eyes on the street", enhancing community safety.



McKinnon Ravine/River Valley Access

Walking with your Dog

Edmonton has over 40 locations where you can enjoy your walk while your dog is off-leash. Please remember that all sites where dogs are permitted to be off-leash are multi-use areas used by all. Your dog must be leashed when not in a designated off-leash area. The dog icons show on this map are placed in the approximate location of each off-leash area, but do not show the precise boundaries. For more information, including details on off-leash boundaries, check the Parks for Paws Brochure or go to edmonton.ca (keyword "off-leash")

**There are 1,440 minutes in a day,
schedule 30 of them for walking!**

Local Contacts

Stony Plain Road Business Revitalization Zone

201, 15241 Stony Plain Road
780-477-5169
stonyplainbrz@telus.net

Britannia Youngstown Community League

15927 – 105 Avenue T5P 0T8
780-483-8983
byclpresident@hotmail.com

Canora Community League

10425 – 152 Street T5P 4P1
780-489-6007
info@mycanora.com

Glenwood Community League

16430 – 97 Avenue T5P 0E8
780-489-7571
glenwoodcommunity@hotmail.com

West Jasper/ Sherwood Community League

9620 – 152 Street T5P 4N9
780-489-2815
wjasper1@telus.net

West Division Police Station

16506 – 100 Avenue
Edmonton, AB T5P 4Y2
780-426-8000

Weather

780-468-4940

City Information

Call 311

Emergency Contacts

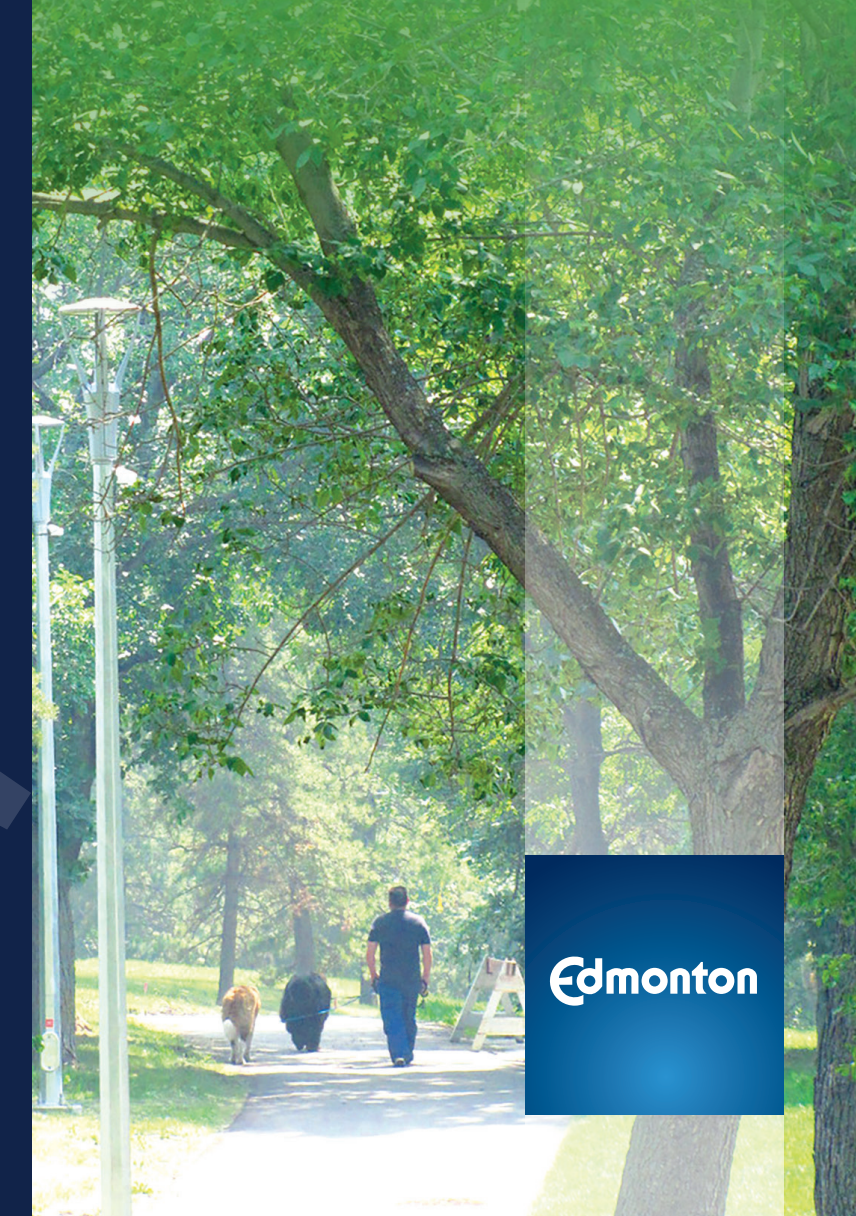
Police/Ambulance/Fire
911

Police Complaint Line
780-423-4567



COMMUNITY WALKING MAP

Stony Plain Road – Britannia Youngstown, Canora, Glenwood, West Jasper Place



About the Community Walking Maps

This Community Walking Map is part of a series of walking guides. Each map is created as a joint project of Walk Edmonton and local Community groups to promote walkable communities. Contact us to find out if your community has an edition of this map series or to find out more about creating a map.

Walkedmonton@edmonton.ca
780-944-5339



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Canora



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get out and walk, meet your neighbours and see what the neighbourhood has to offer!

Glenwood Community was founded in 1939. It boasted a membership of 160 families within a year of formation. The league was a part of the Jasper Place Association of Community Leagues until 1964 when the Town of Jasper Place was amalgamated with Edmonton. West Jasper Place Community League formed in 1950, the year before the West Jasper Place village joined the Town of Jasper Place. The league voted in favor of amalgamation with Sherwood Community in 1985 to combine the two leagues into one strong organization. These four communities have always promoted active living with the construction of community halls for programs, playgrounds and outdoor skating rinks. These facilities are located near the centre of each community, bringing neighbours together to enjoy walking, cycling, skateboarding, soccer, baseball, basketball, cross country skiing or skating. Enjoy all your community has to offer! Walking is still the number one fitness activity. This map includes walking routes through all the communities as well as the business area on Stony Plain Road. We invite you to

The original town of Jasper Place included the four communities of Canora, Britannia/ Youngstown, Glenwood and West Jasper Place. In the early 1900's, Jasper Place was on the west boundary (149 street) of the City of Edmonton. It was home to a few hundred people many who homesteaded. After the Second World War, Edmonton's growing population spilled into the hamlet of Jasper Place and pushed the population up to 8900 people. In 1964 Jasper Place amalgamated with the City of Edmonton. Stony Plain Road is still the main street that connects the downtown to the west end. Britannia Youngstown Community was founded in 1959. It was founded when the new residential areas of the City were being developed. The large numbers of baby boomers and their families were interested in recreational programs and their families were interested in recreational programs. Canora Community is named after the old Canadian Northern Railway. It is one of the oldest community leagues in Jasper Place and was a member of the Jasper Place Association of Community leagues until the town was amalgamated to Edmonton in 1964.

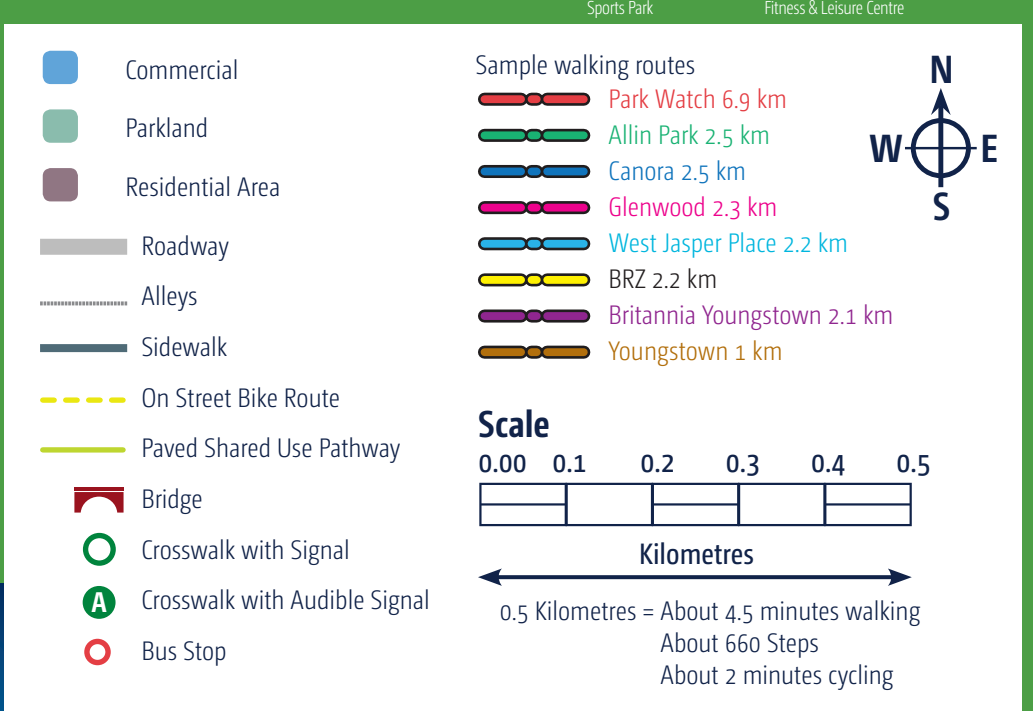
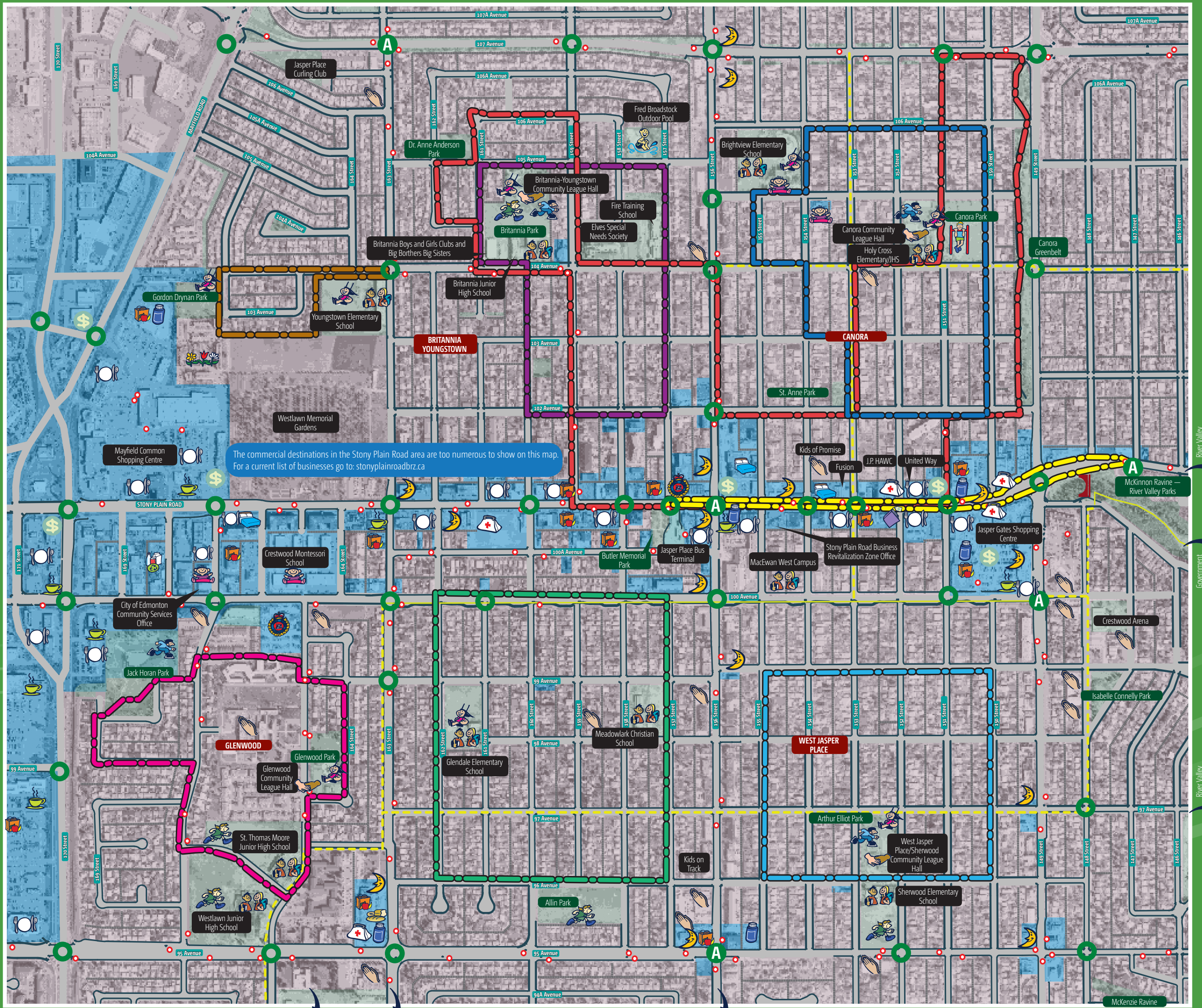
Stony Plain Road



STONY PLAIN ROAD

Legend

- Bank
- Bakery
- Book Store
- Childcare Centre
- Coffee Shop
- Community Garden
- Community League Hall
- Fitness Trail
- Grocery Store
- Health Centre/Medical
- Hotel
- Late Night Store
- Pharmacy
- Place of Worship
- Playground
- Police
- Recycling Centre
- Restaurant
- School
- Skating Rink
- Sports Field
- Swimming Pool



Fred Broadstock Pool



Canora Green Belt