

# > 2016 Winter IN THE CITY

Arts • Culture • History • Nature  
Program Guide

City Arts Centre  
Edmonton Valley Zoo  
Muttart Conservatory  
John Janzen Nature Centre  
John Walter Museum  
Prince of Wales Armouries  
River Valley Programs

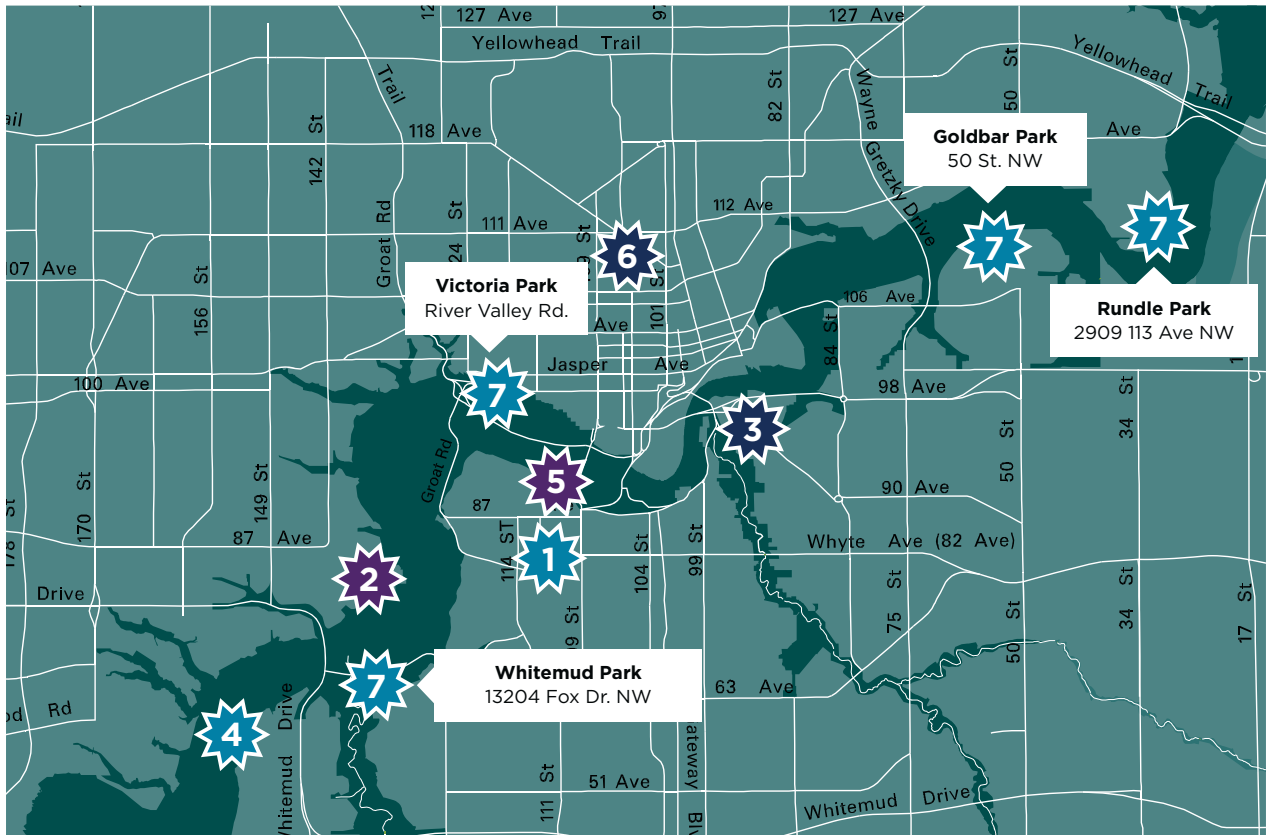
Includes arts  
courses at  
**CITY  
Arts**  
and recreation  
centres!



# > Facility LOCATIONS

1. **City Arts Centre**  
10943 - 84 Avenue
2. **Edmonton Valley Zoo**  
133 Street and Buena Vista Road (87 Avenue)
3. **Muttart Conservatory**  
9626 - 96A Street
4. **John Janzen Nature Centre** Adjacent to Fort Edmonton Park
5. **John Walter Museum**  
9180 Walterdale Hill
6. **Prince of Wales Armouries**  
Heritage Centre, 10440 - 108 Avenue
7. **River Valley Programs**  
Whitemud Park  
Rundle Park  
Victoria Park  
Capilano Park

**INFORMATION**  
For more information about any of these City of Edmonton recreation facilities, or sports fields, parks or trails, please call **311 (780-442-5311)** if outside Edmonton) or visit [www.edmonton.ca](http://www.edmonton.ca).



# PROGRAMS AND EVENTS

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## > Registration PROCEDURES

### EDMONTON

#### City of Edmonton Community Services Department Leisure Access Program

##### Have you heard about the Leisure Access Program?

The program gives low income adults, seniors, youth and children from Edmonton free use of City of Edmonton recreation facilities and attractions (swimming pools, fitness centres, Edmonton Valley Zoo, Fort Edmonton Park etc) and discounts on registered programs (daycamps, art classes, swimming lessons etc) for one year.

##### Who can get a card? You may qualify if:

- If you are currently on an approved Government Program for example (AISH, Income Support, Health Benefits, etc.)
- Have an income below the low income cut off line
- If you are a recent landed immigrant or refugee

##### How can I get a card?

You will have to apply for the program by submitting an application form and required documents.

##### How can I get an application form?

- At any City of Edmonton Leisure & Sport Fitness facilities
- At [www.edmonton.ca/lap](http://www.edmonton.ca/lap)
- By calling, 780-496-4918
- 14th Floor, CN Tower 10004-104 Avenue NW Monday - Friday except holidays, from 8:30-4:30pm



Experience the power of participation.

**Call 311 to register.** Registration is required for all courses unless otherwise stated. Program content, availability and prices are subject to change without notice. If calling from outside of Edmonton, please call **780-442-5311**.

**Online [edmonton.ca/ereg](http://edmonton.ca/ereg)** Register day or night through the online registration system. It's fast, easy and secure. First time users will require a PIN number. Go online for details on acquiring a number.

**In Person Visit your nearest City of Edmonton facility.** For birthday parties and group bookings refer to each facility section for specific procedures.

##### For payment use:

- Visa, MasterCard or AMEX
- Cheque
- Cash/Debit Card

*The City of Edmonton reserves the right to cancel or reschedule advertised programs.*

##### Sponsored by:



# > Volunteer with the CITY OF EDMONTON

## > Volunteer with Attractions

### Would you like to:

- Meet new people?
- Develop leadership, teamwork, communication, and life skills?
- Try new things?
- Build your resume?
- Learn more about your city?
- Have fun?

Those are just a few of the benefits of volunteering for the City of Edmonton's events and programs!

### We offer:

- Orientation and training
- Unique learning experiences
- Updates on volunteer opportunities and City activities
- Volunteer recognition

**Call:** 780-496-4935, Monday to Friday, 9 am to 5 pm

**Email:** [rfsvolunteer@edmonton.ca](mailto:rfsvolunteer@edmonton.ca)

**Website:** [edmonton.ca/volunteers](http://edmonton.ca/volunteers) (click on Attractions Volunteer Programs)

Our website includes a volunteer job board for each area and the ability to apply online. Volunteer opportunities will vary throughout the year so be sure to check back often!

Before becoming a qualified volunteer, you must attend a New Volunteer Orientation. More information about our screening and orientation process will be provided once you apply online.

Each volunteer is asked to contribute a minimum of 20 volunteer hours in a year. These hours can be completed at any City of Edmonton Attraction.

Due to the large number of applications we receive, we may not always have placements for every applicant.



**GET INVOLVED!**

## Volunteer with the City of Edmonton Attractions!

Are you looking to meet new people, enhance your resume, and develop skills in leadership and teamwork?

**WE OFFER:**

- orientation and training
- quality experiences
- volunteer recognition
- and of course... fun!

**311**  
[rfsvolunteer@edmonton.ca](mailto:rfsvolunteer@edmonton.ca)  
[edmonton.ca/volunteers](http://edmonton.ca/volunteers)





## Volunteer Recruitment Calendar

Watch for these volunteer opportunities [edmonton.ca/volunteers](http://edmonton.ca/volunteers) (click on Attractions Volunteer Programs) under Seasonal Volunteer Programs.

### January:

- Costumed Interpreter recruitment begins at Fort Edmonton Park.
- Family Day Special Event volunteer recruitment begins.
- **Special Event:** Lunar New Year Pyramid opening at Muttart.
- Recruitment begins for Valentines themed special events.

### February:

- Costumed Interpreter recruitment begins at John Walter Museum.
- Recruitment begins for Easter themed special events.
- Recruitment begins for Zookeeper Assistants.

### March:

- Golf Course Marshals and Starters recruitment begins (for adults).
- Step Up Summer Day Camp recruitment begins (for teens).
- Recruitment begins for Mother's Day special events.
- **Special Event:** Possibly a pyramid opening at the Muttart Conservatory.



**EDMONTON.CA/CITYARTS**

10943 - 84 Avenue

**Public Hours:**

Monday to Friday - 9 am to 9 pm

Weekends - 9 am to 4 pm

\* Facility hours vary between program seasons.  
Please visit our website for up-to-date facility hours.

The City Arts Centre offers introductory level instruction in a variety of arts and crafts for pre-schoolers, children, youth and adults.

Classes are held at the City Arts Centre unless otherwise specified. A variety of classes are held in outreach locations and the location name is listed next to the course details.

**Outreach Locations:**

- ACT Aquatic & Recreation Centre: 2909 - 113 Avenue
- Central Lions Recreation Centre: 11113 - 113 Street
- Clareview Community Recreation Centre: 3804 - 139 Avenue
- Commonwealth Community Recreation Centre: 11000 Stadium Road
- Terwillegar Community Recreation Centre: 2051 Leger Road
- The Meadows Community Recreation Centre: 2704 - 17 Street

> Adult Courses

**Alternatives & Remedies**

**MINDFULNESS MEDITATION FOR BEGINNERS \$95**

*Michelle Johnston*

In this 8-week experiential course participants will rest in the moment-to-moment practice of mindfulness. We will begin by learning the foundations of practice—mindfulness of body, breath and mind. Formal mindfulness practices will include, sitting practice, walking meditation, gentle hatha yoga and body scan. **Please bring a yoga mat.**

Course #	Date(s)	Time	Location
552772	Thu. Jan. 21 - Mar. 10	5:30 - 6:30 pm	City Arts
554279	Thu. Jan. 21 - Mar. 10	11 am - Noon	Terwillegar

**QI GONG MEDITATION \$80**

*Gord Oaks*

A mid-week unwind! Qigong (a relative of Tai Chi) is an ancient practice of aligning breath, movement, and awareness for healing and meditation. In this course you will learn basic Qigong postures, movements and breath work. These techniques have many benefits for health and well-being including vital energy cultivation, flexibility, stress reduction and balance.

Course #	Date(s)	Time
551442	Thu. Jan. 21 - Mar. 10	5:30 - 6:30 pm

## Chocolate Making

### CHOCOLATE MAKING: VALENTINE'S DAY \$50

*Sandy Hansen*

Chocolate candy making is very easy to learn and so satisfying! Find out how to dip, paint and mold delicious chocolates using three types of chocolate and a number of different fillings and toppings. Take home a sample of your homemade chocolates to share with friends and family! **Please bring a large plastic container (9" x 13") for your chocolates.**

Course #	Date(s)	Time
551356	Thu. Feb. 4	6:30 - 9:30 pm

### CHOCOLATE MAKING: EASTER \$50

*Sandy Hansen*

Chocolate candy making is very easy to learn and so satisfying! Find out how to dip, paint and mold delicious chocolates using three types of chocolate and a number of different fillings and toppings. Take home a sample of your homemade chocolates to share with friends and family! **Please bring a large plastic container (9" x 13") for your chocolates.**

Course #	Date(s)	Time
551357	Tue. Mar. 22	6:30 - 9:30 pm



No classes  
Feb. 13-15 & Mar. 25-28

## Cooking/Baking

### THAI 1 SHOP, COOK & EAT \$90

*Michaela Bily*

Curry, coconut milk and fish paste are just some of the exotic flavors you'll taste in this class. After learning about traditional ingredients at an Asian grocery store, you'll return to the City Arts Centre to create several popular Thai dishes such as tom yung goong soup, panang curry chicken, beef satay and more!

Course #	Date(s)	Time
551372	Sun. Jan. 17	11 am - 3 pm

### HEALTHY DESSERTS \$65

*Roberto Valencia*

While dietary restrictions are commonly present nowadays, there's no need to restrict desserts! Learn how to substitute sugars, fats and flours to make delicious healthier desserts that everyone will love! These easy dessert recipes can accommodate celiac, vegans and diabetics. Desserts will include vegan brownies, gluten free muffins, low-carb carrot cake, flourless chocolate cake and low-carb strawberry shortcake. Yum!

Course #	Date(s)	Time
551381	Thu. Jan. 21	6:30 - 9:30 pm

### LEARN TO COOK \$200

*Sharon Holinka, Roberto Valencia*

In this introductory class we cover basic cooking skills. As you prepare a different menu each week, we introduce knife skills, stocks and sauces, vegetable and grain cookery and preparing several cuts of meat. Get advice on how to plan your meals and be efficient. A great class for beginners and anyone who wants to eat more at home!

Course #	Date(s)	Time	Location
551370	Fri. Jan. 22 - Feb. 12	6 - 9 pm	City Arts SH
551371	Fri. Feb. 26 - Mar. 18	6 - 9 pm	City Arts SH
553945	Fri. Feb. 26 - Mar. 18	6 - 9 pm	Clareview RV

**EATING CLEAN SHOP, COOK & EAT** **\$90**

*Jody Shenkarek*

Tour a local organic earth friendly store and learn how to shop efficiently, cost effectively and healthy. Then move to the City Arts kitchen for a hands on cooking lesson on how to create delicious and healthy meals for breakfast, lunch and dinner learning proper culinary techniques. Shopping, cooking and eating clean has never been more fun and easy!

Course #	Date(s)	Time
551363	Sun. Jan. 24	11 am - 3 pm

**ARTISAN BREAD MAKING** **\$60**

*Laura Rogerson*

In this demo/hands-on class you will learn all the steps and techniques to making beautiful artisan loaves, including boules and sticks in your own home. This long process dough requires no kneading and is crusty and flavourful with no preservatives. Learn how to add various ingredients to accommodate seasonal flavours and textures. Take home your own ready-to-bake dough!

Course #	Date(s)	Time	Location
551368	Thu. Jan. 28	6:30 - 9 pm	City Arts
551360	Thu. Feb. 11	6:30 - 9 pm	Clareview
551369	Thu. Mar. 10	6:30 - 9 pm	City Arts

**MEXICAN SHOP, COOK & EAT** **\$90**

*Roberto Valencia*

Start off your Sunday with a trip to a local Latin American grocery store and learn all about the foods of Mexico. Back at our kitchen you'll learn to make salsas, tacos, tostadas and Mexican dessert and drinks. You'll want to replicate this feast for friends and family very soon!

Course #	Date(s)	Time
551379	Sun. Jan. 31	11 am - 3 pm

**No classes  
Feb. 13-15 & Mar. 25-28**

**THAI 2 SHOP, COOK & EAT** **\$90**

*Michaela Bily*

Have we got more Thai for you! Create more hands-on recipes such as pad thai, cashew chicken, garlic pepper squid and various dips and sauces to add to your Thai cooking repertoire! After learning more about traditional ingredients at an Asian food store, you'll return to the City Arts to create these popular Thai dishes.

Course #	Date(s)	Time
551362	Sun. Feb. 7	11 am - 3 pm

**TAMALES** **\$65**

*Roberto Valencia*

In Mexico, tamales are considered one of the most beloved traditional foods, eaten at both breakfast and dinner. In this class we'll make 4 flavours of tamales, with 3 different techniques, ingredients to show you how diverse this traditional dish can be! Our regional tour of tamales include chicken tamle, tamales chiapanecos and tamal masa.

Course #	Date(s)	Time
551384	Thu. Feb. 11	6:30 - 9:30 pm





**PIE MAKING 101****\$50***Sharon Holinka*

Find out when you try your hand at making four different pies from scratch including fruit pies, double crusted pies, individual crumb crust pies and custard pies.

Course #	Date(s)	Time
551373	Fri. Feb. 19	6:30 - 8:30 pm

**JAPANESE SHOP, COOK & EAT****\$90***Michaela Bily*

The flavours of Japanese cooking, wasabi, teriyaki and miso, are featured in this popular hands-on cooking class. Shop for ingredients at an international grocery store then return to City Arts Centre to create a menu of dishes including sushi, salad and salmon. A delicious afternoon of eating and learning!

Course #	Date(s)	Time
551377	Sun. Feb. 21	11 am - 3 pm

**GLUTEN FREE BAKING****\$50***Jody Shenkarek*

Enjoy an evening of gluten-free baking secrets revealed by the former owner of Cafe Mosaics. After a brief introduction to the ins-and-outs of baking without wheat flour, you'll get into the kitchen to make easy recipes for tasty pastry, crackers, cookies and more! Not a 100% gluten free environment. Not suitable for those with severe food allergies.

Course #	Date(s)	Time
551359	Thu. Feb. 25	6:30 - 9:30 pm

**CHINESE SHOP, COOK & EAT****\$90***Wilma Ho*

Learn to shop for, and cook, Chinese food favourites such as green onion cakes, wonton soup, steam dumplings, stir-fries, tofu and Chinese chicken curry with no MSG or added fats or preservatives. In this fun hands-on class you will tour an Asian grocery store then learn the basics of healthy Chinese home cooking in our fun and friendly kitchen!

Course #	Date(s)	Time
551376	Sun. Feb. 28	11 am - 3 pm

**VEGAN SHOP, COOK & EAT****\$90***Jody Shenkarek*

This class is designed to provide the knowledge you need to get started on the path to vegan shopping and cooking. Your instructor, past owner of Mosaics Cafe, has a wealth of experience and recipes to share. Not just for vegans, but for anyone that wants to learn about animal-free alternatives and delicious recipes such as cashew ricotta, cilantro pesto, vegan moussaka and more!

Course #	Date(s)	Time
551382	Sun. Mar. 6	11 am - 3 pm



**INDIAN SHOP, COOK & EAT** **\$90**  
*Kamal Toor*

Our shop and cook approach to ethnic cuisine is a sure recipe for success. First we tour an Indian grocery to learn about traditional East Indian ingredients. Then we head over to the City Arts for a hands-on cooking lesson featuring popular meat and vegetarian recipes such as butter chicken, tandoori chicken, aloo gobi, pakoras and more!

Course #	Date(s)	Time
551358	Sun. Mar. 13	1 - 5 pm

**CARIBBEAN VEGETARIAN** **\$65**  
*Zelannie Assigbe*

Delight your taste buds with a variety of healthy vegetarian dishes from the Caribbean. Learn how to prepare recipes such as chickpea curry, dhal puri, cook up rice and more. Explore the various spices and cultures that make Caribbean cooking so unique.

Course #	Date(s)	Time
551374	Wed. Mar. 16	6:30 - 9:30 pm

**MEDITERRANEAN SHOP, COOK & EAT** **\$90**  
*Michaela Bily*

Explore this healthy cuisine and its abundant use of fresh herbs, cheeses and yogurts. Tour a local Mediterranean grocery store, sample olives, cheeses and oils, then return to the City Arts Centre to prepare some popular dishes in a friendly group setting.

Course #	Date(s)	Time
551375	Sun. Mar. 20	11 am - 3 pm

**MEATLESS MONDAYS: TOFU** **\$65**

*Jody Shenkarek*

Have you ever wanted to try cooking tofu or using tofu in recipes but found it never worked? In this course you will learn 10 ways to cook tofu. You will make recipes such as a tofu roast, stirfry with tofu, tofu teriyaki and breaded tofu.

Course #	Date(s)	Time
554746	Mon. Mar. 21	6:30 - 9:30 pm

**SINGAPORE STREET FOOD** **\$65**

*Katia Visser*

Explore Singapore's multi-cultural fusion of ingredients in this hands-on cooking class. Breathe in the aromas and savour the flavour of coconut milk, spices, lemongrass and belachan (shrimp paste) when you make Nyonya Laksa, grilled tempeh satay and stir fried noodles. Maybe you can't travel to Singapore, but you can explore it's food here at home.

Course #	Date(s)	Time
551380	Wed. Mar. 23	6:30 - 9:30 pm

**VEGETARIAN 101** **\$65**

*Jody Shenkarek*

Hearty casseroles, amazing soups, and scrumptious desserts will be covered in this three hour introduction to vegetarian cooking and lifestyle. Not only will you get a cornucopia of new recipes, you'll learn the best places to shop, about nutritional information, and lots of hands-on techniques in a fun and cooperative kitchen!

Course #	Date(s)	Time
551361	Thu. Mar. 24	6:30 - 9:30 pm





## Cook with a Chef



Work alongside seasoned Chef Dave Omar of Zinc Restaurant to get a chef's approach to preparing good food in the kitchen. Dave is a generous and entertaining teacher and full of stories and knowledge.

### **COOK WITH A CHEF: FISH & SEAFOOD**     \$125 *Dave Omar*

Try your hand at preparing signature fish and seafood dishes that are delicious yet easy to prepare and fit perfectly into any meal at any season. Learn how to filet and debone fish, boil lobster, skewer shrimp and more in this fun and tasty class!

Course #	Date(s)	Time
551366	Thu. Feb. 18	6:30 - 9:30 pm

### **COOK WITH A CHEF: COOKING MEAT WITH CONFIDENCE**     \$125 *Dave Omar*

In this course you will learn a wide variety of skills that your friends and family will be impressed with. Learn how to properly cut different types of meat, use the meat to make your own hamburger or sausage and learn how to use the bones to make the flavor better.

Course #	Date(s)	Time
551378	Thu. Mar. 3	6:30 - 9:30 pm

### **COOK WITH A CHEF: KNIFE SKILLS**     \$50

*Dave Omar*

The chef's knife is probably a cook's most important tool. Learn how to cut and debone different meats, vegetables, herbs and more. Learn the proper care and sharpening of your own knives —**please bring a few that you normally use.**

Course #	Date(s)	Time
551367	Tue. Mar. 15	7 - 9 pm

### **COOK WITH A CHEF: SAUSAGE MAKING**     \$125

*Dave Omar*

Learn how to prepare your own handmade fresh sausages—filler free and made with fresh meats and spices using traditional recipes. All supplies will be provided and participants will leave with their own home-made sausage and the confidence to make more at home.

Course #	Date(s)	Time
551383	Thu. Mar. 17	6:30 - 9:30 pm



## Crafts

### CALLIGRAPHY: FUN FROM A-Z \$40

*Jeanine Alexander*

Jeanine Alexander, current and founding member of the Edmonton Calligraphic Society will lead you through some lettering art in this fun filled evening. Using the Pilot Parallel pen you will begin to explore calligraphy and complete a small lettering arts piece within class time. Bring your creative spirit and learn your alphabet in a whole new way!

**All materials will be supplied.**

Course #	Date(s)	Time
551393	Fri. Feb. 5	6:30 - 9:30 pm

### SEWING 1 \$180

*Aradhana Shah, Tammy Wells*

Join the handmade revolution. Impress your family and friends when you complete three creative projects in this introductory class. We'll teach you how to operate a sewing machine as well as a number of foundational sewing skills.

**Sewing machines provided. Supply list will be discussed at the first class.**

Course #	Date(s)	Time	Location
551390	Sun. Jan. 17 - Mar. 13	1 - 4 pm	Clareview TW
551387	Mon. Jan. 18 - Mar. 14	6:30 - 9:30 pm	City Arts AS
551392	Wed. Jan. 20 - Mar. 9	6:30 - 9:30 pm	Terwillegar AS
551388	Thu. Jan. 21 - Mar. 10	6:30 - 9:30 pm	The Meadows AS
551389	Fri. Jan. 22 - Mar. 11	1 - 4 pm	City Arts AS

### SEWING 2 \$180

*Aradhana Shah*

Build upon what you learned in Sewing 1 to further your sewing skills. Make a blouse and skirt and learn measuring techniques, facings, buttonholes and garment finishing. You'll also learn how to alter blouse and skirt patterns to customize them to your fit.

Course #	Date(s)	Time	Location
551395	Tue. Jan. 19 - Mar. 8	6:30 - 9:30 pm	Terwillegar
551400	Fri. Jan. 22 - Mar. 11	6:30 - 9:30 pm	City Arts

### QUILTING 1 \$180

*Tammy Wells*

Join Tammy Wells as she takes you through a journey of learning how to quilt. You will learn the basics on quilting and proper techniques on how to quilt. In this class you will make a quilted pillow and table runner. **Supplies are supplied for the first class only. You will have to purchase your own supplies. This will be discussed in class.**

Course #	Date(s)	Time	Location
554527	Sun. Jan. 17 - Mar. 13	10:30 am - 12:30 pm	Clareview

### LEARN TO KNIT 1 \$60

*Marion Kaiser, Sam Cramer*

Learn the simple art form of knitting, including the basic stitches of knit and purl, casting on, picking up stitches and casting off. Choose from a variety of simple projects, including scarf, cowl or a knitted dish cloth, cell or iPod cover, or simple slippers.

Course #	Date(s)	Time	Location
551397	Tue. Feb. 2 - 23	6:30 - 8:30 pm	Terwillegar MK
551394	Mon. Feb. 22 - Mar. 14	7 - 9 pm	The Meadows SC
551386	Thu. Mar. 3 - 24	7 - 9 pm	City Arts SC

### LEARN TO KNIT 2 \$60

*Marion Kaiser*

Expand your knitting skills as you try your hand at knitting mittens, socks, sweater or shrug. We'll introduce new stitches as well as sewing and finishing techniques. Participants must be comfortable with the following basic skills: casting on and off, knit, purl, seed and rib stitches, as well as reading patterns and knowing knitting abbreviations. Your instructor will be with you step by step!

Course #	Date(s)	Time	Location
551398	Tue. Mar. 1 - 22	6:30 - 8:30 pm	Terwillegar

No classes  
Feb. 13-15 & Mar. 25-28

**LEARN TO CROCHET 1***Sam Cramer***\$60**

Learn the different decorative crochet stitches in this course. Participants will learn a chain stitch, a single crochet stitch and a double crochet stitch. Discover how to read patterns and the tips and tricks for more advanced patterns and stitches.

Course #	Date(s)	Time
551396	Thu. Feb. 4 - 25	7 - 9 pm

**AMIGURUMI - JAPANESE CROCHET***Rebecca Hawryluk***\$60**

Amigurumi is a Japanese technique of crocheting a small toy or object. In this beginner level class, you can choose from three patterns: a rattle, jingle balls or a monster and make your yarn come to life as you learn the fundamentals of magic rings, single crochet, increasing, decreasing and finishing. These toys are cute and washable. **All supplies provided.**

Course #	Date(s)	Time	Location
551391	Tue. Feb. 16 - Mar. 1	7 - 9 pm	Terwillegar

**Creative Writing****FREEING YOUR VOICE***Michelle Ward-Kantor***\$125**

Do you love to write but need inspiration? Do you self-censor what you write? Are you 'stuck' while writing fiction, memoirs, poetry, essay, etc.? Through weekly exercises, you will be encouraged to find your voice and write from the heart. Take home several pieces that can stand alone or serve as a jumping-off point for your own writing endeavors, no matter what the genre!

Course #	Date(s)	Time
551404	Mon. Jan. 18 - Mar. 14	6:30 - 9 pm

No classes  
Feb. 13-15 & Mar. 25-28

**THE POET WITHIN 1***Jade O'Riley***\$150**

Do you like playing with words? Get to know your poet within as you experiment with diverse poetry formats from sonnet to villanelle. Besides 'form of the day', class handouts include Poet's Toolbox. In-class time allows you to complete and share your poems and personal feedback time with instructor. Poems are made into a chapbook and poets are invited to read their poems at the Carrot Coffeehouse at the last class.

Course #	Date(s)	Time
551401	Wed. Jan. 20 - Mar. 9	6:30 - 9:30 pm

**THE POET WITHIN 2***Jade O'Riley***\$150**

This class is for those who are comfortable writing and reading poetry and are ready for more complex poetry forms. Each session features different poetry forms, with a focus on the science of sound and rhythm. Your poetry will be compiled into a chapbook and poets are invited to share their work on stage at the wrap up poetry reading. **Pre-requisite: The Poet Within 1 or an established confidence in writing.**

Course #	Date(s)	Time
551402	Tue. Jan. 19 - Mar. 8	6:30 - 9:30 pm

**RUNNING WITH PENS: YOUR LIFE STORY***Shirley Serviss***\$110**

We all have experiences, opinions or memories to put on the page, but may not know how to shape them into a form that can be read and enjoyed by others. In this class we'll discuss how to transform the material of your life into articles, blogs, columns, essays, letters to the editor or memoirs. Come prepared to write and share.

Course #	Date(s)	Time
551405	Thu. Jan. 21 - Mar. 10	1 - 3 pm

**SPANISH FOR TRAVELLERS**

**\$125**

*Jamie Kadoglou*

Heading to a Spanish speaking country or do you just dream of knowing how to speak Spanish? This course will teach you vocabulary for everyday objects as well as introduce basic Spanish grammar. Students will be able to converse about simple themes, such as introducing oneself, ordering at a restaurant, going shopping, etc. **You're not required to have taken any previous Spanish, and those who have taken basic Spanish are welcomed to join the class.**

Course #	Date(s)	Time
551403	Sun. Jan. 17 - Mar. 13	9:30 - 11:30 am

**INTENSIVE JOURNAL WRITING WORKSHOP**

**\$400**

*Carol Ladas-Gaskin*

The Progroff journal method has long been used as a method to stimulate the creative process and overcome writer's block. It also provides a comprehensive way to approach issues from many different perspectives and access your creative talents and find answers to important issues. This three day workshop is offered in partnership with Dialogue House. Learn the basic operating principles for using the intensive journal method through direct experience in your life and generate insights about personal relationships, career, special interests, body and health. **No prior writing experience required.**

Course #	Date(s)	Time
555748	Fri - Sun. Jun. 24 - 26	9 am - 5:30 pm

# EDMONTON FENCING CLUB

Introduction to the sport of

# Fencing

**REGISTER NOW FOR WINTER CLASSES** Youth & Adults

**Glove Must Be Purchased  
All Other Equipment Provided for  
Class Use at No Charge**

edmontonfencing.com  
edmontonfencingclub@yahoo.ca



**780.434.3000 9937-60 ave.**

## Dance

### BALLET 1 \$100

*Joanna Sexauer, Genenne Gilliard, Janine Waddell-Hodder*

Explore the basics of ballet: poise, coordination, strength, alignment and basic musicality. Each class begins at the barre, and then progresses to center work and moving across the floor. Suitable for all body types, fitness levels and anyone who needs a good stretch! **A great class for a true beginner or for those who want to get back to the basics.**

Course #	Date(s)	Time	Location
551437	Mon. Jan. 11 - Mar. 21	9:30 - 10:30 am	City Arts JWH
551436	Tue. Jan. 12 - Mar. 15	6:30 - 7:30 pm	City Arts JWH
551433	Wed. Jan. 13 - Mar. 16	7 - 8 pm	Terwillegar GG
551430	Thu. Jan. 14 - Mar. 17	8 - 9 pm	Clareview JS

### BALLET 45+ \$100

*Janine Waddell-Hodder*

Ballet dancing that is safe balancing, safe stretching and has strengthening exercises that will work with your body. In this class you will move through a series of movements starting at the barre, moving to centre and then doing across the floor exercises. You too can B.M.A.D (Middle-aged and Dancing Ballet)!

Course #	Date(s)	Time	Location
554649	Thu. Jan. 14 - Mar. 17	1 - 2 pm	City Arts

### BALLET: PLUS SIZE \$100

*Genenne Gilliard, Joanna Sexauer, Janine Waddell-Hodder*

Are you an unconventional ballerina? This body-friendly class focuses on the basics of ballet: poise, coordination, strength, alignment and basic musicality. **A great class for all body types, physical abilities and ranges of motion.**

Course #	Date(s)	Time	Location
551422	Sun. Jan. 10 - Mar. 20	10:15 - 11:15 am	The Meadows GG
551438	Tue. Jan. 12 - Mar. 15	7:30 - 8:30 pm	City Arts JWH
551431	Thu. Jan. 14 - Mar. 17	7 - 8 pm	Clareview JS

### BALLET: FLOOR BARRE \$100

*Genenne Gilliard*

Experience traditional ballet training from a new perspective —the floor. Strengthen, lengthen and tone your body while increasing flexibility. **Performed lying or sitting on the floor.**

Course #	Date(s)	Time	Location
551434	Wed. Jan. 13 - Mar. 16	8 - 9 pm	Terwillegar

### BABY & ME BALLET \$100

*Gail Hay*

Using basic ballet barre and centre work, regain tone and flexibility while bonding with your baby and meeting other parents in this fun class! Baby will be strapped onto parent or laid on a mat for stretches and moves. **No dance experience required. Please bring a suitable baby carrier for your child. Babies 1-10 months only.**

Course #	Date(s)	Time	Location
551435	Thu. Jan. 14 - Mar. 17	Noon - 1 pm	Terwillegar

### BELLY DANCING 1 \$145

*Jodi Doesburg-Nuwayrah*

Discover a new path to fitness via an ancient art form! Improve your flexibility and tone your body as you learn Middle Eastern dance steps and rhythms. **No dance experience required.**

Course #	Date(s)	Time	Location
551406	Sun. Jan. 10 - Mar. 20	3 - 4:30 pm	Clareview



**BOLLYWOOD FUSION DANCING**

**\$100**

*Trish Sarker*

Learn East Indian dance styles to a medley of classic and modern Bollywood hits. This high-energy dance program offers you a chance to learn fundamentals and choreography to fun fusion filled pieces! The intoxicating dance style is the ultimate blend of east meets west!

Course #	Date(s)	Time	Location
551439	Thu. Jan. 14 - Mar. 17	7 - 8 pm	Terwillegar

**HIP HOP DANCING**

**\$100**

*Genenne Gilliard*

Pick up some funky new steps, work your body and have some fun in this high energy dance class. You will be guided through the latest hip hop and funk moves coordinated to popular dance music.

Course #	Date(s)	Time	Location
551419	Sun. Jan. 10 - Mar. 20	2:30 - 3:30 pm	The Meadows



**No classes  
Feb. 13-15 & Mar. 25-28**

**Partnered Dance**

Both couples and singles are welcome to register in our partnered dance classes. Single registrants will be paired up with other singles. Please register under the correct bar code—(W)omen or (M)en. **Free practice sessions are open to all registrants.**

**BALLROOM DANCING**

**\$145**

*Elijah Tavarov*

Learn to whirl around the dance floor with ballroom dancing. In this ten week course, learn the basic steps to the waltz, tango and foxtrot. We provide an enjoyable dance experience. **Singles and couples welcome, single participants will be paired up with other singles. Includes free practice sessions.**

Course #	Date(s)	Time	Location
551416(W) 551417(M)	Wed. Jan. 13 - Mar. 16	7 - 8:30 pm	Terwillegar

**BALLROOM/LATIN DANCING**

**\$145**

*Elijah Tavarov*

Want to dance to almost any type of music? Through group instruction and one-on-one support we'll teach you the basic steps of tango, waltz, salsa, cha-cha and more. Look good and feel confident when you go out dancing. **Singles and couples welcome, single participants will be paired up with other singles. Includes free practice sessions.**

Course #	Date(s)	Time
551407(W) 551408(M)	Mon. Jan. 11 - Mar. 21	6:30 - 8 pm

**COUNTRY DANCING**

**\$145**

*Elijah Tavarov*

Dust off your dancing boots and kick up your heels as you whirl around the dance floor to the fantastic sounds of country music and good old rock and roll. Learn to dance two of the most popular dances in Alberta, the two-step and swing. **Singles and couples welcome. Singles will be paired with other singles. Includes free practice sessions.**

Course #	Date(s)	Time	Location
551413(W) 551414(M)	Fri. Jan. 15 - Mar. 18	7 - 8:30 pm	Terwillegar



**CUBAN SALSA****\$80***Dagmar Sanchez*

It's a Friday Night Fiesta! Join us for a fun night of Cuban Salsa dancing. Learn fundamentals of dancing solo, and with a partner to the latest in Cuban Salsa Sounds. **Perfect for all dance abilities and body types.**

Course #	Date(s)	Time
551424(W) 551425(M)	Fri. Jan. 22 - Mar. 11	7:30 - 8:30 pm

**LATIN DANCING****\$100***Elijah Tavarov*

Latin dance is a great way to get started for those who are new to partner dance. Learn steps to a variety of Latin dances including cha cha, salsa, rumba and samba. **Singles and couples welcome. Singles participants will be paired up with other singles. Includes free practice sessions**

Course #	Date(s)	Time	Location
551418(W) 551421(M)	Wed. Jan. 13 - Mar. 16	8:30 - 9:30 pm	Terwillegar



**No classes  
Feb. 13-15 & Mar. 25-28**

**SALSA/BACHATA DANCING****\$100***Elijah Tavarov*

Salsa and bachata are two fun and exhilarating dances designed for small and crowded spaces like night clubs. They are playful in nature and easy to learn. **Singles and couples welcome! Singles will be paired with other singles. Includes free practice sessions.**

Course #	Date(s)	Time	Location
551415(W) 551426(M)	Thu. Jan. 14 - Mar. 17	8 - 9 pm	The Meadows

**SWING DANCING****\$100***Elijah Tavarov*

In this groovin' class you'll learn the basics and fundamentals of swing in a welcoming social environment. We will explore two types of swing. East Coast Swing moves to the upbeat sounds of rock and roll, while West Coast Swing finds its rhythmic beat in blues music. **Swing is for everyone! Singles and couples welcome! Singles will be paired with other singles. Includes free practice sessions.**

Course #	Date(s)	Time	Location
551409(W) 551410(M)	Thu. Jan. 14 - Mar. 17	7 - 8 pm	The Meadows

**WEDDING DANCE PREP****\$200***Elijah Tavarov*

Let us help you make your first wedding dance a fun and memorable moment. Working in a semi-private setting, you'll learn to dance to your chosen song, gaining confidence and ease in the process.

Course #	Date(s)	Time
551411	Fri. Jan. 18 - Feb. 8	8 - 9 pm
551412	Fri. Feb. 22 - Mar. 14	8 - 9 pm

## ONE DAY DANCE WORKSHOPS

*Elijah Tavarov*

Want to know if a dance is right for you? Try our one session classes designed to give you a taste of different dance styles, to see if you'd like to learn more.

### Intro to Swing \$25

Course #	Date(s)	Time	Location
554628(W) 544522(M)	Fri. Dec. 4 2015	7 - 9 pm	Terwillegar

### Intro to Tango \$25

Course #	Date(s)	Time	Location
554627(W) 544527(M)	Fri. Dec. 11 2015	7 - 9 pm	Terwillegar

### Intro to Smooth Dance \$25

Course #	Date(s)	Time	Location
554629(W) 544521(M)	Fri. Dec. 18 2015	7 - 9 pm	Terwillegar

### Intro to Latin \$40

Course #	Date(s)	Time	Location
554626(W) 544528(M)	Sun. Dec. 27 2015	1 - 4 pm	Terwillegar



## Glass

### STAINED GLASS PANEL \$200

*Lori Boutestein*

Learn the basic skills of making stained glass. Learn to cut, grind, foil and solder an 18" x 10" glass panel with lots of detail. You will be proud to hang it for everyone to see.

All supplies included.

Course #	Date(s)	Time	Location
551865	Thu. Jan. 21 - Mar. 10	6 - 9 pm	Central Lions

### WINTER NIGHTS \$35

*Tracy Bissett*

Capture the sparkling snow in the starlight in this gorgeous fused glass project. Explore the use of dichroic and iridized glass to add a northern lights shimmer! Choose from different shapes, sizes, and colours and then use stringers, frit, and pre-cut pieces to add the finishing touches to create a plate as unique as you are. **No previous glass experience required. There is a tool rental fee of \$55.**

Course #	Date(s)	Time	Location
551859	Sat. Jan. 23	1 - 3:30 pm	Bissett Glass

### FUSED GLASS JUMBLE PLATE \$35

*Tracy Bissett*

Learn to create an unique fused glass plate. Choose from a variety of fusing glass to design your own freeform masterpiece. With all the different shapes, sizes, and colours to choose from, everyone's will be unique. **There is no previous glass experience required. Express yourself! There is a tool rental fee of \$55.**

Course #	Date(s)	Time	Location
551860	Sat. Mar. 19	1 - 3:30 pm	Bissett Glass

No classes  
Feb. 13-15 & Mar. 25-28

## Mind/Body

*\*Many of these programs are also offered at our Recreation/Leisure Centres.*

### FOREVER FIT

**\$120**

*Diane Waddell*

This physical activity program is geared towards independent older adults. Forever Fit focuses on improving your stamina, strength, flexibility and balance-activities that enhance daily living. This program can also help manage common health conditions, such as arthritis, hypertension, and osteoporosis. **No experience is necessary.**

Course #	Date(s)	Time
552749	Mon. & Thu. Jan. 4 - Feb. 11	Mon. 10:45 - 11:45 am Thu. 10:30 - 11:30 am
552750	Mon. & Thu. Feb. 18 - Mar. 24	Mon. 10:45 - 11:45 am Thu. 10:30 - 11:30 am

### NIA

**\$78**

*Kirsten Bartel, Janelle Cooper*

Move, breathe, dance! NIA is a path to conditioning and expressing yourself through movement. This is a dynamic blend of dance and martial arts. **NIA is adaptable to virtually any fitness level.**

Course #	Date(s)	Time
552747	Tue. Jan. 5 - Feb. 9	5:30 - 6:30 pm
552748	Tue. Feb. 16 - Mar. 22	5:30 - 6:30 pm

### PILATES 1

*Raena Waddell*

Experience the mind-body approach towards fitness. Based on the work of Joseph Pilates, the emphasis of this program is on purposeful movement through the execution of proper body alignment. Discover how to coordinate the efforts of the muscles in conjunction with the stabilizers and core to develop strength and flexibility.

Course #	Date(s)	Time	Price
552751	Mon. Jan. 4 - Feb. 8	5:30 - 6:30 pm	\$78
552752	Mon. Feb. 22 - Mar. 21	5:30 - 6:30 pm	\$65

### YOGA AT THE CENTRE

*Anne Palashuck*

Yoga enhances all aspects of your life. Improve muscle strength, tone, flexibility, digestion, self awareness, relaxation and so much more. Yoga is perhaps the kindest thing we can do for our minds and bodies.

Course #	Date(s)	Time	Price
552753	Wed. Jan. 6 - Feb. 10	5:25 - 6:25 pm	\$78
552758	Wed. Feb. 17 - Mar. 30	5:25 - 6:25 pm	\$91

### YOGA AT THE CENTRE 45+

**\$78**

*Monica Desmarais*

Achieve a heightened level of body awareness, strength, and flexibility through Yoga. **This class is geared towards the 45-year old and older participant.**

Course #	Date(s)	Time
552754	Thu. Jan. 7 - Feb. 11	9:20 - 10:20 am
552755	Thu. Feb. 18 - Mar. 24	9:20 - 10:20 am

### MINDFULNESS MEDITATION FOR BEGINNERS

**\$95**

*Michelle Johnston*

In this 8-week experiential course participants will rest in the moment-to-moment practice of mindfulness. We will begin by learning the foundations of practice- mindfulness of body, breath and mind. Formal mindfulness practices will include, sitting practice, walking meditation, gentle hatha yoga and body scan. **Please bring a yoga mat.**

Course #	Date(s)	Time	Location
552772	Thu. Jan. 21 - Mar. 10	5:30 - 6:30 pm	City Arts
554279	Thu. Jan. 21 - Mar. 10	11 am -Noon	Terwillegar

### QI GONG MEDITATION

**\$80**

*Gordon Oaks*

A mid-week unwind! Qigong (a relative of Tai Chi) is an ancient practice of aligning breath, movement, and awareness for healing and meditation. In this course you will learn basic Qigong postures, movements and breath work. These techniques have many benefits for health and well-being including vital energy cultivation, flexibility, stress reduction and balance.

Course #	Date(s)	Time
551442	Thu. Jan. 21 - Mar. 10	5:30 - 6:30 pm



## Music

### HAND DRUMMING

**\$110**

*Bill Mitchell*

This interactive drumming class is great for everyone, it will teach the fundamentals of hand drumming as well as different rhythm patterns and proper technique. Drums are provided in class. Come explore with us!

Course #	Date(s)	Time
551441	Sat. Jan. 16 - Mar. 12	12:30 - 2 pm

### PIANO 1

**\$150**

*Raydene Koch*

Have you always wanted to try your hand at piano? This class is designed to get you playing in a fun and relaxed atmosphere. Learn music concepts while you play and practice group pieces. **Keyboards provided. A keyboard or piano at home is necessary for practice. Students will need to purchase the book Hal Leonard Adult Piano Method' for use in this course.**

Course #	Date(s)	Time
551448	Mon. Jan. 18 - Mar. 14	6:30 - 8 pm

### PIANO 2

**\$150**

*Raydene Koch*

Expand & enhance your piano playing know-how in our Level 2 class. New book, new music and a whole lot of fun! **Students must have completed Level 1 or have had past piano experience and know how to read music. Keyboards provided. A keyboard or piano at home is necessary for practice.**

Course #	Date(s)	Time
551451	Mon. Jan. 18 - Mar. 14	8 - 9:30 pm

### GUITAR 1

**\$135**

*Tracey Newman, Marge Vanderzyl, Thea Pelletier, Jeff Ramsey*

From beginner to professional level, the foundation of guitar playing is learning the 15 basic chords that are the 20% of the knowledge used 80% of the time. Working together in a group we'll learn these chords and organize them into five related families. This course is designed to get you quickly on your way to having fun playing your guitar.

Course #	Date(s)	Time	Location
551450	Sat. Jan. 16 - Mar. 12	2 - 4 pm	City Arts MV
551453	Tue. Jan. 19 - Mar. 8	7 - 9 pm	The Meadows TP
551443	Wed. Jan. 20 - Mar. 9	7 - 9 pm	City Arts TN
551449	Wed. Jan. 20 - Mar. 9	7 - 9 pm	Clareview MV
551446	Thu. Jan. 21 - Mar. 10	7 - 9 pm	Commonwealth MV
553944	Thu. Jan. 21 - Mar. 10	7 - 9 pm	Terwillegar JR

### GUITAR 2

**\$135**

*Tracey Newman*

Ready to learn more guitar? This class introduces B minor, F barre chords, 4- and 5- chord songs using the Nashville number system; finger picking, scale patterns and how to use them to play melodies. The class also includes new strum patterns and how to coordinate singing with playing the guitar. Expand your guitar skills and have fun!

Course #	Date(s)	Time	Location
551445	Mon. Jan. 18 - Mar. 14	7 - 9 pm	Terwillegar

### UKULELE

**\$80**

*Marge Vanderzyl, Tracey Newman*

The ukulele is considered the easiest stringed instrument to play. It is small, compact and easy to learn. Just four strings and an incredible range of chords, but only a few that you need to learn to get going. Learn how to hold, strum and tune a ukulele. **Instruments not provided.**

Course #	Date(s)	Time	Location
551447	Fri Jan. 29 - Feb. 19	7 - 9 pm	City Arts TN
551444	Mon. Feb. 22 - Mar. 14	7 - 9 pm	Clareview MV
551452	Fri. Feb. 26 - Mar. 18	7 - 9 pm	City Arts TN

## Photography

### SMARTPHONE, TABLET & APP PHOTOGRAPHY \$45

*Sheree Zielke*

Make the most of your phone or tablet by mastering your camera features. Course includes an explanation of controls, methods for overcoming tricky exposures, and an introduction to inexpensive apps that will turn your photos into works of art. We will also touch on storage options.

Course #	Date(s)	Time
551454	Thu. Mar. 17 - 24	6:30 - 8:30 pm

### COMPLETE DSLR \$200

*Sheree Zielke*

Want to take amazing photos of your family and travels? Then learn how to make the most of your DSLR camera. From getting off 'auto' to shutter speeds, metering modes and more, we cover basic to advanced concepts in this comprehensive class. **Bring your own DSLR cameras and lens. DSLR cameras have removable lenses.**

Course #	Date(s)	Time
551455	Thu. Jan. 21 - Mar. 10	6:30 - 9 pm

### DSLR CAMERA BASICS \$90

*Sheree Zielke*

If you have questions about your menu, focus, exposure and want to get off 'Auto' then this class is for you! Learn how to take award winning photos and find satisfaction with your images and your DSLR camera. **DSLR cameras have removable lenses.**

Course #	Date(s)	Time
551456	Fri. Feb. 5 - 19	9:30 am - 12:30 pm

### PHOTOGRAPHY 1 \$160

*Sima Khorrami*

Learn to develop your ability to frame the shot before you take it. You'll review camera functions and how they work and then move on to such creative aspects as focal points, composition, depth of field, shutter speed and lighting. Weekly projects along with discussion and feedback will help you actively integrate creative principles into your photography. **You must be familiar with how your camera works (i.e. read your manual).**

Course #	Date(s)	Time
551457	Thu. Jan. 21 - Mar. 10	6:30 - 8:30 pm

### CREATIVE PHOTO WORKSHOP \$45

*Linda Finstad*

Smoke, mirrors and duct tape! Learn to take incredible abstract photos with this hands-on photography workshop. As you work through several stations you'll learn to manipulate your DSLR to produce special effects such as kaleidoscopes, plumes of smoke and mirrored images.

Course #	Date(s)	Time	Location
557363	Sun. Mar. 6	1 - 4 pm	The Meadows

## Pottery

### POTTERY 1 & 2

**\$245**

Learn the basic techniques of hand-building, wheel throwing, glazing and firing. You'll make 6-8 projects based on your skill level. Use your imagination and the pottery wheel to make artwork that is functional and beautiful. Clay and glazing provided.

Course #	Date(s)	Time	Instructor
551778	Sun. Jan. 10 - Mar. 20	10 am - 1 pm	Carol Marshall
551779	Sun. Jan. 10 - Mar. 20	1 - 4 pm	Will Truchon
551780	Mon. Jan. 11 - Mar. 21	6:30 - 9:30 pm	Ruta Nichol
551781	Mon. Jan. 11 - Mar. 21	6:30 - 9:30 pm	Dan Miller
551783	Tue. Jan. 12 - Mar. 15	6:30 - 9:30 pm	Deb Bryan
551784	Wed. Jan. 13 - Mar. 16	6:30 - 9:30 pm	Priscilla Thomas
551785	Thu. Jan. 14 - Mar. 17	1 - 4 pm	Dan Miller
551786	Thu. Jan. 14 - Mar. 17	6:30 - 9:30 pm	Deb Bryan
551787	Thu. Jan. 14 - Mar. 17	6:30 - 9:30 pm	Carleen Brigley

### POTTERY 1 & 2 @ ACT

**\$245**

Learn the basic techniques of hand-building, wheel throwing, glazing and firing. You'll make 6-8 projects based on your skill level. Use your imagination and the pottery wheel to make artwork that is functional and beautiful. **A set of pottery tools for \$20 is required but clay and glazing are provided.**

Course #	Date(s)	Time	Instructor
551792	Mon. Jan. 11 - Mar. 21	6:30 - 9:30 pm	Carol Marshall
551793	Wed. Jan. 13 - Mar. 16	6:30 - 9:30 pm	Dan Miller

### WHITE CLAY

\$255

*Priscilla Thomas*

Take your clay skills to the next level by learning how to throw, decorate and glaze porcelain-like clay. While the process is the same, your projects will be lighter, finer and more translucent. Create a new personal style and see how your skills progress. **Students must be comfortable throwing on the wheel. Clay and glazing provided.**

Course #	Date(s)	Time
551782	Tue. Jan. 12 - Mar. 15	6:30 - 9:30 pm

### POTTERY STUDIO FOR SENIORS @ ACT 60+

\$60

Are you an experienced potter looking for studio time to improve your skills? Pottery Studio for Seniors provides a supportive and friendly studio environment to individuals who have taken many classes and are familiar with pottery studio practices and procedures. **Students will need to purchase their own medium fire cone 6 clay but glazes and firing are included.**

Course #	Date(s)	Time
551794	Mon. Jan. 11 - Mar. 21	10 am - 3 pm
551795	Thu. Jan 14 - Mar 17	10 am - 3 pm

### TEXTURED HAND BUILDING

\$185

*Ravi Gill*

You don't need to master the pottery wheel to create fun and unique clay pots and sculptures. Explore creative ways to pinch, coil and build forms and then decorate them with a range of decorative techniques such as embossing, carving and wax resist. Take home four to five uniquely crafted projects.

Course #	Date(s)	Time
551788	Fri. Jan. 22 - Mar. 11	6:30 - 9:30 pm



### Sculpture

#### FIGURATIVE SCULPTURE IN CLAY

\$225

*Ritchie Velthuis*

Learn how to build the human form step-by-step using clay. Working from live models, you'll develop a sense of proportion and three-dimensional design. **Both male and female forms will be covered. Beginners and intermediates welcome.**

Course #	Date(s)	Time
551789	Wed. Jan. 20 - Mar. 9	6:30 - 9:30 pm

#### CLAY MASK

\$40

*Will Truchon*

Want to add a bit more creativity to your life? Discover clay, the proportions of the face and the ancient art of mask making. **All supplies included.**

Course #	Date(s)	Time
554230	Fri. Mar. 4	6:30 - 9:30 pm

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## Silversmithing

### SILVERSMITHING 1 & 2

**\$175**

*Betty Takahashi, Meghan Wagg*

Welcome to this introduction to jewelry making. Create unique pieces of jewelry as you learn to solder, file and polish silver. Working with the instructor, students will design and craft one to three projects. **Supplies approximately \$50 - \$150, but could be higher or lower, depending on the projects chosen.**

Course #	Date(s)	Time
551861	Tue. Jan. 12 - Mar. 15	1 - 4 pm BT
551862	Tue. Jan. 12 - Mar. 15	6:30 - 9:30 pm BT
551863	Wed. Jan. 13 - Mar 16	6:30 - 9:30 pm MW
551864	Thu. Jan. 14 - Mar 17	6:30 - 9:30 pm MW

### SILVER BAND RING WORKSHOP

**\$50**

*Sharon Graham*

This workshop will introduce students to simple silversmithing skills of sawing, filing, sanding, soldering, safety and design. By the end of class you will have a beautiful, handmade sterling silver ring. **All supplies included.**

Course #	Date(s)	Time
553997	Sun. Jan. 24	1 - 4 pm

### SILVER EARRINGS

**\$50**

*Sharon Graham*

This workshop will introduce students to simple silversmithing skills of sawing, filing, sanding, soldering, safety and design. By the end of class you will have a beautiful, handmade pair of sterling silver earrings. **All supplies included.**

Course #	Date(s)	Time
553998	Sun. Feb. 28	1 - 4 pm



## > Visual Art

### Acrylics

#### ACRYLICS 1 & 2

**\$150**

*Nancy Corrigan, Sharon Moore Foster, Madonna Mikhail, Robert Nichols, Jeanette Smith*

Quick drying time and multiple textures make acrylics a great choice for beginners and intermediates. In this class students will learn painting basics (composition, colour, painting techniques) as well as have a chance to express their personal creativity. **Students can expect material costs to be between \$100 - \$200.**

Course #	Date(s)	Time	Location
551803	Sun. Jan. 17 - Mar. 13	1 - 4 pm	City Arts RN
551804	Tue. Jan. 19 - Mar. 8	6:30 - 9:30 pm	City Arts JS
551805	Wed. Jan. 20 - Mar. 9	9:30 - 12:30 pm	City Arts NC
552479	Wed. Jan. 20 - Mar. 9	6:30 - 9:30 pm	The Meadows MM
551806	Thu. Jan. 21 - Mar 10	6:30 - 9:30 pm	City Arts SMF
551875	Thu. Jan. 21 - Mar. 10	6:30 - 9:30 pm	Clareview JS

#### STUDIO TIME

**\$75**

Make time in your busy life for painting with this dedicated studio time. Work on self-directed projects, enjoy the camaraderie of the group and paint at your own pace. **Please note there will not be an instructor present.**

Course #	Date(s)	Time
551810	Tue. Jan. 19 - Mar. 8	6:30 - 9:30 pm

#### IMPRESSIONIST ACRYLIC LANDSCAPES

**\$150**

*Frank Haddock*

This class introduces you to the origins of impressionism in the late 1800s. Learn to mix colours and apply them to canvas in the style of the impressionists like Monet, Sisley and Seurat. You'll receive plenty of instruction and see many demonstrations. With professional guidance landscapes will never be easier.

Course #	Date(s)	Time
551807	Fri. Jan. 22 - Mar. 11	9:30 am - 12:30 pm

## Drawing

### DRAWING 1 & 2 \$150

*Frank Haddock, Patrick Higgins, David Shkolny*

Seeing is believing—unlock the doors to the world of drawing, with key concepts. If you can see it, you can draw it. This class explores a variety of drawing subjects, including still life, portraits and landscapes, with a focus on graphite. It's a revolution of the pencil!

Course #	Date(s)	Time
551796	Mon. Jan. 18 - Mar. 14	6:30 - 9:30 pm DS
551797	Tue. Jan. 19 - Mar. 8	6:30 - 9:30 pm FH
551798	Wed. Jan. 20 - Mar. 9	1 - 4 pm PH
551801	Thu. Jan 21 - Mar 10	1 - 4 pm FH

### DRAWING THE PORTRAIT 1 & 2 \$150

*Patrick Higgins*

This course provides an excellent way to focus your study on the portrait and advance your drawing skills. Through demonstrations and copying from two-dimensional photos students will be taught the principals of proportion, form and tonal relationships. Students will capture the character of the subject with charcoal, conte chalk, pencil and ink.

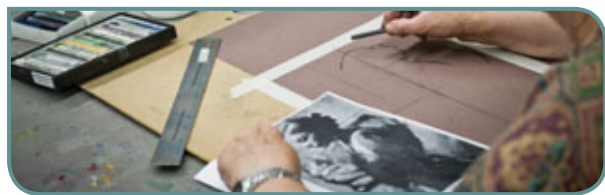
Course #	Date(s)	Time
551799	Wed. Jan. 20 - Mar. 9	6:30 - 9:30 pm

### SOFT PASTELS 1 & 2 \$150

*Catherine Compston*

Soft pastels renderings range from the impressionistic to high realism, from dreamy to bold. Experiment with this relatively forgiving medium in this introductory class. The focus will be on exploring various techniques using still life and landscape subjects. Fundamentals of drawing will be covered as part of the class. **Material cost is approximately \$50 - \$70.**

Course #	Date(s)	Time
551800	Wed. Jan. 20 - Mar. 9	6:30 - 9:30 pm



### SOFT PASTELS 2 \$150

*David Shkolny*

Take your pastels to the next level through surface exploration, in-depth colour study and compositional strategies while refining your drawing skills. **It is recommended that you take Introduction to Soft Pastels prior to registering for this class or have had some solid experience using soft pastels.**

Course #	Date(s)	Time
551802	Thu. Jan. 21 - Mar. 10	6:30 - 9:30 pm

### DRAWING REALISTICALLY: SHAPES & SHADING \$85

*Tracey Newman*

This class introduces the building blocks of realistic drawing. When drawing realistically, an object is defined by the negative space around it. Shape shifting reminds us that in order to see shapes and negative spaces accurately we must make a shift in our perceptions. This class will increase your ability to see these shapes and draw representatively.

Course #	Date(s)	Time
551855	Sun. Feb. 21 - Mar. 13	1 - 4 pm

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[www.paintspot.ca](http://www.paintspot.ca)

Art Supplies    Workshops    Gallery



## Oils

### OILS 1 & 2

**\$150**

*Jeff Collins, Svetlana Kanyo*

The beauty of oils lies in their colour intensity and the fact that you can make endless revisions! Learn various brush strokes, play with colour mixing and get to know your medium in general. Expand your compositional skills and learn about light, shadows and placement. **Material costs approximately up to \$100.**

Course #	Date(s)	Time
551808	Sun. Jan. 17 - Mar. 13	10 am - 1 pm SK
551809	Mon. Jan. 18 - Mar. 14	9:30 am - 12:30 pm JC
551811	Wed. Jan 20 - Mar 16	6:30 - 9:30 pm SK

## Watercolours

### WATERCOLOURS 1 & 2

**\$150**

*Kathryn Hines*

Watercolour: water, colour and light. Keep your watercolours translucent with master wash techniques and brush handling secrets. A different approach to colour will have you mixing the right colour with ease. Demonstrations and exercises teach you how to show light & shadow, value, form and perspective. **Beginners develop a strong foundation. Experienced students move forward with more refined techniques, self-expression and creativity.**

Course #	Date(s)	Time	Location
551866	Mon. Jan. 18 - Mar. 14	1 - 4 pm	Terwillegar
551814	Tue. Jan. 19 - Mar. 8	1 - 4 pm	City Arts

### WINTER LANDSCAPES

**\$150**

*Frank Haddock*

Capture the winter season in watercolour! Painting from reproductions and photographs students will create quick studies and develop more finished works with techniques of wet-on-wet, layering and glazing. **Beginners welcome!**

Course #	Date(s)	Time
551812	Mon. Jan. 18 - Mar. 14	6:30 - 9:30 pm

### WATERCOLOURS 2

**\$150**

*Frank Haddock*

This advanced class is your opportunity to refine your watercolour skills. Beginning where Level 1 ended, you will experiment with new ideas and alternative painting techniques. Students will be encouraged to explore their own personal direction through individualized instruction.

Course #	Date(s)	Time
551813	Tue. Jan. 19 - Mar. 8	1 - 4 pm

### WATERCOLOUR LANDSCAPES

**\$150**

*Frank Haddock*

Watercolour is an enjoyable medium. This intro class is designed for beginner students as well as those who wish to improve their skills. Lectures and demonstrations are enhanced with individual instruction.

Course #	Date(s)	Time
551815	Thu. Jan. 21 - Mar. 10	9:30 am - 12:30 pm

### WATERCOLOUR PENCILS: TRAVEL JOURNAL

**\$150**

*Kathryn Hines*

This course provides an introduction to the fundamentals of drawing and painting using the convenient medium of watercolour pencils. Begin with drawing and move into painting cityscapes, landscapes, vignettes of scenes such as doorways, windows, or balconies. Guided exercises and the use of your imagination will be used to record your travel adventures.

Course #	Date(s)	Time	Location
551868	Thu. Jan. 21 - Mar. 10	1 - 4 pm	Terwillegar



## Workshops

### GAUGIN IN ACRYLICS

**\$65**

*Frank Haddock*

This one-day workshop is for beginner students and those who want to expand their skills. You'll create a 12" x 16" canvas using a step-by-step method. Explore Paul Gauguin and warm up with a Polynesian painting in the Impressionist style. **All supplies included.**

Course #	Date(s)	Time
551853	Sun. Jan. 31	10 am - 4 pm

### ONE DAY, ONE ACRYLIC MASTERPIECE

**\$65**

*Summer Anne Bozohora*

Create a masterpiece of your own choosing in this one-day workshop. **Please bring one or two images of interest (no animals or people in the picture; silhouettes are fine).** Everyone will have a finished piece of artwork to hang-and you will want to hang it. **No experience necessary. All materials are provided.**

Course #	Date(s)	Time	Location
551874	Sat. Feb. 20	10 am - 3 pm	The Meadows

### SUNSHINE MEADOW IN ACRYLICS

**\$60**

*Kamal Toor*

Be guided through the steps to create a simple yet beautiful painting of a yellow rolling meadow. If you have never painted or it has been a while, this one evening workshop is the perfect way to get you going. **All supplies included.**

Course #	Date(s)	Time	Location
552773	Sun. Feb. 28	1 - 4 pm	The Meadows

### DRAWING A CAT IN CHARCOAL

**\$65**

*Frank Haddock*

Unlock your drawing potential and learn to draw a cat step-by-step. Learn basic drawing techniques such as shading, blending and erasing to create 3D effects in charcoal. We'll also cover perspective and composition. **All supplies included.**

Course #	Date(s)	Time
551856	Sun. Feb. 28	10 am - 4 pm

### ARCHITECTURAL SKETCHING

**\$70**

*Dnyanesh Deshpande*

Learn the basic principles of freehand perspective sketching in order to draw your favorite building in Edmonton or to communicate your ideas in 3D. You'll learn simple tricks and techniques to rid your fear of freehand sketching and inspire you to take up your pen and pursue sketching as a hobby. We'll cover vanishing points as well as one-, two- and multiple-point perspectives. We even venture out of the building to do some drawings on location.

Course #	Date(s)	Time
551854	Sat. Mar 5	1 - 4 pm
	Sun. Mar. 6	9:30 am - 4:30 pm

### INTRO TO WATERCOLOURS

**\$65**

*Frank Haddock*

Have you ever wanted to create your own painting using watercolours? Handouts, demonstrations and plenty of professional attention make this a perfect introduction to an environmentally friendly paint medium. **All supplies included.**

Course #	Date(s)	Time
551857	Sun. Mar. 13	10 am - 4 pm

### PALETTE KNIFE WORKSHOP - WINTER LANDSCAPE

**\$75**

*Svetlana Kanyo*

Palette knife painting is a unique and exciting technique. With step-by-step instruction, beginner students will create a 12' x 16' oil painting. Sumptuous painting surfaces, composition and tonal values will be covered. **All supplies included.**

Course #	Date(s)	Time
551858	Sun. Mar. 20	10 am - 3 pm

No classes  
Feb. 13-15 & Mar. 25-28



## Workshops



### FRIDAY NIGHT OUT WORKSHOPS \$40

Grab a friend and get creative at our short one evening workshops. It's a chance to socialize and experiment with different types of art materials. **Absolute beginners welcome and all supplies included.**

#### City Arts Centre

*All workshops take place 6:30 - 9:30 pm*

Course #	Type	Date(s)
551393	Calligraphy	Fri. Feb. 5
552769	Watercolour Landscape	Fri. Feb. 12
552770	Drawing Portraits	Fri. Feb 19
552771	Zentangle™	Fri. Feb. 26
554230	Clay Mask	Fri. Mar. 4
552766	Jumble Journal	Fri. Mar. 11
552768	Ukrainian Easter Eggs	Fri. Mar. 18

#### Clareview

*All workshops take place 6:30 - 9:30 pm*

Course #	Type	Date(s)
552777	Alberta Landscape in Acrylics	Fri. Feb. 19
552779	Watercolour Postcards	Fri. Mar. 11

#### The Meadows

*All workshops take place 6:30 - 9:30 pm*

Course #	Type	Date(s)
554000	Acrylic Sunflowers	Fri. Mar. 4
552776	Zentangle™	Fri. Mar. 11



**Store Hours:**  
**Mon - Fri**  
 9:30 am - 6 pm  
**Sat**  
 9:30 am - 5 pm

*The Real Art Store*

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## Imagination Playground



### Come Build with Me - Drop in

Visit our imagination playground! With larger-than-life blue blocks you'll be able to create houses, forts, castles, tunnels and chutes! We have all kinds of shapes and sizes of gears, blocks, noodles and balls. **Free coffee for caregivers. And lots of creative play for participants.**

- Start Date: Fri. Oct. 2
- Fridays 9:30 - 11 am
- Child Admission \$4.50
- Multi per visit (5+) \$4.05

*\*See website for up-to-date dates and times.*

## > Child, Youth & Family Courses

### Cooking/Baking

#### MASTER KINDER CHEF (Ages 4-5)

**\$135**

*Angela Elfassy*

Introduce your little one to a fundamental life skill in a fun and creative way. Get comfortable in the kitchen and learn to cook your favorites!

Course #	Date(s)	Time	Location
551501	Fri. Jan. 22 - Mar. 11	1 - 2:30 pm	City Arts

#### YOU CAN COOK! (Ages 7-12)

**\$95**

*Angela Elfassy, Jody Shenkarek*

Create an assortment of dishes from breakfast to dessert, featuring fresh ingredients. Get comfortable in the kitchen and learn to cook your favorites!

#### Ages 7-9

Course #	Date(s)	Time	Location
551504	Tue. Jan. 12 - Feb. 9	4:30 - 5:45 pm	Terwillegar AE
551500	Thu. Jan. 14 - Feb. 11	4:30 - 5:45 pm	Terwillegar AE
551505	Tue. Feb. 16 - Mar. 15	4:30 - 5:45 pm	Terwillegar AE
551498	Thu. Feb. 18 - Mar. 17	4:30 - 5:45 pm	Terwillegar AE

#### Ages 9-12

Course #	Date(s)	Time	Location
551507	Wed. Jan. 13 - Feb. 10	4:30 - 6 pm	City Arts JS
551497	Wed. Feb. 17 - Mar. 16	4:30 - 6 pm	City Arts JS

**No classes  
Feb. 13-15 & Mar. 25-28**

## Dance

### DYNAMIC DUOS (Age 2)

**\$57**
*Carla Benavides, Gail Hay, Joanna Sexauer*

Explore the world of creative dance with your little one. This program develops basic body movements through rhythm, music and song. **Adult participation required.**

Course #	Date(s)	Time	Location
551519	Sat. Jan. 16 - Mar. 12	9:45 - 10:15 am	City Arts CB
551512	Sat. Jan. 16 - Mar. 12	9:45 - 10:15 am	Clareview JS
551535	Mon. Jan. 18 - Mar. 14	10 - 10:30 am	The Meadows GH
551511	Wed. Jan. 20 - Mar. 9	10 - 10:30 am	The Meadows GH
551509	Thu. Jan. 21 - Mar. 10	9:45 - 10:15 am	Terwillegar GH

### FOOTLIGHTS AND FANCY FEET (Ages 3-5)

**\$82**
*Carla Benavides, Gail Hay, Joanna Sexauer*

Expand your little one's joy of moving through creative dance exploration. Along the way, they'll develop coordination, body awareness, imagination and individual style.

#### Ages 3-4

Course #	Date(s)	Time	Location
551520	Sat. Jan. 16 - Mar. 12	10:15 - 11 am	City Arts CB
551527	Sat. Jan. 16 - Mar. 12	10:15 - 11 am	Clareview JS
551522	Sun. Jan. 17 - Mar. 13	10 - 10:45 am	Commonwealth GH
551537	Mon. Jan. 18 - Mar. 14	10:30 - 11:15 am	The Meadows GH
551518	Tue. Jan. 19 - Mar. 8	10:15 - 11 am	City Arts GH
551525	Wed. Jan. 20 - Mar. 9	10:30 - 11:15 am	The Meadows GH
551530	Thu. Jan. 21 - Mar. 10	9 - 9:45 am	Terwillegar GH
551515	Thu. Jan. 21 - Mar. 10	10:15 - 11 am	Terwillegar GH

#### Ages 4-5

Course #	Date(s)	Time	Location
551521	Sat. Jan. 16 - Mar. 12	11 - 11:45 am	City Arts CB
551523	Sun. Jan. 17 - Mar. 13	10:45 - 11:30 am	Commonwealth GH



### PRESCHOOL BALLET (Ages 4-5)

**\$82**
*Carla Benavides, Genenne Gilliard, Gail Hay, Joanna Sexauer*

Are you a budding ballerina? Join us in learning beginner dance technique with a focus on ballet. Boys and girls learn coordination, body awareness, and have fun with their ballerina friends! **Tutus optional.**

Course #	Date(s)	Time	Location
551528	Sat. Jan. 16 - Mar. 12	11 - 11:45 am	Clareview JS
551517	Sun. Jan. 17 - Mar. 13	9:15 - 10 am	Commonwealth GH
551532	Sun. Jan. 17 - Mar. 13	11:15 am - Noon	The Meadows GG
551536	Mon. Jan. 18 - Mar. 14	11:15 am - Noon	The Meadows GH
551510	Tue. Jan. 19 - Mar. 8	9:30 - 10:15 am	City Arts GH
551526	Wed. Jan. 20 - Mar. 9	11:15 am - Noon	The Meadows GH
551516	Thu. Jan. 21 - Mar. 10	11 - 11:45 am	Terwillegar GH

### DANCE COMBO (Ages 6-9)

**\$125**
*Carla Benavides, Genenne Gilliard, Gail Hay*

Allow your child to express themselves through dance. This course focuses on the basics of ballet and jazz, allowing students to develop their skills in a fun and non-competitive environment.

Course #	Date(s)	Time	Location
551534	Sun. Jan. 10 - Mar. 20	Noon - 1:15 pm	The Meadows GG
551513	Wed. Jan. 13 - Mar. 16	4:30 - 5:45 pm	Terwillegar GG
551524	Sat. Jan. 16 - Mar. 12	11:45 am - 12:30 pm	City Arts CB \$82
551531	Sun. Jan. 17 - Mar. 13	11:30 am - 12:15 pm	Commonwealth GH \$82

**HIP HOP (Ages 10-14)****\$90***Genenne Gilliard*

This high energy class teaches the basics of hip hop and body isolation movement. Learn choreographed sequences to your favorite hip hop and pop songs. Pick up new steps, work your body and have some fun! **Indoor shoes required.**

Course #	Date(s)	Time	Location
551533	Sun. Jan. 10 - Mar. 20	1:15 - 2:15 pm	The Meadows
551514	Wed. Jan. 13 - Mar. 16	5:45 - 6:45 pm	Terwillegar

**BREAK DANCING (Ages 11-16)****\$75***Sean Arceta*

Pop, rock and lock to the latest dance music! Dancers are trained to find their centre of gravity and learn the basics of momentum, planche and torque. Find your inner B-boy or B-girl and challenge yourself!

Course #	Date(s)	Time	Location
551529	Sun. Jan. 17 - Mar. 13	2 - 3 pm	Commonwealth

**Multi-Activity: Rec Centre Outreach Programming**

*\* These programs and others are also offered at our Recreation/Leisure Centres.*

**COME PLAY WITH ME! 1 (Ages 1-2<sup>1/2</sup>)****\$88**

It's child's play! This jam-packed hour of fun offers a variety of structured and child-initiated activities you and your child can explore together. Each session will include stories, songs, games, crafts and plenty of opportunities for your child to interact with others. Join us as we create an environment filled with friendship and fun. **Parents/Guardians are required to attend and participate in this program.**

Course #	Date(s)	Time
553657	Wed. Jan 13 - Mar. 16	9:30 - 10:30 am

**COME PLAY WITH ME! 2 (Ages 2<sup>1/2</sup>-3<sup>1/2</sup>)****\$96**

This extended program is jam-packed with 75 minutes of fun and age-appropriate activities for older toddlers and young preschoolers. Each class continues to offer a wide range of structured and child-initiated play opportunities in an enriching social environment. **Parents/Guardians are required to attend and participate in this program.**

Course #	Date(s)	Time
553658	Wed. Jan 13 - Mar. 16	10:45 am - Noon

**YOGA ADVENTURES (Ages 3<sup>1/2</sup>-5)****\$100**

Jump onboard for a yoga adventure with us. Bark in downward dog, hiss in cobra pose and flutter your wings in butterfly. Balance on your surfboard and stretch up tall like a tree. In this class, we will use music, games and simple animated poses to strengthen growing muscles, improve balance and teach breathing and relaxation techniques.

**All participants are required to be toilet trained.**

**Parents/Guardians are not required to stay.**

Course #	Date(s)	Time
553659	Fri. Jan. 15 - Mar. 18	11:00 am - 11:45 am

**No classes  
Feb. 13-15 & Mar. 25-28**

## Music

### MUSIC WITH BABY (Ages 0-24 mos) \$105

*Nancy's Notes*

A great first class for your little one! Our focus is on lap-time musical activities including finger plays, sign language and playing instruments. We'll also have fun dancing to a wide range of songs that both caregivers and children will enjoy. **Each child receives their own instrument to keep. Adult participation required.**

Course #	Date(s)	Time	Location
551545	Sat. Jan. 9 - Mar. 19	9 - 9:45 am	Terwillegar
551543	Thu. Jan. 14 - Mar. 17	9:15 - 10 am	The Meadows
551539	Fri. Jan. 15 - Mar. 18	10:45 - 11:30 am	Terwillegar

### MUSIC & MOVEMENT (Ages 0-5) \$125

*Nancy's Notes*

Music facilitates all aspects of early childhood development through song, dance, and rhythmic play with instruments. Enjoy a variety of songs and dances, (from children's to Broadway), an instrument demonstration, and intro to music theory. Try your hand at the piano and learn a simple piece! **Take-home percussion instrument included in course fee. Adult participation required.**

Course #	Date(s)	Time	Location
551558	Sat. Jan. 9 - Mar. 19	9:30 - 10:30 am	City Arts
551688	Sat. Jan. 9 - Mar. 19	9:30 - 10:30 am	The Meadows
551549	Sat. Jan. 9 - Mar. 19	10 - 11 am	Terwillegar
551541	Sun. Jan. 10 - Mar. 20	10 - 11 am	Terwillegar
554646	Sun. Jan. 10 - Mar. 20	9 - 10 am	Terwillegar
551567	Sun. Jan. 10 - Mar. 20	10:45 - 11:45 am	Clareview
551566	Sun. Jan. 10 - Mar. 20	Noon - 1 pm	Clareview
551544	Mon. Jan. 11 - Mar. 21	9:30 - 10:30 am	City Arts
551538	Fri. Jan. 15 - Mar. 18	9:30 - 10:30 am	The Meadows



### MUSICAL DISCOVERIES (Ages 3<sup>1/2</sup>-5) \$155

*Nancy's Notes*

Prepare your child for the next step in their musical journey, whether it's our Piano Adventures Series or other music/dance lessons. They'll sample a variety of music genres while singing, dancing and playing instruments. Designed to nurture your child's creativity and help uncover their musical potential. **Each child will receive their own instrument to keep. Some adult participation required.**

Course #	Date(s)	Time	Location
551559	Sat. Jan. 9 - Mar. 19	10:45 am - Noon	City Arts
551550	Sat. Jan. 9 - Mar. 19	11:15 am - 12:30 pm	Terwillegar
551542	Sun. Jan. 10 - Mar. 20	11:15 am - 12:30 pm	Terwillegar
551562	Thu. Jan. 14 - Mar. 17	10:15 - 11:15 am	The Meadows

**No classes  
Feb. 13-15 & Mar. 25-28**



**PIANO ADVENTURES (Ages 4-7)****\$145***Nancy's Notes*

Introduce your child to the piano in a fun group setting. Classes will include basic piano technique, a few simple pieces, and general music skills such as rhythm, pitch and patterns. **Families will be required to purchase a lesson book (approx. \$12). Some adult participation required.**

**Yellow 1 (Age 4)**

This class is designed for age 4 beginners. Often children will complete this course twice before moving to Yellow 2.

Course #	Date(s)	Time	Location
551555	Sat. Jan. 9 - Mar. 19	9:30 - 10:15 am	Terwillegar
551563	Sat. Jan. 9 - Mar. 19	11 - 11:45 am	The Meadows
551557	Sat. Jan. 9 - Mar. 19	1:15 - 2 pm	Terwillegar
551546	Sun. Jan. 10 - Mar. 20	9:30 - 10:15 am	City Arts

**Yellow 2 (Ages 4-5)**

This class is designed for age 5 beginners or participants who have completed Yellow 1.

Course #	Date(s)	Time	Location
551556	Sat. Jan. 9 - Mar. 19	10:15 - 11 am	Terwillegar
551564	Sat. Jan. 9 - Mar. 19	11:45 am - 12:30 pm	The Meadows
551560	Sat. Jan. 9 - Mar. 19	2 - 2:45 pm	Terwillegar
551547	Sun. Jan. 10 - Mar. 20	10:15 - 11 am	City Arts

**Blue 1 (Ages 5-7)**

This class is designed for age 6-7 beginners or participants who have completed Yellow 2.

Course #	Date(s)	Time	Location
551552	Sat. Jan. 9 - Mar. 19	11 - 11:45 am	Terwillegar
551551	Sat. Jan. 9 - Mar. 19	11:45 am - 12:30 pm	Terwillegar
551565	Sat. Jan. 9 - Mar. 19	12:30 - 1:15 pm	The Meadows
551548	Sun. Jan. 10 - Mar. 20	11 - 11:45 am	City Arts

**No classes  
Feb. 13-15 & Mar. 25-28**

**Blue 2 (Ages 5-7)**

This class is designed for age 5-7 students who have completed Blue 1.

Course #	Date(s)	Time	Location
551561	Sat. Jan. 9 - Mar. 19	2:45 - 3:30 pm	Terwillegar
552802	Sat. Jan. 9 - Mar. 19	12:30 - 1:15 pm	The Meadows
552695	Sun. Jan 10 - Mar. 20	11:45 am - 12:30 pm	City Arts

**Blue 3 (Ages 5-7)**

This class is designed for participants who have completed Blue 2.

Course #	Date(s)	Time	Location
552696	Sat. Jan. 9 - Mar. 19	3:30 - 4:15 pm	Terwillegar

**BEGINNER GROUP PIANO (Ages 7-12)****\$145***Raydene Koch*

Introduce your child to the piano in a fun group setting. Classes will include basic piano technique, a few simple pieces, and general music skills such as rhythm, pitch and patterns. **Families will be required to purchase a lesson book (approx. \$12).**

**Ages 7-9**

Course #	Date(s)	Time	Location
551553	Mon. Jan. 11 - Mar. 21	4:30 - 5:30 pm	City Arts

**Ages 10-12**

Course #	Date(s)	Time	Location
551554	Mon. Jan. 11 - Mar. 21	5:30 - 6:30 pm	City Arts



## Pottery

### CLAYTOGETHER (Ages 3-5) \$80

*Debra Bryan*

Introduce your child to the magical wonders of clay! Together, you will complete four projects with a different theme each class. Skills include slab building with coils, pinch forming, coil building, and dioramas. This class is an opportunity to spend quality time while creating memorable keepsakes. **Adult participation required.**

Course #	Date(s)	Time	Location
551571	Sat. Jan. 16 - Mar. 12	9:30 - 10:45 am	City Arts

### CLAY COMBO (Ages 6-8) \$100

*Debra Bryan, Rhonda Grywacheski*

Explore different ways to play with clay! Complete four pieces with a different theme each class. Projects include slab building with coils, pinch forming, coil building, and dioramas.

Course #	Date(s)	Time	Location
551569	Sat. Jan. 16 - Mar. 12	11 am - 12:30 pm	City Arts DB \$80
551573	Sat. Jan. 23 - Mar. 19	12:30 - 2:30 pm	City Arts RG

### CLAYWORKS (Ages 9-12) \$100

*Rhonda Grywacheski*

Combine technique and imagination to design personalized pieces. Create pots, mugs and masks or sculpt animals, monsters and more. **This course includes a pottery wheel demonstration.**

Course #	Date(s)	Time	Location
551570	Wed. Jan. 20 - Mar. 9	4:30 - 6 pm	City Arts \$80
551568	Sat. Jan. 23 - Mar. 19	10 am - Noon	City Arts

### TEENS ON WHEELS (Ages 12-17) \$80

*Will Truchon*

Spend an afternoon with friends learning the fundamentals of handbuilding and wheelwork. Dive into handbuilding the first class! This prepares you for remaining classes where you'll complete two to four wheel projects as you develop your technique. **Fee includes clay, select glazes and firing.**

Course #	Date(s)	Time	Location
551572	Thu. Feb. 4 - Mar. 10	4 - 6 pm	City Arts

### POTTERY FOR FAMILIES (Ages 6+) \$55

*Rhonda Grywacheski*

Share the joy and wonder of clay with your child. Instruction focuses on hand building techniques. **Recommended for children 6 years and older. Course fee is \$55 per person. Adult participation required.**

Course #	Date(s)	Time	Location
551574	Thu. Jan. 21 - Feb. 11	6:30 - 8:30 pm	A.C.T
551575	Thu. Feb. 18 - Mar. 10	6:30 - 8:30 pm	A.C.T

## Theatre

### STORYBOOK DRAMA (Ages 3-5) \$65

Channel your child's expressive energy into our preschool drama program. Each week a well-loved story is narrated and enacted, giving your child a chance to bring their favourite characters to life.

#### Ages 3-4

Course #	Date(s)	Time	Location
551576	Mon. Jan. 18 - Mar. 14	1 - 2 pm	City Arts

#### Ages 4-5

Course #	Date(s)	Time	Location
551577	Mon. Jan. 18 - Mar. 14	2 - 3 pm	City Arts

### ACTING UP! (Ages 6-12) \$75

*Julianna Van Soest*

Do you dream about being on stage or in the movies? This fun, dynamic course will get you started with games and activities to teach you basic acting skills and techniques. The small class size allows for individual attention and coaching. Look out Hollywood... here you come!

#### Ages 6-8

Course #	Date(s)	Time	Location
551578	Sun. Jan. 17 - Mar. 13	1 - 2:30 pm	City Arts

#### Ages 9-12

Course #	Date(s)	Time	Location
551579	Sun. Jan. 17 - Mar. 13	2:30 - 4 pm	City Arts



## Birthday Parties



### Arty Party (Ages 6-12) / \$200

Arty Parties are available with different themes and at different locations. Each program includes an art activity and time for cake and presents.

#### Van Gogh Sunflowers, Clay Animals or Painted Tote Bag

- **2 hours** (Extra hour can be booked for \$20 fee)
- **15 people** including the birthday child (two adult minimum)
- **Location(s):** City Arts Centre and Terwillegar CRC

### Director's Cut Animation Arty Party (Ages 7-12) / \$250

We provide the equipment, supplies and expertise; you provide the creative ideas! Using our stop motion technology and your imagination, you'll bring a story to life in your very own short film!

- **2.5 hours**
- **10 people** including the birthday child (two adult minimum, \$15/per extra child)
- **Location(s):** Terwillegar CRC

## Visual Arts

### ART START (Ages 4-5)

**\$95**

*Gail Rydman*

With storytelling as inspiration, we'll experiment with drawing, painting, and printmaking. A great class to nurture creativity while refining motor skills. **Adult participation optional.**

Course #	Date(s)	Time	Location
551580	Sat. Jan. 16 - Mar. 12	9:30 - 10:45 am	City Arts

### KINDERART (Ages 4-5)

**\$95**

*Mykhailo Himka, Alex Labarda, Katia Vissers*

This innovative program is designed to encourage creative expression and independent decision-making in a child friendly, art-based environment. Using a centre approach, children will enjoy making art using a variety of media: sculpture, painting, and printmaking. Our KinderArt program draws inspiration from Reggio and Montessori methods.

Course #	Date(s)	Time	Location
551584	Sat. Jan. 16 - Mar. 12	9 - 10:30 am	Terwillegar KV
551592	Sat. Jan. 16 - Mar. 12	10:45 am - 12:15 pm	Terwillegar KV
551581	Sat. Jan. 16 - Mar. 12	11:15 am - 12:45 pm	City Arts MH
551582	Sat. Jan. 16 - Mar. 12	1 - 2:30 pm	City Arts MH
551599	Sat. Jan. 16 - Mar. 12	1 - 2:30 pm	Terwillegar KV
551589	Sun. Jan. 17 - Mar. 20	9:30 - 11 am	The Meadows AL

### KINDERART - TWICE WEEKLY (Ages 4-5)

**\$175**

*Mykhailo Himka*

This innovative program is designed to encourage creative expression and independent decision-making in a child friendly, art-based environment. Using a centre approach, children will enjoy making art using a variety of media: sculpture, painting, and printmaking. Our KinderArt program draws inspiration from Reggio and Montessori methods.

Course #	Date(s)	Time	Location
551583	Mon. & Wed. Jan. 18 - Mar. 14	9:30 - 11 am	Terwillegar
551600	Tue. & Thu. Jan. 19 - Mar. 10	1 - 2:30 pm	Terwillegar

**ART MASTERS (Ages 6-12) \$98**

*Berna Ponich, Jeanette Egan, Carveor Triggs, Svetlana Kanyo, Alex Labara, Sher Terefenko*

Students are introduced to the fundamentals of drawing and painting. Translate 3D shapes and objects into masterpieces through the mediums of pencil, pastel, and watercolour. Practice observational drawing while learning about famous artists! Small class sizes allow for individual attention and encouragement.

**Ages 6-8**

Course #	Date(s)	Time	Location
551585	Sat. Jan. 16 - Mar. 12	9:30 - 11 am	City Arts BP
551586	Sat. Jan. 16 - Mar. 12	11:15 am - 12:45 pm	City Arts CT
551601	Mon. Jan. 18 - Mar. 14	4:30 - 6 pm	Terwillegar ST
551588	Wed. Jan. 20 - Mar. 9	4:30 - 6 pm	City Arts SK
551590	Wed. Jan. 20 - Mar. 9	4:30 - 6 pm	Terwillegar ST
551604	Thu. Jan. 21 - Mar. 10	4:30 - 6 pm	Clareview JE

**Ages 9-12**

Course #	Date(s)	Time	Location
551598	Sat. Jan. 16 - Mar. 12	9:30 - 11 am	City Arts CT
551587	Sat. Jan. 16 - Mar. 12	11:15 am - 12:45 pm	City Arts BP
551603	Sun. Jan. 17 - Mar. 13	11 am - 12:30 pm	The Meadows AL
551591	Thu. Jan. 21 - Mar. 10	4:30 - 6 pm	Terwillegar ST

**ANIMATION MASTERS (Ages 8-12) \$100**

*The Director's Cut*

Use our digital cameras and stop action software to bring your creative ideas to life! You'll work in small groups to create an animated short complete with voiceovers, music and sound effects! Each participant receives a copy of their project. **Additional DVD copies can be purchased for \$10.**

Course #	Date(s)	Time	Location
551595	Sat. Feb. 20 - Mar. 12	10 am - Noon	Terwillegar

No classes  
Feb. 13-15 & Mar. 25-28

**THE CARTOON WORKSHOP (Ages 8-13) \$95**

*Gary Delaine, Alex Labarda*

Learn a variety of cartooning styles and techniques to create your very own comic books and comic strips. We'll cover character creation, story lines, composition, and pen and ink technique.

Course #	Date(s)	Time	Location
551593	Sat. Jan. 16 - Mar. 12	1:30 - 3 pm	City Arts AL
551594	Tue. Jan. 19 - Mar. 8	4:30 - 6 pm	Terwillegar GD

**THE CARTOON WORKSHOP 2 (Ages 8-13) \$95**

*Alex Labarda*

Expand a variety of cartooning styles and techniques to create your very own comic books and comic strips. In level two we'll cover intermediate character creation, story lines, composition, pen & ink techniques.

Course #	Date(s)	Time	Location
551596	Sat. Jan. 16 - Mar. 12	3 - 4:30 pm	City Arts

**FAMILY ANIMATION WORKSHOP \$75**

Create a personalized animated message! Use our digital cameras and stop action software to complete your project with voiceovers, music and sound effects! **Fee includes one adult and up to two children.**

Course #	Date(s)	Time	Location
551597	Sun. Mar. 13	10 am - 3 pm	Terwillegar



## Spring Break Art Camps

### KINDERART (Ages 4-5) \$50

This innovative program is designed to encourage creative expression and independent decision-making in a child friendly, art-based environment. Using a centre approach, children will enjoy making art using a variety of media: sculpture, painting, printmaking and collage. Our KinderArt program draws inspiration from Reggio Emilia and Montessori methods.

Course #	Date(s)	Time	Location
551677	Tue. - Fri. Mar. 29 - Apr. 1	9:30 - 11 am	City Arts
551679	Tue. - Fri. Mar. 29 - Apr. 1	9:30 - 11 am	Terwillegar
551678	Tue. - Fri. Mar. 29 - Apr. 1	12:30 - 2 pm	City Arts
551680	Tue. - Fri. Mar. 29 - Apr. 1	12:30 - 2 pm	Terwillegar

### ROCK PAPER SCISSORS (Ages 6-9) \$100

*The Director's Cut*

Use our digital cameras and stop action software to bring your creative ideas to life! You'll work in small groups to make a unique project, complete with voiceovers, music and sound effects!

Course #	Date(s)	Time	Location
551685	Tue. - Fri. Mar. 29 - Apr. 1	9 am - Noon	Terwillegar

### SPLASHY ART CAMP (Ages 6-10) \$170

Register today in this splashy week of fun! Participants' creative energies are maximized with various visual and performing arts activities. Then it's off to the swimming pool to refresh those creative juices. This camp is sure to keep the kids 'cool' in and out of the pool. **Early drop off at 8 am and late pick up until 5 pm.**

#### Ages 6-7

Course #	Date(s)	Time	Location
551686	Tue. - Fri. Mar. 29 - Apr. 1	9 am - 4 pm	The Meadows

#### Ages 8-10

Course #	Date(s)	Time	Location
551687	Tue. - Fri. Mar. 29 - Apr. 1	9 am - 4 pm	The Meadows

### ART MOVES! (Ages 6-12) \$80

Let your creative energies loose at the City Arts during spring break. Create works of art in a drawing and painting class and get your groove on while you try out the coolest dance moves.

#### Ages 6-8

Course #	Date(s)	Time	Location
551672	Tue. - Fri. Mar. 29 - Apr. 1	9 am - Noon	City Arts
551674	Tue. - Fri. Mar. 29 - Apr. 1	12:30 - 3:30 pm	City Arts

#### Ages 9-12

Course #	Date(s)	Time	Location
551673	Tue. - Fri. Mar. 29 - Apr. 1	9 am - Noon	City Arts
551675	Tue. - Fri. Mar. 29 - Apr. 1	12:30 - 3:30 pm	City Arts

### CLAYMATION CAMP (Ages 10-14) \$100

*The Director's Cut*

In this one-of-a-kind camp, clay is the main ingredient for fun! First you'll construct your own characters and scenes, then using our stop motion technology and expert instruction, you'll animate your own Hollywood blockbuster stop motion film! See where your imagination will take you!

Course #	Date(s)	Time	Location
551684	Tue. - Fri. Mar. 29 - Apr. 1	1 - 4 pm	Terwillegar



**BEGINNER SEWING CAMP (Ages 11-14) \$125**

This class will introduce you to the basics of sewing by hand and by machine. Learn to safely operate a sewing machine, take your measurements and read patterns as you work on projects that you'll be proud to wear and enjoy! **Machines provided.**

Course #	Date(s)	Time	Location
551681	Tue. - Fri. Mar. 29 - Apr. 1	9:30 am - 12:30 pm	City Arts

**READY, SET, DOUGH! BAKING CAMP (Ages 11-14) \$125**

Your child will knead, whip, bake and ice as they create an assortment of baking from breads and muffins to cakes and cookies. They'll learn the basics of baking and make treats and sweets that will impress friends and family. We're ready to get baking!

Course #	Date(s)	Time	Location
551682	Tue. - Fri. Mar. 29 - Apr. 1	1 - 4 pm	City Arts

**YOU CAN COOK! (Ages 11-14) \$125**

Sauté, simmer, slice! Bake, blend and boil! Create an assortment of dishes from breakfast to dessert, featuring fresh ingredients. Learn to cook food you like to eat. Get real, let's make a meal!

Course #	Date(s)	Time	Location
551683	Tue. - Fri. Mar. 29 - Apr. 1	9:30 am - 12:30 pm	City Arts

**PHOTOGRAPHY FOR TEENS (Ages 12-15) \$125**

*Sima Khorrami*

Learn to take amazing photographs of your friends, family and pets as they go about their interesting lives. Indoors, outdoors, day and night, sitting, running or doing their favorite sports, this course will teach you how to make pictures in a variety of situations. **Bring your camera, you'll need it for this interactive course that will have you snapping away.**

Course #	Date(s)	Time	Location
551676	Tue. - Fri. Mar. 29 - Apr. 1	1 - 4 pm	City Arts



## Horseback Riding/Jumping Lessons and Equestrian Vaulting

- Lesson programs for beginner to advanced students
- Safe and reliable lesson horses provided
- Riding/Jumping and horsemanship training
- Indoor heated riding arena and barn
- Located within Edmonton city limits

**2015/2016 Winter Session**

Pee Wee - January 5th (8 week program)  
 Mornings for Moms - January 5th (8 week program)  
 Funmanship - January 4th (13 week program)  
 Learn to Ride/Jump - February 8th (20 week program)  
 Adult Series - January 4th (13 week program)  
 Vaulting - January 9th (12 week program)




Stop by for a visit, our gates are always open!  
(Don't forget to bring some carrots)

**780-486-2099**

admin@mapleleafmeadows.com | www.mapleleafmeadows.com

www.mapleleafmeadows.net



Register Online




**VALLEYZOO.CA**

133 Street & Buena Vista Road  
(87 Avenue)

**Public Hours:**

Jan. 1 to May 6, 2016 - 10 am to 4 pm daily

May 7 to Sept. 3, 2016 - 9 am to 6 pm daily

SUMMER TUESDAYS! - 9 am to 9 pm

Sep. 4 - Oct. 10, 2016 - 9 am to 4 pm  
weekdays, 9 am to 6 pm weekends & holidays

Oct. 11 - Dec. 31, 2016 - 10 am to 4 pm daily

Dec. 25, 2016 - CLOSED

**Admission:**

	Winter Rates	Summer Rates	Annual Pass	Naturally Edmonton*
<b>ADULT</b>	\$10.25	\$14.00	\$46.00	\$79.00
<b>YOUTH/ SENIOR</b>	\$9.25	\$11.75	\$30.00	\$59.00
<b>CHILD</b>	\$6.25	\$8.75	\$29.00	\$49.00
<b>FAMILY*</b>	\$32.00	\$45.50	\$152.00	\$239.00
<b>GRAND-PARENT*</b>	\$32.00	\$45.50		

- \* Grandparent: Two grandparents and up to four grandchildren
- \* Family: All members of the same household related by birth, legal status or marriage up to a maximum of seven people.
- \* All hours and admission fees are subject to change
- \* \$0.25 from each admission goes towards animal conservation efforts through the "Quarters for Conservation" program.
- \* This pass replaces the old Multi-Attraction annual pass. Fort Edmonton Park will honour all Multi-Attraction annual passes purchased prior to and including February 18, 2015, for the duration of the term of the pass. Individual season passes for each attraction will continue to be offered.

## > Special Events

### SENIOR'S CANDY CANE TEA

A Christmas celebration just for seniors, the perfect way to relax on a cold December day! Guests can enjoy special performances from the children of 100 Voices as well as engage in amazing educational animal encounters and talks. To wrap up a perfect afternoon, guests will enjoy complimentary candy cane tea, hot chocolate and festive baked goodies.

Course #	Date(s)	Time	Admission
549206	Tue. Dec. 1, 2015	1 - 3 pm	\$10/person
549207	Wed. Dec. 2, 2015	1 - 3 pm	\$10/person

### FESTIVAL OF LIGHT

Light is energizing, light is revitalizing. What better way to celebrate light than after dark at the Edmonton Valley Zoo. Bring the whole family down and stroll through the Edmonton Valley Zoo's entry plaza, wander, or the existing exhibits and experience one artistic display after another! Visit [buildingourzoo.com](http://buildingourzoo.com) for more information.

Date(s)	Time	Admission
Daily Dec. 4 - 13, 2015	5 - 9 pm	\$7.50/adult & \$5/child



**FAMILY DAY FUN**

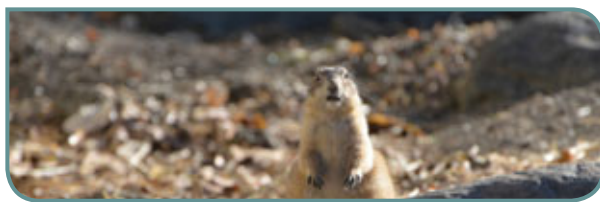
Bundle up your family; beat the winter blues and “Get Closer” for some Family Day Fun! Stay warm while you visit the Polar Bear craft table or participate in the Animal Families scavenger hunt. Learn why Edmonton Valley Zoo is an Arctic Ambassador Centre for Polar Bears International and visit our free photo booth to take home a family memory!

Date(s)	Time	Admission
Mon. Feb. 15	Noon - 4 pm	General Admission

**HOP TO IT!: EASTER MONDAY AT THE EDMONTON VALLEY ZOO**

It's an EGG-stravagant Easter event! Hands-on science experiments, crafts, airbrushed tattoos, touch table, and a scavenger hunt all EGG-related! “Get Closer” with various animal encounters and watch as the resident animals of the zoo go on their very own Easter egg hunt! Which animals will eat the eggs, play with them, or smash them?

Date(s)	Time	Admission
Mon. Mar. 28	Noon - 4 pm	General Admission

**> Adult Programs****WILDLIFE PHOTOGRAPHY WORKSHOP \$125**

Are you looking to expand your photography skills? Join us for a one-day wildlife photography workshop where you will be surrounded with exotic animals and photographic opportunities! Using the Zoo's unique surroundings, students will learn how to get the best out of their cameras using a variety of photography techniques and tips on getting creative with photos.

Course #	Date(s)	Time
554483	Sat. Mar. 12	9:30 am - 4:30 pm

**ANIMAL PHOTO SAFARI \$36**

Join us for a special tour at the Edmonton Valley Zoo filled with many photo opportunities and a chance to go behind the scenes! A zoo staff will arrange unique opportunities to get closer to some amazing animals. **All photographic skill levels are welcome.**

Course #	Date(s)	Time
554480	Sat. Jan. 30	1 - 3 pm
554481	Sat. Feb. 27	1 - 3 pm
554482	Sun. Mar. 27	1 - 3 pm
554485	Sun. Apr. 24	1 - 3 pm

**WINE & WILDLIFE - POLAR BEARS! \$50**

Join us and Dr. Andrew Derocher from the U of A as he talks about polar bears, their ecology and the environment that they inhabit. Enjoy a wine tasting and some delicious appetizers as you listen to one of the North America's top polar bear scientists talk about these amazing animals.

Course #	Date(s)	Time
555648	Sat. Feb. 13	7 - 9 pm



## > Child, Youth & Family Programs

### LITTLE HATCHLINGS (Ages 1-2 & Adult) **\$45**

Touch a tortoise, tickle a bunny, and ruffle some birds' feathers. Each week your child will see and touch a few critters. It's a social and discovery time for both your child and you. Each week we will have a new theme to look forward to and new animals to meet! This course includes admission to the zoo each week before or after your program.

**Adults should be prepared to participate in the activities.**

Course #	Date(s)	Time
554257	Thu. Jan. 14 - 28	10:30 - 11:15 am
554258	Sat. Feb. 13 - 27	10:30 - 11:15 am
554260	Thu. Mar. 10 - 24	10:30 - 11:15 am
554261	Sat. Apr. 9 - 23	10:30 - 11:15 am

### TURTLE TOTS (Ages 2-4 & Adult) **\$45**

From armadillos to lizards, we'll see and touch a variety of animals as we explore the Zoo's exotic treasures! The theme each week will include animal visitors to our classroom, songs and movement! Join us for a series of hands-on and exciting experiences! This course includes admission to the zoo each week before or after your program. **Adults should be prepared to participate in the activities.**

Course #	Date(s)	Time
554259	Sat. Jan. 16 - 30	10 - 11 am
554263	Thu. Feb. 11 - 25	10 - 11 am
554264	Sat. Mar. 12 - 26	10 - 11 am
554265	Thu. Apr. 7 - 21	10 - 11 am



### ANIMAL VALENTINES (Ages 2-5) **\$28**

Celebrate Valentine's Day with the animals at the Zoo! Help us make a special Valentine-themed treat for one or two lucky animals to show how much we care about them. We'll get the chance to meet a few animals up close too!

Course #	Date(s)	Time
554477	Sun. Feb. 14	10 - 11:30 am

### EGG-STRAVAGANZA (Ages 2 - 5) **\$28**

Hop on over to the Valley Zoo for an exciting adventure as we explore the zoo in search of where the easter bunny has hidden its eggs! Perhaps the wolves buried the eggs or the lemurs hid them high in the trees! Bring your favorite egg collecting basket and your bunny gear to help us find all of our eggs.

Course #	Date(s)	Time
554262	Sat. Mar. 26	10 - 11:30 am
554476	Sat. Mar. 26	1 - 2:30 pm

## > Daycamps

### Winter Break Daycamp

**JUNIOR ZOOKEEPER CAMP (Ages 6-10)** **\$90**  
(4-day camp)

Celebrate New Year's at the Zoo! Each day will feature different zookeeper challenges, from preparing food to cleaning enclosures. Campers will help care for a small animal in the day camp classroom and make special wintery treats for some of our animal residents. We'll end the week with a Junior Zookeeper celebration with reindeer games and hot chocolate. **Early drop off starts at 8 am, late pickup until 5 pm.**

Course #	Date(s)	Time
549881	Dec 28 - 31, 2015	9 am - 4 pm

### Teachers' Convention Daycamp

**ZOO-VENTURE WINTER CAMP (Ages 6-10)** **\$90**  
(2-day camp)

This jam-packed two-day daycamp offers the best of our most popular summer daycamp activities. We'll help the zookeepers prepare an animal diet and make a special enrichment surprise for one of our winter-loving arctic animals. Together we'll travel behind-the-scenes to meet animals large and small. On the last day, we'll put on our detective hats as we follow a trail of clues to solve an animal-themed treasure hunt and celebrate with a winter treat! **Early drop off starts at 8 am, late pickup until 5 pm.**

Course #	Date(s)	Time
553520	Feb 25 - 26	9 am - 4 pm



### Spring Break Daycamps

**MONKEY TROOP CAMP (Ages 6-8)** **\$180**  
(4-day camp)

Zoo-riffic fun and games await you with animal encounters, crafts, enrichments, and more. Discover the tales behind some of our animals' tails, and learn how zookeepers prepare meals for animals when we visit the zoo kitchen. We'll practice making our own elephant-style paintings and make a tasty treat for one of our curious animal friends. End the week with our Monkey Business Day, when we visit the primates, and host our own monkey-themed Olympic challenge for kids! **Early drop off starts at 8 am, late pickup until 5 pm.**

Course #	Date(s)	Time
554211	Mar 29 - Apr 1	9 am - 4 pm

**ZOO-FARI EXPLORERS CAMP (Ages 9-12)** **\$180**  
(4-day camp)

Put on your Zoo-fari hats and get ready for a week-long adventure at the zoo! Explore the zoo from top to bottom and discover some of the amazing skills and talents of our resident animals. Through games, crafts, and animal encounters, campers will learn about animals big and small, and find out what it takes to care for them. We'll make and deliver special enrichment toys for zoo creatures, including one of our large carnivores, and end the week with a Zoo-wide scavenger hunt. **Early drop off starts at 8 am, late pickup until 5 pm.**

Course #	Date(s)	Time
554210	Mar 29 - Apr 1	9 am - 4 pm



## Birthday Parties



Please see page 69 for information regarding options, booking, payment and cancellation policies.

Call **780-496-7948** or email [cmsbirthdaybookings@edmonton.ca](mailto:cmsbirthdaybookings@edmonton.ca) to book your party.

***\*NEW\*** All parties include one hour room rental for gift opening and cake!*

Duration	Price
2.5 hours	\$225
3 hours	\$250
Group Size	<ul style="list-style-type: none"> <li>• Maximum 20 guests/party for "Be a Zookeeper" parties. (At least two adults must stay with the children)</li> <li>• Maximum 30 guests/party (including parents and siblings) for other birthday parties. (At least four adults must stay with the children)</li> </ul>

### Animal Alphabet (Ages 4-6)

Be an alphabet detective. Search for hidden letters that will lead you to visit a variety of animals. Give a treat to an animal, and have some hands-on encounters with some of the creatures you meet along the way. **2.5 hours - \$225, 3 hours - \$250**

### Zoo Safari (Ages 4-12)

Put on your safari hat - we are heading out on a grand adventure! During this 'zoo-mazing' adventure you will get close to the animals with encounters and enrichments. Tour the Zoo, meet some critters and have a howlin' safari-style birthday. **2.5 hours - \$225, 3 hours - \$250**

### Zoo Clue (Ages 7-9)

Solve a mystery at the Edmonton Valley Zoo. Our program leader will play the part of a master Zoo detective as children are led on a scavenger hunt for clues. During their investigation, they'll meet and touch a variety of animals. **3 hours - \$250**

### Be a Zookeeper (Ages 7-12)

Zookeepers are always busy! They prepare meals, invent toys for animals and care for sick and orphaned animals. You and your party will find out firsthand what it's like to be a zookeeper. **3 hours - \$250**





## Group Programs



Please see page 70 for information regarding options, booking, payment and cancellation policies.

### To Book:

- Email our bookings office at [cmsschoolbookings@edmonton.ca](mailto:cmsschoolbookings@edmonton.ca)
- Online - submit your request online at [Edmonton.ca/edprogrambookings](http://Edmonton.ca/edprogrambookings)

Date(s)	Duration	Price*
Oct. 5, 2015 - May 8, 2016	1.5 - 2 hours	\$152
May 9 - Aug. 31, 2016	1.5 - 2 hours	\$187
<b>Group Sizes</b>	30 children per program.	

\* Price includes admission.

### Zoo Tours (Ages 3+)

Get closer to the animals on your day at the zoo with the assistance of an interpreter. We'll tour the zoo, meet some critters, and have a howlin' good time! Our themed tours will emphasize certain animal groups, continents, or animal adaptations.

#### OPTION 1 - Animal Senses Tour

Have you ever wondered how animals use their senses to find lunch, or warn others about a predator? Bring your group for a "sense-sational" safari tour to learn about how some animals use their five senses in the way they live. **This program can be easily adapted to various age groups.**

#### OPTION 2 - Northern Safari Tour

Discover some of the animals that call Canada home! An interpreter will guide your group around the zoo to meet some of our native animals that call the zoo home. Learn about some of the diverse ecosystems found in Canada and how animals adapt to living in them. **This program can be easily adapted to various age groups.**

#### OPTION 3 - Animals of the World Tour

Let's explore animals around the world! The zoo has a variety of animals from all over the world. Discover some of the exotic animals here at the zoo and learn about some of the breeding programs that the Edmonton Valley Zoo is part of. **This program can be easily adapted to various age groups.**

*\* Emphasis will be placed on animals that fit in the theme, but other animals may be included in the program.*

### Nosy Noses (Ages 4-6)

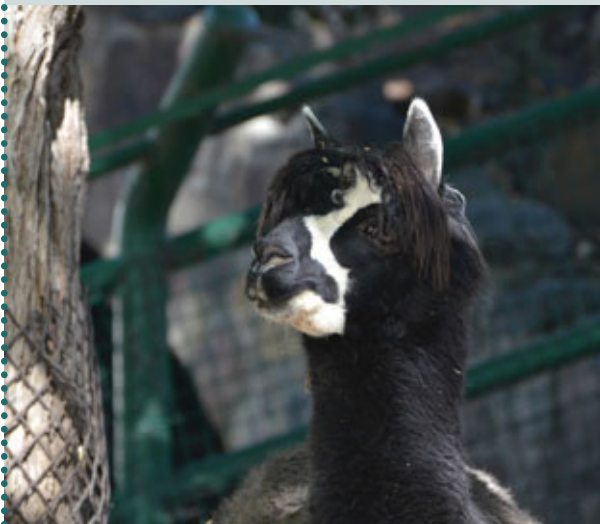
Be a little nosy around the Zoo! Discover some of the amazing noses that belong to our zoo animals, and learn how many animals use their noses: elephants use them for work, seals have noses to keep out water, and snakes hide their 'smellers' inside their mouth. Have nosy encounters with some animals, play a nose matching bingo game, and test your own sense of smell by playing our mystery scent game.

### Tail Tales (Ages 4-6)

Discover the tale behind those tails! With an interpreter, you'll find tails of all shapes and sizes and discover how different animals use their tails to move, show off, communicate, and defend themselves. As we tour the zoo, try to guess the mystery tails shown in our tail tales cards. Only one of the animals at the Zoo has no tail, and we'll figure out who that is! Through encounters and artifacts, your students will learn all about animals—from behind.



## Group Programs



### Fur, Feathers, and Scales (Ages 4-6)

Do all birds have feathers? Do all mammals have fur? Do amphibians and reptiles share some of the same features? Students will get a chance to feel the difference in textures between fur, feathers, and scales. We'll tour the zoo to see and meet a variety of animals that represent each major group—birds, mammals, reptiles, and amphibians.

### Endangered Species (Ages 6+)

The Edmonton Valley Zoo offers you the opportunity to meet and learn about some of the most endangered species up close. Your group will discover which animals are endangered and the reasons behind the decline of some species. You'll get a chance to examine artifacts from endangered species, and will also learn about the role zoos play in the conservation of a number of species.

### Be a Zookeeper (Ages 7+)

Zookeepers are always busy—making meals, creating enrichments, caring for sick animals and cleaning the animal enclosures. Your group will take part in at least one zookeeping activity that needs to be done that day as you find out what it's like to be a zookeeper. Your group will also get a chance to meet and touch a few of our smaller animals.

### Sleepover Program

Please visit [edmonton.ca/valleyzoo](http://edmonton.ca/valleyzoo) for additional information on sleepover programs, including options to customize you're your experience.

<b>Price</b>	\$500	*Groups staying later than departure time will be charged an additional \$30/hr or part thereof.
<b>Time</b>	Friday - Saturday (September - May)	Checkin: 6 pm Checkout: 11 am the following day.
<b>Group Sizes</b>	30 children per program.	

### Edmonton Valley Zoo Sleepover (Ages 5+)

Wake up to the sounds of gibbons whooping and kookaburras laughing! This exciting overnight at the Zoo will include an evening tour to see which animals are just waking up, behind-the-scenes experiences, and animal encounters. Your group will help make and deliver animal enrichments, and experience a night to remember. **Program can also include an evening campfire (depending on weather conditions).** Please inquire at time of booking.



## Group Programs



### Travelling Zoo

Please see page 70 for information regarding options, booking, payment and cancellation policies.

Program Length	1 program/day	2 programs/day*
45 minutes	\$158	\$218
1 hour	\$158	\$218
1.25 hours	\$178	\$228
1.5 hours	\$178	\$228

#### Travelling Zoo

Bring up to six live animals\* to your group or special event and discover a unique learning experience! Please visit our website at [edmonton.ca/valleyzoo](http://edmonton.ca/valleyzoo) for information about our travelling programs.

#### PLEASE NOTE:

- \* Please inquire at the time of booking about the types of animals that may be brought for your program. We cannot guarantee that the animals requested will be available on the day of the event, as their availability is based on animal health and care needs.
- For programs outside Edmonton, add \$20/hr travel time per program staff and \$0.50/km for mileage to your program fee.
- The well-being of the animals can be jeopardized if the travelling zoo van encounters a road problem in cold temperatures or when driving conditions are unsafe. For these reasons the Edmonton Valley Zoo reserves the right to cancel zoo outreach programs if conditions are prohibitive.

#### Animal Explorers (Ages 3-6)

1 hour

Go on an interactive animal safari with an interpreter as your guide! We'll discover the unique features of animals, and where and how they live, as we use our senses and imagination to explore differences in colours, textures, sounds, movements, scents, and sights. Along the way, we'll meet and touch some animal artifacts and two small zoo animals.

#### Animal Visit (Ages 3+)

45 min

Invite a few of our smaller Zoo animals to drop by your group location for an animal visit! Participants will have a chance to meet, touch, learn about, and Get Closer to these animals. An interpreter will also bring along some animal artifacts that participants will be able to see and touch. Three animals are included in this visit. **Please inquire at the time of booking about the types of animals\* that may be brought for this program.**

\* We cannot guarantee encounters with specific animals, as this is dependent on animal health and availability on the day of the program.

#### Animal and Environmental Conservation (Ages 10+)

1.25 hours

Is biodiversity important? How is the Edmonton Valley Zoo involved with conservation projects? In this youth-oriented program, participants will learn the answers to these questions and more! Discover the reasons why several animal species are endangered, and uncover how humans positively and negatively impact animals and their environments, as we play the Conservation Challenge Game. Participants will also learn how they can help with species conservation. Features a chance to meet two small zoo animals that relate to the theme of the program.



## Group Programs



### Accessible Traveling Programs

These programs are suitable for children, youth, and young adults with special needs. With a focus on animal-themed fun, storytelling and music, children of all ages can have a zoo-riffic learning experience.

#### Amazing Animals (Ages 3-11)

##### 1 or 1.5 hours, Year Round

What happens when group of forest creatures find a child's mitten lost in the snow? We'll find out when this program visits your classroom! Through interactive storytelling, creative movement and song, we'll learn about the unique survival features of some of our animals. Program also includes a chance to meet and touch two small zoo animals featured in the story. **This program is suitable for children and youth with special needs.**

#### South American Safari (Ages 12+)

##### 1 or 1.5 hours, Year Round

Take a trip to the rainforests of South America without leaving your classroom! We'll learn about a few South American animals, their habitats, and their unique survival adaptations through the interactive re-telling of an animal-themed folktale from this region. We'll also learn about South American instruments and create our own song together. Program includes a chance to meet and touch two small zoo animals featured in the story. **This program is suitable for youth and young adults with special needs.**

## Special Event Bookings

Invite the travelling zoo to your community event! Two staff will bring out five to six animals\* for some hands-on encounters as participants drop by our booth at their leisure.

\* May include one or two small animal display pens for certain animals (dependent on space availability).

Program Length	Fees
Up to 3 hours	\$450 (booth at community event)
Up to 6 hours	\$550 (booth at community event)





# > Muttart CONSERVATORY

## MUTTARTCONSERVATORY.CA

9626 - 96A Street

### Public Hours:

Daily (except Thursday) - 10 am to 5 pm

Thursdays - 10 am to 9 pm

Holidays - 11 am to 5 pm

Dec. 25 - CLOSED

### Admission:

	Regular	Annual	Naturally Edmonton*
ADULT	\$12.25	\$44.00	\$79.00
YOUTH/ SENIOR	\$10.50	\$37.00	\$59.00
CHILD	\$6.50	\$23.00	\$49.00
FAMILY*	\$36.00	\$127.00	\$239.00

\* Family: All members of the same household related by birth, legal status or marriage up to a maximum of seven people.

\* Naturally Edmonton Annual pass includes access to Muttart Conservatory, Edmonton Valley Zoo and John Janzen Nature Centre

### Facility Rentals:

The Muttart Conservatory, including its outdoor gazebo, is one of the city's finest facilities for any occasion. Call **780-496-8355** for more information or to book your event.

### Gift Store:

Stop by to browse our unique craft and garden accessories as well as toys, books and art. **Free admission to the gift store.**



## Winner of Avenue Magazine's Award for Best Brunch 2012, 2013, & 2014

Culina has an artistic air without being pretentious. It's self-conscious but not self-righteous. It's homey, earthy and professional without being stiff. Located in the beautiful river valley, Culina Muttart hosts a unique destination and atmosphere for lunch, weekend brunch or Thursday night dinner. Culina Muttart is also available for on-site catering.

**Book your dinner at Culina Muttart Café by calling 780-466-1181.**

Weekday	Time	On offer
Monday - Friday	11 am - 2 pm	Lunch
	10 - 11 am 2 - 4 pm	Light snacks, pastries & beverages
Thursday	5 - 8 pm	Dinner
Saturday and Sunday	10:30 am - 2:30 pm	Brunch
	2 - 4 pm	Light snacks, pastries & beverages





## > Drop-In Programs

### Art at the Muttart

Take time out of your busy schedule to reflect and appreciate the Muttart Conservatory Art Wall. Working in a variety of mediums, each artist brings a unique and inspiring interpretation of their subject matter. The exhibits change regularly, so ensure you return to see what's fresh and new. Select artworks may be available for purchase. **For more information check out our website [muttartconservatory.ca](http://muttartconservatory.ca).**

### Guided Tours

Tours run 20 minutes per pyramid and highlight some of the most fascinating, beautiful and bizarre plants in our collection.

#### Guided Tour Times

	Saturdays & Sundays	Tuesdays & Fridays
Temperate	11 am, 1 pm, 3 pm	12:30 pm
Arid	11:30 am, 1:30 pm, 3:30 pm	1 pm
Tropical	Noon, 2 pm, 4 pm	1:30 pm

### KIDS' CORNER

Muttart is a great place for little ones to explore and learn. Join an interpreter on Tuesday and Friday mornings for drop-in activities that teach your child about the wonderful world of plants. **Activities change often, are geared towards children two to five years old, and last for a maximum of 30 minutes.**

Date(s)	Time	Meeting Location
Tuesdays & Fridays	10:30 am	Centre Court

## Feature Pyramid

Uniquely themed displays change five to seven times per year, showcasing the creativity of Muttart growers and providing new experiences for visitors.

### LUNAR NEW YEAR: YEAR OF THE MONKEY

Come to the Muttart Conservatory and celebrate Chinese New Year. 2016 is the Year of the Monkey and people born under this zodiac sign possess character traits like curiosity, mischievousness, and cleverness. Forever playful, monkeys are the masters of practical jokes. The plants featured in this exhibit have special significance to the Asian community. Chinese New Year lands on February 8th this year.

Date(s)	Jan. 9 - Feb. 28
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### SWING INTO SPRING

Get ready to jump into this season's spring bulb show, Swing into Spring. This exhibit will be filled with beautiful tulips, daffodils and hyacinths. The pyramid will feature large flowers, flower-covered bicycles and a plethora of bright colours that will put a spring in your step.

Date(s)	Mar. 5 - Apr. 10
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## > Special Events

### LUNAR NEW YEAR: YEAR OF THE MONKEY

2016 is the Year of the Monkey! Join us for the opening of the Feature Pyramid "Lunar New Year". There is something for the whole family: music, displays and crafts. So make a date to kick off and celebrate the Lunar New Year at the Muttart Conservatory. **Please note the facility will be open until 9 pm on this Special Event Saturday.**

Date(s)	Time	Admission
Sat. Jan. 23	4 - 8 pm	Regular

### EVENING DE L'AMOUR

Spend Valentine's Day at the Muttart Conservatory. Make an evening out of it—dinner at Culina's, followed by a stroll around the pyramids with your sweetheart taking in ambient lighting, relaxing music and fun date activities. **For reservations at Culina Muttart, please call 780-466-1181.**

Date(s)	Time	Admission
Thu. Feb. 11	6 - 8:30 pm	Regular

### CONCERTS @ THE CONSERVATORY: CELTIC CONNECTION

Enjoy live music from a local Celtic artist in Centre Court, included with regular admission, in our first installment of Concerts at the Conservatory. At intermission, take in a guided tour led by a knowledgeable Muttart Conservatory interpreter.

Date(s)	Time	Admission
Thu. Mar. 17	6 - 8 pm	Regular

### EASTER HOPPENINGS

Have a Hoppy Easter Sunday with your family at the Muttart Conservatory! Swing by the pyramids for an afternoon of face painting, crafts, family friendly music and more! Don't forget to plant your very own Easter plant to take home with you!

Date(s)	Time	Admission
Sun. Mar. 27	Noon - 4 pm	Regular

## > Adult Programs

### UNPLUG & RE-CHARGE MEDITATION

**\$94**

*Meditate in the Tropical Forest Pyramid  
Comfortable chairs provided*

Are you looking for contentment and peace of mind or perhaps just a way to recharge and relax in a space away from your busy life? Your certified instructor will teach you how to unplug and re-charge through meditation, reduce stress and ultimately help balance your life. Meditation supports healthy living—all within the beauty of the Muttart Conservatory. **No experience or prerequisite necessary.**

Course #	Date(s)	Time
544427	Tue. Feb. 16 - Mar. 1	7 - 8:30 pm
544428	Wed. Feb. 17 - Mar. 2	7:30 - 9:00 pm
544429	Tue. Mar. 15 - 29	7 - 8:30 pm
544430	Wed. Mar. 16 - 30	7:30 - 9:00 pm



**TROPICAL MINIATURE TERRARIUMS (Ages 16+) \$115**

Join us at the Muttart Conservatory and create a beautiful terrarium within a glass vase or bowl. We will use a variety of tropical plant material, colourful moss and unique rocks. This course is led by Muttart Conservatory grower Eric Gibson.

Course #	Date(s)	Time
554641	Thu. Jan. 14	7 - 9 pm

**TROPICAL LIVING FRAMES (Ages 16+) \$115**

Is your home in need of fresh art? Build your own living wall art using an assortment of tropical plants and a Wallflower living frame. This course is led by Muttart Conservatory grower Eric Gibson.

Course #	Date(s)	Time
554642	Thu. Feb. 11	7 - 9 pm

**> Child, Youth & Family Programs****LITTLE LADYBUG (Ages 3-5) \$27**

Join us to learn more about our little spotted friends and how they help our gardens grow. You'll get to know a real ladybug before releasing it into one of the pyramids. We'll play games, make a ladybug craft, and take home a colourful plant that we pot ourselves! **Program fee includes one adult and child admission. Adult attendance is optional, but we kindly ask that unregistered children not attend the program.**

Course #	Date(s)	Time
554433	Mon. Jan. 25	10:30 am - Noon
554434	Tue. Mar. 15	10:30 am - Noon

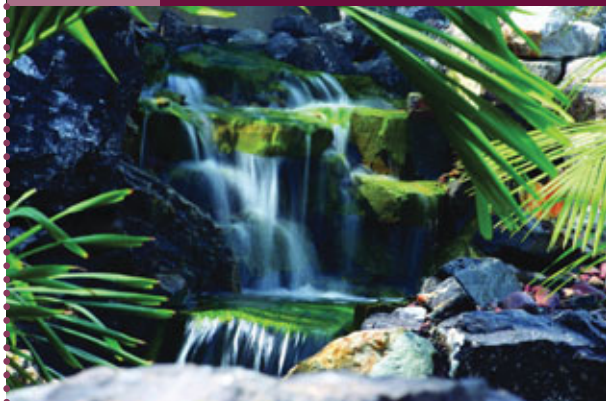
**DINO PLANTS (Ages 3-5) \$27**

Take a step back in time and search for dino-sized plants on your journey through the pyramids. We'll touch trees dinosaurs ate for dinner, do some dinosaur dancing, and even make our own leaf fossils to take home! You'll top off this program by planting a dino-riffic plant to care for yourself. **Adult attendance is optional, but we kindly ask that unregistered children not attend the program.**

Course #	Date(s)	Time
554435	Thu. Feb. 18	10:30 am - Noon



## Birthday Parties



Please see page 69 for information regarding birthday party options, payment and cancellation policies

Call **780-496-7948** or email [cmsbirthdaybookings@edmonton.ca](mailto:cmsbirthdaybookings@edmonton.ca) to book your party.

*\*NEW\* All parties include 1 hour room rental for gift opening and cake!*

### Group Size

- 30 guests/party (including parents and siblings).
- At least four adults must stay with children.

### Little Sprouts Birthday (Ages 4-5)

Discover plants the preschool way by searching for leaf shapes and colours. Take a jungle trek through the rainforest pyramid to find the biggest trees and travel through the desert to find the prickliest plants. Then play some games, make a craft and pot a plant to take home. **2.5 hours - \$185, 3 hours - \$210**

### A "Blooming" Great Birthday (Ages 6-11)

Have a "blooming" great birthday no matter what the weather by taking a journey through the jungle and a dance through the desert. Party guests will participate in exciting activities and explore the beauty of plants from around the world, then pot their very own plant to take home. **3 hours - \$210**

### Muttart Mystery Birthday (Ages 6-10)

There is a mystery afoot at Muttart Conservatory! Our program leader will play the part of master detective, leading you and your party guests on a scavenger hunt for clues. Along the way you'll discover some of the coolest plants that live under our pyramids, and will even plant a seedling to take home. **3 hours - \$210**

### Ladybugs & Friends Birthday (Ages 4-10)

Celebrate your birthday and learn all about ladybugs and other cool insects that help our gardens grow! We'll play games, make a ladybug craft and take home a plant that we pot ourselves! To add some extra excitement, guests will get a chance to release some real beneficial bugs into one of the pyramids. You'll be seeing spots after this delightful and unique party.

*\* Available February to June & September to November.*



## Group Programs



Please see page 70 for information regarding options, booking, payment and cancellation policies.

### To Book:

- Email our bookings office at [cmsschoolbookings@edmonton.ca](mailto:cmsschoolbookings@edmonton.ca)
- Online - submit your request online at [edmonton.ca/edprogrambookings](http://edmonton.ca/edprogrambookings)

Duration	Price*
1.5 - 2 hours	\$148
<b>Group Sizes</b>	<b>30 children per program.</b>

\* Price includes admission.

### Little Sprouts (Ages 4-6)

Introduce your little sprout to the wonderful world of plants. Through hands-on activities children will explore plant life in the pyramids as they tromp through the tropical and delight in the desert. Each child will plant a seedling to take home.

\* 1.5 hour program option recommended for 4 and 5 year olds.

### Let's Grow (Ages 7-9)

Children will be introduced to the secret growing strategies of plants from different parts of the world during this fun-filled, hands-on program. In addition to exploring the pyramids, each participant will pot a seedling to take home and nurture.

### Globetrotting Botanists (Ages 9-12)

Budding botanists will discover survival strategies of plants from different parts of the world. We'll uncover exciting facts and learn how incredibly important plants are to people! Each participant will pot a seedling to take home.

### Gardener's Badge (Ages 10-12)

An introduction to the basics of gardening. Children will discover the importance of soil and how composting helps gardeners by visiting our resident vermicomposting worms! Each child will pot a plant and sew some mystery seeds to take home.

### Ladybugs & Friends (Ages 4-8)

Get to know all about ladybugs and beneficial insects at the Muttart Conservatory. Discover the importance of ladybugs through activities, stories and songs. We'll even release some real beneficial bugs into one of the pyramids! You'll top this fabulous program off by potting a plant to take home in honour of our insect friends.

\* Unavailable July, August, December, and January.

### Adult Guided Tour (Ages 18+) / \$179

Join a knowledgeable interpreter for an hour-long guided tour of the gems in our collection. You'll explore the lush plant life of the tropical pyramid, discover unique plant adaptations in the arid pyramid and enjoy the changing of the seasons in the temperate pyramid.

\* Available during weekday hours and includes facility admission. Maximum Group size is 20.



# > John Janzen NATURE CENTRE

## EDMONTON.CA/JOHNJANZEN

Located next to Fort Edmonton Park.  
Access from Fox Drive near  
Whitemud Freeway.

### Public Hours:

Daily - 10 am to 5 pm

Holidays - 11 am to 4 pm

Dec. 25 and Jan. 1 - Closed

### Admission:

	Regular	Annual	Naturally Edmonton*
ADULT	\$7.00*	\$27.00	\$79.00
YOUTH/ SENIOR	\$7.00*	\$27.00	\$59.00
CHILD	\$7.00	\$27.00	\$49.00
FAMILY*	\$14.00	\$54.00	\$239.00

\* Admission free for each adult accompanying a child

\* Family: All members of the same household related by birth, legal status or marriage up to a maximum of seven people.

• Naturally Edmonton Annual pass includes access to Muttart Conservatory, Edmonton Valley Zoo and John Janzen Nature Centre

For more information call Call 311 in Edmonton or 780-442-5311 in outlying communities.

## > Nature Line

What should I put in my bird feeder in the winter time? Do moose live in the river valley all year round? Phone the Nature Line to find out! Leave a message with your nature questions any time at the Nature Line, **780-442-1443**

You can also send your nature questions by email to [JJNC.NatureLine@edmonton.ca](mailto:JJNC.NatureLine@edmonton.ca).

## > Exhibits, Trails & Self-Guided Activities

The John Janzen Nature Centre offers fun and interesting self-guided activities all year-round, for visitors of all ages! These are included in the cost of admission.

Please visit our website at [edmonton.ca/johnjanzen](http://edmonton.ca/johnjanzen) for more information about our exhibits, self-guided activities, and nature trails.

### SELF-GUIDED ACTIVITIES:

- Geocaching and Wayfinding with GPS receivers (sign-out required)
- Nature walks (free trail maps available at front desk)
- Tegler Discovery Zone (indoor play space for kids up to 10 yrs, socks required)
- Themed Adventure Backpacks and local wildflower guidebooks (sign-out required)

**INDOOR EXHIBITS AND POINTS OF INTEREST:**

- Exhibit Room (Seasonal Changes and Live Wildlife Exhibit)
- Honeybee Observation Hive (on display Spring - Fall)

**OUTDOOR EXHIBITS AND POINTS OF INTEREST:**

- Backyard Compost Education Centre
- Prairie Pond
- Wildflower Demonstration Garden (Edmonton Naturalization Group)
- Pollinator Garden
- Green Roof (open Spring - Fall)

**> Drop-In Programs**

Learn about local wildlife at the John Janzen Nature Centre by visiting an interpreter in the exhibit room or taking part in our drop in activities Monday and Thursday from 10 am to noon or Saturday and Sunday from 10 am to 3:30 pm.

**KIDS' NATURE NOOK**

An interactive nature-themed experience awaits! Activities vary weekly. Try your hand at making animal tracks, dressing up like forest creature, creating nature art, or listen to a seasonal story told by one of our interpreters. **Activities vary weekly (Ages 1-5 years recommended).**

**ANIMAL ENCOUNTERS AND FEEDINGS**

Meet some of our local amphibian and reptile species up close. If you're lucky you may get to watch a salamander, toad, or snake eat its lunch!

**WILD THINGS!**

Join an interpreter for a hands-on sensory exploration of the plants and animals that make the river valley their home. Try your hand at tracking animals or camouflage like a hare. Activity will be determined by interpreter.

Please visit [edmonton.ca/johnjanzen](http://edmonton.ca/johnjanzen) for up-to-date drop-in program schedules. Like us on Facebook at [facebook.com/JohnJanzenNatureCentre](https://www.facebook.com/JohnJanzenNatureCentre) for all the latest contests, photos, and nature activities around town!

For more information visit [edmonton.ca/johnjanzen](http://edmonton.ca/johnjanzen)

**> Child, Youth & Family Programs****\*NEW\* DO YOU WANT TO BUILD A SNOWMAN?****Ages 0-2****FREE****Ages 3-12****\$5****Ages 13+****\$15**

Do you want to build a snowman? Explore the wonders of winter as you build a snowman, make a snowman craft, and enjoy hot chocolate. **Family members of all ages are welcome. All family members attending must register.**

Course #	Date(s)	Time
554273	Thu. Jan. 21	2 - 3:30 pm
554274	Sun. Jan. 24	2 - 3:30 pm

**DINOSAUR ADVENTURES (Ages 3-5)****\$25**

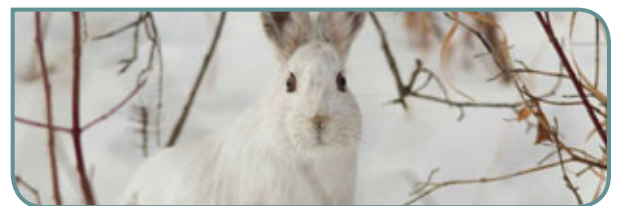
Dinosaur crafts, dinosaur dancing, and dinosaur adventures! Be a paleontologist as we search for hidden dinosaur eggs, chip out a toy dinosaur from rocks, and examine fossils. Discover the world of dinosaurs through active play and have a gigantically good time! **All children attending must register. Adult attendance is optional.**

Course #	Date(s)	Time
554272	Tue. Feb. 9	10 - 11:30 am

**\*NEW\* PETER RABBIT COMES FOR A VISIT (Ages 3-5)****\$20**

Beatrix Potter's Peter Rabbit is in town this winter for his birthday! The whole neighborhood is invited to celebrate, but only the winter residents are able to attend. Through animal dancing, games, and storytime, participants will learn about the animals that have stayed in Edmonton over the winter. What do they eat, where do they live, and how to they keep warm? **All children attending must register and be accompanied by an adult.**

Course #	Date(s)	Time
554269	Thu. Mar. 24	10 - 11:30 am



### THE UGLY DUCKLING PUPPET

**SHOW PERFORMANCE (Ages 3-7)**

**\$6.50**

This timeless and compassionate tale by Hans Christian Andersen comes alive with puppetry and music. There's a big surprise down at the lake as Mama Duck's final egg hatches! Meet many animal friends as they tell this story about fairness, friendship and true beauty. Kaybridge Puppets, led by award winning artists Kate and Maralyn Ryan, use their unique style of performance and decades of experience to bring classic tales to life with a ton of music, colourful characters, audience participation and, of course, giggles! **Children under two are free but must be accompanied by an adult and an older child registered in the performance. All adults and children participating must register.**

Course #	Date(s)	Time
554270	Thu. Mar. 31	11 - 11:30 am
554271	Fri. Apr. 1	11 - 11:30 am

### Teachers' Convention Daycamp

**\*NEW\* FROZEN FRIENDS DAYCAMP (Ages 3<sup>1/2</sup>-5) \$50**

Nature, dancing, crafts, and games; your child will have an amazing time exploring nature around them in this action packed camp. Venture into the Nature Centre forest to search for signs of animals in winter, use their senses to match animals to their fur, and meet new friends both human and animal! **All campers must be toilet trained and comfortable using the bathroom.**

Course #	Date(s)	Time
554633	Thu. Feb. 25 - 26	9 am - Noon

**\*NEW\* DINO-MANIA DAYCAMP (Ages 5-7) \$80**

Hunt for model dinosaur eggs, build a dinosaur habitat and even handle real dinosaur fossils! Discover how scientists preserve dinosaur footprints and experiment with preserving their own. Each participant will become a junior paleontologist as they journey back into the time of the dinosaurs in this dino-rific camp! **(Early drop off starts at 8 am, late pick up until 5 pm).**

Course #	Date(s)	Time
554632	Thu. Feb. 25 - 26	9 am - 4 pm

## > Daycamps

### Spring Break Daycamp

**\*NEW\* FINDING PETER RABBIT DAYCAMP (Ages 4-5)**

**\$120**

Peter Rabbit is missing! Use your senses to explore a new season each day as we try to figure out where Peter Rabbit might be. We'll make sure to see "The Ugly Ducking" puppet show and end the week by joining Peter Rabbit in celebrating Spring!

Course #	Date(s)	Time
554634	Tue. Mar. 29 - Fri. Apr. 1	9 am - Noon







## Birthday Parties



Please see page 69 for information regarding options, booking, payment and cancellation policies.

*\*NEW\** All parties include one hour room rental for gift opening and cake!

Duration	Price
2.5 hours	\$185
3 hours	\$210
<b>Group Size</b>	<ul style="list-style-type: none"> <li>• 30 guests/party (including parents and siblings).</li> <li>• At least four adults must stay with children</li> <li>• Nature Play: Maximum 15 children (including siblings) and 15 parents. Parents must stay with children during the program.</li> </ul>

### NEW! Nature Play Party (Ages 3–5 & Parents)

Intended for preschooler and parents; during the party we'll meet one of Edmonton's small local animals up close and use our senses to explore as we play nature-themed games. Program includes 45 minutes of free play time in our nature-themed indoor playground, the Tegler Discovery Zone. **2.5 hours - \$185**

### NEW! Fairy Party (Ages 4–8)

Explore the mysteries of the forest as we become nature sprites! Try on fairy wings and discover which plants and animals are a fairy's best friend. We'll dance in a ring around our toadstool, go on a scavenger hunt to look for signs of fairies, and have a whimsical time! **2.5 hours - \$185, 3 hours - \$210**

### Dinosaur Adventure Birthday Party (Ages 4–8)

Just how big was the largest dinosaur on earth? Have a gigantically fun time finding out as a naturalist takes your group to the past when these large animals roamed the earth. Become a paleontologist, handle real fossils and create a dino-mite craft.

**2.5 hours - \$185, 3 hours - \$210**

### Stalking and Tracking Animals (Ages 7–12)

Discover the tracks and traces animals leave behind as we look for clues and solve mysteries such as 'who's been wandering through the woods?'. Practice making and identifying different kinds of animal tracks with some of our animal track replicas and play camouflage and stalking games. **3 hours - \$210**

### Bug Mania Birthday (Ages 6–11)

A bug's life will become reality when we examine the smallest ant to the biggest bug. We'll meet some other tiny critters when we explore the forest. Peek inside our beehive, go on a bug hunt, create a critter and meet one of our live bug-eating animals up close. **3 hours - \$210**

*\* Available: May through September.*

### Pond Party (Ages 6–12)

Dip your net and find water tigers or phantom midges. Look for birds and mammals that live near the pond. This program is full of exploration for curious kids. Led by a naturalist, you'll learn about some of the fantastic creatures that live in ponds. **3 hours - \$210**

*\* Available: May through September.*

### Snowshoe Adventure Birthday (Ages 7–12)

Active winter fun for all! Learn to use snowshoes, play games, and identify the animal tracks left in the snow. If the weather is cold we'll spend more time indoors creating wintry crafts and playing indoor games. **3 hours - \$210**

*\* Available December to February (weather and snow conditions permitting).*



## Group Programs



Please see page 70 for information regarding options, booking, payment and cancellation policies.

Duration	Price*
1.5 - 2 hours	\$135
Group Sizes	30 children per program.

\* Many outreach programs are available at off-site locations.

### Stalking and Tracking (Ages 6-11)

Discover Edmonton's wildlife by identifying and following tracks in the mud (or snow). Learn how to approach animals so you can enjoy their beauty, play wildlife stalking games and use our animal track replicas to practice making different types of animal tracks.

### Nature Observer (Ages 6-11)

Discover birds, trees, insects and other animals to learn about their lives. Activities are seasonally based but can include bird watching, nature games, insect hunts and more. Handle artifacts, visit the honeybee hive and explore the exhibit room.

### Seasonal Super Sleuth (Ages 3-6)

Search for clues by using your senses and observation skills to solve the mysteries of nature each season. We'll learn all about local animals through a hands-on exhibit and outdoor nature trail explorations.

### Pond Exploration (Ages 7-11)

Capture water tigers in your dip net, search for phantom midges and look for birds and mammals that live near the pond. This program is full of exploration for curious kids. Also meet a salamander or garter snake and play some nature games.

\* Available May through September.

### Busy Bees and Bugs (Ages 3-8)

Peek inside a honeybee hive and discover the fascinating world of bees. Search for flowers, collect pollen, dance like bees and taste honey in the comb. Top this exciting program off with a safari through the indoor play space.

\* Available May through September.

### Snowshoe Adventure (Ages 7 & Up)

Travel on snowshoes while exploring the winter forest. Find out how winter wildlife adapts to cold weather and deep snow. (Snowshoe harnesses may not fit children under seven years.)

\* Available December to February (weather and snow conditions permitting).



# > John Walter MUSEUM

## EDMONTON.CA/JOHNWALTER

Located on the north side of the Kinsmen Sport Centre parking lot. Access at the bottom of Walterdale and Queen Elizabeth Roads.

### Public Hours:

Sundays, Mar. to Nov. - 1 to 4 pm

Saturdays, July to Sep. - 1 to 4 pm

Jan. Feb. & Dec. CLOSED

### Admission:

Entrance is free. Programming fees vary.

## > Child, Youth & Family Programs

### EAFTER WITH THE WALTERS (Ages 3-5) \$24

Join Mrs. Walter for some Easter festivities in her 1920s home. Together, we'll go on an egg hunt throughout the Walter family home and make a traditional Easter pastry to eat. We'll weave simple baskets and discover colorful Easter eggs made with natural dyes found in the pantry. **Adult attendance is required for this program and additional children cannot be accommodated.**

Course #	Date(s)	Time
554277	Thu. Mar. 24	1 - 2:30 pm

## > Daycamps

### Teachers' Convention Daycamp

### BAKE & BUILD WINTER CAMP (Ages 7-10) \$85

This fun filled two-day camp offers the best of John Walter Museum! We'll bake delicious treats like cinnamon buns and gingersnaps in our wood burning stoves, build our own working wooden paddle boats and examine historical tools used by early Edmontonians like John Walter. Finally, we'll strap on our snowshoes to explore Walterdale and the surrounding river valley. **Early drop off starts at 8 am, late pick up until 5 pm.**

Course #	Date(s)	Time
554426	Thu. & Fri. Feb. 25 - 26	9 am - 4 pm

## > Drop-In Programs

### Sunday & Saturday Openings

Visit [edmonton.ca/johnwalter](http://edmonton.ca/johnwalter) and click on 'Drop-in Programs' for the latest details!

John Walter Museum is open to the public every Sunday (March through November) and Saturday (July through September) from 1-4 pm. Our costumed interpreters will lead you through the original houses of John Walter, one of Edmonton's hardest working pioneers, and share stories about the historic community of Walterdale. Nestled in Edmonton's river valley, John Walter Museum is located along river valley trails, Kinsmen Sports Centre, Queen Elizabeth Pool and the Grizzly Lodge Playground. Visit John Walter Museum and have a grand old time discovering Edmonton's history in our scenic river valley!



## Group Programs

Please see page 70 for information regarding payment, cancellation and group size policies.

<b>Price</b>	\$145
<b>Duration</b>	2 hours
<b>Group Size</b>	Maximum 30 children

### To Book:

- Email our bookings office at [cmsschoolbookings@edmonton.ca](mailto:cmsschoolbookings@edmonton.ca)
- Online - submit your request online at [edmonton.ca/edprogrambookings](http://edmonton.ca/edprogrambookings)

### Hands-on History (Heritage Badge) (Ages 5+)

Make your field trip go down in history with some "hands-on" fun. With John Walter's homes as your setting you will dip candles, help out with some pioneer chores, examine artifacts and cook up a tasty treat to enjoy.

### Heritage Home Skills (Ages 9-15)

Discover what life was like over a century ago! The home of an early Edmonton settler meant no electricity or access to the types of foods we see on grocery store shelves today. In this program you'll make candles, a simple jam, churn butter and bake scones on a wood-burning stove.

### Summer in the Valley (Ages 5+)

Join us in the heart of Edmonton's river valley for some good ol' fashioned summertime fun! In this program, we'll churn our own icecream and make delicious 'no-bake' truffles. Then we'll head outside to help wash Mr. Walter's wool socks and play a lively round of croquet.

\* Available June through September.

## > Adult Programs

### This Old Edmonton House

#### PUBLIC SEMINAR SERIES 2016

Are you the owner of a historic home full of character, charm and an outdated electrical system? If so, you'll be interested in this series of public seminars about owning, maintaining and restoring a historic home. An expert in each field will lead each seminar. Come prepared with your problems and questions; leave with potential solutions and answers.

#### WINDOWS AND DOORS I

**\$25**

*Peter Caron*

Windows and doors play a major role in preserving the character of your historic house. Find out how they can be maintained and repaired and why it's not always necessary to replace them.

Course #	Date(s)	Time	Location
554237	Mon. Feb. 29	7 - 9 pm	Artifact Centre

#### \*NEW\* WINDOWS AND DOORS II

**\$25**

*Gordon Gauvin*

While the proper repair and restoration of windows and doors is always best, their retention isn't always possible. Visit a working window and door manufacturing facility to find out how new windows and doors can be manufactured to retain period look and feel and complement your historic home.

Course #	Date(s)	Time	Location
554238	Wed. Mar. 2	7 - 9 pm	Perma Seal Windows & Doors Ltd. Shop

#### MECHANICAL AND ELECTRICAL SYSTEMS

**\$25**

*Chris Kato*

Before you hire a contractor to upgrade your systems, it's important to understand how their work may impact your interior.

Course #	Date(s)	Time	Location
554239	Mon. Mar. 7	7 - 9 pm	John Walter Museum

**ROOFS AND EXTERIORS****\$25***Peter Caron*

Repair and maintain the exterior of your home properly and you'll avoid having to repair the interior!

Course #	Date(s)	Time	Location
554240	Mon. Mar. 14	7 - 9 pm	John Walter Museum

**MILLWORK AND FLOORS****\$25***Johanna Yakula*

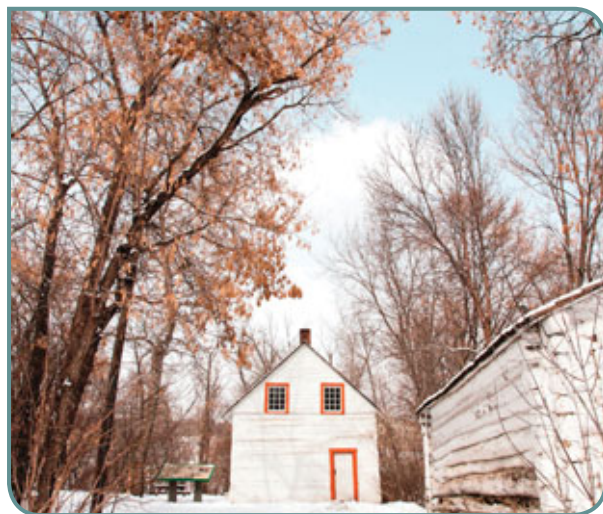
Learn how to revive tired woodwork without stripping, and how to repair, restore and replace if necessary. Find out about the kinds of flooring that are appropriate for old house restoration plus more.

Course #	Date(s)	Time	Location
554241	Mon. Mar. 21	7 - 9 pm	John Walter Museum

**\*NEW\* HISTORIC INTERIORS TOUR****\$25***Johanna Yakula*

Tour the John Walter houses in the river valley to view first-hand the way early Edmontonians lived. The focus of this tour will be on layout, materials, lighting and furniture (now antique) that was prevalent at the time. A great workshop if you are restoring your old house or just interested in history.

Course #	Date(s)	Time	Location
554242	Sat. Mar. 26	1 - 3 pm	John Walter Museum

**FOUNDATIONS****\$25***Arda Ozum and Peter Caron*

The foundation for any historic home restoration is a good foundation! Learn about common foundation problems and solutions.

Course #	Date(s)	Time	Location
554243	Mon. Apr. 4	7 - 9 pm	John Walter Museum

**WALL TREATMENTS****\$25***Johanna Yakula*

In this workshop, you will learn about the importance of using historic colour in your home and how to use embossed papers and wall paper treatments to create a great look while camouflaging less than perfect walls.

Course #	Date(s)	Time	Location
554244	Mon. Apr. 11	7 - 9 pm	John Walter Museum

**HOUSE DOCTOR**

**\$50**

*Peter Caron*

This course gives you a chance to walk through a private historic home from top to bottom to evaluate the house for potential problems.

Course #	Date(s)	Time	Location
554256	Sat. Apr. 16	9 am - Noon	Private residence TBA

**PLASTERING WALLS**

**\$25**

*Peter Caron*

Plaster has traditionally been used to finish interior walls. Learn how to make easy repairs to maintain these walls.

Course #	Date(s)	Time	Location
554267	Mon. Apr. 18	7 - 9 pm	Artifact Centre

**RESEARCHING YOUR HERITAGE HOME**

**\$25**

*Tim O'Grady & David Johnson*

Join City of Edmonton Archivists and Heritage Planners and learn how you can research the history of your heritage home. The session will also introduce you to the City's designation program and to the benefits of maintaining your heritage home. **Participants will be requested to provide an address and neighbourhood information of their home prior to this session, as this is a hands-on workshop.**

Course #	Date(s)	Time	Location
554268	Tues. Apr. 19	6 - 8 pm	City Archives, Prince of Wales Armouries





## Birthday Parties



Please see page 69 for information regarding birthday party options, payment and cancellation policies

Call **780-496-7948** or email [cmsbirthdaybookings@edmonton.ca](mailto:cmsbirthdaybookings@edmonton.ca) to book your themed party today. Call early to avoid disappointment!

*\*NEW\* All parties include 1 hour room rental for gift opening and cake!*

<b>Price</b>	\$210/party (Payment is required at the time of booking)
<b>Duration</b>	Birthday packages include a 2 hour themed program plus 1 hour room rental. Parties are offered year 'round unless otherwise stated
<b>Group Size</b>	<ul style="list-style-type: none"> <li>• 20 guests/party (including parents and siblings).</li> <li>• At least two adults must stay with the children.</li> </ul>

### Preschool Pioneer Party (Ages 4-5)

Children will have a great old time trying on old-fashioned costumes and playing party games of yesterday. They'll bake delicious cookies, make a toy, and try their hand at pioneer chores such as washing Mr. Walter's old wool socks!

### Pioneer Birthday Party (Ages 6-12)

Your child's birthday will go down in history with a party that takes you back over 125 years! Celebrate with homemade baking, build an old-fashioned toy and play the games of yesterday.

**Choose one activity from each list:**

- **List A:** Ice Cream Making, Cupcakes, Cinnamon Buns, Scones & Butter, Cookies, Truffles
- **List B:** Boat building, Ring and Stick, Candle Dipping, Yarn Dolls, Thaumatrope

### Old-Fashioned Baking Party (Ages 8-13)

Something smells great in Mrs. Walter's kitchen! Bake and cook on a wood-burning stove to create a smorgasbord of birthday delights. **Choose any three of the following old-fashioned favourites:**

- Chocolate Truffles
- Scones & Butter
- Fudge
- Cinnamon Buns
- Brownies
- Cookies
- Muffins
- Butterscotch Squares

### Christmas Birthday Party (Ages 5-12)

Enjoy a unique and festive party for your child's birthday during the holidays. Bake some Christmas goodies on a wood burning stove and play old fashioned games. Discover how Christmas gifts were different over 100 years ago, and make your own traditional gift as a take home Christmas craft.

*\* Available: November 8 to December 31.*

# > Prince of Wales ARMOURIES

## EDMONTON.CA/ARCHIVES

10440 - 108 Avenue

### Public Hours:

Monday to Friday - 8:30 am to 4:30 pm

Wednesday - 8:30 am to 8 pm

Statutory and civic holidays - CLOSED

### Admission:

Entrance is free

\* For more information call Call 311 in Edmonton  
or 780-442-5311 in outlying communities

## Archives

The City of Edmonton Archives is a public research facility housing civic government and private records of enduring significance. The City of Edmonton Archives is home to over 700 maps and a large number of catalogued photographs of Edmonton and area dating back to the 1880's. Everyone is welcome to use the Archives documenting Edmonton's history and enjoy the changing exhibits in the public areas of the building. **The Archives reference room is wheelchair accessible.** For more information visit our website at [edmonton.ca/archives](http://edmonton.ca/archives).

## Rentals

Traditional 19th-century elegance and architecture reflective of a bygone era await you at the Prince of Wales Armouries. This former drill hall, originally built in 1913, was declared an historical resource by the Province of Alberta in 1993. The Armouries is the perfect location to host a dinner or cocktail party, wedding ceremony and reception or meeting for 20 to 130 guests. **For more information contact 780-496-8355 or visit [edmonton.ca/facilityrentals](http://edmonton.ca/facilityrentals).**

## > Adult Programs

### DROP-IN YOGA PLUS

Enjoy our Yoga Plus program in the Kinross's Room. **All levels welcome. Please see Archives reception desk for admission.** For more information call 780-496-5989.

Date(s)	Time
Mon. Wed. & Fri.	9:30 - 10:45 am

\* Price varies based on facility pass.





# > River Valley PROGRAMS

## EDMONTON.CA/RIVERVALLEYPROGRAMS

River Valley Programs is your outdoor education experience in the city. Spend some quality time learning a new skill that will stay with you for the rest of your life. Find some balance by enjoying nature in Edmonton's beautiful river valley. River Valley Programs provides outdoor pursuit programs to community groups, Edmonton and area schools, corporations and the general public.

*All equipment is provided.*



### SNOWSHOE/KICKSLED/BANNOCK

**\$25**

Beat those winter blues and spend a fun, active day outdoors! Enjoy a guided snowshoe walk through the natural beauty of the River Valley, learn how to coast over the snow on a kicksled, and enjoy hot chocolate and bannock making by a toasty fire. **Equipment is provided, please dress for the weather.**

Course #	Date(s)	Time	Location
550167	Sun. Jan. 31	1 - 3:30 pm	Whitemud Park North/ Alfred H. Savage Centre
550172	Sun. Feb. 28	1 - 3:30 pm	Whitemud Park North/ Alfred H. Savage Centre
550168	Sat. Mar. 5	1 - 3:30 pm	Whitemud Park North/ Alfred H. Savage Centre

### SWEETHEART SNOWSHOE

**\$30**

Enjoy a guided snowshoe walk with your sweetheart through the natural beauty of the River Valley! The walk will be followed by hot chocolate and bannock making. **Snowshoes are provided, please dress for the weather.**

Course #	Date(s)	Time	Location
550170	Fri. Feb. 12	6:30 - 8:30 pm	Whitemud Park North/ Alfred H. Savage Centre
550171	Sat. Feb. 13	6:30 - 8:30 pm	Whitemud Park North/ Alfred H. Savage Centre

## > Adult Programs

### NATURE WELLNESS WORKSHOP: YOGA & WALK/SNOWSHOE

**\$40**

*Anita Cullen*

Relax and rejuvenate in the quiet of Whitemud Park. The morning will begin in the Alfred Savage Building, with a two hour Iyengar Yoga session, taught by a certified Iyengar instructor. Yoga will be followed by a catered lunch and then we will head outside for a guided nature walk (or snowshoe if conditions permit). A perfect way to de-stress from the week and engage in nature therapy and wellness!

Course #	Date(s)	Time	Location
551210	Sat. Dec. 5 2015	10 am - 2 pm	Alfred H. Savage Centre
551212	Sat. Jan. 23	10 am - 2 pm	Alfred H. Savage Centre
551213	Sat. Mar. 19	10 am - 2 pm	Alfred H. Savage Centre

**CROSS COUNTRY SKIING****\$40**

This program is for novice cross-country skiers who want to get on the right track this winter and includes the basics of classical technique; striding, stopping, turning, uphill/downhill techniques, how to fall safely plus clothing and equipment selection, waxing and trail etiquette. **All equipment (skis, boots, poles) are provided. Please dress for the weather!**

Course #	Date(s)	Time	Location
544113	Sat. Dec. 12 2015	9:30 am - 12:30 pm	Victoria Golf Driving Range
544114	Sat. Dec. 12 2015	1 - 4 pm	Victoria Golf Driving Range
544115	Sat. Jan. 9	9:30 am - 12:30 pm	Victoria Golf Driving Range
544118	Sun. Jan. 10	1 - 4 pm	Victoria Golf Driving Range
544141	Sat. Jan. 16	9:30 am - 12:30 pm	Victoria Golf Driving Range
544142	Sat. Jan. 16	1 - 4 pm	Victoria Golf Driving Range
544119	Sun. Jan 17	9:30 am - 12:30 pm	Victoria Golf Driving Range
544120	Sun. Jan. 17	1 - 4 pm	Victoria Golf Driving Range
544122	Sat. Jan. 23	1 - 4 pm	Victoria Golf Driving Range
544123	Sun. Jan. 24	9:30 am - 12:30 pm	Victoria Golf Driving Range
544125	Sat. Feb. 6	9:30 am - 12:30 pm	Victoria Golf Driving Range
544126	Sat. Feb. 6	1 - 4 pm	Victoria Golf Driving Range
544127	Sun. Feb. 7	9:30 am - 12:30 pm	Victoria Golf Driving Range
544128	Sun. Feb. 7	1 - 4 pm	Victoria Golf Driving Range
544130	Sat. Feb. 27	1 - 4 pm	Victoria Golf Driving Range
544136	Sat. Mar. 5	9:30 am - 12:30 pm	Victoria Golf Driving Range
544137	Sat. Mar. 5	1 - 4 pm	Victoria Golf Driving Range
544138	Sat. Mar. 12	1 - 4 pm	Victoria Golf Driving Range

**CROSS COUNTRY SKIING (Ages 50+)****\$40**

This program is for novice cross-country skiers who want to get on the right track this winter and includes the basics of classical technique; striding, stopping, turning, uphill/downhill techniques, how to fall safely plus clothing and equipment selection, waxing and trail etiquette. **All equipment (skis, boots, poles) are provided. Please dress for the weather!**

Course #	Date(s)	Time	Location
544116	Sat. Jan. 9	1 - 4 pm	Victoria Golf Driving Range
544117	Sun. Jan. 10	9:30 am - 12:30 pm	Victoria Golf Driving Range
544121	Sat. Jan. 23	9:30 am - 12:30 pm	Victoria Golf Driving Range
544124	Sun. Jan. 24	1 - 4 pm	Victoria Golf Driving Range
544129	Sat. Feb. 27	9:30 am - 12:30 pm	Victoria Golf Driving Range

**CROSS COUNTRY SKIING CLUB****\$180**

Get outside this winter! For eight weeks we will be skiing the cross country ski trails of Edmonton's River Valley. This is a great opportunity for beginner to novice skiers to improve their skills and learn about different trails throughout the valley. Two instructors each evening will allow for more one on one instruction. **All equipment (skis, poles & boots) are provided. Please dress for the weather! Location may vary.**

Course #	Date(s)	Time	Location
544133	Mon. Jan. 11 - Mar. 7	6 - 8 pm	Victoria Golf Driving Range
544140	Thu. Jan. 14 - Mar. 3	6 - 8 pm	Victoria Golf Driving Range

**CROSS COUNTRY SKIING CLUB (Ages 50+)****\$180**

Get outside this winter! For eight weeks we will be skiing the cross country ski trails of Edmonton's River Valley. This is a great opportunity for beginner to novice skiers to improve their skills and learn about different trails throughout the valley. Two instructors each evening will allow for more one on one instruction. **All equipment (skis, poles & boots) are provided. Please dress for the weather! Location may vary.**

Course #	Date(s)	Time	Location
544139	Tue. Jan. 12 - Mar. 1	6 - 8 pm	Victoria Golf Driving Range

## > Child, Youth & Family Programs

### FAMILY CROSS COUNTRY SKIING

Adults **\$40**  
 Child (Ages 16 & under) **\$20**

This program is for novice cross-country skiers who want to get on the right track this winter and includes the basics of classical technique; striding, stopping, turning, uphill/downhill techniques, how to fall safely plus clothing and equipment selection, and trail etiquette. **All equipment (skis, boots, poles) are provided. Please dress for the weather! All children under the age of 18 must be accompanied by an adult.**

Course #	Date(s)	Time	Location
544131	Sat. Jan. 30	9:30 am - 12:30 pm	Goldbar Park
544132	Sat. Jan. 30	1 - 4 pm	Goldbar Park

### FAMILY NATURE WELLNESS WORKSHOP: YOGA & WALK/SNOWSHOE

Anita Cullen

Relax and rejuvenate in the quiet of Whitemud Park. The morning will begin in the Alfred Savage Building with a two hour Iyengar Yoga session, taught by a certified Iyengar instructor. Yoga will be followed by a catered lunch and then we will head outside for a guided nature walk (or snowshoe if conditions permit). A perfect way to de-stress from the week with the family and engage in nature therapy and wellness! **All children under the age of 18 must be accompanied by an adult.**

Course #	Date(s)	Time	Location
551211	Sat. Jan. 16	10 am - 2 pm	Alfred H. Savage Centre

### LITTLE ACORNS - WEEKLY PRESCHOOL PROGRAM

Little Acorns are nuts for nature! This preschool aged, two hour weekly program is located in the beauty of Whitemud Park, where we will play games and create nature based crafts. Our hope is that by the end of the 10 week session, all Little Acorns will have an increased appreciation and love for everything outdoors! **Please note: all participants must be toilet trained. Parents/guardians are not required to stay.**

Course #	Date(s)	Time	Location
554278	Wed. Jan. 13 - Mar. 16	9:30 - 11:30 am	Alfred H. Savage Centre



## > Daycamps

### Winter Break Daycamp

#### JR RANGERS WINTER BREAK CAMP (Ages 5-7) **\$150**

Winter break is best spent playing outside! Join us in Whitemud Park and spend four full days snow shoeing, playing games, making crafts, fire building, tobogganing, bannock making and more. We'll go adventuring as we learn what it takes to be a River Valley Jr. Ranger!

Course #	Date(s)	Time	Location
554436	Mon. Dec. 28 - 31 2015	9 am - 4 pm	Alfred H. Savage Centre

#### SNOW RANGERS WINTER BREAK CAMP **\$150** (Ages 8-11)

Winter break is best spent playing outside! Join us in Whitemud Park and spend four full days developing wilderness survival skills such as outdoor cooking, fire making, snow shoeing, shelter building and more.

Course #	Date(s)	Time	Location
554437	Mon. Dec. 28 - 31 2015	9 am - 4 pm	Alfred H. Savage Centre

### Teachers' Convention Daycamp

#### RANGERS TEACHERS' CONVENTION CAMP **\$90** (Ages 5-8)

Days off from school are best spent playing outside! Join us in Whitemud Park and spend 2 full days snow shoeing, playing games, making crafts, tobogganing and more. We'll go adventuring as we learn what it takes to be a River Valley Jr Ranger!

Course #	Date(s)	Time	Location
555577	Thu. Feb 25 - 26	9 am - 4 pm	Alfred H. Savage Centre

## Spring Break Daycamp

### JR RANGERS SPRING BREAK CAMP (Ages 5-7) \$150

Do you have what it takes to be a River Valley Jr. Ranger? Develop camping and wilderness survival skills like outdoor cooking, fire making, and shelter building, along with endless activities, wide games and crafts.

Course #	Date(s)	Time	Location
555578	Tue. Mar. 29 - Apr. 1	9 am - 4 pm	Alfred H. Savage Centre

### TRACKERS I SPRING BREAK CAMP (Ages 8-12) \$175

Get ready for an amazing outdoor winter adventure! We will spend the week developing skills to survive in the wild such as fire building, navigation and shelter building. On Thursday we will sleep over night in Whitemud Park at the Alfred H. Savage Centre.

Course #	Date(s)	Time	Location
555579	Tue. Mar. 29 - Apr. 1	9 am - 4 pm	Alfred H. Savage Centre

## Connecting Winter Fun in Comfort

As a world-leading winter city, Edmonton offers a **network of Winter Chalets**, making it easy and enjoyable to connect with nature in our amazing River Valley year-round.

From Terwillegar Park to Hermitage Park you'll discover a wide range of family facilities you can really warm up to! Whether you're tobogganing, skating, cross-country skiing, snowshoeing, or winter picnicking, you'll find a pause as welcome as fresh-fallen snow.



For more information including hours visit:  
[www.edmonton.ca/winterchalets](http://www.edmonton.ca/winterchalets)



# BOOKING, PAYMENT, FEES AND CANCELLATION INFORMATION



## > Birthday Parties

The birthday child receives a free t-shirt.

Every child attending the party will receive:

- One 50% discount off a single admission to a City attraction when an equal or greater price admission is purchased.
- One free single admission to a City leisure centre when an equal or greater priced admission is purchased.

*Cake, drinks and dishes are not provided.*

Call **780-496-7948** or email [cmsbirthdaybookings@edmonton.ca](mailto:cmsbirthdaybookings@edmonton.ca) to book your party.

### **Fees and Payment:**

A 50% down payment is required at the time of booking in order to reserve a spot.

**Edmonton Valley Zoo, John Janzen Nature Centre,  
John Walter Museum & Muttart Conservatory**

- *Naturally Edmonton Annual pass includes access to Muttart Conservatory, Edmonton Valley Zoo and John Janzen Nature Centre.*
- *For more information call 311 in Edmonton or 780-442-5311 in outlying communities*

Programs must be booked at least one month (30 days) in advance of the desired date. Birthday parties must be booked 6 weeks (42 days) in advance of the desired date. Space fills quickly, so the earlier you can book, the better!

## > Cancellation Policy

For programs cancelled/rescheduled within 4 - 30 days of the program, a fee of 50% of the cost of the program will be charged.

For programs cancelled/rescheduled within 3 days (72 hours) or less of the program, the full program fee will be charged.

### **To Cancel a Program:**

- Birthday Parties: call **780-496-7948** or email [cmsbirthdaybookings@edmonton.ca](mailto:cmsbirthdaybookings@edmonton.ca)
- Group Programs: call **780-442-1442** or email [cmsschoolbookings@edmonton.ca](mailto:cmsschoolbookings@edmonton.ca)

**TRY IT OUT** Learn to ski and snowboard at Edmonton Ski Club

**EDMONTON ski club** Your downtown snow sports learning centre for everyone!  
[www.edmontonskiclub.com](http://www.edmontonskiclub.com) • 780.465.0852

## > Group Programs

### To Book:

- Email the bookings office at [cmsschoolbookings@edmonton.ca](mailto:cmsschoolbookings@edmonton.ca)
- Online - submit your request online at [edmonton.ca/edprogrambookings](http://edmonton.ca/edprogrambookings)

### Fees and Payment:

- The amount owing is shown on your program confirmation.
- Invoices are sent out by the City on the first of the month. Payment is due on the first day of the month BEFORE your program.
- Payment can be made by cash, cheque, Visa, MasterCard and American Express. Please have cheques made payable to the City of Edmonton and write your booking confirmation number on your cheque.
- Payment can be made at the facility, by calling 311 or by mail to Community Services Payment Processing, PO Box 2359, 14th Floor CN, Edmonton AB T5J 2R7.

### Group Size:

- The maximum number of children permitted in a program is 30. Groups exceeding a total of 30 children must book an additional program.
- Adults are required to remain with their group and supervise participating children at all times during the program.
- Adult supervisors are admitted free of charge with the program in the following ratios:
  - > Under 5 years: 1 adult per 3 children
  - > 5 to 12 years: 1 adult per 5 children
  - > 13 and up: 1 adult per 10 children
- Additional parents and children beyond stated group sizes and ratios will be asked to pay facility admission fees and tour the facility on their own. Additional participants can rejoin the group after the registered program ends.

## > Registered Programs

To register, call 311 or visit [Edmonton.ca/eReg](http://Edmonton.ca/eReg)

### Withdrawals and Transfers

Withdrawals and transfers are permitted without penalty up to 15 days prior to the program start date. A \$10 administration fee will apply if a withdrawal or transfer is requested 15 days or less prior to the program start date. If the program has started, a \$10 administration fee will apply, and a prorated balance of the program fee will be refunded.

### Cancellations

The City of Edmonton reserves the right to substitute instructors, cancel, combine or reschedule advertised programs. Whenever possible, except in the case of emergencies, City of Edmonton staff will notify registrants three business days prior to the course start date if course cancellation or changes are necessary. If a course is cancelled a full refund will be issued.



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FUNDING SUPPORT RECEIVED FROM  
THE CITY OF  
**Edmonton**

A whimsical illustration of a castle with red-roofed towers and yellow flags, sitting on a large white cloud. A green beanstalk with leaves and a yellow pea pod grows from the ground, reaching up to the castle. The background is a light blue sky with a red ribbon and holly leaves at the top.

# JACK AND THE BEANSTALK

A PANTO IN THE BRITISH TRADITION

**DECEMBER 2015**

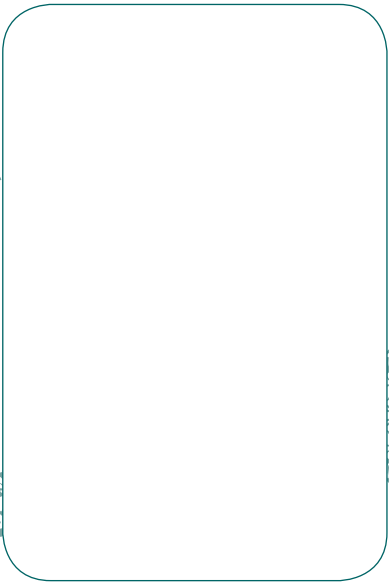
Experience a rip-roaring good  
time for the whole family!

A CHRISTMAS TRADITION, MAKE IT YOURS

**FORTEDMONTONPARK.CA**

A decorative border at the bottom of the page featuring various sizes and colors of snowflakes in white, blue, and green, set against a dark green background with horizontal stripes.

All undeliverable  
Canadian addresses  
should be returned to:  
Edmonton Valley Zoo  
P.O. Box 2359  
Edmonton, AB  
T5J 2R7



<b>CANADA</b>	<b>POSTES</b>
<b>POST</b>	<b>CANADA</b>
Postage paid	Port payé
Addressed	Médiaposte
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