

Walk Edmonton

Walk Edmonton is an initiative bringing Edmontonians together to build a more walkable community by providing grass roots resources and building civic support. Check out our website for links to other walking resources, maps, walking groups and places to walk in Edmonton.

edmonton.ca/walkedmonton
780-944-5339

Other Walking Resources

Alberta Centre for Active Living
centre4activeliving.ca
780-427-6949

Canada Walks
canadawalks.ca

UWALK
UWALK.ca

Shape
(Safe Healthy Active People Everywhere)
shapeab.com

Get involved with Walk to School Week and Walking School Bus Programs

edmonton@shapeab.com
780-406-8530

The Benefits of Walking

Walking... a healthy journey!

Ranked the number one activity of choice among Canadians, walking is a prescription for improved health and wellness. Walk briskly for 30 minutes a day, 5 days a week, and minimize your risk for cardiovascular disease, stroke, Type 2 diabetes and some types of cancer. Additional benefits include weight management, blood pressure control and boosting good cholesterol (HDLs).

Other benefits of walking:

- Releases the body's tension and stress.
- Refreshes the mind and body, especially when walking outdoors.
- Allows you to connect with your community.
- Offers an excellent way to socialize with family and/or friends.
- Increases "eyes on the street", enhancing community safety.



The Flying Canoe Adventure/ L'aventure du canoë volant

Walking with your Dog

Edmonton has over 40 locations where you can enjoy your walk while your dog is off-leash. Please remember that all sites where dogs are permitted to be off-leash are multi-use areas used by all. Your dog must be leashed when not in a designated off-leash area. The dog icons show on this map are placed in the approximate location of each off-leash area, but do not show the precise boundaries. For more information, including details on off-leash boundaries, check the Parks for Paws Brochure or go to edmonton.ca (keyword off-leash)

**There are 1,440 minutes in a day,
schedule 30 of them for walking!**

Local Contacts

Bonnie Doon Community League
9240 – 93 Street
Edmonton, Alberta T6C 3T6
780-466-0202
bonniedoon.ca

Cloverdale Community League
9411 – 97 Avenue
Edmonton, Alberta
780-465-0306
cloverdalecommunity.com

Strathearn Community League
8777 – 96 Avenue
Edmonton, Alberta
strathearncommunityleague.org

**Idylwylde Branch
Edmonton Public Library**
8310 – 88 Avenue
Edmonton, Alberta T6C 1L1
780-496-1808

Bonnie Doon Leisure Centre
8648 – 81 Street
Edmonton, Alberta
311
edmonton.ca

Mill Creek Outdoor Pool
9555 – 84 Avenue
311 or 780-442-5261
edmonton.ca

Ottewell Community Police Station
9807 – 71 Street
Edmonton, Alberta T6A 2TB
780-496-8516

Weather
780-468-4940

City Information
Call 311

Emergency Contacts

Police/Ambulance/Fire
911

Police Complaint Line
780-423-4567

Walking Resources

Alberta Centre for Active Living
centre4activeliving.ca
780-427-6949

Canada Walks
canadawalks.ca

About Community Walking Maps

This Community Walking Map is part of a series of walking guides. Each map is created as a joint project of Walk Edmonton and local Community groups to promote walkable communities. Contact us to find out if your community has an edition of this map series or to find out more about creating a map.

Walkedmonton@edmonton.ca
780-944-5339

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COMMUNITY WALKING MAP

Bonnie Doon, Cloverdale and Strathearn



Bordering Bonnie Doon to the north is Strathearn. Scottish Gaelic for "Valley of the river Earn" the name is likely a reference to Prince Arthur, the Duke of Connaught and Strathearn and the Canadian Viceroy during the first years of WW1. Perched atop the North Saskatchewan River Valley of WW1. Strathearn offers easy access to the river valley park system and provides commanding views of the valley from vantage points along Strathearn Drive and Strathearn Crescent. Enjoy the local shops off 95th avenue or grab a coffee and head to Silver Heights playground and splash park for some family recreation.

North of Strathearn sits Cloverdale, Edmonton's "Village in the Park". The iconic Muttart Conservatory and the century old Edmonton Ski Club are located here and Gallagher Park provides the stage for the annual Edmonton Folk Festival. Charming homes, park spaces and access to Edmonton's great river valley trail system have become a major attraction of this historic neighbourhood for both residents and visitors alike.

Enjoy walking our beautiful neighbourhoods!

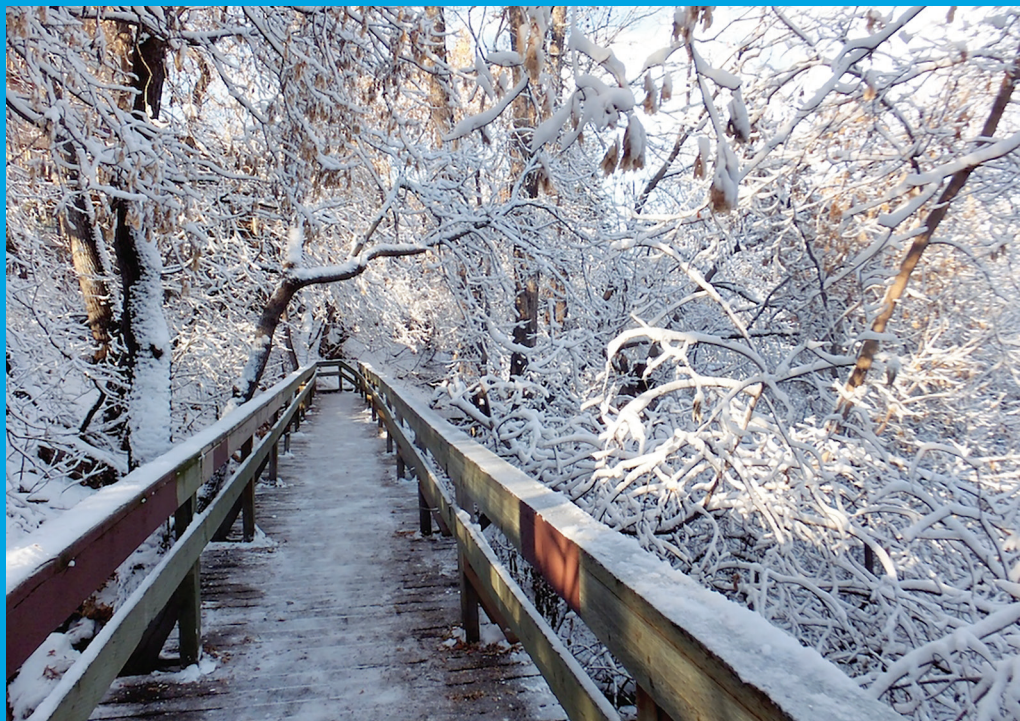


Stunning views, a superb network of trails and a mix of local amenities intermingled with residential space define Bonnie Doon, Strathearn and Cloverdale; three of the most walkable neighbourhoods in Edmonton!

These historically rich neighbourhoods were originally annexed by the Town of Strathcona in 1907 and then became part of the City of Edmonton in 1912 when these two cities amalgamated. By 1915 Cloverdale was abuzz with homes, stores, a school and churches; however most of Strathearn and Bonnie Doon remained undeveloped until the late 1940s and early 1950s.

Scottish for "pleasant rolling countryside", Bonnie Doon was named in honour of Premier Alexander Cameron Scott's descent (Canadian-born), who owned land east of Mill Creek. A stroll through Bonnie Doon provides opportunities to explore Edmonton's francophone university campus, wander down one of the many entry points into the Millcreek ravine, or play with your children at the community playground and splash park.



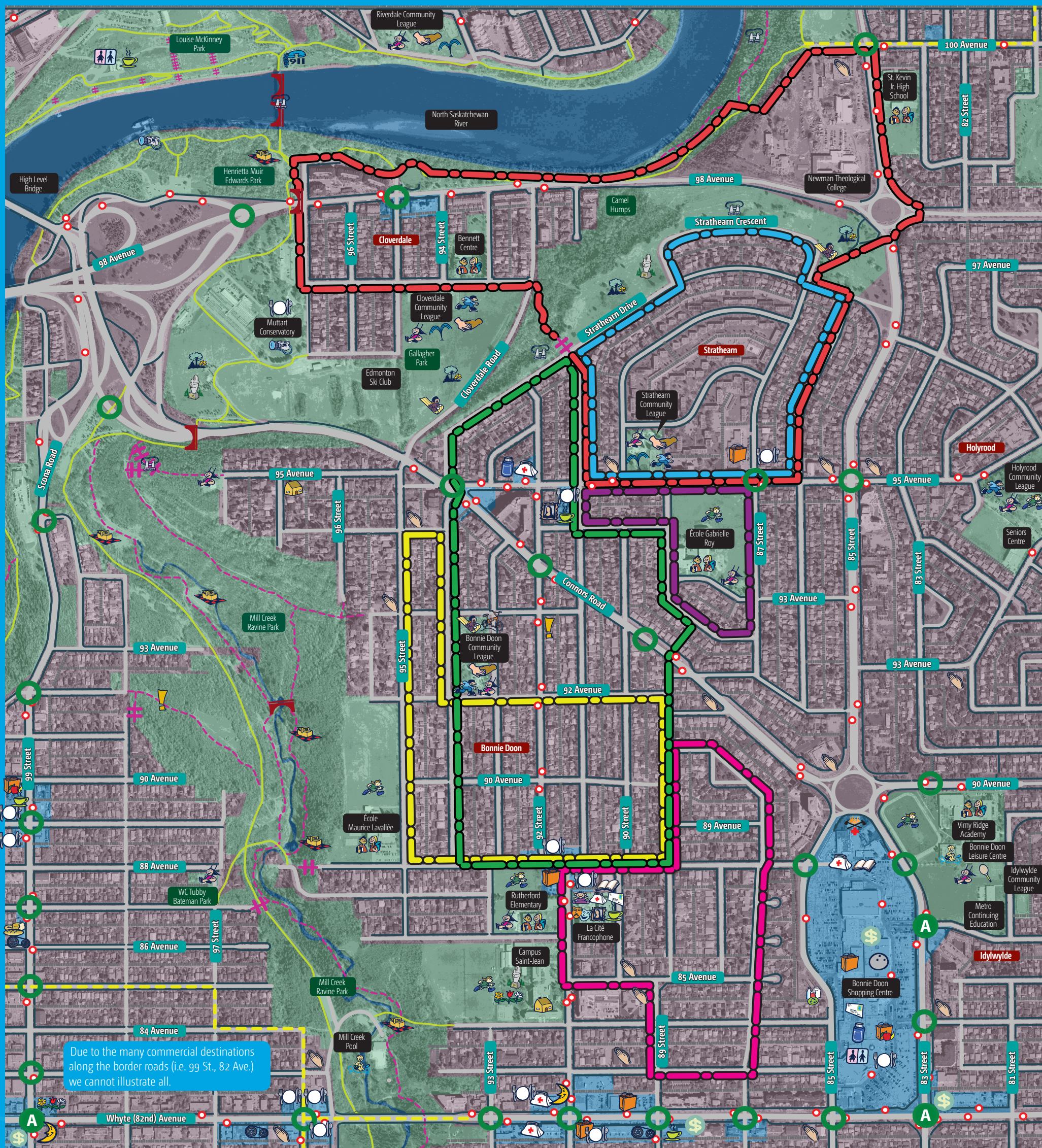


Mill Creek Ravine (Photo Credit: Donnasrivervalley.com)

BONNIE DOON, CLOVERDALE AND STRATHEARN

Legend

	Accessible Route		Grocery Store		Public Washroom
	Art Gallery/Studio		Health Centre		Recycling Centre
	Bakery		Heritage Building		Restaurant
	Bank		Late Night Store		Scenic Viewpoint
	Bike Shop		Library		School
	BMX Park		Park		Shopping Area
	BluPhone		Pharmacy		Skating Rink
	Bowling Alley		Picnic Site		Sports Fields
	Childcare Centre		Place of Worship		Spray Park
	Café		Playground		Swimming Pool
	Community Garden		Point of Interest		Tennis Court
	Community League Hall		Post Office		Theatre
	Fire/Ambulance		Public Art/Monument/Statue		Toboggan Hill
			Tourist Attraction		



Sample walking routes



- Commercial
- Parkland
- Residential Area
- Bridge
- Crosswalk with Signal
- Crosswalk with Audible Signal
- Bus Stop

- On Street Bike Route
- Paved Shared Use Pathway
- Unpaved Shared Use Pathway
- Roadway
- Alleys
- Sidewalk
- Stairs

Scale

0.00 0.10 0.20 0.30 0.40 0.5



Kilometres

0.5 Kilometres = About 4.5 minutes walking
About 660 Steps
About 2 minutes cycling



Muttart Conservatory



Edmonton Folk Music Festival