

## Walk Edmonton

Walk Edmonton is an initiative bringing Edmontonians together to build a more walkable community by providing grass roots resources and building civic support. Check out our website for links to other walking resources, maps, walking groups and places to walk in Edmonton.

[edmonton.ca/walkedmonton](http://edmonton.ca/walkedmonton)  
780-944-5339

## Other Walking Resources

**Alberta Centre for Active Living**  
[centre4activeliving.ca](http://centre4activeliving.ca)  
780-427-6949

**Canada Walks**  
[canadawalks.ca](http://canadawalks.ca)

**UWALK**  
UWALK.ca



## Shape (Safe Healthy Active People Everywhere)

[www.shapeab.com](http://www.shapeab.com)

Get involved with Walk to School Week and Walking School Bus Programs

[info@shapeab.com](mailto:info@shapeab.com)  
780-406-8530

## The Benefits of Walking

### Walking... a healthy journey!

Ranked the number one activity of choice among Canadians, walking is a prescription for improved health and wellness. Walk briskly for 30 minutes a day, 5 days a week, and minimize your risk for cardiovascular disease, stroke, Type 2 diabetes and some types of cancer. Additional benefits include weight management, blood pressure control and boosting good cholesterol (HDLs).

Other benefits of walking:

- Releases the body's tension and stress.
- Refreshes the mind and body, especially when walking outdoors.
- Allows you to connect with your community.
- Offers an excellent way to socialize with family and/or friends.
- Increases "eyes on the street", enhancing community safety.

## Walking with your Dog 🐕

Edmonton has over 40 locations where you can enjoy your walk while your dog is off-leash. Please remember that all sites where dogs are permitted to be off-leash are multi-use areas used by all. Your dog must be leashed when not in a designated off-leash area. The dog icons show on this map are placed in the approximate location of each off-leash area, but do not show the precise boundaries. For more information, including details on off-leash boundaries, check the Parks for Paws Brochure or go to [edmonton.ca](http://edmonton.ca) (keyword "off-leash")

**There are 1,440 minutes in a day,  
schedule 30 of them for walking!**

## Local Contacts

**Riverdale Community League**  
9231 – 100 Avenue  
Edmonton  
[riverdaliens.net](http://riverdaliens.net)

**Riverdale School**  
8901 – 101 Avenue.  
780-425-7600  
[riverdale.epsb.ca](http://riverdale.epsb.ca)

**Stanley A Milner Branch  
Edmonton Public Library**  
7 Sir Winston Churchill  
Square  
780-496-7000

**Commonwealth  
Community Recreation  
Centre**  
11000 Stadium Road  
311

**Weather**  
780-468-4940

**City Information**  
Call 311

## Emergency Contacts

**Police/Ambulance/Fire**  
911

**Police Complaint Line**  
780-423-4567

## Walking Resources

**Alberta Centre for Active Living**  
[centre4activeliving.ca](http://centre4activeliving.ca)  
780-427-6949

**Canada Walks**  
[canadawalks.ca](http://canadawalks.ca)

## About Community Walking Maps

This Community Walking Map is part of a series of walking guides. Each map is created as a joint project of Walk Edmonton and local Community groups to promote walkable communities. Contact us to find out if your community has an edition of this map series or to find out more about creating a map.

[Walkedmonton@edmonton.ca](mailto:Walkedmonton@edmonton.ca)  
780-944-5339

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## COMMUNITY WALKING MAP

# Riverdale



— Allan Shute, Riverdale Historian

Shared by strollers, joggers, cyclists and local wildlife, the riverside path that borders Riverdale is ample testimony that homes and parks easily share the valley to the benefit of all.

maintain the pedestrian-friendly feel of this historic quarter.

Of note is the careful integration of 21<sup>st</sup>-century homes on the former J.B. Little brickyard into the original community. The River Grande atop the old D.R. Fraser mill site offers inner-city condo living; the Broxton townhomes reduce the impact of denser infill on established streetscapes, while single-family homes with welcoming front porches

are scattered throughout. Energy-efficient housing is on the rise using super-insulation, solar and geothermal residential co-ops and other forms of not-for-profit homes to ask for public housing, affordable housing such as designs. As Riverdale was one of the few districts ever day with inspired restorations and new homes of diverse form of duplex. Architectural diversity continues to this dwellings, craftsman-style homes and every imaginable Examples of coal miner shacks survive alongside cosy brick A happy hodgepodge of housing types developed:

in a park-like setting. A strong neighbourhood emerged, a healthy mix of labourers, tradesmen and business owners.



The first residents were workers who lived nearby in bunkhouses and shacks. In the booming economy of 1905, a virtual "tent city" sprang up, and properties quickly sold to newcomers, many of whom built their own homes. Sharing a common cause, they knit together a strong community with traditions that last to this day.

Nestled in the bend of the river and surrounded by rising cliffs of the river valley, the district doesn't touch on any other residential area, lending it the feel of a small town

Riverdale is located in the North Saskatchewan River valley less than a mile from the centre of Edmonton. One of the city's oldest districts, it began as an industrial suburb of the fur-trading forts situated a twenty-minute walk upstream. In the 1860s, later pioneers began panning for gold along the river. They were followed by settlers who, in the 1880s, established flour mills, lumberyards and coal mines — and a brickyard in 1891.

## The Community of Riverdale



House of pioneer brickmaker J.B. Little



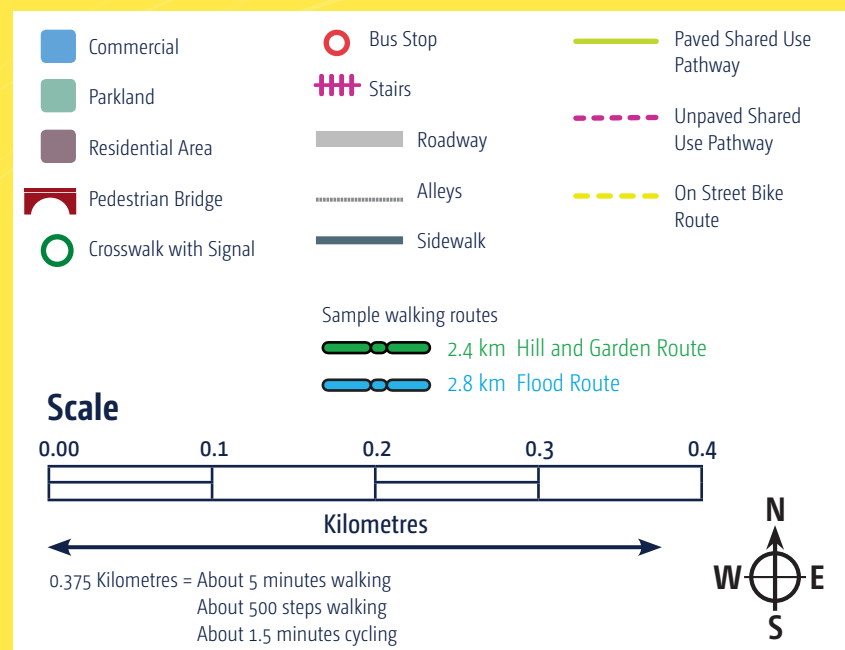
The Labyrinth



Tree Frog Corner



Dragon Boat Dock



## RIVERDALE Legend

- |                  |                   |                            |                  |                    |
|------------------|-------------------|----------------------------|------------------|--------------------|
| BluPhone         | Heritage Building | Playground                 | Public Washroom  | Skateboard Park    |
| Coffee Shop      | Late Night Store  | Point of Interest          | Recycling Centre | Sports Fields      |
| Community Garden | Off-Leash Area    | Police                     | Rest Spot        | Spray Deck         |
| Community Hall   | Pharmacy          | Post Box/Post Office       | Restaurant       | Toboggan Hill      |
| Fire-Ambulance   | Picnic Site       | Public Art/Monument/Statue | Scenic Viewpoint | Tourist Attraction |
| Golf Course      | Place of Worship  |                            | Skating Rink     |                    |



Dawson Bridge

**WALK EDMONTON**

**City of Edmonton**