

EDMONTON

Spring – Summer 2016



Priceless Fun

*Your guide to **FREE** and low cost recreation opportunities in Edmonton*

Edmonton

TABLE OF CONTENTS

	LEISURE ACCESS PROGRAM 3		YOUTH PROGRAMS . . . 15
	311 SERVICES 4		WATER PLAY SITES . . . 16
	ART & CULTURE DISCOUNTS 5		COMMUNITY LEAGUES 17
	SPORT & RECREATION DISCOUNTS 6		VOLUNTEER OPPORTUNITIES 18
	LOW COST EQUIPMENT OPTIONS 7		MAJOR PARKS 19
	FAMILY NATURE NIGHTS 8		PARKS FOR PAWS 20
	FESTIVALS AND SPECIAL EVENTS . . . 9 – 11		WALK EDMONTON . . 21
	PUBLIC LIBRARIES 12		CYCLE EDMONTON . . 22
	CITY OF EDMONTON ATTRACTIONS 13		REUSE CENTRE 23
	SUMMER PLAYGROUND PROGRAMS 13		PHYSICAL LITERACY . . 23
	SUMMER CAMPS 14		OTHER FREE RESOURCES 24
			INDIVIDUAL & FAMILY WELL-BEING (I&FW) . . . 24

COMPUTER HELP AVAILABLE

Don't have a computer and want to check out the websites that are in the Priceless Fun guide? You can use a computer for **FREE** at any Edmonton Public Library.

If you want help using the internet, you can get help at the library! See page 12 in this guide.



LEISURE ACCESS PROGRAM

EDMONTON

City of Edmonton Community Services Department

Leisure Access Program

Have you heard about the Leisure Access Program?

The program gives low income adults, seniors, youth and children from Edmonton free use of City of Edmonton recreation facilities and attractions (swimming pools, fitness centres, Edmonton Valley Zoo, Fort Edmonton Park etc) and discounts on registered programs (daycamps, art classes, swimming lessons etc) for one year.

Who can get a card? You may qualify if:

- If you are currently on an approved Government Program for example (AISH, Income Support, Health Benefits, etc.)
- Have an income below the low income cut off line
- If you are a recent landed immigrant or refugee

How can I get a card?

You will have to apply for the program by submitting an application form and required documents.

How can I get an application form?

- At any City of Edmonton Leisure & Sport Fitness facilities
- At www.edmonton.ca/lap
- By calling, 780-496-4918
- 14th Floor, CN Tower 10004-104 Avenue NW Monday - Friday except holidays, from 8:30-4:30pm

Experience
the **power** of
participation.

Edmonton

With the Leisure Access Card, the cardholder can get unlimited **FREE** admissions to Fort Edmonton Park, John Janzen Nature Centre, John Walter Museum, Muttart Conservatory, Reuse Centre, Edmonton Valley Zoo, City Arts Centre, all City of Edmonton Leisure, Sports & Fitness facilities, outdoor swimming pools and indoor ice arenas. Plus, a 75% discount on registered programs.



311 SERVICES

City of Edmonton program registration and service information — call 3-1-1

Callers using TTY call 780-944-5555 to be connected with a 311 agent.

311 agents are available 24 hours a day, every day of the year to help citizens with City of Edmonton municipal information, programs and services.

Call 311 for:

- ⚙ Bus schedules and information
- ⚙ Program registration and bookings
- ⚙ Facility and program information
- ⚙ Commendations and comments
- ⚙ Residential and business inspections and permits
- ⚙ Bylaw complaints
- ⚙ Information on City programs and services

Help yourself with 311 online anytime! Visit the City of Edmonton website www.edmonton.ca or www.edmonton.ca/311 where you can:

- ⚙ Find information on all City programs and services
- ⚙ Search for bus schedules or plan a bus trip
- ⚙ Register for a City program
- ⚙ Renew a pet license
- ⚙ And so much more!

Special telephone assistance

Non-English speaking callers may request the help of an interpreter. The 311 agent will connect with an external interpretive service to assist with the call.

New to Edmonton?

Edmonton has a Citizen and New Arrival Information Centre located in City Hall. This centre helps new arrivals to Edmonton get settled. An interpretive service is available in 150 languages to help those who do not speak English. A Newcomers Guide is available in 9 languages. This guide can be found at the Citizen and New Arrival Information Centre or online at www.edmonton.ca/newcomers.

Your Neighbourhood

You can view a list of links to facilities and services in your neighbourhood or near your home. Check out www.edmonton.ca/neighbourhoods and select your neighbourhood from the drop down menu.

Find Your Fun

Interested in finding out about fun things to see and do in Edmonton? Check out www.findyourfun.ca to view links to fun things to see and do with history, fitness, nature, etc.





ART & CULTURE DISCOUNTS

Is it expensive to go to art events? Start here to find ways to save money on art interests.

Art Gallery of Alberta — Servus **FREE** admission night on the last Thursday of every month from 6–9 p.m. and low-cost senior/student admission.

2 Sir Winston Churchill Square
780-422-6223
www.youraga.ca

Latitude 53 Contemporary Visual Culture Centre — **FREE** admission (donations accepted).

10242–106 Street
780-423-5353
www.latitude53.org

Alberta Craft Council Gallery — **FREE** admission.

10186–106 Street
780-488-6611
www.albertacraft.ab.ca

Paleontology Museum — **FREE** admission from Mon–Fri. Public and school groups can call to book tours of 5–30 people.

1–26 Earth Sciences Building,
University of Alberta North Campus
780-492-3265
www.eas.museums.ualberta.ca/en/PaleontologyMuseum

Guided Walking Tours of Downtown Edmonton — **FREE** tours from June–August.

780-424-4085
www.edmontondowntown.com/core-crew.php

Alberta Legislature — **FREE** tours and an interpretive centre.

10800–97 Avenue
780-427-7362
www.assembly.ab.ca/visitor

Observatory — **FREE** admission to view the sun, moon, stars and planets.

Located southeast of Telus World of Science in Coronation Park (142 Street and 111 Avenue). Call to confirm hours.
780-451-3344
www.telusworldofscienceedmonton.com/exhibits-events/observatory

University of Alberta Observatory — **FREE** admission. Check website for hours.

5-240 Centennial Centre for
Interdisciplinary Science,
University of Alberta North Campus
780-492-5286
www.telusworldofscienceedmonton.com/observatory

Neon Sign Museum — **FREE** outdoor display shows historic neon business signs. Best experienced after dark.

104 Street, between 103 and 104 Avenues
www.edmonton.ca/neonsignmuseum

Princess Theatre — Monday's tickets are \$6.00 each.

10337–82 Avenue
780-439-9100
www.princesstheatre.ca/

Citadel Theatre — September–May. The first Sunday evening of each show is Servus Pay-What-You-Can night. Tickets go on sale that day at 3 p.m. at the box office.

9828–101A Avenue
780-425-1820
www.citadeltheatre.com

City of Edmonton Archives — Year-round, Mon–Fri. **FREE** access to the city's archives.

Prince of Wales Armouries Heritage Centre
10440–108 Avenue
780-496-8711
www.edmonton.ca/archives

Walterdale Playhouse — October–July. The first Thursday viewing of each show is two tickets for the price of one.

10322–83 Avenue
780-439-3058
www.walterdaletheatre.com



SPORT & RECREATION DISCOUNTS

**Want to get active, but not sure if you can afford it?
Start here!**

Boys and Girls Clubs Big Brothers Big Sisters of Edmonton and Area offer **FREE** recreational, social and educational programs. Their nine clubs are located throughout the city.

780-424-8181
www.bgcbiggs.ca

The Edmonton Sport Council can help find sport programs and clubs, register for a team and learn about local sport events, special programs and promotions.

780-497-7678
www.edmontonsport.com

The YMCA Opportunity Fund offers discounts on YMCA membership or programs. Low-income Edmontonians are pre-approved (bring a benefit card or Leisure Access Card to the front desk of any YMCA). If you do not receive income benefits you can complete an application form. Full-time adult students can get a discounted Student Pass.

www.edmonton.ymca.ca

Leisure Access Program — see page 3 of this guide.

Canadian Tire JumpStart helps kids ages 4–18, whose families cannot afford organized sport and recreation activities for them. The program may help pay the costs of registration fees, transportation and equipment.

780-429-9622 (Bill Rees YMCA)
www.canadiantire.ca/jumpstart

KidSport Edmonton provides registration fees for children and youth from low income families so they can play in organized sports. Up to \$250 per child per calendar year.

780-492-0105
Email: edmonton@kidsport.ab.ca
www.kidsportcanada.ca/alberta/edmonton





LOW COST EQUIPMENT OPTIONS

Want to take part in sport and recreation, but the cost of equipment keeps you at home?

Consider renting, exchanging or purchasing used equipment. (This is not a full list, nor do we endorse any of these retailers. These suggestions are given as a starting point only.)

Sport Central Association gives used sports equipment **FREE** to children in need, including hockey pads, skates, bicycles, soccer, softball, rollerblades, racquets, snow sliders and many other types of gear. Children need to be referred by individuals or agencies (schools, government departments, community leagues or the Edmonton Police Service).

780-477-1166

www.sportcentral.org

City of Edmonton's River Valley Programs offer instructional programs in Archery, Biking, Canoeing and Stand Up Paddle Board during the spring and summer months. You can register as an individual or as a family and the program cost includes equipment. These programs are eligible for the Leisure Access Card. Check the website for more information.

www.edmonton.ca/rivervalleyprograms

Discounted Equipment Rentals (equipment available varies by retailer, so contact them directly for details).

- ⚙ **Mountain Equipment Co-op** — pick up weekend rentals on Thursdays and pay for only 2 days. 12328-102 Avenue.
- ⚙ **River Valley Adventure Co.** — mountain bike rentals for \$10/hour, sports and fishing equipment rentals. Louise McKinney Park.
- ⚙ **Totem Outfitters** — offers a mid-week reduced rate for equipment rentals. 7430-99 Street.

Equipment Exchanges/Used Sales

- ⚙ At All Sports and Cycle (13016-82 Street) and at Totem Outfitters (7430-99 Street) you can trade used equipment and get credit toward the purchase of other used equipment. They also both sell used equipment.
- ⚙ Second hand stores and pawn shops may have sporting equipment.
- ⚙ Check online for equipment swaps and used sales.





FAMILY NATURE NIGHTS

Learn about aquatic insects, birds, urban coyotes or the habitat we share with them right here in Edmonton's green spaces. Join local nature enthusiasts and deepen the connection between your family and our beautiful, complex planet.

The mission of Family Nature Nights is to promote positive experiences for youth and their families with nature, science and urban wilderness. Nature lovers of all ages are welcome.

Family Nature Nights are **FREE** 2 hour events that occur in locations across Edmonton. In 2016, there are a total of 6 events planned for Wednesday nights throughout July and August.

Visit www.facebook.com/FNNED for more details!

Nature Kids by Nature Alberta

Nature Kids is a province-wide club for youth and families who want to learn about nature and have fun at the same time! Nature Kids teaches children (aged 5–11) and their families about nature. The program provides educational materials and organizes monthly field trip experiences that promote being outdoors, observing nature, scientific investigation, environmental stewardship and healthy living.

Join Nature Kids

A one year family membership is \$25 +GST and includes access to monthly Explorer Day field trips, NatureWild electronic magazine, the home learning Action Awards Program and membership in Nature Alberta. If you are interested in taking a more involved role, contact us about becoming a Nature Kids club leader!

780-427-8124 or
naturekids@naturealberta.ca

Nature Alberta Events

Calendar: Find information about Nature Alberta events in Edmonton and across Alberta. Many are **FREE** to participants.

www.naturealberta.ca/about-us/events

Nature in the City: Are you interested in learning about our local natural area parks? Check out the **FREE Urban BioKit**, a colourful workbook full of activities to explore the wonders of nature in Edmonton.

www.edmonton.ca/Edmonton_BioKitLOW.pdf





FESTIVALS AND SPECIAL EVENTS

To find out what is happening at any time of the year in Canada's Festival City, check out:

- ☀ www.edmonton.ca/events
- ☀ **FREE** newspapers or the Sun and Journal online
- ☀ www.edmonton.ca/attractions_events/schedule-festivals-events.aspx
- ☀ www.festivalseekers.com/edmontonfestivals

May to October: Farmers' Markets —

Check out the many markets around our city. Free entertainment at many locations.

www.albertamarkets.com

Throughout Spring/Summer: Powwows

Explore the cultural riches of the Powwow in communities across Edmonton and in surrounding areas. **FREE** to attend.

www.ammsa.com/community-access/community-events

Root for Trees — Look for awesome **FREE** events to get you and your family more connected to nature. Events throughout the summer: June 4th, July 13, July 29-30 and August 13.

www.rootfortrees.ca

May 7: Get Ready in the Park — Find out how you and your family can prepare for an emergency at this **FREE**, fun, family-oriented event.

Hawrelak Park, 9930 Groat Road
www.edmonton.ca/getreadyinthepark

May 21: Hip Hop in the Park — Enjoy this **FREE** hip hop festival and celebrate hip hop music and culture.

Boyle Street Community League
9538-103 Avenue
<http://hiphopinthepark.ca>

May 22: Vaisakhi Nagar Kirtan — **FREE** Sikh Parade, starts at 12:30 p.m.

Millwoods Road East
nagarkirtanedmonton@gmail.com

May 26-29: Tales Storytelling Festival

— Storytellers gather to share their stories at various events. Free events as part of festival.

Throughout Old Strathcona
www.storyfestalberta.ca

June 2-12: Nextfest — Young Canadian artists in theatre, dance, cyber-art, music, painting, photography, filmmaking and poetry. Many **FREE** events.

780-453-2440
www.nextfest.ca

June 3-12: Edmonton Pride Festival

— A **FREE**, family-friendly event for the lesbian, gay, bi-sexual, trans-identified, and queer community, along with friends, family and supporters. **FREE** parade at 11 a.m. on June 4.

www.edmontonpride.ca

June 4-5: Sprouts New Play Festival for Kids — Family events in the lobby start at 1 p.m., plays begin at 2 p.m. Cost \$7.50 per person, **FREE** under 3 years old.

Westbury Theatre, ATB Financial Arts Barns
10330-84 Avenue 780-439-3905
www.concretetheatre.ca/Sprouts2016.html

June 19: Father's Day Show and Shine Car Show — **FREE** admission.

Celebration Church
7215 Argyll Road
780-424-8724
www.celebrationedmonton.com

June 21: National Aboriginal Day — A day for all Canadians to celebrate the cultures and contributions of First Nations, Métis and Inuit peoples in Canada. Many **FREE** events. Many events leading up to June 21.

www.edmonton.ca
(search for National Aboriginal Day)
www.aadnc-aandc.gc.ca/eng/1100100013322/

June 21-July 17: Freewill Shakespeare Festival — Tuesday evenings and Saturday matinees are "Pay-What-You-Will." Children under 10 get in **FREE** to every performance. Students can see Sunday shows for **FREE** with a valid student ID.

Hawrelak Park, 9930 Groat Road
780-425-8086
www.freewillshakespeare.com



FESTIVALS AND SPECIAL EVENTS

June 23–July 5: The Works Art & Design Festival — Numerous **FREE** outdoor exhibits including live artists' demonstrations, outdoor street market, music and lectures.

Sir Winston Churchill Square
780-426-2122
www.theworks.ab.ca

July 1: Canada Day — Many Canada Day events are **FREE**, including events at the Legislature grounds and Sir Winston Churchill Square.

311
www.edmonton.ca/events

July 2–10: National Fishing Week — Anyone can fish for **FREE** for one day at end of National Fishing week, no licence required. Call 311 for date.

Hermitage Park or
North Saskatchewan River
311
www.edmonton.ca/fishing

July 3–10: Historic Festival and Doors Open Edmonton — Take a ride in a horse-drawn carriage, tour a cemetery, listen to stories and music from the past and explore our built heritage. The website allows you to search for **FREE** events.

780-439-2797
www.historicedmonton.ca

July 8–17: Edmonton International Street Performers Festival — **FREE** admission. Viewing of performances by magicians, clowns, jugglers, mime artists, musicians and comics is by donation.

Sir Winston Churchill Square
780-425-5162
www.edmontonstreetfest.com

July 8–10: Whyte Avenue Art Walk — **FREE** 4 km walk where you can view art and meet artists on the streets of Old Strathcona.

Whyte Avenue
www.art-walk.ca

July 9: Summer Market in Chinatown — This **FREE** event is to showcase Edmonton's finest multicultural shows, arts and crafts in vibrant Chinatown.

97 St from 106–107 Avenue
780-423-2628

July 17: Sourdough Raft Race — **FREE** admission. Children's mini-carnival, kite flying and a chance to watch the raft race. Launch is at Terwillegar Park at noon, finish is at Rafter's Landing. Watch from the banks of the river valley.

www.sourdoughrafttrace.com

July 16–25: Taste of Edmonton — Sample delicious food while enjoying **FREE** live music. Food tickets can be bought at a discount one month before the event. Check website for details.

Sir Winston Churchill Square
780-423-2822
www.tasteofedm.ca

July 18: K-Days — parade is **FREE** on July 18.

Downtown (route to be determined)
311
www.k-days.com

August dates to be announced: Movies on the Square — Bring your lawn chair and some snacks. Enjoy pre-movie entertainment before watching a **FREE** family movie on a 3-story high inflatable screen. *Please note: this event may be cancelled due to bad weather.

Sir Winston Churchill Square
311
www.edmonton.ca

July 30–August 1: Servus Heritage Festival — Admission is **FREE**, but please bring a non-perishable food item for a donation to the Food Bank. Watch **FREE** performances. You can buy food, crafts, artwork and clothing from all over the world.

Hawrelak Park
9930 Groat Road
780-488-3378
www.heritage-festival.com



FESTIVALS AND SPECIAL EVENTS

August 5–7: Cariwest — The festival includes a colourful costume extravaganza and calypso competition. **FREE** parade on Saturday, Aug 6. The Cariwest Caribbean Village is open on Saturday and Sunday with **FREE** live entertainment.

780-421-7800
www.cariwest.ca

August 11–21: Edmonton International Fringe Theatre Festival — More than 200 indoor and outdoor acts. Admission to the grounds and street performances is **FREE** (donations accepted). KidsFringe is **FREE** entertainment aimed at ages 0–12.

780-448-9000
www.fringetheatre.ca

August 19–21: Dragon Boat Festival — This **FREE** family-friendly festival features dragon boat races on the river.

Louise McKinney Park
9999 Grierson Hill Road
www.edbfa.com

August 21: Open Farm Day — Come see an urban farm and a honey harvest at this **FREE** family-friendly event.

Northlands
7515–118 Ave
www.northlands.com/alberta-open-farm-days

August 28: Viva Italia Day — Check out live entertainment, cooking demos, kid's corner and more at this **FREE** family-friendly event.

Giovanni Caboto Park
95 Street and 109 Avenue
<http://www.agie.ca>

August 31–September 5: Tour of Alberta — Check out the **FREE** events as the Tour rolls into Edmonton. Check website for dates of events in Edmonton.

www.tourofalberta.ca

September 9–11: Kaleido Family Arts Festival — Arts festival featuring music, dance, theatre, film, literary and visual arts. **FREE** admission.

Alberta Avenue
118 Avenue between 91–94 Street
780-471-1580
www.kaleidofest.ca

September 17: Community League Day — Check out your local community league for events, many of which are **FREE**.
www.efcl.org

September 20–24th National Forest Week: Celebrate National Forest Week with Root for Trees! Enjoy the great outdoors and learn about the many benefits of the urban forest.

Check out the website for more details and location!
www.rootfortrees.ca

Money saving tips for the festival season

Many festivals and events have parts that are **FREE** or cost less than a movie, but the extras can get expensive. These tips can help you enjoy these festivals without breaking your budget.

- ⚙ Talk to your family about how much money you want to spend at the event before you go.
- ⚙ Take advantage of the **FREE** parts of the events.
- ⚙ Bring snacks and meals with you.
- ⚙ Bring your own water or juice and refill them from the tap when you are out.
- ⚙ If you are taking the bus, buy an Edmonton Transit Day Pass. For purchase locations call 311 or look online at www.takeets.com.
- ⚙ Remember, volunteering for festivals will often get you **FREE** admission
- ⚙ If you still want to see a movie, Movies 12 in Clareview offers movies for \$2.25 on Tuesdays.



PUBLIC LIBRARIES

Books and a whole lot more!



Spread the words.

Become an EPL member and enjoy:

- ☀ **FREE**, easy and convenient access to computer services.
- ☀ Over 10 million items in our physical and digital collections.
- ☀ Over 13,500 **FREE** programs and events available each year for people of all ages and interests.
- ☀ **FREE** research assistance.
- ☀ **FREE** unlimited Wi-Fi access.
- ☀ One **FREE** hour of daily computer use for internet, word processing and printing services.
- ☀ **FREE** one-on-one tech help with friendly EPL staff to get instruction on topics such as computer basics, the Internet, email, word processing and social networking services like Facebook and Twitter.
- ☀ Services and materials for people with disabilities including home service, large print, Braille and talking books.

EPL's incredible content includes books, magazines, graphic novels, movies, music CDs, video games, world language materials, eBooks, eMusic, audiobooks and over 100 databases including same-day newspapers from around the world.

Beyond our incredible content, amazing services and superb programs, you receive expert, personal service you can't get anywhere else. Our library staff are here to help you find what you need — for **FREE**.

If you do not have your library card yet, sign up for one at any branch or online at www.epl.ca/signup. Library cards are **FREE** for all Edmontonians!

For further information, call any library, drop in at your neighbourhood branch or visit www.epl.ca. You can also view the programs and events offered at your local library or on our website.

Call each library for individual hours of operation.

Stanley A. Milner,

Downtown

7 Sir Winston Churchill
Square
780-496-7000

Abbottsfeld,

Penny McKee

3410-118 Avenue
780-496-7839

Calder

12522-132 Avenue
780-496-7090

Capilano

201 Capilano Mall,
5004-98 Avenue
780-496-1802

Castle Downs

106 Lake Side Landing,
15379 Castle Downs Road
780-496-1804

Clareview

3808-139 Avenue
780-442-7471

Highlands

6710-118 Avenue
780-496-1806

Idylwyld

8310-88 Avenue
780-496-1808

Jasper Place

9010-156 Street
780-496-1810

Lois Hole

17650-69 Avenue
780-442-0888

Londonderry

110 Londonderry Mall,
137 Avenue & 66 Street
780-496-1814

Meadows

2702-17 Street
780-442-7472

McConachie (eplGO)

16607-50 Street

Mill Woods

2610 Hewes Way
780-496-1818

Riverbend

460 Riverbend Square,
Rabbit Hill Road &
Terwilliger Drive
780-944-5311

Sprucewood

11555-95 Street
780-496-7099

Strathcona

8331-104 Street
780-496-1828

West Henday Promenade (eplGO)

West Henday Promenade
818 Webber Greens Drive
780-496-8342

Whitemud Crossing

145 Whitemud Crossing
Shopping Centre,
4211-106 Street
780-496-1822

Woodcroft

13420-114 Avenue
780-496-1830



CITY OF EDMONTON ATTRACTIONS

With a Leisure Access Card (see page 3), admission to any City of Edmonton attraction is **FREE**. Or wait until Sunday September 25, 2016 for Free Admission Day at participating City of Edmonton owned and operated attractions.

John Janzen Nature Centre invites visitors of all ages to have fun while learning more about Edmonton's natural spaces. Families (up to 7 people living in the same household) can visit the John Janzen Nature Centre for only \$15.

Access from Fox Drive, just east of Whitemud Drive. They share a parking lot with Fort Edmonton Park.

Find out more at www.edmonton.ca/johnjanzen

John Walter Museum is a great place to learn about life in Edmonton's past. Open Sunday 1–4 p.m. from March to November and Saturday 1–4 p.m. from July to September with **FREE**, fun, drop-in historical programs. Explore all three of John Walter's homes and find out about Edmonton's history through the story of this fascinating pioneer family. **FREE** drop-in campfire programs on Tuesday, July 12 & 26 and August 9 & 23 from 6–9 p.m.

Located on the north side of the Kinsmen Sport Centre parking lot and accessed at the bottom of Walterdale Hill and Queen Elizabeth Road.

Find out more at www.edmonton.ca/johnwalter.



SUMMER PLAYGROUND PROGRAMS

Green Shack and Pop Up Play Playground Programs

Experience a great summer in your own neighbourhood by dropping by one of the City of Edmonton's exciting **FREE** Green Shack and Pop Up Play playground programs.

Children ages 6 to 12 are welcome to join the games, sports, crafts, music, drama and special events. Children under 6 are welcome but must be supervised by a parent or guardian at all times.

Programs are led by City of Edmonton staff who:

- ⚙️ Ensure children play safely
- ⚙️ Will be wearing a blue shirt and name tag
- ⚙️ Have completed a security clearance check, First Aid training and been certified as a specialist in FUN!

The Green Shack and Pop Up Play playground programs run from July 4 to August 25. Green Shack programs operate on weekdays. Pop Up Play programs are offered two days a week in a select number of neighbourhoods. For playground programs in your area, please refer to the 2016 Community Summer Drop-In Programs guide, call 311 or visit www.edmonton.ca/playgrounds.

Parents are responsible for their children at all times and must be available in the event of an emergency. Children can come and go as they please from our Green Shack Programs. Families seeking more formalized supervision are encouraged to register in one of our exciting Daycamp Programs.



Flying Eagle Program

This **FREE** drop in program provides an opportunity for children ages 6–12 to learn about the teachings and traditions of a number of Aboriginal cultures. Activities that may be offered include: beading, making dreamcatchers, playing traditional games, telling stories and making bannock. Flying Eagle is offered at a number of Green Shack programs throughout Edmonton. For Flying Eagle Program locations, please visit www.edmonton.ca/flyingeagle



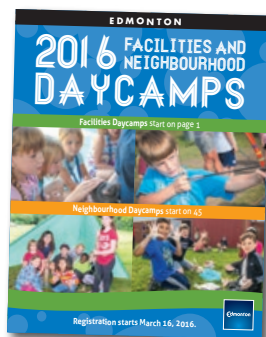
Spray Decks and Water Play features

One of the best ways to stay cool this summer is to head to one of the City's **FREE** water play features or spray decks. There are tons of places to splash away the day, many in your own neighbourhood. For more information, check the Community Summer Drop-In Programs Guide, call 311 or visit www.edmonton.ca/activities_parks_recreation/spray-parks-water-play.aspx

Registered Summer Daycamps

Check your child's school bag in March for the 2016 Facilities and Neighbourhoods Daycamps Guide.

Looking for registered daycamps during the summer months? The Facilities and Neighbourhoods Daycamps Guide has all the details — it can be your child's ticket to adventure! In this guide, you'll find camps located at Facilities and Attractions as well as Neighbourhood camps hosted at Community League Halls and Community Organizations. These camps are easily accessible, within or near your community, and are for children aged 2–17.



Many Camps are available, with different age ranges, location and themes! With themes including arts and crafts, cooking, drama, dance and music, imaginative play, science and nature, and sports and fitness, there is bound to be a perfect summer daycamp for your child.

Guides are available at any City Leisure Centre, Edmonton Public Library, Community Services office or online at www.edmonton.ca/daycamps

Registration opens on March 16. Register at any City of Edmonton Recreation or Leisure Centre, call 311 or visit ereg.edmonton.ca.

Play and Save Guide

The City of Edmonton also offers spaces in our summer daycamps for low-income families. If you are low income, unemployed or finding it hard to make ends meet, these camps are available to you at a subsidized cost. Please ask your child's school, your local library or your local Community Recreation Coordinator or Community Building Social Worker for a 2016 Play and Save Guide.

Youth Hubs

Beginning on July 4, City of Edmonton Youth Hub programs offer a variety of activities to youth aged 13–17. Come and go as you please and, better yet, have a say in what you do! Youth Hub staff offer a variety of activities from sports to youth crafts. If you just want to stay and chat, we can do that too! Visit www.edmonton.ca/youth for more information.

Skate Parks

Skate Parks are open to skateboarders, BMX riders and inline skaters of all ages. Our on-site staff will be happy to share their skills with you. Look for their orange shirts! If you are looking for more in-depth instruction, check out our registered Skateboard camps at www.edmonton.ca/skateparks



YOUTH PROGRAMS

Youth Drop-In Hubs

If you are between the ages of 13–17, check out one of our Summer Youth Hubs around the city! Specific times and locations can be found online at www.edmonton.ca/youth

Clareview Youth Night

Open to all youth ages 12–17 for gym activities, movies, crafts, fitness and more! Friday nights at J.D. Bracco Junior High School (3150–139 Avenue) from 4–8 p.m. Program runs from September to May.

Permanent Skateboard Parks

Skateboard Park operation hours are the same as City of Edmonton Park Bylaws. From June 3 to the end of August, Permanent Skateboard Parks are staffed daily, 12:30–8 p.m. (Fridays, 3:30–8 p.m.)

Callingwood Skateboard Plaza

17740–69 Avenue

Clareview Skateboard Park

3804–139 Avenue

Kaskitayo Skateboard Park

1921–111 Street

Castle Downs Skateboard Park

11930–153 Avenue

Fulton Ravine South Skateboard Park

6110–98 Avenue

Millwoods Skateboard Park*

7207–28 Avenue

*Possible construction. Please check edmonton.ca for more information.

While skateboarding, cycling or inline skating, we encourage the use of a helmet and proper safety equipment.

Skateboard Workshops

Interested in fine-tuning your skateboarding skills? Join our leaders for informal workshops in a community near you! Dates, locations and details are online at: www.edmonton.ca/activities_parks_recreation/skateboarding-workshops

Youth Special Events

Meet youth from across the city, win prizes and take home swag at a **FREE** Youth Special Event this summer! Special events include a Basketball Tournament in Churchill Square, an Arts Showcase on Whyte Avenue and more! Check out our website and social media for more details.

For more information on City of Edmonton Youth Programs:

Call: 780-944-7421 or Visit: www.edmonton.ca/youth

Email: youth@edmonton.ca Facebook: [EdmontonYP](https://www.facebook.com/EdmontonYP) Twitter and Instagram: [@yegyouth](https://www.instagram.com/yegyouth)





WATER PLAY SITES

District Water play sites are open June 4 to September 5 from 9 a.m.–9 p.m.!

There's nothing better than splashing away a hot summer's day at one of the City's District Water Play Sites!

Starting June 4, **FREE** spray parks are staffed on weekends 11 a.m.–6 p.m., and daily 11 a.m.–6 p.m. from July 1 to September 5.

Staff provide general supervision and offer games and activities on quieter days.

Hours are subject to change based on weather conditions and maintenance schedules.

District Water Play Sites

Callingwood

69 Avenue & 175 Street

Castle Downs

153 Avenue & 117 Street

City Hall

1 Sir Winston Churchill Square

G. Edmund Kelly

150 Avenue & 79 Street

Glengarry

133 Avenue & 89 Street

Jackie Parker Park

45 Avenue & 50 Street

Mill Woods Spray Park

23 Avenue & 66 Street

Kinsmen Park

9100 Walterdale Hill
(not staffed)

For more information, call 311 or go to www.edmonton.ca/activities_parks_recreation/spray-parks-water-play.aspx

Outdoor City of Edmonton Water Features

Hours of operation from 11 a.m. to 6 p.m. Supervision provided.

City Hall

1 Sir Winston Churchill Square

Outdoor City of Edmonton Pools

With a Leisure Access Card, the cardholder can get unlimited **FREE** admissions to outdoor pools. Outdoor pools open at the end of May, depending on the weather. Check status of outdoor pools on the website www.edmonton.ca/outdoorpools.

Mill Creek

9555–84 Avenue

Fred Broadstock

10515–158 Street

Borden Park

Closed for construction
(Opening in 2017)

Queen Elizabeth

9100 Walterdale Hill

Oliver

10315–119 Street





COMMUNITY LEAGUES

Welcome to Your Community League — A Place Where Neighbours Meet and Great Things Happen

Community leagues are about bringing neighbours together, establishing friendships and enjoying activities, programs and events that are close to home. By becoming a member of your local community league, you have the chance to:

- ☀ Meet and have fun with your neighbours in parent groups, play groups, social activities or special times at your local pool, gym or ice arena.
- ☀ Join in education and recreation activities for people of all ages.
- ☀ Have access to skating rinks, tennis courts and community sports teams such as soccer, basketball and hockey.
- ☀ Have a say in planning your parks, playgrounds, and green spaces.
- ☀ Get discounts at City Recreation Centres, tourist attractions and major league sporting events.
- ☀ Help make your neighbourhood a better place to live through programs such as Front Yards in Bloom, Neighbourhood Watch, and Community Gardens.

To find your league, visit www.efcl.org or call 780-437-2913.



Edmonton Federation of
Community Leagues

Living
Local

September 17, 2016 is Community League Day. Over 100 Leagues around the City will be hosting fun events featuring arts, sports, barbecues, pub nights, carnivals, harvest fairs and more! Check out www.efcl.org to find an activity near you.

Tennis Courts

Some Community Leagues have tennis courts available for use by members. Contact EFCL at www.efcl.org to find a court near you. Check with the individual community league for membership prices and low-cost options.

The City of Edmonton also operates tennis courts open from May to October, weather permitting. To reserve a tennis court, check costs, availability or times, go to www.edmonton.ca/ereg





VOLUNTEER OPPORTUNITIES

Did you know that over 13,000 Edmontonians volunteer for the City of Edmonton every year? Volunteering for the City gives you the opportunity to get involved and connect with members of your own community! Opportunities exist in all corners of the City and are flexible to meet your own volunteer goals.

Why not volunteer with the City of Edmonton?

What are the benefits?

- ☀ Make a difference in your community
- ☀ Influence decisions
- ☀ Make connections and establish relationships
- ☀ Build new skills
- ☀ Enhance your resume
- ☀ Promote healthy recreation and help develop your children's life skills
- ☀ Have fun
- ☀ Help others while spending time together as a family

What are your interests? We have opportunities with:

- ☀ Recreation Centres
- ☀ Fort Edmonton Park and John Walter Museum
- ☀ Muttart Conservatory
- ☀ Edmonton Valley Zoo
- ☀ Reuse Centre
- ☀ Capital City Clean Up
- ☀ Master Composter Program
- ☀ Leaders in Training and Summer Step Up Programs
- ☀ Edmonton Police Service
- ☀ Partners in Parks
- ☀ Agencies and Boards
- ☀ Festivals and Special Events
- ☀ River City Clean up
- ☀ Dog Off-leash Areas
- ☀ Parks Patrol
- ☀ Parks Stewards Program

For more information on the steps to becoming a volunteer, call 311 or visit www.edmonton.ca/volunteers. You can even apply to volunteer online.

Leaders in Training

Teens can volunteer for as little as 2 weeks to help staff run summer programs for kids. Go to www.edmonton.ca/leadersintraining.

Many Edmonton festivals also need volunteers. Contact festival organizers to volunteer at these exciting events!





MAJOR PARKS

Edmonton's "Ribbon of Green"

There is more green space in Edmonton than in any other city in Canada. Edmonton has over 460 parks, open to the public from 5 a.m. to 11 p.m. daily. Park buildings close at 10 p.m.

Park usage is governed by the Parkland Bylaw 2202. Check www.edmonton.ca/bylaws for more details.

Visit different parks all over Edmonton. Check out YEG Parks on Facebook, City of Edmonton Parks on Twitter, or @YEG_Parks on Instagram for parks to visit.

Ideas for **FREE**/low-cost activities in parks:

- ⚙ play frisbee/croquet/
giant board games/
horseshoes/hopscotch
- ⚙ have a picnic/BBQ/tea
party/birthday party
- ⚙ scavenger hunt or
geocaching
- ⚙ watch nature in parks
(see page 7)
- ⚙ play ball or watch a
game
- ⚙ meet up with a friend
- ⚙ watch the clouds
- ⚙ roll down a hill
- ⚙ fly a kite or paper
airplane
- ⚙ walk, run, bike, board,
rollerskate
- ⚙ take photos
- ⚙ yoga/tai chi/fitness
- ⚙ reading/writing/
drawing/knitting
- ⚙ learn about the history
of the park or who it's
named after
- ⚙ play at the
playground, spray park
or skateboard park
- ⚙ admire public art
- ⚙ play a game from your
childhood
- ⚙ hug a tree
- ⚙ make s'mores on a
firepit
- ⚙ walk your dog on a
leash (see page 19)
- ⚙ special events (call
311 to ask about
permissions needed
for certain activities in
parks)

If you want to reserve or rent a picnic or gazebo area, please check www.edmonton.ca/activities_parks_recreation/parks_rivervalley/river-valley-rentals-bookings.aspx

Thinking about having a Block party in your neighbourhood or nearby park? Check out our Neighbourhood Block Party tool kit for some great ideas of how to get started at www.edmonton.ca/blockparties. Contact your Community Recreation Coordinator to see how they can help (call 311).





PARKS FOR PAWS

What are the doggone rules?

Are you unsure about the rules for walking dogs in the City of Edmonton? The City's Animal Licensing and Control Bylaw and Parkland Bylaw help protect the safety of you, your neighbours and your pet.

In the City of Edmonton, you must:

- 🐾 License your dog
- 🐾 Clean up your pet's defecation
- 🐾 Keep your pet on a leash no longer than 2 metres in length

Your pet must be on a leash when you are not in your yard. Use a leash on any parkland trail more than 0.5 metres wide and on city boulevards.

Keep dogs away from:

- 🐾 School grounds
- 🐾 Sports fields
- 🐾 Golf courses
- 🐾 Off trail outside off-leash area boundaries
- 🐾 Playgrounds
- 🐾 Picnic sites
- 🐾 Park buildings and facilities
- 🐾 Off-trail inside community league parks



Off-leash sites

Edmonton has 41 sites where your dog can run and play without a leash. Some off-leash areas are in river valley parks, some are on undeveloped land and others are in neighbourhood parks. All sites have boundaries, but are not fenced. Area maps with boundaries are posted at each site and on the internet at www.edmonton.ca/parks. Remember to keep your dog on a leash when coming and going from off-leash sites.

Want to be a site ambassador at an off-leash site?

Site ambassadors are volunteers who keep sites safe and fun by:

- 🐾 Posting signage on bulletin boards
- 🐾 Helping organize clean ups
- 🐾 Encouraging park users to follow the Code of Ethics and be good park users

Email DogOffLeashCoordinator@edmonton.ca or check www.edmonton.ca for more information.



WALK EDMONTON



WALK EDMONTON

City of
Edmonton

One of the easiest ways to get active is to walk and the summer is a great time to take a walk. Walking is **FREE**, fun and good for you and your family.

Walking can also help build community. While out walking you can:

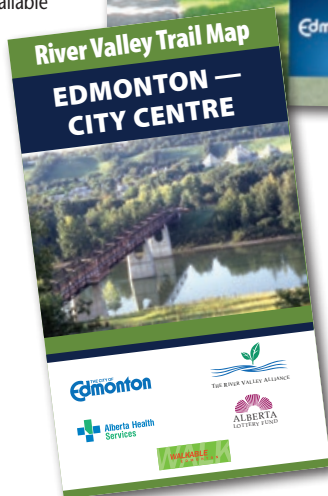
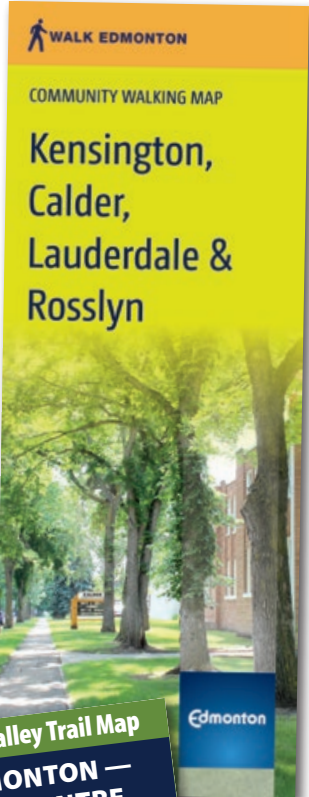
- ⚙ Meet your neighbours
- ⚙ Get some exercise
- ⚙ Visit local shops
- ⚙ Enjoy public spaces

You become the “eyes on the street” that enhance safety and reduce crime.

Check out the website www.edmonton.ca/walkedmonton for information on walking, local destinations, walking clubs, walking routes, and maps.

Many communities have created Community Walking Maps. These maps show measured walking routes, walking paths, bike trails, schools, stores and other places in your neighbourhood. You can find **FREE** copies of these maps at www.edmonton.ca/walkmap or your local library.

Another great resource is the **FREE** series of trail maps for the River Valley Parks, available at City facilities or on-line at www.edmonton.ca/activities_parks_recreation/parks_rivervalley/river-valley-trail-maps.aspx.





CYCLE EDMONTON

Did you know Edmonton is a cycling friendly city?

Not only are bicycles permitted on all Edmonton roads, there are bicycle friendly routes and paths especially designed to help you get around on your bike safely and efficiently. This summer you can cycle on:

- ☀ 275 km of shared-used paths and sidewalks
- ☀ 460 km of unpaved single track and unimproved trails
- ☀ 117 km of signed only street oriented bicycle facilities
- ☀ 70 km of bicycle lanes and shared-use lanes

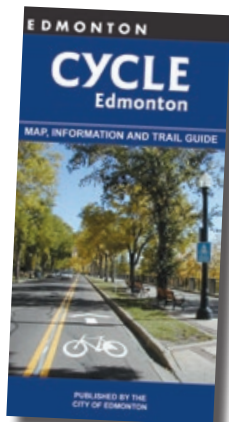
Bicycles are allowed on the LRT (outside peak hours) and on select bus routes with bike racks.

Where to Cycle

The Cycle Edmonton Map will help you pre-plan your bicycle trip from your front door to one of the many parks, leisure centres, attractions and trails in our River Valley!

Get a **FREE** Cycle Edmonton Map at:

- ☀ Your local library or bicycle store
- ☀ www.edmonton.ca/bikemap
- ☀ The City Hall Information Desk



June is Bike Month

Celebrate Bike Month and enjoy **FREE** pedal-powered events in June like Bikey Salons, writing groups and cycling workshops. For more information, visit www.bikeology.ca or email info@bikeology.ca.

In your neighbourhood

Now you can have more fun on your wheels! Many neighbourhoods now have **bike bumps and hills** in their parks. Park locations include:

Baumaris Park
10210–155 Avenue

Bulyea Heights Park
300 Bulyea Road

Crawford Plains Park
4012–12 Avenue

Daly Grove Park
1880–37 Street

Dovercourt Park
13510 Dovercourt Avenue

Ellerslie Crossing Park
5th Avenue & Edwards Drive

Elsinore Park
17604–104 Street

Haddow Park
2099 Haddow Drive

Hudson Park
13625 Cumberland Road.

James Ramsey Park
15016–43 Avenue

Kenilworth Park
7104–87 Avenue

Leger Park
750 Leger Way

Mount Pleasant Park
5809–106 Street

Ottewell Park
6010–93A Avenue

Oxford Park
13104–155 Avenue

This summer get outside! Enjoy the great outdoors and the sights of our beautiful city by cycling for recreation, errands or commuting. Save money, get fit and help the environment. Most importantly, remember to be safe. Here are some great tips:

- ☀ Follow bike and shared-use lanes to stay on the bicycle network
- ☀ Keep a safe distance from parked cars
- ☀ Always wear a helmet



REUSE CENTRE

Want to do your part to reuse as well as have fun? The Reuse Centre offers and accepts a variety of items such as arts and crafts supplies, office and school supplies, paper and plastic products and much more. For \$5/purchase for up to 5kg, you can fill a bag with great reusable items to keep you busy!

You can use your Leisure Access Card for **FREE** access to the Reuse Centre.

The Reuse Centre also offers workshops where you can learn to reuse everyday items and transform them into creative crafts. A Reuse Crafter can come to your school, organization or community event to host an interactive crafting workshop. Come to a workshop to learn to make fun, colourful crafts while learning about the Reuse Centre!

Check out their blog at www.reuseitedmonton.blogspot.ca to get great ideas for crafts.

Visit the Reuse Centre at 6835–83 street (corner of Argyll road and 83 St). Contact them at 780-442-4380 or www.edmonton.ca/reusecentre.



Ambleside and Kennedale Eco Centres have Reuse Areas where residents can pick up various items dropped off for **FREE**, including furniture, appliances and electronics (no computers). www.edmonton.ca/ecostations



PHYSICAL LITERACY

Physical literacy creates the necessary movement skills that children need to learn in order to have confidence when participating in sports, games, and other physical activity. Movements such as running, jumping, swimming and catching create the base for activities that promote an active and healthy lifestyle.

Providing opportunities for children to develop these fundamental movement skills will reduce participation barriers in all types of physical activity and therefore reduce inactivity and sedentary lifestyles.

Parents and guardians can positively impact their own lives and their children's lives



through the promotion of physical literacy — try turning off the TV and video games and exploring new ways to have FUN!

Active for Life is a great resource for information on physical literacy. The website offers a variety of games and activities to help you and your child get out and become physically literate.

www.activeforlife.com



OTHER FREE RESOURCES

211 Services

211 connects people to a wide range of social, government, and health services available in their community. 211 can help you find the appropriate services for your needs.

We can help you find:

- ⚙ Basic needs (food, clothing, shelter and financial support)
- ⚙ Employment resources
- ⚙ Parenting support
- ⚙ Counselling/support groups
- ⚙ Health care
- ⚙ Legal services
- ⚙ And much more!

All you have to do is dial 2-1-1. It's *FREE*, confidential and available 24 hours a day, 7 days a week.

If you are having trouble connecting to 211 or if 211 is not yet available in your area, call 780-482-INFO (4636).

English not your first language?

211 can offer support in over 170 different languages with the help of a tele-interpreter service.



INDIVIDUAL & FAMILY WELL-BEING (I&FW)

Feeling overwhelmed and need direction?

The Individual & Family Well-being (I&FW) unit is staffed by professional social workers who know and understand relationships, community resources, and supports.

I&FW listens to citizens' concerns to improve the lives of individuals and families to provide best fitting referrals that meet their needs. ALL citizens of Edmonton can call for support, learn about our programs, and find out if they are eligible for our services.

Our **FREE** services include:

- ⚙ Counselling on daily stresses, relationships, challenges with family members, violence and abuse.
- ⚙ Drop in support groups on personal development and family violence.
- ⚙ Provide information referrals related to finances, housing, community agencies, and recreation resources.
- ⚙ Provide public education to the community in the areas of Healthy Relationships, stress management, and issues related to Family Violence.
- ⚙ Develop partnerships, collaborative services, and build capacity with community agencies that can improve personal and community safety.

*To learn if our services fit your needs and speak to one of our professional social workers, call 780-496-4777, Monday to Friday, from 8:30am to 4:30pm.