

2016 Updated dental benefit amounts

Effective January 1, 2016, Alberta Blue Cross has increased the usual and customary fees. These fees are based on recent claim data from actual marketplace billings of Alberta Blue Cross group dental plan participants by Alberta dental offices.

The Alberta Blue Cross Usual and Customary dental fees are the basis of payment for eligible dental claims through your plan. These rates are market-determined and reflect the fees accepted by most dental offices across Alberta today.

Understanding your dental benefit

Because individual dentists in Alberta are able to set their own prices, dental offices across the province charge widely varying fees for dental services. Even though Alberta Blue Cross Usual and Customary dental fees provide the closest match to what most Alberta dentists are charging for services, you may face out-of-pocket costs—regardless of the basis of payment of claims or level of coverage provided through your dental plan.

Should your dental provider charge more than your plan allows, you will be responsible for the difference. You will also still be required to pay any co-pay or deductible amounts (where applicable) at the time of your appointment.

Access to information

All Alberta dental offices have quick and easy online access to the 2016 Alberta Blue Cross Usual and Customary fees, and information about your dental coverage. Most offices submit claims online to Alberta Blue Cross right at the time of your appointment, which means you can know instantly if you have an outstanding balance.

Learn more about your benefits by visiting the mobile-friendly Alberta Blue Cross member services site at **www.ab.bluecross.ca** and clicking “Sign in.”



For your reference, the back of this page contains the 2016 Usual and Customary dental fees for 30 common dental procedures.

2016 Alberta Blue Cross Usual and Customary dental fees

common procedures

Please consult your plan contract or benefit booklet for full information about any co-payment levels required by your plan.

Service description	2016 amount	Service description	2016 amount
Complete examination (New patient—all permanent teeth).....	\$110.30	Four surface amalgam (silver) filling—permanent molar	\$234.00
Recall examination (checkup).....	\$72.50	Two pins for filling.....	\$46.34
One x-ray (periapical).....	\$30.00	Three surface composite (white) filling— permanent anterior tooth	\$198.72
Three X-rays (periapical)	\$67.00	Two surface composite (white) filling—permanent bicuspid	\$209.15
Two X-rays (bitewing)	\$49.00	One surface composite (white) filling—permanent molar	\$158.00
Four X-rays (bitewing).....	\$86.68	Porcelain fused to metal crown.....	\$923.00*
Panoramic (whole mouth) X-ray	\$96.00	Lab processed veneer.....	\$900.00*
Polishing (up to 15 minutes)	\$68.00	Root canal therapy (three roots).....	\$1,187.00
Scaling (removal of tartar, up to 15 minutes).....	\$72.18	Root planing (removal of tartar, etc. from roots; up to 30 minutes).....	\$156.00
Fluoride.....	\$33.50	Complete upper denture.....	\$900.00*
Pit and fissure sealant (first tooth).....	\$35.00	Pontic for fixed bridge (to replace missing tooth).....	\$462.00*
Pit and fissure sealant (each additional tooth, same area).....	\$18.00	Retainer (crown) for fixed bridge.....	\$938.00*
Two surface amalgam (silver) filling—primary tooth	\$140.00	Uncomplicated tooth removal (first tooth).....	\$140.00
Three surface amalgam (silver) filling— permanent anterior tooth/bicuspid.....	\$179.00	Uncomplicated tooth removal (each additional tooth in same area)	\$130.00
Two surface amalgam (silver) filling—permanent molar.....	\$153.00	Tooth removal—complete bone coverage	\$400.00

* plus lab fees

Examples of Usual and Customary Dental Fees for some typical services

Adult checkup (recall/cleaning)\$367.36

Recall exam, two bitewing radiographs, two time units scaling, one time unit polishing, fluoride

Restoration ("filling")\$280.34

Four surface amalgam (silver) filling, permanent molar, two pins for filling

Three-unit bridge\$2,338.00*

Retainer (crown) for fixed bridge, pontic for fixed bridge (to replace missing tooth), retainer (crown) for fixed bridge

Crown\$1,117.00*

Porcelain fused to metal crown, post—cast metal

* plus lab fees

We're here to help!

If you have any questions about your dental benefits, please call Alberta Blue Cross Customer Services at

780-498-8000 (Edmonton and area),

403-234-9666 (Calgary and area) or 1-800-661-6995 (toll free).



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