

CITY-WIDE DROP-IN TABATA SCHEDULE

SPRING 2016 | APR 3 – JUL 2

DROP-IN TABATA SCHEDULE							All classes are 13+yrs
FACILITY	SUN	MON	TUE	WED	THU	FRI	SAT
CLAREVIEW COMMUNITY RECREATION CENTRE		7:15-8:00PM					
COMMONWEALTH COMMUNITY RECREATION CENTRE		6:00-6:45PM		6:00-6:45PM			
KINSMEN SPORTS CENTRE			6:00-6:45PM		6:00-6:45PM		
LONDONDERRY LEISURE CENTRE		7:30-8:15PM					
MILL WOODS RECREATION CENTRE					7:15-8:00PM		
TERWILLEGAR COMMUNITY RECREATION CENTRE		11:45am-12:45PM 6:15-7:00PM		11:45AM- 12:45PM	6:00-6:45PM		10:00-10:45AM
THE MEADOWS COMMUNITY RECREATION CENTRE		6:00-6:45PM		5:45-6:30PM		5:45-6:30PM	

- Schedule subject to change, please visit www.edmonton.ca/RecCentreNotifications for updates on closures and cancellations.
- Proper exercise wear is required to participate. Please arrive at least 5 minutes before the class begins to avoid disruption.
- No Instructor led drop-in classes on statutory holidays.
- Visit www.edmonton.ca/findyourfit for weekly drop-in schedules

Revised: March 23, 2016