

# CITY-WIDE DROP-IN ZUMBA SCHEDULE

SPRING 2016 | APR 3 – JUL 2

| DROP-IN ZUMBA SCHEDULE   |                |   |  |  |  |                             |                        |
|--|----------------|---|--|--|--|-----------------------------|------------------------|
| Family Friendly (8+) classes are in blue      All other classes are ages 13+ |                |   |  |  |  |                             |                        |
| FACILITY   | SUN            | MON   | TUE  | WED  | THU  | FRI                         | SAT                    |
| CENTRAL LIONS RECREATION CENTRE  |                |   | 5:30-6:30PM                                  |  |  |                             |                        |
| CLAREVIEW COMMUNITY RECREATION CENTRE  | 10:45-11:45AM  | 9:30-10:30AM<br>8:15-9:15PM                   | 6:30-7:30PM                                  | 9:30-10:30AM<br><b>6:15 – 7:15PM</b>         | 9:30-10:30AM                               | 12:00-1:00PM<br>5:45-6:45PM |                        |
| COMMONWEALTH COMMUNITY RECREATION CENTRE                                     | 10-11AM        | 5:50-6:50PM<br>7:15-8:15PM                    |  | 10:45-11:45AM<br>5:45 – 6:45PM               | 6-7PM                                      |                             |                        |
| JASPER PLACE FITNESS AND LEISURE CENTRE                                      |                | 5:50-6:50PM                                   |  | 5:50-6:50PM                                  |  |                             |                        |
| KINSMEN SPORTS CENTRE  |                |   |  | 6-7PM  |  |                             | 10:05-11:05AM          |
| LONDONDERRY FITNESS AND LEISURE CENTRE                                       | <b>10-11AM</b> |   |  |  | 11-12AM                                    |                             |                        |
| MILL WOODS RECREATION CENTRE   |                |   |  |  | 5:45 – 6:45PM                              | 5:30-6:30PM                 |                        |
| TERWILLEGAR COMMUNITY RECREATION CENTRE                                      | <b>10-11AM</b> | 9-10AM<br>8:30-9:30PM<br>(Zumba Step)         | 10:45-11:45AM<br>(Zumba Gold)<br>5:45-6:45PM | 9-10AM<br>(Zumba Step)<br>5:45-6:45PM        | 1:30-2:30PM<br>(Zumba Gold)<br>7:30-8:30PM | 9-10AM                      | 10-11AM                |
| THE MEADOWS COMMUNITY RECREATION CENTRE                                      |                | 11:45-12:45AM<br>(Zumba Gold)<br><b>7-8PM</b> | 9-10AM<br>5:45-6:45PM                        | 7:45-8:45PM<br>11:45-12:45PM<br>(Zumba Gold) | 9-10AM<br>5:45-6:45PM                      | 10:45 –<br>11:45AM          | 11:45-12:45AM<br>1-2PM |

- Schedule subject to change, please [visit www.edmonton.ca/RecCentreNotifications](http://www.edmonton.ca/RecCentreNotifications) for updates on closures and cancellations.
- Proper exercise wear is required to participate. Please arrive at least 5 minutes before the class begins to avoid disruption.
- No Instructor led drop-in classes on statutory holidays.
- Visit [www.edmonton.ca/findyourfit](http://www.edmonton.ca/findyourfit) for weekly drop-in schedules.

Revised: March 23, 2016