

EDMONTON

Spring–Summer 2018




Priceless Fun

Your guide to **FREE** and low cost recreation opportunities in Edmonton

Edmonton

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The City of Edmonton acknowledges the traditional land on which our great city resides, is Treaty 6 Territory. We would like to thank the diverse Indigenous Peoples whose ancestors footsteps have marked this territory for centuries such as: Cree, Dene, Saulteaux, Nakota Sioux and Blackfoot peoples. We also acknowledge this as Metis' homeland and the home of the largest concentration of Inuit south of the 60th parallel. It is a welcoming place for all peoples who come from around the world to share Edmonton as a home.

COMPUTER HELP AVAILABLE

Don't have a computer and want to check out the websites that are in the Priceless Fun guide? You can use a computer for **FREE** at any Edmonton Public Library location.

If you want help using the internet, you can get help at the library! See page 21 in this guide.

LEISURE ACCESS PROGRAM (LAP)

WHAT IS THE LEISURE ACCESS PROGRAM?

The program allows eligible low-income Edmontonians to access participating City of Edmonton recreation facilities and attractions (swimming pools, fitness centres, Edmonton Valley Zoo etc.) through an annual pass or a subsidized monthly pass.

ANNUAL PROGRAM

The LAP Annual Program is valid for one year from issue date and provides free unlimited access to participating facilities and discounts on registered programs (daycamps, art classes, swimming lessons etc).

YOU MAY QUALIFY FOR THE LAP ANNUAL PROGRAM IF:

- You are currently on AISH
- You have an income below the low income threshold
- You are a recently landed immigrant or refugee
- You are not a full-time student at University of Alberta, NAIT or MacEwan University, unless you have children

MONTHLY PASS

The LAP Monthly Pass provides discounted opportunities to participating facilities, including drop-in and instructor-led programs. Individual passes are \$20/month and family passes are \$70/month.

You may qualify for the LAP Monthly Pass if:

- You have an income near the low income threshold

Note: If you have an income below Edmonton Transit Service's (ETS) Ride program's low income threshold, you may also qualify for the Ride Transit pass. Ride Transit is ETS' low income program that offers monthly passes to eligible Edmontonians for \$35/month. You do not need to submit a separate application to apply for Ride Transit. Learn more at edmonton.ca/ridetransit.

WHERE CAN I GET AN APPLICATION FORM?

- At any City of Edmonton Recreation Centre
- At www.edmonton.ca/lap
- By calling 311
- Edmonton Tower 2nd Floor
10111-104 Avenue NW
Edmonton, Alberta T5J 0J4

PROUDLY
WORKING WITH



**Jumpstart
Bon départ**



311 SERVICES

City of Edmonton program registration and service information — call 3-1-1

Callers using TTY call 780-944-5555 to be connected with a 311 agent.

311 agents are available 24 hours a day, every day of the year to help citizens with City of Edmonton municipal information, programs and services.

Call 311 for:

- ⚙️ Bus schedules and information
- ⚙️ Program registration and bookings
- ⚙️ Facility and program information
- ⚙️ Commendations and comments
- ⚙️ Residential and business inspections and permits
- ⚙️ Bylaw complaints
- ⚙️ Information on City programs and services

Help yourself with 311 online anytime! Visit the City of Edmonton website www.edmonton.ca or www.edmonton.ca/311 where you can:

- ⚙️ Find information on all City programs and services
- ⚙️ Search for bus schedules or plan a bus trip
- ⚙️ Register for a City program
- ⚙️ Renew a pet license
- ⚙️ And so much more!

Download the 311 App! 311 has made reporting concerns to the city more convenient through the use of your mobile device. Take a photo and allow your GPS to mark the location of your request. Some of the requests available on the 311 App are:

- ⚙️ Road and Sidewalk Maintenance
- ⚙️ Litter
- ⚙️ Graffiti/Vandalism
- ⚙️ Parks concerns
- ⚙️ Parking Enforcement
- ⚙️ And more!

The 311 App is available on Google Play and through the Apple Store. Search for ‘Edmonton 311’.

Special telephone assistance

Non-English speaking callers may request the help of an interpreter. The 311 agent will connect with an external interpretive service to assist with the call.

New to Edmonton?

Edmonton has a Citizen and New Arrival Information Centre located in City Hall. This centre helps new arrivals to Edmonton get settled. An interpretive service is available in 150 languages to help those who do not speak English. A Newcomers Guide is available in 8 languages. This guide can be found at the Citizen and New Arrival Information Centre or online at www.edmonton.ca/newcomers.

Your Neighbourhood

You can view a list of links to facilities and services in your neighbourhood or near your home. Check out www.edmonton.ca/neighbourhoods and select your neighbourhood from the drop down menu.

Find Your Fun

Interested in finding out about fun things to see and do in Edmonton? Check out www.findyourfun.ca to view links to fun things to see and do with history, fitness, nature, etc.





SPORT & RECREATION DISCOUNTS

Want to get active, but not sure if you can afford it?
Start here!

Boys and Girls Clubs Big Brothers Big Sisters of Edmonton and Area offer **FREE** recreational, social and educational programs. Their nine clubs are located throughout the city.

780-424-8181
www.bgcbigs.ca

The Edmonton Sport Council can help you to connect to the sport or active recreation activity of your choice, when to register, financial assistance and pertinent participation information.

780-497-7678
www.edmonton sport.com

The YMCA Opportunity Fund offers discounts on YMCA membership or programs. Low-income Edmontonians are pre-approved (bring a benefit card or Leisure Access Card to the front desk of any YMCA). If you do not receive income benefits you can complete an application form. Full-time adult students can get a discounted Student Pass.

www.edmonton.ymca.ca

Leisure Access Program — see page 3 of this guide.

Canadian Tire JumpStart helps kids ages 4–18, whose families cannot afford organized sport and recreation activities for them. The program may help pay the costs of registration fees, transportation and equipment.

780-429-9622 (Bill Rees YMCA)
www.canadiantire.ca/jumpstart

KidSport Edmonton provides registration fees for children and youth from low income families so they can play in organized sports. Up to \$250 per child per calendar year.

780-492-0105.

Email: edmonton@kidsport.ab.ca
www.kidsportcanada.ca/alberta/edmonton





LOW COST EQUIPMENT OPTIONS

Want to take part in sport and recreation, but the cost of equipment keeps you at home?

Consider renting, exchanging or purchasing used equipment. (This is not a full list, nor do we endorse any of these retailers. These suggestions are given as a starting point only.)

Sport Central Association gives used sports equipment **FREE** to children in need, including hockey pads, skates, bicycles, soccer, softball, rollerblades, racquets, snow sliders and many other types of gear. Children need to be referred by individuals or agencies (schools, government departments, community leagues or the Edmonton Police Service).

780-477-1166

www.sportcentral.org

City of Edmonton's River Valley Programs offer instructional programs in Archery, Biking, Canoeing and Stand Up Paddle Board during the spring and summer months. You can register as an individual or as a family and the program cost includes equipment. These programs are eligible for the Leisure Access Card. Check the website for more information.

www.edmonton.ca/rivervalleyprograms

Discounted Equipment Rentals (equipment available varies by retailer, so contact them directly for details).

- ⚙️ **Mountain Equipment Co-op** — pick up weekend rentals on Thursdays and pay for only 2 days. 12328–102 Avenue.
- ⚙️ **River Valley Adventure Co.** — mountain bike rentals for \$10/hour, sports and fishing equipment rentals. Louise McKinney Park.
- ⚙️ **Totem Outfitters** — offers a mid-week reduced rate for equipment rentals. 7430–99 Street.

Equipment Exchanges/Used Sales

- ⚙️ At All Sports and Cycle (13016–82 Street) and at Totem Outfitters (7430–99 Street) you can trade used equipment and get credit toward the purchase of other used equipment. They also both sell used equipment.
- ⚙️ Second hand stores and pawn shops may have sporting equipment.
- ⚙️ Check online for equipment swaps and used sales.

Kijiji Classifieds is Canada's largest classifieds site with millions of live ads in a wide range of categories - cars, housing, jobs, equipments and everything in between. Two new ads are posted every second! You can buy great second-hand items in your community, make money off unused possessions cluttering up houses.

www.kijiji.ca/h-edmonton/1700203





FAMILY NATURE NIGHTS

Learn about mushrooms, butterflies, birds, and mammals and the habitat we share with them right here in Edmonton's green spaces. Join local nature enthusiasts and deepen the connection between your family and our beautiful, complex planet.

The mission of the Family Nature Nights is to promote positive experiences for youth and their families with nature, science and urban wilderness. Programming is designed for 4–12 year olds, but nature lovers of all ages are welcome.

Family Nature Nights are hosted by Nature Alberta, Alberta Science Network, Alberta Biodiversity Monitoring Institute, and the City of Edmonton. These events are **FREE** that occur in locations across Edmonton. In 2018, there are a total of 6 events planned for Wednesday nights throughout July and August.

Visit www.facebook.com/FNNYEG for more details!

Nature Kids by Nature Alberta

Nature Kids is a province-wide club for youth and families who want to learn about nature and have fun at the same time! Nature Kids teaches children (aged 4–12) and their families about nature. The program provides educational materials and organizes monthly field trip experiences that promote being outdoors, observing nature, scientific investigation, environmental stewardship and healthy living.

Join Nature Kids

A one year family membership is \$25+GST and includes access to monthly Explorer Day field trips, NatureWild electronic magazine, the home learning Nature Heroes Program and membership in Nature Alberta. If you are interested in taking a more involved role, contact us about becoming a Nature Kids chapter leader!

780-427-8124 or naturekids@naturealberta.ca

Nature Alberta Events Calendar: Find more information about Nature Alberta events in Edmonton and across Alberta. Many are **FREE** to participants.

www.naturealberta.ca/about-us/events





CITY OF EDMONTON ATTRACTIONS

With a Leisure Access Card (see page 3), admission to any City of Edmonton attraction is **FREE**. Or wait until Sunday September 30, 2018 for Free Admission Day at some City of Edmonton owned and operated attractions.

John Janzen Nature Centre invites visitors of all ages to have fun while learning more about Edmonton's natural spaces. Families (up to 7 people living in the same household) can visit the John Janzen Nature Centre for only \$17.

Access from Fox Drive, just east of Whitemud Drive. They share a parking lot with Fort Edmonton Park.

Find out more at www.edmonton.ca/johnjanzen.



SPRING/SUMMER DROP-IN PROGRAMS

Spring Green Shack Programs

Experience spring fun in your own neighbourhood by dropping in on one of the City of Edmonton's exciting **FREE** Green Shack programs.

Children aged 6–12 are welcome to join us for games, crafts, sports, outdoor cooking and more! Children under 6 are welcome but must be supervised by a parent or guardian at all times.

Programs are led by City of Edmonton staff who:

- ⚙️ Ensure children play safely
- ⚙️ Will be wearing a blue shirt and name tag
- ⚙️ Have completed a security clearance check, First Aid training and been certified as a specialist in FUN!

The Spring Green Shack Program runs in March, April and May at select locations, on weekdays from 3:30 pm–6:00 pm and weekends from 1:00 pm–5:00 pm. For programs in your area, please call 311 or visit www.edmonton.ca/dropincommunityprograms

Parents are responsible for their children at all times and must be available in the event of an emergency. Children can come and go as they please from our Green Shack Programs.

Spring Bike Safety Programs

Enjoy the cycling season this year with basic safety skills for participants on 2 or 4 wheels. Learn about the parts of your bike, road & trail rules, riding drills, and cycling etiquette. This program is targeted to children aged 6–12, however, all children accompanied by an adult are welcome to attend. Families are encouraged to participate!

Participants must have their own bike, as well as a CSA approved helmet in order to participate. This program may cancel due to inclement weather. For programs in your area, please call 311 or visit www.edmonton.ca/dropincommunityprograms

Summer Green Shack and Pop Up Play Playground Programs

Experience a great summer in your own neighbourhood by dropping by one of the City of Edmonton's exciting **FREE** Green Shack and Pop Up Play playground programs.

Children aged 6 to 12 are welcome to join the games, sports, crafts, music, drama and special events. Children under 6 are welcome but must be supervised by a parent or guardian at all times.

Programs are led by City of Edmonton staff who:

- ⚙️ Ensure children play safely
- ⚙️ Will be wearing a blue shirt and name tag
- ⚙️ Have completed a security clearance check, First Aid training and been certified as a specialist in FUN!

The Green Shack and Pop Up Play playground programs run from July 3 to August 23. Green Shack programs operate on weekdays. Pop Up Play programs are offered two days a week in a select number of neighbourhoods. For playground programs in your area, please refer to the 2018 Community Summer Drop-In Programs guide, call 311 or visit www.edmonton.ca/playgrounds.

Parents are responsible for their children at all times and must be available in the event of an emergency. Children can come and go as they please from our Green Shack Programs. Families seeking more formalized supervision are encouraged to register in one of our exciting Daycamp Programs.

Flying Eagle Program

This **FREE** drop in program provides an opportunity for children aged 6–12 to learn about the teachings and traditions of a number of Aboriginal cultures. Activities that may be offered include: beading, making dream catchers, playing traditional games, telling stories and bannock making. The Flying Eagle Program is offered at a number of Green Shack Playgrounds located throughout the City. For Flying Eagle Program locations, please visit www.edmonton.ca/flyingeagle



Spray Decks and Water Play features

One of the best ways to stay cool this summer is to head to one of the City's **FREE** water play features or spray decks. There are tons of places to splash away the day, many in your own neighbourhood. For more information, check the Community Summer Drop-In Programs Guide, call 311 or visit www.edmonton.ca/waterplay

Registered Summer Daycamps

Check your child's school bag in March for the 2018 City of Edmonton Daycamps Guide.

Looking for registered daycamps during the summer months? The City of Edmonton Daycamps Guide has all the details — it can be your child's ticket to adventure! In this guide, you'll find camps located at Facilities and Attractions as well as Neighbourhood camps hosted at Community League Halls and Community Organizations. These camps are easily accessible, within or near your community, and are for children aged 3–17.

Preschool and children's camps are available and all feature exciting games and activities. Choose from arts and crafts, cooking, drama, dance and music, imaginative play, science and nature, and sports and fitness community summer programs.

Guides are available at any City Leisure Centre, Edmonton Public Library, Community Services office or online at www.edmonton.ca/daycamps.

Registration opens on March 14. Sign up by calling 311 or visit ereg.edmonton.ca.

Skate Parks

Skate Parks are open to skateboarders, BMX riders and inline skaters of all ages. Our on-site staff will be happy to share their skills with you. Look for their nave shirts! If you are looking for more in-depth instruction, check out our registered Skateboard camps at www.edmonton.ca/daycamps.



YOUTH PROGRAMS

Clareview Youth Night

Open to all youth in grades 7–12 for basketball, gym activities, art, and optional programming on certain nights such as the library, esthetics and cooking. Friday nights at J.D. Bracco Junior High School (3150–139 Avenue) from 4–7:30 pm Program runs from September to May.

Permanent Skateboard Parks

Skateboard Park operation hours are the same as City of Edmonton Park Bylaws. From June 1 to the end of August, Permanent Skateboard Parks are staffed daily, 12:30–8 pm (Wednesdays, 3:30–8 pm)

Callingwood Skateboard Plaza
17740–69 Avenue

Fulton Ravine South Skateboard Park
6110–98 Avenue

Castle Downs Skateboard Park
11930–153 Avenue

Kaskitayo Skateboard Park
1921–111 Street

Clareview Skateboard Park
3804–139 Avenue

Millwoods Skateboard Park
7207–28 Avenue

While skateboarding, cycling or inline skating, we encourage the use of a helmet and proper safety equipment.

Skateboard Workshops

Interested in fine-tuning your skateboarding skills? Join our leaders for informal workshops in a community near you! Dates, locations and details are online at:

www.edmonton.ca/activities_parks_recreation/skateparks.aspx

Youth Special Events

Meet youth from across the city, win prizes and take home swag at a **FREE** Youth Special Event this summer! Special events include a Basketball Tournament, an Arts Showcase on Whyte Avenue and more! Check out our website and social media for more details.

For more information on City of Edmonton Youth Programs and Events:

Call: 780-944-7421 or Visit: www.edmonton.ca/youth

Email: youth@edmonton.ca

Facebook: [EdmontonYP](https://www.facebook.com/EdmontonYP)

Twitter and Instagram: [@yegyouth](https://www.instagram.com/yegyouth)

Newcomer Swimming Introduction

Are you a new Canadian? Are you unfamiliar with what the City of Edmonton has to offer for swimming pools and lessons? Swimming can be a fun, healthy, family or solo activity and the City offers many different swimming activities suitable for all ages! Come join us for a 2 hour session where you can learn about affordable classes, be introduced to the pool area, pool rules, what to wear to a pool, and get a taste of what types of lessons we offer within the City of Edmonton. This session will include an in water swimming session at the end so please bring clean bathing attire and clean indoor shoes for the pool deck. Children under 8 must be with a caregiver 15 years or older with no more than 3 children under 8 per 1 caregiver.

Newcomer Swimming Pool Introduction

Commonwealth Community Recreation Centre

FREE!





If you are new to Canada, and would like to learn more about the City of Edmonton's Aquatic Facilities, this is the session for you!

April 27, 2018	6-8pm	Multipurpose Room 4	624861
May 25, 2018	6-8pm	Multipurpose Room 4	624862
June 15, 2018	6-8pm	Multipurpose Room 4	624863

Call 311 to register!





WATER PLAY SITES

District Water play sites are open June 3 to September 4 from 9 am–9 pm!

There's nothing better than splashing away a hot summer's day at one of the City's District Water Play Sites!

Starting June 2, **FREE** spray parks are staffed on weekends 11 am–6 pm, and daily 11 am–6 pm from July 3 to August 24.

Staff provide general supervision and offer games and activities on quieter days.

Hours are subject to change based on weather conditions and maintenance schedules.

District Water Play Sites

Callingwood

69 Avenue & 175 Street

Castle Downs

153 Avenue & 117 Street

G. Edmund Kelly

150 Avenue & 79 Street

Glengarry

133 Avenue & 89 Street

Jackie Parker Park

45 Avenue & 50 Street

Mill Woods Spray Park

23 Avenue & 66 Street

Kinsmen Park

9100 Walterdale Hill
(not staffed)

For more information call 311 or go to www.edmonton.ca/waterplay

Outdoor City of Edmonton Pools

With a Leisure Access Card, the cardholder can get unlimited **FREE** admissions to outdoor pools. Outdoor pools open at the end of May, depending on the weather. Check status of outdoor pools on the website www.edmonton.ca/outdoorpools.

Mill Creek

9555–84 Avenue

Queen Elizabeth

9100 Walterdale Hill

Fred Broadstock

10515–158 Street

Oliver

10315–119 Street

Borden Park

Closed for construction
(Opening in 2017)



COMMUNITY LEAGUES

Welcome to Your Community League — A Place Where Neighbours Meet and Great Things Happen

Community leagues are about bringing neighbours together, establishing friendships and enjoying activities, programs and events that are close to home. By becoming a member of your local community league, you have the chance to:

- ☀ Meet and have fun with your neighbours in parent groups, play groups, social activities or special times at your local pool, gym or ice arena.
- ☀ Join in education and recreation activities for people of all ages.
- ☀ Have access to skating rinks, tennis courts and community sports teams such as soccer, basketball and hockey.
- ☀ Have a say in planning your parks, playgrounds, and green spaces.
- ☀ Get discounts at City Recreation Centres, tourist attractions and major league sporting events.
- ☀ Help make your neighbourhood a better place to live through programs such as Front Yards in Bloom, Neighbourhood Watch, and Community Gardens.

To find your league, visit www.efcl.org or call 780-437-2913.



Edmonton Federation of
Community Leagues

Living
Local

September 17, 2018 is Community League Day. Over 100 Leagues around the City will be hosting fun events featuring arts, sports, barbecues, pub nights, carnivals, harvest fairs and more! Check out www.efcl.org to find an activity near you.

Tennis Courts

Some Community Leagues have tennis courts available for use by members. Contact EFCL at www.efcl.org to find a court near you. Check with the individual community league for membership prices and low-cost options.

The City of Edmonton also operates tennis courts open from May to October, weather permitting. To reserve a tennis court, check costs, availability or times, go to www.edmonton.ca/ereg





EDMONTON'S PARKS

Edmonton's "Ribbon of Green"

There is more green space in Edmonton than in any other city in Canada. Edmonton has over 460 parks, open to the public from 5 am to 11 pm daily. Park buildings close at 10 pm

Park usage is governed by the Parkland Bylaw 2202. Check www.edmonton.ca/bylaws for more details.

Visit different parks all over Edmonton. Check out YEG Parks on Facebook, City of Edmonton Parks on Twitter, or @YEG_Parks on Instagram for parks to visit.

Ideas for **FREE** or low cost activities in parks:

- ☀ play frisbee/croquet/giant board games/horseshoes/hopscotch
- ☀ have a picnic/BBQ/tea party/birthday party
- ☀ scavenger hunt or geocaching
- ☀ watch nature in parks (see page 7)
- ☀ play ball or watch a game
- ☀ meet up with a friend
- ☀ watch the clouds
- ☀ roll down a hill
- ☀ fly a kite or paper airplane
- ☀ walk, run, bike, board, rollerskate
- ☀ take photos
- ☀ yoga/tai chi/fitness
- ☀ reading/writing/drawing/knitting
- ☀ learn about the history of the park or who it's named after
- ☀ play at the playground, spray park or skateboard park
- ☀ admire public art
- ☀ play a game from your childhood
- ☀ hug a tree
- ☀ make s'mores on a firepit
- ☀ walk your dog on a leash (see page 19)
- ☀ special events (call 311 to ask about permissions needed for certain activities in parks)

If you want to reserve or rent a picnic or gazebo area, please check https://www.edmonton.ca/attractions_events/rentals_event_planning/public-spaces.aspx

Thinking about having a Block party in your neighbourhood or nearby park? Check out our Neighbourhood Block Party tool kit for some great ideas of how to get started at www.edmonton.ca/blockparties. Contact your Neighbourhood Resource Coordinator to see how they can help (call 311).





PARKS FOR PAWS

What are the doggone rules?

Are you not sure about the rules for walking dogs in the City of Edmonton? The City's Animal Licensing and Control Bylaw and Parkland Bylaw help protect the safety of you, your neighbours and your pet.

In the City of Edmonton, you must:

- 🐾 License your dog
- 🐾 Clean up your pet's defecation
- 🐾 Keep your pet on a leash no longer than 2 metres in length

Your pet must be on a leash when you are not in your yard. Use a leash on any parkland trail more than 0.5 metres wide and on city boulevards.

Keep dogs away from:

- 🐾 School grounds
- 🐾 Sports fields
- 🐾 Golf courses
- 🐾 Off trail outside off-leash area boundaries
- 🐾 Playgrounds
- 🐾 Picnic sites
- 🐾 Park buildings and facilities
- 🐾 Off-trail inside community league parks

Off-leash sites

Edmonton has over 40 sites where your dog can run and play without a leash. Some off-leash areas are in river valley parks, some are on undeveloped land and others are in neighbourhood parks.

The City currently manages 3 fully fenced sites:

- 🐾 Alex Decoteau Park (10204 105 Street)
- 🐾 Lauderdale off-leash (129 Ave and 113a Street)
- 🐾 Paisley off-leash (Paisley Dr SW & Price Lane SW)

Area maps with boundaries are posted at each site and online at edmonton.ca/offleash. Remember to keep your dog on a leash when coming and going from off-leash sites.

Want to be a Dog Off Leash Ambassador at an off-leash site?

Site ambassadors are volunteers who keep sites safe and fun by:

- 🐾 Welcoming everyone to the off-leash area
- 🐾 Providing education about rules, boundaries and site development
- 🐾 Engaging all park users in site stewardship
- 🐾 Attending events and tradeshow to promote off-leash use

Email DogOffLeashCoordinator@edmonton.ca or check www.edmonton.ca/offleashambassador for more information.





WALK EDMONTON

One of the easiest ways to get active is to walk and the summer is a great time to take a walk. Walking is **FREE**, fun and good for you and your family.

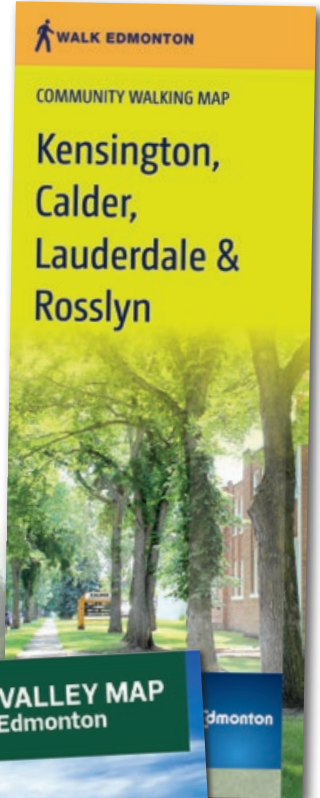
Walking can also help build community. While out walking you can:

- ⚙ Meet your neighbours
- ⚙ Get some exercise
- ⚙ Visit local shops
- ⚙ Enjoy public spaces

You become the “eyes on the street” that enhance safety and reduce crime.

Check out the website: www.edmonton.ca/walkedmonton for information on walking, local destinations, walking clubs, walking routes, and maps.

Many communities have created Community Walking Maps. These maps show measured walking routes, walking paths, bike trails, schools, stores and other places in your neighbourhood. You can find **FREE** copies of these maps at www.edmonton.ca/walkmap or your local library.





CYCLE EDMONTON

Edmonton is a cycle friendly City!

Our city has many bicycle friendly routes and paths, along with new protected bike routes located in west central, downtown, and the southside, designed to help you get around on your bike safely and efficiently. Visit edmonton.ca/cycling to find out more about how to navigate safely along the bike routes.

NB. Bicycles are allowed on the LRT (outside peak hours) and on select bus routes with bike racks.

Where to Cycle

The Edmonton Bike Map will help you pre-plan your bicycle trip from your front door to one of the many parks, leisure centres, attractions and trails in our River Valley!

In your neighbourhood

Now you can have more fun on your wheels! Many neighbourhoods now have **bike bumps and hills** in their parks. Park locations include:

Beaumaris Park

10210–155 Avenue

Bulyea Heights Park

300 Bulyea Road

Crawford Plains Park

4012–12 Avenue

Daly Grove Park

1880–37 Street

Dovercourt Park

13510 Dovercourt Avenue

Ellerslie Crossing Park

5th Avenue & Edwards Drive

Elsinore

Park

17604–104

Street

Haddow Park

2099 Haddow Drive

Hudson Park

13625 Cumberland Road.

James Ramsey Park

15016–43 Avenue

Kenilworth Park

7104–87 Avenue

Leger Park

750 Leger Way

Mount Pleasant Park

5809–106 Street

Ottewell Park




6010–93A Avenue

Oxford Park

13104–155 Avenue



This summer get outside! Enjoy the great outdoors and the sights of our beautiful city by cycling for recreation, errands or commuting. Save money, get fit and help the environment. Most importantly, remember to be safe. Here are some great tips:

-  Follow bike and shared-use lanes to stay on the bicycle network
-  Keep a safe distance from parked cars
-  Always wear a helmet



ART & CULTURE DISCOUNTS

Is it expensive to go to art events? Start here to find ways to save money on art interests.

Alberta Craft Council Gallery — **FREE** admission.

10186-106 Street
780-488-6611
www.albertacraft.ab.ca

Art Gallery of Alberta — Servus **FREE** admission night on the last Thursday of every month from 6-9 pm and low-cost senior/student admission.

2 Sir Winston Churchill Square
780-422-6223
www.youraga.ca

Alberta Legislature — **FREE** tours and an interpretive centre.

10800-97 Avenue
780-427-7362
www.assembly.ab.ca/visitor

City of Edmonton Archives — Year-round, Mon-Fri. **FREE** access to the city's archives.

Prince of Wales Armouries Heritage Centre
10440-108 Avenue
780-496-8711
www.edmonton.ca/archives

Citadel Theatre — September-May. The first Sunday evening of each show is Servus Pay-What-You-Can night. Tickets go on sale that day at 3 pm at the box office.

9828-101A Avenue
780-425-1820
www.citadeltheatre.com/servus-pay-what-you-can

Edmonton & District Historical Society — Take a ride in a horse-drawn carriage, tour a cemetery, listen to stories and music from the past and explore our built heritage. The website allows you to search for **FREE** events.

780-439-2797
www.historicedmonton.ca

Guided Walking Tours of Downtown Edmonton — **FREE** tours from June-August.

780-424-4085
www.edmontondowntown.com/core-crew.php

Latitude 53 Contemporary Visual Culture Centre — **FREE** admission (donations accepted).

10242-106 Street
780-423-5353
www.latitude53.org

Neon Sign Museum — **FREE** outdoor display shows historic neon business signs. Best experienced after dark.

104 Street, between 103 and 104 Avenues
www.edmonton.ca/neonsignmuseum

Observatory — **FREE** admission to view the sun, moon, stars and planets. Located southeast of Telus World of Science in Coronation Park (142 Street and 111 Avenue). Call to confirm hours.

780-451-3344
www.telusworldofscienceedmonton.com/exhibits-events/observatory

Paleontology Museum — **FREE** admission from Mon-Fri. Public and school groups can call to book tours of 5-30 people.

1-26 Earth Sciences Building,
University of Alberta North Campus
780-492-3265
www.eas.museums.ualberta.ca/en/PaleontologyMuseum

Princess Theatre — Monday's tickets are \$6.00 each.

10337-82 Avenue
780-439-9100
<http://www.princesstheatre.ca>

University of Alberta Observatory — **FREE** admission. Check website for hours.

5-240 Centennial Centre for Interdisciplinary Science,
University of Alberta North Campus
780-492-5286
www.uofa.ualberta.ca/physics/outreach/departement-of-physics-astronomical-observatory

Walterdale Playhouse — October-July. The first Thursday viewing of each show is two tickets for the price of one.

10322-83 Avenue
780-439-3058
www.walterdaletheatre.com



FESTIVALS AND SPECIAL EVENTS

To find out what is happening at any time of the year in Canada's Festival City, check out:



www.edmonton.ca/events



FREE newspapers or the Sun and Journal online



www.exploreedmonton.com



www.festivalseekers.com/edmontonfestivals

May to October: Farmers' Markets — Check out the many markets around our city. Free entertainment at many locations.

www.albertafarmersmarket.com/markets

May 8–19: Last Chance Leduc — A play set during the 1947 Leduc oil strike, that explores the landscape of young marriage. Every performance has Pay What You Will tickets, where you can pay what you are able to attend the show. May 15 is also a Relaxed Performance, where the show is altered to be sensitive to patrons who might benefit from a more relaxed environment, including those with a wide range of social, sensory, educational needs, or those with infants.

<https://www.fringetheatre.ca/current-season/>

May 12: Get Ready in the Park — Find out how you and your family can prepare for an emergency at this **FREE**, fun, family-oriented event. 10:00 am–3:00 pm

William Hawrelak Park

www.edmonton.ca/getreadyinthepark

May 13 — The Ben Calf Robe Annual Traditional Pow Wow — Edmonton Catholic Schools & Aboriginal Learning Services in partnership with the City of Edmonton invite all members of the Edmonton and surrounding communities to join us for our 36th Annual Ben Calf Robe Traditional Pow-Wow.

The Pow-wow will feature a variety of dancers, drummers and craft and food vendors. Grand Entries will be held at 1 pm and 6 pm

Commonwealth Community Recreation Centre (Indoor Fieldhouse)

www.facebook.com/BenCalfRobeAnnualTraditionalPowWow/

June 22: Hip Hop in the Park — Enjoy this **FREE** hip hop festival and celebrate hip hop music and culture.

Boyle Street Community League
9538–103 Avenue

<http://hiphopinthepark.ca>

May 20: Vaisakhi Nagar Kirtan — **FREE** Sikh Parade, starts at 12 pm

Mill Woods Road South

For more info:

nagarkirtanedmonton@gmail.com

May 31–September 13: YEG Farmers Market: Visit YEG's newest farmers market along Stony Plain Road.

Running every Wednesday

4 pm–8 pm

Stoney Plain Road & 152 St. NW

www.yegmarket.com

June 1–11: Nextfest — Young Canadian artists in theatre, dance, cyber-art, music, painting, photography, filmmaking and poetry. Many **FREE** events.

www.nextfest.ca

June 2: Root for Trees Fest—Have fun in nature and plant trees with Root for Trees at a **FREE**, family event! Festivities will include a Tree-athlon, tree planting, live music, bucket truck rides, tree giveaways, educational exhibitors, and much more!

10:00 am–3:00 pm

www.rootfortrees.ca

June 3–4: Sprouts New Play Festival for Kids — Family events in the lobby start at 1 pm, plays begin at 2 pm Cost \$7.50 per person, **FREE** under 3 years old.

Westbury Theatre, ATB Financial Arts Barns
10330–84 Avenue

www.concretetheatre.ca/Sprouts2017.html

June 9–17: Edmonton Pride Festival — The Edmonton Pride Festival is a celebration of the LGBTQ2S+ (Lesbian, Gay, Bisexual, Transgender, Queer and Two-Spirited)

community. Join us for 10 days of **FREE**, fun and family friendly events that celebrate inclusion and diversity. Be sure to join us on June 9th at 11 am for our celebration on Whyte Avenue. For detailed event information visit www.edmontonpride.ca

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Whyte Avenue. For detailed event information visit www.edmontonpride.ca

June 17: Father's Day Show and Shine Car Show — **FREE** admission. Bring out the entire family and check out some sweet rides, fun kids activities, **FREE** BBQ, food trucks, and a special Father's Day program for everyone! Vehicle Registration: 9 am–10 am, Car Show Hours: 10 am–3 pm

Celebration Church

7215 Argyll Road

www.celebrationedmonton.com



FESTIVALS AND SPECIAL EVENTS

June 21: National Indigenous Peoples Day — A day for all Canadians to celebrate the cultures and contributions of First Nations, Métis and Inuit peoples in Canada. Many **FREE** events. Many events leading up to June 21.

www.edmonton.ca (search for National Aboriginal Day)

www.aadnc-aandc.gc.ca/eng (search for #NADCanada)

June 19–July 15: Freewill Shakespeare Festival — Performances for the 2018 Season include Comedy of Errors & Hamlet. Tuesday events, Saturday matinees and Canada Day performances are “Pay-What-You-Will”. Children under 10 get in **FREE** to every performance. Students can see Sunday shows for **FREE** with a valid student ID.

Heritage Amphitheatre, William Hawrelak Park
www.freewillshakespeare.com

June 21–July 3: The Works Art & Design Festival — Numerous **FREE** outdoor exhibits including live artists’ demonstrations, outdoor street market, music and lectures.

Please note 2018 location:

Federal Building Plaza
11 am–11 pm

www.theworks.ab.ca/the-festival

July 1: Canada Day — Many Canada Day events are **FREE**, including events at the Alberta Legislature. Enjoy the magnificent fireworks display over Edmonton’s river valley parks and the North Saskatchewan River at 11 pm.

www.edmonton.ca/canadaday

July 1: Canada Day Heritage Chinatown Night Market — Free Canada Day Evening Celebration in Edmonton’s Heritage from 2 pm to 8 pm. The Quarters (96 St), Downtown.

For more info:

www.cbaedmonton.com

July 1–9: National Fishing Week — Anyone can fish for **FREE** for one day at end of National Fishing week on July 10, no licence required.

Hermitage Park or
North Saskatchewan River
www.edmonton.ca/fishing

July 6–8: Whyte Avenue Art Walk — **FREE** 4 km walk where you can view art and meet artists on the streets of Old Strathcona.

10 am–5 pm
Whyte Avenue
www.art-walk.ca

July 10–15: Edmonton International Street Performers Festival — The best of the best! Magicians, clowns, jugglers, musicians and comics from around the world. Admission by ‘pass the hat’.

Please note 2018 location:

Dr. Wilbert McIntyre Park
11 am–11 pm
780-425-5162

www.edmontonstreetfest.com

July 13–15: FISE World Series Edmonton (International Festival of Extreme Sports) — The biggest action sports festival in the world, featuring BMX freestyle, BMX Flatland, skateboard and scooter. Admission is **FREE!**

Louise McKinney Riverfront Park
www.fiseworldedmonton.com

July 18–29: Taste of Edmonton — Sample delicious food while enjoying **FREE** live music. Food tickets can be bought at a discount one month before the event. Check website for details.

Please note 2018 location:

Federal Building Plaza
www.tasteofedm.ca

July 20–29: K-Days — Kick off the annual K-Days festivities in the right way with a **FREE** parade on July 20.

Downtown (route to be confirmed)
www.k-days.com

July 21: Global Fusion: Youth Cultural Arts Celebration — A Celebration of diverse cultural arts for youth & young adults, cultural groups from all over Edmonton will create a ‘Multicultural Powwow’

Giovani Caboto Park

For more info: globalfusionyouth@gmail.com

July 21: Chalk it Up on 118 & K-Days Pancake Breakfast — Celebrate the kickoff of K-Days on historic Alberta Ave. Start the day with your family and friends at our **FREE** K-Days Pancake breakfast and participate and watch the magic of Chalk Arts take to the sidewalks, alleys and streets! Come down to the corner of 94 St & 118 Avenue and join us for **FREE** pancakes 10:00 am–Noon. Activities include performances, professional 3D Chalk artist, and Chalk Art Workshop.

10:00 am–3:00 pm
Corner of 94 Street and 118 Ave
www.thecarrot.ca
www.artsontheave.org



FESTIVALS AND SPECIAL EVENTS

July 27–28: ITU World Triathlon

Edmonton — Welcomes everyone from elite to first-time athletes. Spectators are also invited to take in the **FREE** festival and cheer on the racers.

William Hawrelak Park
www.edmonton.com.triathlon.org

August 4–6: Edmonton Heritage Festival presented by Servus Credit Union

— Admission to the world's largest cultural festival is 100% **FREE** and includes 45 stages with cultural entertainment and over 70 cultural display tents from around the world. See the event from overhead on the Remax Hot Air Balloon for **FREE** and ride the HeritageFest minitrain from the North end to the South end of the park also for **FREE**. There are **FREE** kids games in the Edmonton International Airports Kidzworld, **FREE** games of skill at the Knights of Columbus Hockey adventure tent, **FREE** massages at the Makami tent, and so much more... You can also shop for food, crafts, artwork and clothing from all over the world.

William Hawrelak Park
www.heritagefest.ca

August 10–12: Cariwest — The festival includes a colourful **FREE** Friday Night Costume Extravaganza competition. View a **FREE** parade on Saturday August 11. The Cariwest Caribbean Village is open on Saturday and Sunday with **FREE** live entertainment..

Federal Building Plaza
www.cariwest.ca

August 16–26: Edmonton International Fringe Theatre Festival

— More than 200 indoor and outdoor acts. Admission to the grounds and street performances are **FREE** (donations accepted). KidsFringe is **FREE** entertainment aimed at ages 0–12.

www.fringetheatre.ca/festival

August 19–20: Open Farm Day — This **FREE** family-friendly event is the province's ultimate agricultural gathering and will include items such as an urban farm and a honey harvest.

Northlands
7515–118 Ave
www.northlands.com/alberta-open-farm-days

August 26: Food Forest — Edmonton's Food Forest is continuing to grow! Join Root for Trees in planting an edible forest in MacKinnon Ravine. A food forest is a self-sufficient perennial planting of native, food-producing trees and shrubs.

www.rootfortrees.ca

August 27: Viva Italia Day — Check out live entertainment, cooking demos, kid's corner and more at this **FREE** family friendly event.

Giovanni Caboto Park
<http://www.agje.ca>

September 14–16: Kaleido Family Arts Festival

— A radically open arts festival that highlights our city's culture and provides its people with the reclamation of their streets. We are a transformative arts festival where the audience becomes the artist, while using our environment in unique and crazy ways in the historic Alberta Avenue District.

In the heart of Alberta Ave Arts District
118 Ave and 90–95 St

For more info:
www.kaleidofest.ca www.artsontheave.org

September 16: Community League Day

— Check out your local community league for events, many of which are **FREE**.

www.efcl.org








September 29: Nuit Blanche

This **FREE** family-friendly all-night contemporary art event is about bringing Edmontonians and contemporary art together. 7 pm–7 am Downtown.

www.nuitblancheedmonton.ca

Money saving tips for the festival season

Many festivals and events have parts that are **FREE** or cost less than a movie, but the extras can get expensive. These tips can help you enjoy these festivals without breaking your budget.

-  Talk to your family about how much money you want to spend at the event before you go.
-  Take advantage of the **FREE** parts of the events.
-  Bring snacks and meals with you.
-  Bring your own water or juice and refill them from the tap when you are out.
-  If you are taking the bus, buy an Edmonton Transit Day Pass. Up to four children (ages 12 and under) accompanied by one adult, can ride the transit all day with this Day Pass. They cannot be purchased on the bus. For purchase locations call 311 or online at www.takeets.com.
-  Remember, volunteering for festivals will often get you **FREE** admission
-  If you still want to see a movie, Movies 12 in Clareview offers movies for \$2.25 on Tuesdays.









PUBLIC LIBRARIES



Spread the words.

Books and a whole lot more!

Become an EPL member and enjoy:

-  **FREE**, easy and convenient access to computer services.
-  **FREE** unlimited Wi-Fi access.
-  Millions of items in our physical and digital collections to borrow for **FREE**.
-  Over 21,000 **FREE** programs and events each year for people of all ages and interests.
-  Research assistance, as well as one-on-one tech help with friendly staff to get instruction on everything from computer basics to word processing to social media.
-  Services and materials for people with disabilities, including home service, large print and talking books.

EPL's incredible content includes books, magazines, graphic novels, movies, music CDs, video games, world language materials, eBooks, eMusic, audiobooks and over 100 databases — including same-day newspapers from around the world.

Beyond our incredible content, amazing services and superb programs, you receive expert, personal service you can't get anywhere else. Our staff are here to help you find what you need — for **FREE**.

If you do not have your library card yet, sign up for one at any branch or online at www.epl.ca/signup. Library cards are **FREE** for all Edmontonians!

For further information, call any location, drop in to your neighbourhood branch, or visit www.epl.ca. You can also view the programs and events offered at your local branch or on our website!

Call each branch for individual hours of operation:

Abbottsfeld-Penny McKee

3410-118 Avenue
780-496-7839

Calder

12710-131 Avenue
780-496-7090

Capilano

200 Capilano Mall,
5615-101 Avenue
780-496-1802

Castle Downs

106 Lakeside Landing,
15379 Castle Downs Road
780-496-1804

Clareview

3808-139 Avenue
780-442-7471

Enterprise Square (Downtown)

10212 Jasper Avenue
780-496-7070

Heritage Valley

2755-119 A Street
780-496-4834

Highlands

6710-118 Avenue
780-496-1806

Idylwylde (Bonnie Doon)

8310-88 Avenue
780-496-1808

Jasper Place

9010-156 Street
780-496-1810

Lois Hole (Callingwood)

17650-69 Avenue
780-442-0888

Londonderry

110 Londonderry Mall,
137 Avenue & 66 Street
780-496-1814

McConachie

16607-50 Street
780-442-5314

Meadows

2702-17 Street
780-442-7472

Mill Woods

2610 Hewes Way
780-496-1818

Riverbend

460 Riverbend Square,
Rabbit Hill Road &
Terwillegar Drive
780-944-5311

Sprucewood

11555-95 Street
780-496-7099

Strathcona

8331-104 Street
780-496-1828

West Henday Promenade (Lewis Estates)

818 Webber Greens Drive,
West Henday Promenade
780-496-8342

Whitemud Crossing

145 Whitemud Crossing
Shopping Centre,
4211-106 Street
780-496-1822

Woodcroft (Westmount)

13420-114 Avenue
780-496-1830



REUSE CENTRE

Want to do your part to reuse as well as have fun? The Reuse centre offers and accepts a variety of items such as arts and craft supplies, office and school supplies, paper and plastic products and much more. You can fill a bag with great reusable items to keep you busy at a low cost of only \$5 for up to 25kg!

You can use your Leisure Access Card for 24 **FREE** purchases (up to 25 kg per purchase) at the Reuse Centre.

The Reuse Centre offers group programs and birthday parties where you can explore the basics of upcycling and crafting while learning how to reduce waste. You can bring the family to one of our **FREE** monthly crafting sessional to make a seasonal craft with reusable materials. The Reuse Centre also offers **FREE** facility tours on Fridays, between 9–11 am.





INDIVIDUAL & FAMILY WELL-BEING (I&FW)

Feeling overwhelmed, and want direction?

The Individual & Family Well-Being (I&FW) unit is staffed by professional social workers who know and understand relationships, community resources, and supports.

I&FW listens to citizens' concerns to improve the lives of individuals and families to provide best fitting referrals to meet their needs. ALL citizens of Edmonton can call for support, learn about our programs, and find out if they are eligible for our services.

Our **FREE** services include:

- ☀ Counselling on daily stresses, relationships, challenges with family members, violence and abuse
- ☀ Drop in support groups on personal development, family violence, and education and prevention.
- ☀ Provide information referrals related to finances, housing, community agencies, and recreation resources
- ☀ Provide public education to the community in the areas of healthy relationships, stress management, and issues related to family violence, prevention and education.
- ☀ Develop partnerships and collaborative services, and build capacity with community agencies that can improve personal and community safety
- ☀ RaisingEdmonton.com — Online website with easy to search parent and children friendly places and events throughout the City.
www.raisingedmonton.com

To learn if our services fit your needs and speak privately with a professional social worker, call 780-496-4777, Monday through Friday, from 8:30 am to 4:30 pm



OTHER FREE RESOURCES

211 Services

211 connects people to a wide range of social, government, and health services available in their community. 211 can help you find the appropriate services for your needs.

We can help you find:

- ☀ Basic needs (food, clothing, shelter and financial support)
- ☀ Employment resources
- ☀ Parenting support
- ☀ Counselling/support groups
- ☀ Health care
- ☀ Legal services
- ☀ And much more!

Just dial 2-1-1 or visit us at ab.211.ca to chat with an Information and Referral Specialist. It's FREE, confidential and available 24 hours a day, 7 days a week.

If you are having trouble connecting to 211 or if 211 is not yet available in your area, call 780-482-INFO (4636).

English not your first language?

211 can offer support in over 170 different languages with the help of a tele-interpreter service.



VOLUNTEER OPPORTUNITIES

Did you know that over 15,000 Edmontonians volunteer for the City of Edmonton every year? Volunteering for the City gives you the opportunity to get involved and connect with members of your own community! Opportunities exist in all corners of the City and are flexible to meet your own volunteer goals.

Why not volunteer with the City of Edmonton?

What are the benefits?

- ☀ Make a difference in your community
- ☀ Influence decisions
- ☀ Make connections and establish relationships
- ☀ Build new skills
- ☀ Enhance your resume
- ☀ Promote healthy recreation and develop life skills in your children
- ☀ Have fun
- ☀ Help others while spending time together as a family

What are your interests? We have opportunities with:

- ☀ Fort Edmonton Park
- ☀ John Walter Museum
- ☀ Muttart Conservatory
- ☀ Edmonton Valley Zoo
- ☀ Reuse Centre
edmonton.ca/reusevolunteers
- ☀ Capital City Clean Up
- ☀ Master Composter Recycler Program
- ☀ Leaders in Training
- ☀ Partners in Parks
- ☀ Agencies, Boards and Committees
- ☀ Festivals and Special Events
- ☀ River City Clean up
- ☀ Dogs Off Leash Ambassador Program
- ☀ Root for Trees
- ☀ Front Yards in Bloom

For more information on the steps to becoming a volunteer, call 311 or visit www.edmonton.ca/volunteers. You can even apply to volunteer online.

Leaders in Training

Youth 13–17, can volunteer for as little as 2 weeks or as many as 9, to help staff run summer programs for kids. LITs can volunteer at Neighbourhood, attraction and facility summer day camps as well as Green shack programs. Go to www.edmonton.ca/leadersintraining. Registration closes June 12.

